



## 2019 MHSAA REGIONAL TRACK AND FIELD MEET

### TIME SCHEDULE

FRIDAY, MAY 17, 2019

12:45 COACHES' MEETING

12:55 NATIONAL ANTHEM

1:00 BOYS' POLE VAULT - RUN TO CONCLUSION

2:00 BOYS' LONG JUMP

Open order until 3:15 p.m. FINALS FOLLOW IMMEDIATELY

BOYS' DISCUS FINALS FOLLOW IMMEDIATELY

GIRLS' SHOT PUT FINALS FOLLOW IMMEDIATELY

GIRLS' HIGH JUMP RUN TO CONCLUSION

ONE HOUR AFTER THE CONCLUSION OF THE PREVIOUS COMPETITION

Open order for 75 minutes FINALS FOLLOW IMMEDIATELY

GIRLS' DISCUS FINALS FOLLOW IMMEDIATELY

BOYS' SHOT PUT FINALS FOLLOW IMMEDIATELY

BOYS' HIGH JUMP RUN TO CONCLUSION

GIRLS' POLE VAULT RUN TO CONCLUSION

Female run before males

3:30 3200 RELAY

4:00 Prelims for the 100m, 100HH/110HH, 200m

5:52 National Anthem

6:00 100 HIGH HURDLE FINAL (rolling schedule to follow)

110 HIGH HURDLE FINAL

100 Meter FINAL

800 RELAY FINAL

1600 FINAL

400 RELAY FINAL

400 FINAL

300 HURDLE FINAL

800 FINAL

200 FINAL

3200 FINAL

1600 RELAY

10 MINUTES AFTER THE LAST RACE - Presentation