

Meet Schedule

Field Event

11:00 AM	Weight Throw	Women	Prelims & Finals
11:00 AM	Shot Put	Men	Prelims & Finals
1:00 PM	Weight Throw	Men	Prelims & Finals
1:00 PM	Shot Put	Women	Prelims & Finals
1:00 PM	Long Jump	Women	Prelims & Finals
2:00 PM	Pole Vault	Women	Finals
3:00 PM	Long Jump	Men	Prelims & Finals
3:00 PM	High Jump	Women	Finals
5:00 PM	Triple Jump	Women	Prelims & Finals
To Follow Women	Pole Vault	Men	Finals
To Follow Women	High Jump	Men	Finals
6:30 PM	Triple Jump	Men	Prelims & Finals

Running Events

(Down Stairs)

4:30 PM	55m Hurdles	W/M	Prelims (12 Advance)
	55m Dash	W/M	Prelims (12 Advance)
6:00 PM	55m Hurdles	W/M	Final (A&B)
	55m Dash	W/M	Final (A&B)

(Up Stairs)

6:15 PM	1 mile	W/M	Final
6:30 PM	400 Meters	W/M	Final
6:45 PM	800 Meters	W/M	Final
6:55 PM	200 Meters	W/M	Final
7:05 PM	600 Meters	W/M	Final
7:30 PM	3000 Meters	W/M	Final
8:00 PM	4x400 Relay	W/M	Final

*Running events will go on a rolling schedule.

*Schedule is subject to change.

REVISED 1/10/17