

AISA STATE TRACK AND FIELD MEET SCHEDULE

Wednesday – Field Events
Field Events will begin at 11:00 AM

Long Jump – Boys
Triple Jump – Girls
Discus – Boys
Shot Put – Girls
High Jump – Girls

Thursday – Field Events
Field Events will begin at 12 PM

Long Jump - Girls
Triple Jump – Boys
Discus - Girls
Shot Put - Boys
High Jump – Boys

NOTE: All field events will take 8 to the finals and score 6. All attempts will count. There will be three attempts in prelims and three in the finals.

Running Events – Wednesday
Running events will begin at 12:30 PM

4x200 (800) Meter Relay – Finals
4x800 (3200) Meter Relay – Finals
4x100 (400) Meter Relay – Semi- Finals
3200 Meter Run – Girls – Finals
100 Meter Dash – Semi-Finals
100 Meter Hurdles – Semi-Finals
110 Meter Hurdles – Semi-Finals
1600 Meter Run – Boys – Finals
800 Meter Run – Girls – Finals
200 Meter Dash – Semi-finals
400 Meter Dash - Semi-finals

Running Events - Thursday
Running Events will begin at 1 PM

800 Meter Run - Boys
4x100 (400) Meter Relay - Finals
1600 Meter Run – Girls - Finals
100 Meter Hurdles - Finals
110 Meter Hurdles - Finals
100 Meter Dash - Finals
3200 Meter Run – Boys - Finals
400 Meter Dash - Finals
300 Meter Low Hurdles - Finals
300 Meter Intermediate Hurdles - Finals
200 Meter Dash- Finals
4x400 (1600) Meter Relay - Finals

NOTE: Girls run before Boys except where noted.

Running events are on a rolling schedule meaning one follows another.