

TREVECCA NAZ./ MICHAEL PRETORIUS MEMORIAL INVITE 2025

Nashville, TN

Percy Warner Park

Host: Trevecca University

Saturday, September 20, 2025

MEET OFFICIALS**Meet Director:**

Austin Shelby

Meet Referee:

Mike Ham

Timing:

cfpiming.com

**OFFICIAL MEET REPORT**

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Race #2
5000m women**Final Results****RACE SUMMARY**

Start Time: 9:00 am Meet Starter: Mike Ham

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 LIPSCOMB	28	2-3-4-9-10(11)(20)	1:35:35	19:07	1:04.1
2 ALABAMA A&M	61	5-6-12-17-21(29)	1:39:02	19:49	1:26.0
3 AUSTIN PEAY	64	1-7-15-19-22(25)(26)	1:39:19	19:52	2:33.9
4 TREVECCA NAZARENE	84	13-14-16-18-23(24)(28)	1:40:57	20:12	1:26.3
5 LANE	128	8-27-30-31-32	1:52:02	22:25	4:38.0
6 TENNESSEE ST.	179	33-34-35-38-39(41)	2:09:15	25:51	2:26.6
7 FISK	205	36-37-43-44-45(47)	2:24:00	28:48	5:23.2
8 LEMOYNE-OWEN	225	40-42-46-48-49(50)	2:44:43	32:57	9:47.0

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM	1st lap
1 FREEMAN, SYDNEY	SR	18	AUSTIN PEAY (1)	1	18:31.2	---	5:57.3	3:42.2	9:12.9
2 BIGELOW, MALLORY	FR	101	LIPSCOMB (1)	2	18:33.7	2.5	5:58.1	3:42.7	9:01.8
3 GREENE, ADDI	FR	105	LIPSCOMB (2)	3	18:47.2	16.0	6:02.4	3:45.4	9:14.0
4 COOPER, BRINKLEY	FR	102	LIPSCOMB (3)	4	19:03.2	32.0	6:07.6	3:48.6	9:14.3
5 AVILA, LAURA	JR	4	ALABAMA A&M (1)	5	19:13.5	42.3	6:10.9	3:50.7	9:25.8
6 GIBSON, SANYAE	JR	8	ALABAMA A&M (2)	6	19:14.9	43.7	6:11.3	3:51.0	9:27.4
7 FOSTER, SHAYE	JR	17	AUSTIN PEAY (2)	7	19:15.5	44.3	6:11.5	3:51.1	9:23.0
8 KOECH, CYNTHIA	FR	53	LANE (1)	8	19:26.2	55.0	6:15.0	3:53.2	9:13.0
9 CROMWELL, LYDIA	FR	103	LIPSCOMB (4)	9	19:33.2	1:02.0	6:17.2	3:54.6	9:29.5
