

Southern Wesleyan University Presents the 10<sup>th</sup> Annual  
**Warrior Cross Country Invitational**  
**Friday September 14<sup>th</sup> 2018**



- When:** Friday September 14<sup>th</sup>  
Women: 5k @ 6:00 PM  
Men: 4mi @ 6:40 PM
- Where:** On the Campus of Southern Wesleyan University in Central, SC  
215 Clayton St. Central, SC
- Cost:** \$150 per Men's or Women's Team (\$300 for both), regardless of size.  
(Make checks out to SWU Cross Country)  
\$20 for Individual/Unattached entries. Must be
- Entries:** **DirectAthletics.com. Entries due by Tuesday September 11<sup>th</sup>, Noon.**
- Course:** The race will be held at the Warrior Cross Country Course on our campus. This is a true cross country course. It is an excellent mixture of rolling hills, grass paths, and wooded trail all while providing solid and safe footing.
- Lodging:** Central is about 5 miles from Clemson University. There are a host of hotel options in Clemson if you would like overnight accommodations.
- Awards:** Individual Award Shirt to top 5 per gender.
- Email Jake Simms ([jsimms@swu.edu](mailto:jsimms@swu.edu)) if you are interested in participating. My cell phone number is 864-320-3925 if you have any questions.

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**Pre-Registration: Please email me if you are interested!** You can expect to feel welcome and served well. Also expect a fun and true course that will prepare your teams for later season meets!