

ASHEVILLE BULLDOG INVITATIONAL
APRIL 12-13, 2024
UNC ASHEVILLE
KARL STRAUS TRACK
221 Campus Drive, Asheville, NC 28804



ENTRY INFORMATION

- All entry registration will be submitted through www.directathletics.com
- Entries will close Monday, April 8, 2024 at 11:59pm EST
- Email any UNATTACHED entry requests to nyoung5@unca.edu by deadline Friday, April 5 at 3:00pm EST
 - Unattached athletes must provide verification of 2023/2024 performance along with name, gender, and event(s)
 - No high school athletes
 - Approved athletes will be sent an email declaration
- Each team is allowed 4 entries per field event, 4 per running event, and up to 2 team per relay
- **Meet management will limit total entries to manage field sizes and time schedule**
- Accepted entries will be posted Wednesday, April 10th

ENTRY FEE

- Payment will be online at www.directathletics.com
- Collegiate Teams: \$500 per gender
- Unattached athletes: \$50, contact Neil Young for entry
- Questions about entries should be directed to Neil Young (nyoung5@unca.edu)

RESULTS

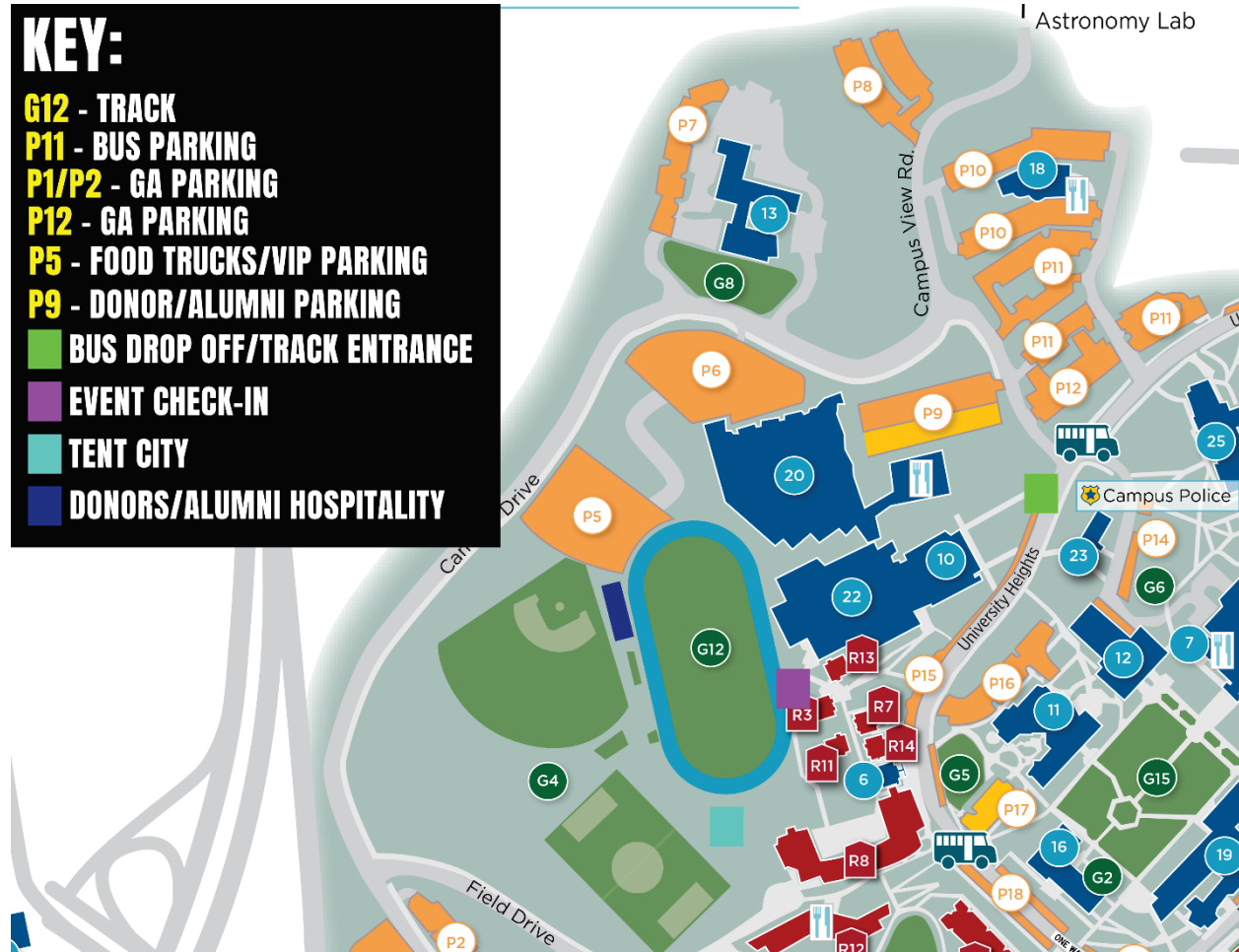
- Results will be available at C.F.P.I. Timing, Inc. (www.cfpitiming.com)
- The event is recognized as a World Rankings Competition by World Athletics and USA Track & Field High Performance Division.

