

BENEDICTINE RELAYS - BENEDICTINE UNIVERSITY MEET INFORMATION



Date: Friday - Saturday, April 12th & 13th, 2019

Entries: All entries must be received by **11:59 p.m. Tuesday, April 9th**
Reminder: FIVE Entries Per Event
Friday Night Relays & 3,000 Meter Race will be Unlimited Entries
Online Entry Date via [Direct Athletics](#): TBA

COLLEGE / UNIVERSITY ATHLETES

- Only enter current collegiate athletes in your Direct Athletics Team Account
- *Athletes must be currently eligible for competition for their respective collegiate institution for the 2019 Outdoor Track & Field Season*
- If your athlete is not eligible or not representing your collegiate institution, they are considered an "Exhibition" athlete
- Enter verifiable marks from the 2018-2019 Indoor & Outdoor Seasons within the TFRRS system
- Only 9 collegiate athletes will advance to finals
- Entries must be entered via **Direct Athletics**. DO NOT EMAIL, CALL, FAX ENTRIES

NO EXHIBITION ATHLETES - INVITED COLLEGIATE TEAMS ONLY

Entry Fee: Teams: \$325 per Gender, \$650 for Both Men and Women
No Minimum Payments Accepted for Limited Entries
\$325 per Gender Required; \$650 for Both Men and Women Programs

Make checks payable to: **Benedictine University Track & Field**

Scratches: Scratches Only. **No Additions after Declaration Period!**

Facility: Nine Lane 400 Meter Tartan surface - **Only ¼ Pyramid Spikes Permitted**

Starting Heights / Scratch Lines: TBD based on entries

Packets: Pick up in the concourse of the stadium upon arrival or at athlete check in table

Timing: Finish Lynx timing provided by: TBA

Results: Posted on TFRRS, [Benueagles.com](#)

Scoring: Top eight places score (10-8-6-5-4-3-2-1) / Team Relays: Only A-Team will Score

Athletic Training: Certified Athletic Trainers will be on site with ice and heat available

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FRIDAY – SATURDAY, APRIL 12TH & 13TH, 2019**



ORDER OF EVENTS - FRIDAY

FIELD EVENTS

12:00 PM **Hammer-** Men followed by Women
 Pole Vault – Women followed by Men
 Shot Put – Women
 Long Jump – Men & Women compete at the same time (2 Pits)

3:00 PM **Shot Put** – Men

RUNNING EVENTS

* **Women** followed by **Men**. Heats are **Fast to Slow**. We will stay on the following schedule.

3:30 PM **Sprint Medley (200, 200, 400, 800)**
 4x800 M Relay
 4x200 M Relay
 Distance Medley (1200, 400, 800, 1600)
 3,000 M Steeplechase

5:30 PM **3,000 M (Unlimited Entries)**
 10,000 M

**BENEDICTINE RELAYS – BENEDICTINE UNIVERSITY
FRIDAY – SATURDAY, APRIL 12TH & 13TH, 2019**



ORDER OF EVENTS - SATURDAY

FIELD EVENTS

11:00 AM **Discus** - Women followed by Men
High Jump – Men followed by Women
Triple Jump – Men & Women following (2 Pits)
Javelin – Women followed by Men

RUNNING EVENTS

* **Women followed by Men.** Heats are **Fast to Slow & Rolling Schedule.**

9:00 AM **5000 M**
 1500 M

11:30 AM **4x100 M Relay**
 1500 M Invitational (2 Heats & Top 32 Athletes)
 100/110 H
 400 M
 100 M
 800 M
 400 H
 200 M
 5000 M Invitational
 4x400 M Relay