10 BELLAMY, MAGGIE	FR	100	LIPSCOMB (5)	10	19:37.8	1:06.6	6:18.7	3:55.5	9:29.5
11 WRIGHT, BETHANY	FR	109	LIPSCOMB (6)	(11)	19:39.9	1:08.7	6:19.4	3:56.0	9:36.7
12 SAMUELS, BRIANNA	SR	10	ALABAMA A&M (3)	12	19:40.0	1:08.8	6:19.4	3:56.0	9:27.6
13 BIGER, HADAR	FR	146	TREVECCA NAZA	13	19:41.0	1:08.8	6:19.7	3:56.2	9:27.8
14 HOLLOWAY, HAILEY	FR	148	TREVECCA NAZA	14	19:51.7	1:20.5	6:23.2	3:58.3	9:32.8
15 KIDUKULA, LAURE	JR	22	AUSTIN PEAY (3)	15	19:58.0	1:25.8	6:25.2	3:59.6	9:40.6
16 ALSVIG, ASHLEY	JR	143	TREVECCA NAZA	16	20:01.3	1:30.1	6:26.2	4:00.2	9:37.7
17 CARRIZAL, NEVEAH	SR	5	ALABAMA A&M (4)	17	20:13.5	1:42.3	6:30.2	4:02.7	9:31.1
18 ILIAS, HOPE	SR	149	TREVECCA NAZA	18	20:15.5	1:44.3	6:30.8	4:03.1	9:43.2
19 UPSHAW, TAYLAH	SO	25	AUSTIN PEAY (4)	19	20:29.2	1:58.0	6:35.2	4:05.8	9:45.7
20 KLAUS, JUANE'	SR	107	LIPSCOMB (7)	(20)	20:36.6	2:05.4	6:37.6	4:07.3	10:01.0
21 MILLER, CARLY	JR	108	LIPSCOMB	-	20:37.7	2:06.5	6:38.0	4:07.5	10:01.1
22 ISOM, MINKA	JR	9	ALABAMA A&M (5)	21	20:39.4	2:08.2	6:38.5	4:07.9	9:54.6
23 STALNECKER, JAEDYN	JR	24	AUSTIN PEAY (5)	22	21:05.1	2:33.9	6:46.8	4:13.0	9:56.6
24 ARNEY, REMY	SO	144	TREVECCA NAZA	23	21:07.2	2:36.0	6:47.4	4:13.4	10:14.9
25 ACOSTA, XIMENA	SO	142	TREVECCA NAZA	(24)	21:13.0	2:40.8	6:49.3	4:14.6	10:17.8
26 FRENCH, MARY KATE	JR	19	AUSTIN PEAY (6)	(25)	21:29.4	2:58.2	6:54.6	4:17.9	10:05.3
27 HINDS, TE'ONJA	FR	21	AUSTIN PEAY (7)	(26)	21:38.5	3:07.3	6:57.5	4:19.7	10:07.4
28 ALVARADO, ABIGAIL	SR	99	LIPSCOMB	-	21:44.8	3:13.6	6:59.5	4:21.0	10:04.6
29 BITOK, ANGELA	SO	50	LANE (2)	27	21:59.8	3:28.6	7:04.3	4:23.9	10:32.4
30 ARNOLD, SARAH	SO	145	TREVECCA NAZA	(28)	22:18.3	3:47.1	7:10.3	4:27.7	10:39.0

