

Event: AISA State Track Meet (Girls and Boys)
Date: April 12-13, 2017
Place: Mickey Miller Blackwell Stadium
19025 Oak Road West, Gulf Shores, AL, 36542
Meet Director: Houston Young
Meet Schedule: **Wednesday, April 12, 2017**
10:00 a.m. - Coaches' meeting at track
(All coaches attend)
11:00 a.m. - Preliminaries (Field Events)
Preliminaries (Track Events) Follow
Thursday, April 13, 2017
12:00 noon Finals (Field Events)
(Track Finals Follow)

**NOTE: ONLINE
REGISTRATION!
PLEASE READ!!!**

NOTE: Tents will only be allowed in designated areas. No tents allowed in bleachers or inside fenced areas.

State Track Accommodations: <https://www.gulfshores.com/sports/events-special-rates/details.aspx?id=43670>

Entry Fee: Entry fee due by **April 6, 2017** (made payable to AISA) \$100.00 per team

(Example: "Runner Academy" is entering two teams, a girl team and a boy team; therefore, their entry fee would be \$200.00.)

Online Registration: You **MUST** register **online** at the C.F.P.I. Timing website, www.cfpitiming.com **NO LATER THAN 9:00 p.m., SUNDAY, April 9, 2017.** At this website, you will log in, and you will get your I.D. and password from the system. Coaches will go to the link and fill the form out and submit. **Please read the Track Guidelines/Rules in the AISA Athletic Handbook before listing entries. LATE ENTRIES WILL NOT BE ALLOWED TO PARTICIPATE!!**

A **copy** of your online entry form **MUST BE** in Coach Rob's office, Morgan Academy, **NO LATER THAN MIDNIGHT, SUNDAY, April 9, 2017** (fax: 334-875-4465). The entry form must be submitted **BOTH** to C.F.P.I Timing and to Coach Rob, Morgan Academy, by **April 9, 2017.**

Entry Criteria:

- A. **Reminder:** Each school's track coach is responsible for all entries submitted. Any mistake made by a school's coach in a listing of a participant and/or record will result in a disqualification of that student athlete. Therefore, coaches make sure your entries are correct before submitting them online.
- B. All entries must have competed in at least two (2) regular season **AISA** track meets or be part of a team that has participated in at least two (2) **AISA** meets. **NOTE:** All participants entering an individual event must have participated in that event at least once during the regular season and have a recorded time or distance (300 IH excluded).
- C. A school may enter a maximum of two (2) participants in all individual events. Note: A third participant may be entered if all three (3) entries have a time or distance which is equal to or better than the minimum qualifications that follow.

The AISA Qualifying Standards for the third participant are:

| | GIRLS | BOYS |
|--------------|--------|--------|
| Triple Jump | 29'0 | 38'0 |
| High Jump | 4'8 | 5'8" |
| Long Jump | 15'0 | 19'0 |
| Shot Put | 28' | 40'0" |
| Discus | 71'0 | 109'0 |
| 100LH/110 HH | 19.0 | 19.0 |
| 100 M Dash | 13.5 | 11.5 |
| 1600 M Run | 6:25 | 5:15 |
| 400 M Dash | 1:07.0 | 55.0 |
| 300 IH | 54.0 | 46.0 |
| 800 M Run | 2:52 | 2:17.0 |
| 200 M Dash | 29.0 | 24.0 |
| 3200 M Run | 14:30 | 12:30 |

*These standards were calculated by averaging the 4th place times/distances in the state meet over the last 5 years. If the numbers were very close to the previous standard, the time/distance did not change. Also, as much as possible, the times/distances were rounded to the nearest whole number.

Coaches, please enter competitive people only.

- D. Schools may enter only one (1) team in each relay.

Participation Regulations:

- A. An individual may compete in a maximum of five (5) events if at least one of these is a field event.
- B. Individual and relay team attire must meet AISA/NFHS requirements.
- C. Spikes must meet track requirements (1/4" maximum length).
- D. Relay substitutes must be listed on entry form

Lane Assignments:

- A. Lane assignments for preliminaries will be determined by time submitted on entry form.
- B. Lane assignments for finals will be determined by preliminary qualifying time and/or order of heat finish.

Finals Qualifying Criteria:

- A. Field Events: Each entry will get three (3) tries in preliminaries. The top eight (8) places will advance to finals.
- B. Track Events: The top eight (8) places, based on times and/or order of heat finish, will advance to finals.

Rules Committee:

The Meet Director and AISA Director will appoint a Rules Committee to handle grievances. Coaches, please bring watches, tapes, etc., as you may have to help during the meet.