
FRIDAY	FIELD EVENTS				
3:30*	PM	HIGH JUMP	M/W	W-NORTHEAST PIT	M-SOUTHWEST PIT
3:30*	PM	WEIGHT THROW	W	3 FLIGHTS	
5:00	PM	LONG JUMP	W	3 FLIGHTS	
5:00	PM	LONG JUMP	M	2 FLIGHTS	
5:00	PM	POLE VAULT	M	20 COMPETITORS	
7:00	PM	WEIGHT THROW	M	2 FLIGHTS	

(NOTE * TIME CHANGE)

FRIDAY	RUNNING EVENTS			
7:00	PM	200 METERS	W	11 SECTIONS
7:35	PM	200 METERS	M	9 SECTIONS
8:00	PM	DISTANCE MEDLEY	W	1 SECTION
8:15	PM	DISTANCE MEDLEY	M	1 SECTION
8:30	PM	5000 METERS	W	1 SECTION
8:50	PM	5000 METERS	M	1 SECTION

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SATURDAY	FIELD EVENTS				
10:30	AM	POLE VAULT-unseeded	W	17 COMPETITORS	
11:00	AM	SHOT PUT	W	3 FLIGHTS	
2:00	PM	POLE VAULT-seeded	W	15 COMPETITORS	
2:00	PM	TRIPLE JUMP	W	2 FLIGHTS	
2:00	PM	TRIPLE JUMP	M	2 FLIGHTS	
2:00	PM	SHOT PUT	M	2 FLIGHTS	

SATURDAY	RUNNING EVENTS			
10:00	AM	3000 METERS-unseeded	W	SECTION 2-3
10:30	AM	3000 METERS-unseeded	M	SECTION 2-3
10:55	AM	MILE RUN-unseeded	W	SECTION 3-4
11:15	AM	MILE RUN-unseeded	M	SECTION 3-4
11:30	AM	800-unseeded	W	SECTION 4
11:35	AM	800-unseeded	M	SECTION 4
11:40	AM	400 METERS-unseeded	W	SECTION 6-9
11:55	PM	400 METERS-unseeded	M	SECTION 6-11

(12:15...Break...sprint/hurdle warmup)

1:00	PM	60 HURDLES-prelim	W	6 HEATS
1:20	PM	60 HURDLES-prelim	M	5 HEATS
1:40	PM	60 METERS-prelim	W	6 HEATS
2:00	PM	60 METERS-prelim	M	6 HEATS
2:20	PM	MILE RUN-seeded	W	TOP 2 SECTIONS
2:35	PM	MILE RUN-seeded	M	TOP 2 SECTIONS
2:55	PM	60 HURDLES-final	W	1 SECTION FINAL
3:05	PM	60 HURDLES-final	M	1 SECTION FINAL
3:10	PM	60 METERS-final	W	1 SECTION FINAL
3:15	PM	60 METERS-final	M	1 SECTION FINAL
3:25	PM	400 METERS-seeded	W	TOP 5 SECTIONS
3:40	PM	400 METERS-seeded	M	TOP 5 SECTIONS
3:55	PM	800 METERS-seeded	W	TOP 3 SECTIONS
4:10	PM	800 METERS-seeded	M	TOP 3 SECTIONS
4:25	PM	3000 METERS-seeded	W	TOP 1 SECTION
4:40	PM	3000 METERS-seeded	M	TOP 1 SECTION
4:55	PM	4X400 RELAY	W	4 SECTIONS
5:25	PM	4X400 RELAY	M	4 SECTIONS