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Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1st lap
31 GARCIA, SOPHIA	FR	147	TREVECCA NAZA	-	22:40.6	4:09.4	7:17.5	4:32.1	10:46.4
32 VALENTINE, PAITYN	FR	151	TREVECCA NAZA	-	22:46.8	4:15.6	7:19.5	4:33.4	10:47.5
33 FLUKER, KAYLA	FR	7	ALABAMA A&M (6)	(29)	22:50.6	4:19.4	7:20.7	4:34.1	10:45.2
34 JEPKORIR, JOY	FR	51	LANE (3)	30	22:52.7	4:21.5	7:21.4	4:34.5	10:58.1
35 MATTINGLY, HALLIE	SO	23	AUSTIN PEAY	-	22:58.4	4:27.2	7:23.2	4:35.7	10:38.3
36 BARROCK, LINNET	SO	49	LANE (4)	31	23:39.0	5:06.8	7:36.2	4:43.8	11:03.4
37 KIPKORIR, CYNTHIA	FR	52	LANE (5)	32	24:04.1	5:32.9	7:44.3	4:48.8	11:21.6
38 MCGEE, SYDNEY	JR	130	TENNESSEE ST. (	33	24:50.9	6:19.7	7:59.4	4:58.2	11:31.6
39 HARRY, SERENITY	JR	128	TENNESSEE ST. (	34	25:19.2	6:48.0	8:08.5	5:03.8	12:01.9
40 HUDSON, QUINN	SR	129	TENNESSEE ST. (	35	25:21.2	6:50.0	8:09.1	5:04.2	11:48.5
41 HENRY, DESTINY	FR	38	FISK (1)	36	26:14.1	7:42.9	8:26.1	5:14.8	11:59.6
42 WAGNER , KENNEDI	FR	40	FISK (2)	37	26:23.4	7:52.2	8:29.1	5:16.7	11:59.6
43 SMITH, MADISON	FR	132	TENNESSEE ST. (	38	26:26.1	7:54.9	8:30.0	5:17.2	12:27.6
44 THOMAS, GIAH	JR	133	TENNESSEE ST. (	39	27:17.5	8:46.3	8:46.5	5:27.5	12:37.7
45 VIGIL, ALEXIS	JR	71	LEMOYNE-OWEN (	40	28:04.5	9:33.3	9:01.6	5:36.9	12:57.1
46 SALES, KAYMIN	FR	131	TENNESSEE ST. (	(41)	29:00.2	10:29.0	9:19.5	5:48.0	13:48.7
47 COFFEE, DEASIA	SO	64	LEMOYNE-OWEN (	42	29:46.5	11:15.3	9:34.4	5:57.3	13:31.5
48 BRANCH, DEMARIONNA	FR	37	FISK (3)	43	29:52.7	11:21.5	9:36.4	5:58.5	13:05.5
49 LEWIS, TAIJAH	JR	39	FISK (4)	44	29:52.7	11:21.5	9:36.4	5:58.5	13:16.2
50 BALL, DAISJAH	JR	36	FISK (5)	45	31:37.2	13:06.0	10:10.0	6:19.4	13:25.7
51 SIMS, TAJANA	SO	70	LEMOYNE-OWEN (	46	32:22.2	13:51.0	10:24.5	6:28.4	16:02.8
52 WILLIAMS, OLIVIA	FR	41	FISK (6)	(47)	35:10.9	16:39.7	11:18.7	7:02.2	15:38.3
53 HAMLETT, SHAMARI	FR	65	LEMOYNE-OWEN (	48	36:37.9	18:06.7	11:46.7	7:19.6	18:50.8
54 MCKENZIE, MYA	SO	68	LEMOYNE-OWEN (	49	37:51.5	19:20.3	12:10.4	7:34.3	18:50.3
55 ONEAL, JOHNASIA	JR	69	LEMOYNE-OWEN (	(50)	37:52.8	19:21.6	12:10.8	7:34.6	18:50.7
-- PINTO, KIERA	FR	164	UNATTACHED	-	DNS		---	---	
-- WASHKO, KAYLIE	13	165	UNATTACHED	-	DNS		---	---	
-- MARTIN, KAYLIANA	FR	150	TREVECCA NAZA	-	DNF		---	---	10:07.2
-- WILLIAMS, JANARA	JR	72	LEMOYNE-OWEN	-	DNS		---	---	
-- JOHNSON, K"MYRI	SO	66	LEMOYNE-OWEN	-	DNS		---	---	
-- JOHNSON, K"MYRI	SO	67	LEMOYNE-OWEN	-	DNS		---	---	
-- WILLIAMS, KENTAYLA	SO	73	LEMOYNE-OWEN	-	DNS		---	---	
-- BROWN, ANATRIEYA	JR	63	LEMOYNE-OWEN	-	DNS		---	---	
-- WOODS, JYANA	SO	74	LEMOYNE-OWEN	-	DNS		---	---	
-- JOHNSON, ELLA	SO	106	LIPSCOMB	-	DNS		---	---	
-- DUMM, DELANEY	SO	104	LIPSCOMB	-	DNS		---	---	
-- HARDING, HOLLY	JR	20	AUSTIN PEAY	-	DNS		---	---	
-- WASHINGTON, ZOEY	FR	134	TENNESSEE ST.	-	DNS		---	---	
-- BLADES, HALEY	SR	127	TENNESSEE ST.	-	DNF		---	---	11:57.4
-- ALI, MALEIA	SO	126	TENNESSEE ST.	-	DNS		---	---	
-- CHEBET, SHEILA	FR	6	ALABAMA A&M	-	DNS		---	---	