

Meet Schedule

Field Event

9:00 AM	Shot Put	Boys	Finals	4 Attempts
9:00 AM	Shot Put	Girls	Finals	4 Attempts
9:00 AM	Long Jump	Girls	Finals	4 Attempts
11:00 AM	High Jump	Girls	Final	
11:30 AM	Long Jump	Boys	Final	4 Attempts
12:00 PM	Pole Vault	Girls	Final	
1:30 PM	High Jump	Boys	Final	4 Attempts
2:00 PM	Triple Jump	Girls	Final	
To Follow Girls	Pole Vault	Boys	Final	
3:30 PM	Triple Jump	Boys	Final	4 Attempts

Running Events

NO METAL SPIKES (Down Stairs) NO METAL SPIKES RUBBER SOLED SHOES ONLY

1:00 PM	55m Hurdles	G/B	Prelims	(6 Advance)
	55m Dash	G/B	Prelims	(12 Advance)
2:30 PM	55m Hurdles	G/B	FINALS	
	55m Dash	G/B	Semis	(6 advance)
3:00 PM	55m Dash	G/B	FINALS	

(Up Stairs)

10:00 AM	4 x 800m	G/B	Final	Sections against time
11:30 AM	4 x 200m	G/B	Final	Sections against time
	1600m	G/B	Final	Sections against time
	400 Meters	G/B	Final	Sections against time
	800 Meters	G/B	Final	Sections against time
	3200 Meters	G/B	Final	Sections against time
	4x400 Relay	G/B	Final	Sections against time

*Running events will go on a rolling schedule.

*Schedule is subject to change.