

METROPOLITAN CHAMPIONSHIPS 2016

Bronx, NY
 Van Cortlandt Park in the Bronx
 Host: Fordham University
 October 7, 2016

MEET OFFICIALS

Meet Director:
 Tom Dewey
Meet Referee:
 Ed Gorman
Timing:
 www.cfpitiming.com



OFFICIAL MEET REPORT
 printed: 10/7/2016 3:24 PM

Race #1
5k Women

Final Results

RACE SUMMARY

Start Time: 2:00 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 FORDHAM	41	3-6-7-11-14(18)(30)	1:37:01	19:25	0:44.0
2 MANHATTAN	62	4-5-13-17-23(26)(38)	1:37:59	19:36	0:55.5
3 RUTGERS	77	9-10-16-20-22(28)(40)	1:38:43	19:45	0:33.7
4 ST. JOHN'S	105	1-8-29-33-34(52)(61)	1:39:03	19:49	2:03.8
5 COLUMBIA	138	15-24-31-32-36(37)(42)	1:41:02	20:13	0:47.5
6 SETON HALL	182	21-25-43-44-49(57)(59)	1:43:34	20:43	1:43.4
7 LIU POST	204	2-27-53-60-62(72)(73)	1:47:43	21:33	5:01.2
8 NYU	212	35-39-41-46-51(54)(56)	1:44:45	20:57	1:15.8
9 ST. FRANCIS (N.Y.)	247	12-45-58-65-67(75)(79)	1:52:07	22:26	4:42.1
10 FAIRLEIGH DICKINSON	269	19-47-48-77-78	2:02:34	24:31	10:03.9
11 ST. PETER'S	322	50-63-64-71-74(76)	2:01:07	24:14	4:40.7
12 LIU BROOKLYN	328	55-66-68-69-70	2:01:11	24:15	2:41.5
DNP IONA					

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 HOWARD, ANTONIA	SO	270	ST. JOHN'S	1	18:27.0	---	5:55.9	3:41.4
2 WILLIAMS, TALYA	JR	111	LIU POST	2	18:34.8	0:07.8	5:58.5	3:43.0
3 GREBE, ANGELINA	SO	51	FORDHAM	3	19:00.1	0:33.1	6:06.6	3:48.0
4 FERRI, CAROLINE	SO	123	MANHATTAN	4	19:07.9	0:40.9	6:09.1	3:49.6
5 SMITH, KAITLYN	JR	135	MANHATTAN	5	19:09.7	0:42.7	6:09.7	3:49.9
6 LEO, STEPHANIE	JR	58	FORDHAM	6	19:18.7	0:51.7	6:12.6	3:51.7
7 TAYLOR, ABIGAIL	SO	65	FORDHAM	7	19:22.8	0:55.8	6:13.9	3:52.6
8 COSTANTINO, ELIZABETH	SO	263	ST. JOHN'S	8	19:25.4	0:58.4	6:14.7	3:53.1
9 DILANDRO, DEANNA	SO	193	RUTGERS	9	19:26.3	0:59.3	6:15.0	3:53.3
10 JUZWIAK, ALEXANDRA	JR	197	RUTGERS	10	19:27.9	1:00.9	6:15.5	3:53.6
11 SNOW, SYDNEY	FR	64	FORDHAM	11	19:34.7	1:07.7	6:17.7	3:54.9
12 CUMMISKEY, ANNAIS	SO	248	ST. FRANCIS (N.Y.)	12	19:39.2	1:12.2	6:19.2	3:55.8
13 FAJARDO, LISA	SO	122	MANHATTAN	13	19:42.2	1:15.2	6:20.1	3:56.4
14 ULTO, CHRISTINE	SR	66	FORDHAM	14	19:44.1	1:17.1	6:20.7	3:56.8
15 BURKE, SARAH	SR	5	COLUMBIA	15	19:46.1	1:19.1	6:21.4	3:57.2
16 BERGMAN, EMMA	FR	189	RUTGERS	16	19:51.5	1:24.5	6:23.1	3:58.3
17 RODA, ALEXA	JR	132	MANHATTAN	17	19:55.3	1:28.3	6:24.3	3:59.1
18 KRZYZANOWSKI, KATARZ	FR	56	FORDHAM	(18)	19:55.7	1:28.7	6:24.5	3:59.1
19 THOMPSON, MAE	JR	33	FAIRLEIGH DICKIN	19	19:56.1	1:29.1	6:24.6	3:59.2
20 SAPONARA, NADIA	FR	206	RUTGERS	20	19:56.9	1:29.9	6:24.9	3:59.4
21 BRITTEN, KILEY		219	SETON HALL	21	19:58.5	1:31.5	6:25.4	3:59.7
22 BEDARD, KAITLYN	SR	188	RUTGERS	22	20:00.0	1:33.0	6:25.9	4:00.0
23 GORMAN, KELLY	JR	124	MANHATTAN	23	20:03.4	1:36.4	6:26.9	4:00.7
24 LENEHAN, BRIANNA	SR	9	COLUMBIA	24	20:05.2	1:38.2	6:27.5	4:01.0
25 JOHNSON, EMILY		221	SETON HALL	25	20:10.7	1:43.7	6:29.3	4:02.1

METROPOLITAN CHAMPIONSHIPS 2016

Bronx, NY
 Van Cortlandt Park in the Bronx
 Host: Fordham University
 October 7, 2016

