

Wednesday

Practice Times & Meeting

2:00pm	HAMMER THROW ONLY (no other practice in facility)
4:00pm	Track Open for Practice – NO HAMMER THROW
6:00pm	Coaches Meeting - Abe Stuber Track Complex Building
8:00pm	Track Facility Closes

Thursday

Multi Events (estimated times)

9:00am	Heptathlon	100H
9:45am	Heptathlon	High Jump
11:45am	Heptathlon	Shot Put
12:45pm	Heptathlon	200m
9:30am	Decathlon	100m
10:15am	Decathlon	Long Jump
11:15am	Decathlon	Shot Put
12:15pm	Decathlon	High Jump
1:30pm	Decathlon	400m

Field Events

12:30pm	Women's Hammer	Final
2:30pm	Men's Pole Vault	Final
3:30pm	Men's Hammer	Final
5:30pm	Women's Pole Vault	Final

Running Events

5:00pm	Women's 1500m	Prelims
5:25pm	Men's 1500m	Prelims
5:45pm	Women's 400m Hurdles	Prelims
6:00pm	Men's 400m Hurdles	Prelims
6:15pm	Women's 200m	Prelims
6:30pm	Men's 200m	Prelims
6:45pm	Women's 10,000m	Final
7:30pm	Men's 10,000m	Final

Friday

Multi Events (estimated times)

9:00am	Decathlon	110mH
9:45am	Decathlon	Discus
10:45am	Decathlon	Pole Vault
12:45pm	Decathlon	Javelin
1:45pm	Decathlon	1500m
9:30am	Heptathlon	Long Jump
10:45am	Heptathlon	Javelin
12:00pm	Heptathlon	800m

Field Events

2:30pm	Men's Discus	Final
2:30pm	Women's High Jump	Final
2:30pm	Men's Long Jump	Final
5:00pm	Women's Discus	Final
5:00pm	Women's Long Jump	Final
5:30pm	Men's High Jump	Final

Running Events

5:00pm	Women's 100m Hurdles	Prelims
5:20pm	Men's 110m Hurdles	Prelims
5:35pm	Women's 400m	Prelims
5:50pm	Men's 400m	Prelims
6:05pm	Women's 100m	Prelims
6:20pm	Men's 100m	Prelims
6:35pm	Women's 800m	Prelims
6:55pm	Men's 800m	Prelims
7:15pm	Women's 3000m Steeple	Finals
7:35pm	Men's 3000m Steeple	Finals

Saturday

Field Events

11:00am	Men's Shot Put	Final
11:00am	Women's Javelin	Final
11:00am	Women's Triple Jump	Final
2:00pm	Women's Shot Put	Final
2:00pm	Men's Javelin	Final
2:00pm	Men's Triple Jump	Final

Running Events

12:30pm	Women's 4x100m	Final
12:40pm	Men's 4x100m	Final
12:50pm	Women's 1500m	Final
1:00pm	Men's 1500m	Final
1:15pm	Women's 100m Hurdles	Final
1:25pm	Men's 110m Hurdles	Final
1:35pm	Women's 400m	Final
1:45pm	Men's 400m	Final
1:55pm	Women's 100m	Final
2:00pm	Men's 100m	Final
2:10pm	Women's 800m	Final
2:15pm	Men's 800m	Final
2:30pm	Women's 400m Hurdles	Final
2:35pm	Men's 400m Hurdles	Final
2:45pm	Women's 200m	Final
2:50pm	Men's 200m	Final
3:00pm	Women's 5000m	Final
3:45pm	Men's 5000m	Final
4:15pm	Women's 4x400m	Final
4:30pm	Men's 4x400m	Final
4:45pm	Graduation recognition	
4:55pm	Award Ceremony	

