

GottaRun Invitational
March 28-29, 2025

Final Schedule

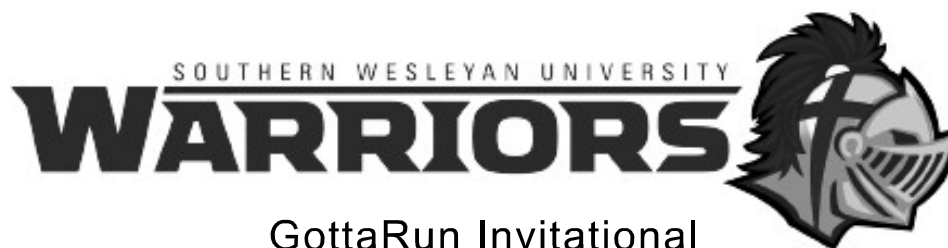
Weigh in - 12:00pm

Friday Field Events:

| | |
|--------|------------------|
| 1:30pm | Hammer Men |
| 1:30pm | Javelin Women |
| 1:30pm | Long Jump Men |
| 1:30pm | Pole Vault Women |
| 3:30pm | Hammer Women |
| 3:30pm | Javelin Men |
| 3:30pm | Pole Vault Men |
| 3:30pm | Long Jump Women |

Friday Running Events:

| | |
|--------|----------------|
| 2:00pm | 3k Steeple Men |
| 2:30pm | 5k Women |
| 3:00pm | 5k Men |



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Weigh in - 9:30am

Saturday Field Events:

| | |
|---------|--------------------------------------|
| 10:30am | <u>SENIOR DAY RECOGNITION</u> |
| 11:00am | High Jump Women |
| 11:00am | Triple Women |
| 11:00am | Shot Women |
| 11:00am | Discus Men |
| 1:30pm | High Jump Men |
| 1:30pm | Shot Men |
| 1:30pm | Triple Men |
| 2:00pm | Discus Women |

Cutoff for 200m declaration @1:45pm

Saturday Running Events:

| | |
|---------|--------------------|
| 11:00am | 4x100m Women |
| 11:15am | 4x100m Men |
| 11:30pm | 1500m Women |
| 11:50am | 1500m Men |
| 12:10pm | 100m Hurdles Women |
| 12:30pm | 110m Hurdles Men |
| 12:45pm | 400m Women |
| 1:00pm | 400m Men |
| 1:20pm | 100m Women |
| 1:40pm | 100m Men |
| 2:00pm | 800m Women |
| 2:10pm | 800m Men |
| 2:25pm | 400m Hurdles Women |
| 2:35pm | 400m Hurdles Men |
| 2:45pm | 200m Women |
| 3:05pm | 200m Men |
| 3:30pm | 3k Women |
| 3:50pm | 3k Men |
| 4:10pm | 4x400m Women |
| 4:25pm | 4x400m Men |