



Emory Spring Break Classic * Final

March 15th- 16th 2024

NOTE: Live results and heat sheets at <http://www.cfpitiming.com/>

FRIDAY TRACK

4:00 PM	W 400m Hurdles	5:45 PM	W 3,000m Steeple
4:15 PM	M 400m Hurdles	6:00 PM	M 3,000m Steeple
4:25 PM	W 200m	6:20 PM	W 5,000m Open Sec 1
4:50 PM	M 200m	6:40 PM	M 5,000m Open Sec 1
5:15 PM	W 1500m Invite	7:00 PM	W 5,000m Invite Sec 2
5:30 PM	M 1500m Invite	7:20 PM	M 5,000m Invite Sec 2

FRIDAY FIELD

2:00 PM	Men's Hammer	(Women to Follow)
2:00 PM	Women's Shot Put	(Men to Follow)
3:00 PM	Women's and Men's Long Jump	
3:00 PM	Women's High Jump	(Men to Follow)

SATURDAY TRACK

9:30 AM	W 10,000m	1:50 PM	M 100m Semis (Top 21 Entries +3)
10:15 AM	M 10,000m	2:00 PM	W 400m
11:00 AM	W 100m Prelims (top 3 adv.)	2:15 PM	M 400m
11:15 AM	M 100m Prelims (top 3 adv.)	2:35 PM	W 800m
11:30 AM	W 4x800m	3:05 PM	M 800m
11:45 AM	M 4x800m	3:35 PM	W 100m Hurdle Finals
12:00 PM	W 4x100m	3:40 PM	M 110m Hurdle Finals
12:10 PM	M 4x100m	3:45 PM	W 100m Finals
12:25 PM	W 1500m Open	3:48 PM	M 100m Finals
12:40 PM	M 1500m Open	3:55 PM	W 3,000m
1:10 PM	W 100m Hurdle Semis	4:10 PM	M 3,000m
1:35 PM	M 110m Hurdle Semis	4:25 PM	W 4x400m
1:45 PM	W 100m Semis (Top 21 Entries +3)	4:40 PM	M 4x400m

SATURDAY FIELD

10:00 AM	Men's Pole Vault	1:30 PM	Women's Discus
10:00 AM	Men's Discus	2:00 PM	Men's Triple Jump
10:00 AM	Women's Javelin	2:00 PM	Women's Pole Vault
10:30 AM	Women's Triple Jump	2:00 PM	Men's Javelin