2017 COMMODORE INDOOR ***FINAL SCHEDULE*** **JAN 13-14, 2017**

FRIDAY		**FIELD EVENTS**			
4:00	PM	HIGH JUMP	M/W	W-NORTHEAST PIT	M-SOUTHWEST PIT
4:00	PM	WEIGHT THROW	W	2 FLIGHTS	
5:00	PM	LONG JUMP	W	3 FLIGHTS	
5:00	PM	LONG JUMP	M	2 FLIGHTS	
5:00	PM	POLE VAULT	M	15 COMPETITORS	
6:30	PM	WEIGHT THROW	M	2 FLIGHTS	

FRIDAY		**RUNNING EVENTS**		
7:00	PM	200 METERS	W	17 SECTIONS
7:40	PM	200 METERS	M	8 SECTIONS
8:00	PM	DISTANCE MEDLEY	W	1 SECTION
8:15	PM	DISTANCE MEDLEY	M	1 SECTION
8:30	PM	5000 METERS	W	1 SECTION
8:50	PM	5000 METERS	M	1 SECTION

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SATURDAY		**FIELD EVENTS**		
10:30	AM	POLE VAULT-unseeded	W	14 COMPETITORS
11:00	AM	SHOT PUT	W	2 FLIGHTS
1:30	PM	POLE VAULT-seeded	W	14 COMPETITORS
2:00	PM	TRIPLE JUMP	W	1 FLIGHTS
2:00	PM	TRIPLE JUMP	M	1 FLIGHT
2:00	PM	SHOT PUT	M	2 FLIGHTS

SATURDAY		**RUNNING EVENTS**		
9:30	AM	3000 METERS-unseeded	W	SECTION 2-3
9:55	AM	3000 METERS-unseeded	M	SECTION 2-3
10:20	AM	MILE RUN-unseeded	W	SECTION 3-5
10:40	AM	MILE RUN-unseeded	M	SECTION 3-4
10:55	AM	800 METERS-unseeded	W	SECTION 4-5
11:05	AM	800 METERS-unseeded	M	SECTION 4-5
11:20	AM	400 METERS-unseeded	W	SECTION 5-12
11:40	AM	400 METERS-unseeded	M	SECTION 5-8
(Break…sprint/hurdle warmup)				
1:00	PM	60 HURDLES-prelim	W	5 HEATS
1:20	PM	60 HURDLES-prelim	M	3 HEATS
1:40	PM	60 METERS-prelim	W	8 HEATS
2:00	PM	60 METERS-prelim	M	6 HEATS
2:20	PM	MILE RUN-seeded	W	TOP 2 SECTIONS
2:35	PM	MILE RUN-seeded	M	TOP 2 SECTIONS
2:55	PM	60 HURDLES-final	W	1 SECTION FINAL
3:05	PM	60 HURDLES-final	M	1 SECTION FINAL
3:10	PM	60 METERS-final	W	1 SECTION FINAL
3:15	PM	60 METERS-final	M	1 SECTION FINAL
3:25	PM	400 METERS-seeded	W	TOP 4 SECTIONS
3:40	PM	400 METERS-seeded	M	TOP 4 SECTIONS
3:55	PM	800 METERS-seeded	W	TOP 3 SECTIONS
4:10	PM	800 METERS-seeded	M	TOP 3 SECTIONS
4:25	PM	3000 METERS-seeded	W	TOP 1 SECTION
4:40	PM	3000 METERS-seeded	M	TOP 1 SECTION
4:55	PM	4X400 RELAY	W	4 SECTIONS
5:20	PM	4X400 RELAY	M	4 SECTIONS