

# 2018 NCCAA OUTDOOR TRACK & FIELD CHAMPIONSHIPS

May 10-11, 2018

Benard and Linnie Key Track & Field Complex

Grace College – Winona Lake, IN

--Schedule of Events--

## THURSDAY, MAY 10

### COMBINED EVENTS (~approximate start time)

8:30	100 Meter Dash	Decathlon	Men
8:45	100 Meter Hurdles	Heptathlon	Women
~9:10	Long Jump	Decathlon	Men
~9:25	High Jump	Heptathlon	Women
~10:30	Shot Put	Decathlon	Men
~11:45	High Jump	Decathlon	Men
~11:25	Shot Put	Heptathlon	Women
~12:40	200 Meter Dash	Heptathlon	Women
~1:45	400 Meter Dash	Decathlon	Men

### FIELD EVENTS

10:00	Javelin	Final	Women
11:00	Discus	Final	Men
12:30	Triple Jump	Final	Women
12:30	Pole Vault	Final	Men
1:00	Javelin	Final	Men
2:15	Discus	Final	Women
3:45	Triple Jump	Final	Men
4:00	Pole Vault	Final	Women
4:00	High Jump	Final	Women

### RUNNING EVENTS

2:00	100 Meter Hurdles	Prelims	Women
2:20	110 Meter Hurdles	Prelims	Men
2:40	400 Meter Dash	Prelims	Women
2:55	400 Meter Dash	Prelims	Men
3:10	100 Meter Dash	Prelims	Women
3:25	100 Meter Dash	Prelims	Men
3:40	400 Meter Hurdles	Prelims	Women
3:55	400 Meter Hurdles	Prelims	Men
4:10	200 Meter Dash	Prelims	Women
4:25	200 Meter Dash	Prelims	Men

### **BREAK** (Announce NCCAA Scholar-Athletes)

5:15	4x400 Meter Relay	Prelims	Women
5:30	4x400 Meter Relay	Prelims	Men
5:15	10,000 Meter Run	Final	Women
6:05	10,000 Meter Run	Final	Men
6:45	4x800 Meter Relay	Final	Women
7:00	4x800 Meter Relay	Final	Men

## FRIDAY, MAY 11

### COMBINED EVENTS (~approximate start time)

8:30	110 Meter Hurdles	Decathlon	Men
8:45	Long Jump	Heptathlon	Women
~9:15	Discus	Decathlon	Men
~9:50	Javelin	Heptathlon	Women
~10:30	Pole Vault	Decathlon	Men
~11:00	800 Meter Run	Heptathlon	Women
~1:00	Javelin	Decathlon	Men
~2:25	1500 Meter Run	Decathlon	Men

### FIELD EVENTS

11:00	Long Jump	Final	Men
11:00	Shot Put	Final	Men
11:00	Hammer	Final	Women
2:00	Long Jump	Final	Women
2:00	Shot Put	Final	Women
2:00	Hammer	Final	Men
2:30	High Jump	Final	Men

### RUNNING EVENTS

11:30	Opening Ceremony		
12:00	3000 Steeplechase	Final	Women
12:20	3000 Steeplechase	Final	Men
12:40	4x100 Meter Relay	Final	Women
12:50	4x100 Meter Relay	Final	Men
1:00	1500 Meter Run	Final	Women
1:15	1500 Meter Run	Final	Men
1:30	100 Meter Hurdles	Final	Women
1:40	110 Meter Hurdles	Final	Men
1:50	400 Meter Dash	Final	Women
2:00	400 Meter Dash	Final	Men
2:10	100 Meter Dash	Final	Women
2:20	100 Meter Dash	Final	Men
2:30	800 Meter Run	Final	Women
2:45	800 Meter Run	Final	Men
3:00	400 Meter Hurdles	Final	Women
3:15	400 Meter Hurdles	Final	Men
3:30	200 Meter Dash	Final	Women
3:40	200 Meter Dash	Final	Men
3:50	5000 Meter Run	Final	Women
4:15	5000 Meter Run	Final	Men
4:35	4x400 Meter Relay	Final	Women
4:45	4x400 Meter Relay	Final	Men
5:15	Awards Ceremony		