FACILITY

- Straus houses a newly installed 8 Lane Super X 720 Mondo High Performance Track

TEAM DROP-OFF/PARKING

- Team buses can unload at Justice Gymnasium - Justice Center, 200 Wellness Way, Asheville, NC 28804 (Our bulldog statue will be your landmark at Campus Drive and University Heights intersection = bus icon on map)
- Van/Bus Parking will be in P11 lot, there will be limited parking behinds Kimmel Arena



TEAM CAMP/WARM-UP AREA

- Tent Triangle located in upper level above the track adjacent to Soccer Field (behind video board)
- Warm-up area will be set-up around our soccer field (athletic shoes only)
- RESTROOMS: Grandstand restrooms are available for Spectators. Athletes must use portables located between Tent Triangle and Soccer Field

SPIKE INFORMATION

- ONLY MF STOCK ¼ (6.4MM) pyramid or ¼ OMNI-LIGHT pyramids are allowed to be used on the track. **NO EXCEPTIONS.** Permanent NIKE spikes and NIKE stock spikes are not allowed.
 - **3/16 sized spikes replacement will be available at Spike Check while supplies last.**
 - NEEDLE spikes of any length are **NOT** allowed on the track.
 - Those not in compliance are subject to being DISQUALIFIED from the competition.

EVENT CHECK-IN

- The Clerk of the Course will be located near the southeast gate entrance downhill from Team Camp area.
 - RUNNING EVENTS: Athletes able to check in anytime during the day, no later than 30 minutes prior to the event scheduled start time.
 - FIELD EVENTS: Athletes must check in 30 minutes prior to their event at event venue.

IMPLEMENT WEIGH-IN

- Implement weigh-in will be from 4:00-7:00pm Friday and 7:00-10:00am Saturday. Located outside the southeast gate entrance near gate entrance.

PACKET PICK UP

- Friday, April 12th from 3:00-7:30pm and Saturday, April 13th from 7:00-8:30am. Packet Pick Up will be located at Timing Tower across from grandstands

PRACTICE TIMES

- Track will be open for practice Friday, April 12th from 4:00-7:00pm.

MEDICAL & ATHLETIC TRAINER INFORMATION

- Mission Sports Medicine/Athletic Trainers will be onsite alongside the backstretch of the track.
- Water will be provided near the start/finish line and other areas on the track. NO sports drinks are allowed on the infield.

HOTEL INFORMATION

- Virtelle Hospitality
Virtelle.com/UNCA
Contact Rachel Logel, 828-418-1120, rlogel@virtelle.com

CONTACTS

- Head Coach Track & Field: Joel Williams/828-250-6595/jwilliam@unca.edu
- Associate Track & Field Coach: Adam Puett/828-250-2308/apuett@unca.edu
- Meet Director/Assistant Coach Track & Field: Neil Young /828-250-2318/nyoung5@unca.edu