



CCU Cross Country Invitational

Saturday, September 8, 2018
Hosted by Coastal Carolina University and
Carolina Forest High School



LOCATION:

Coastal Carolina University: Science Center Recreational fields, 461 Century Circle, Conway, SC, 29526
More information, if announced, will be posted at WWW.GOCCUSPORTS.COM on the cross country/track section.

DIVISIONS/ELIGIBILITY:

Meet is sanctioned by the South Carolina High School League (SCHSL).
All High schools, Middle schools and Elementary schools are welcome.

COMPETITION RULES:

SCHSL rules will be in effect in their respective races.

ENTRIES: SC.Milesplit.com

ENTRY FEES:

For school teams, entry fees are \$75 per team per gender (5 athletes or more, men and women's teams from the same institution count as two separate teams).
Checks can either be mailed or given to Coastal Carolina staff on the day of the race.
Cash is also accepted.

Please make checks out to:

Coastal Carolina University Cross Country
PO Box 261954
Conway, SC
29528-6054

SCHEDULE:

Coastal Carolina University Cross Country Invitational
Saturday, September 8th
7:30 AM Open 5km
8:00 AM High School Boys 5km
8:40 AM High School Girls 5km
9:20 AM Middle and Elementary School Boys 3km
9:45 AM Middle and Elementary School Girls 3km

COURSES:

Lead vehicles will be available for all races.
The course will be marked, flagged, and will have marshals to guide athletes throughout the course.
Miles and kilometers will be marked along the course.

AWARDS CEREMONIES & AWARDS:

Awards ceremonies will be held following each event.
Awards for top 2 teams in High school, Middle school and Elementary school.
Top-7 individual awards for each race.

