

SATURDAY, MAY 5

DAY 1 - TRACK EVENTS

Time	Event	Round	Gender
8:45 am	10,000 Meters	Final	Men
9:25 am	10,000 Meters	Final	Women
11:00 am	1,500 Meters	Trial	Men
11:20 am	1,500 Meters	Trial	Women
11:45 am	110 Hurdles	Trial	Men
12:00 pm	100 Hurdles	Trial	Women
12:15 pm	400 Meters	Trial	Men
12:30 pm	400 Meters	Trial	Women
12:45 pm	100 Meters	Trial	Men
1:00 pm	100 Meters	Trial	Women
1:15 pm	800 Meters	Trial	Men
1:30 pm	800 Meters	Trial	Women
1:45 pm	400 Hurdles	Trial	Men
2:00 pm	400 Hurdles	Trial	Women
2:15 pm	200 Meters	Trial	Men
2:30 pm	200 Meters	Trial	Women
2:45 pm	4 x 800 Relay	Final	Men
3:00 pm	4 x 800 Relay	Final	Women

DAY 1 - FIELD EVENTS

Time	Event	Round	Gender
10:00 am	Discus	Trial/Final	Men
10:00 am	Shot	Trial/Final	Women
10:00 am	Long Jump	Trial/Final	Women
10:00 am	Long Jump	Trial/Final	Men
1:00 pm	Discus	Trial/Final	Women
1:00 pm	Shot	Trial/Final	Men
1:00 pm	Pole Vault	Final	Men
1:00 pm	High Jump	Final	Women

Runway #1, located near the finish line, will be used for the women's long jump (**12'** take-off board) and men's triple jump (**39'** take-off board).

Runway #2, located near the steeplechase water jump area, will be used for the men's long jump (**15'** take-off board) and women's triple jump (**34'** take-off board).

SUNDAY, MAY 6

DAY 2 - TRACK EVENTS

Time	Event	Round	Gender
12:00 pm	Steeple	Final	Men
12:25 pm	Steeple	Final	Women
12:45 pm	4 x 100 Relay	Final	Men
12:55 pm	4 x 100 Relay	Final	Women
1:05 pm	1,500 meters	Final	Men
1:15 pm	1,500 meters	Final	Women
1:25 pm	110 Hurdles	Final	Men
1:35 pm	100 Hurdles	Final	Women
1:45 pm	400 Meters	Final	Men
1:55 pm	400 Meters	Final	Women
2:05 pm	100 meters	Final	Men
2:10 pm	100 meters	Final	Women
2:15 pm	800 meters	Final	Men
2:20 pm	800 meters	Final	Women
2:30 pm	400 Hurdles	Final	Men
2:35 pm	400 Hurdles	Final	Women
2:45 pm	200 Meters	Final	Men
2:50 pm	200 Meters	Final	Women
2:55 pm	5,000 Meters	Final	Men
3:20 pm	5,000 Meters	Final	Women
3:45 pm	4 x 400 Relay	Final	Men
3:55 pm	4 x 400 Relay	Final	Women
4:15 pm	Closing (individual and team) awards ceremony		

DAY 2 - FIELD EVENTS

Time	Event	Round	Gender
9:30 am	Hammer	Trial/Final	Women
9:30 am	Javelin	Trial/Final	Men
9:30 am	Triple Jump	Trial/Final	Men
9:30 am	Triple Jump	Trial/Final	Women
12:30 pm	Hammer	Trial/Final	Men
12:30 pm	Javelin	Trial/Final	Women
12:30 pm	High Jump	Final	Men
12:30 pm	Pole Vault	Final	Women