MEET OFFICIALS

Meet Director:
 Tom Dewey
Meet Referee:
 Ed Gorman
Timing:
 www.cfpitiming.com



OFFICIAL MEET REPORT
 printed: 10/7/2016 3:24 PM

Race #1
5k Women

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
26 HARTNETT, CAITLIN	FR	125	MANHATTAN	(26)	20:10.8	1:43.8	6:29.3	4:02.2
27 CONROY, ASHLIN	SR	105	LIU POST	27	20:11.4	1:44.4	6:29.5	4:02.3
28 MAUER, STEPHANIE	FR	199	RUTGERS	(28)	20:12.4	1:45.4	6:29.8	4:02.5
29 GALLAGHER, THERESE	FR	265	ST. JOHN'S	29	20:12.7	1:45.7	6:29.9	4:02.5
30 MCCORMACK, KATE	SO	60	FORDHAM	(30)	20:15.5	1:48.5	6:30.8	4:03.1
31 SAMMER, KATIE	JR	13	COLUMBIA	31	20:15.6	1:48.6	6:30.9	4:03.1
32 ROCHE, BRIANNE	SR	63	FORDHAM	-	20:20.6	1:53.6	6:32.5	4:04.1
33 MILLS, REBEKAH	SO	11	COLUMBIA	32	20:21.3	1:54.3	6:32.7	4:04.3
34 GALLAGHER, JACQUELINE	FR	264	ST. JOHN'S	33	20:26.4	1:59.4	6:34.3	4:05.3
35 GERLAND, STEPHANIE	FR	266	ST. JOHN'S	34	20:30.8	2:03.8	6:35.8	4:06.2
36 DETHLEFS, EMILY	JR	161	NYU	35	20:31.9	2:04.9	6:36.1	4:06.4
37 MURRAY, JILLIAN	SO	12	COLUMBIA	36	20:33.6	2:06.6	6:36.7	4:06.7
38 WASSERMAN, KATIE	FR	15	COLUMBIA	(37)	20:35.3	2:08.3	6:37.2	4:07.1
39 HOAGLAND, SAMANTHA	SO	127	MANHATTAN	(38)	20:37.2	2:10.2	6:37.8	4:07.4
40 DORSKY, LAURA	JR	162	NYU	39	20:40.0	2:13.0	6:38.7	4:08.0
41 CICITTA, NISA	SR	191	RUTGERS	(40)	20:43.9	2:16.9	6:40.0	4:08.8
42 MAZZI, CELINE	JR	200	RUTGERS	-	20:46.6	2:19.6	6:40.8	4:09.3
43 MALCOLM, MOREL	JR	168	NYU	41	20:50.0	2:23.0	6:41.9	4:10.0
44 DIGMAN, EMILY	FR	6	COLUMBIA	(42)	20:50.7	2:23.7	6:42.2	4:10.1
45 RUTKOWSKI, CHRISTIANA		223	SETON HALL	43	20:51.0	2:24.0	6:42.3	4:10.2
46 BLACKBURN, DESYRE		218	SETON HALL	44	20:51.2	2:24.2	6:42.3	4:10.2
47 JOHNSON, ALEXIS	FR	8	COLUMBIA	-	20:52.1	2:25.1	6:42.6	4:10.4
48 SPADACCINI, ERIN	SO	136	MANHATTAN	-	20:54.4	2:27.4	6:43.3	4:10.9
49 JANODA, LENA	SR	249	ST. FRANCIS (N.Y.)	45	20:54.6	2:27.6	6:43.4	4:10.9
50 DAVIS, MEGAN	JR	160	NYU	46	20:54.9	2:27.9	6:43.5	4:11.0
51 OSTOLOZAGA, GRACE	JR	131	MANHATTAN	-	21:00.4	2:33.4	6:45.3	4:12.1
52 JONES, MEGAN	FR	196	RUTGERS	-	21:04.1	2:37.1	6:46.5	4:12.8
53 TINTO, GIANNA	SO	137	MANHATTAN	-	21:05.1	2:38.1	6:46.8	4:13.0
54 MILLER, ELLEN	JR	203	RUTGERS	-	21:07.3	2:40.3	6:47.5	4:13.5
55 CICKAVAGE, GENEVIEVE	SO	192	RUTGERS	-	21:08.9	2:41.9	6:48.0	4:13.8
56 CRUZ, VICTORIA	SO	121	MANHATTAN	-	21:10.1	2:43.1	6:48.4	4:14.0
57 FERRIGINE, GABRIELLA	FR	7	COLUMBIA	-	21:19.1	2:52.1	6:51.3	4:15.8
58 LEE, MONICA	SO	198	RUTGERS	-	21:21.1	2:54.1	6:51.9	4:16.2
59 MIROSHNIKOVA, EKATERI	SR	30	FAIRLEIGH DICKIN	47	21:21.4	2:54.4	6:52.0	4:16.3
60 HEANEY, SHANNA	SR	54	FORDHAM	-	21:25.1	2:58.1	6:53.2	4:17.0
61 HANRAHAN, KIERAN	SO	52	FORDHAM	-	21:26.9	2:59.9	6:53.8	4:17.4
62 FISHER, LAUREL	SO	48	FORDHAM	-	21:31.4	3:04.4	6:55.2	4:18.3
63 SUTHERLAND, ARIELA	JR	31	FAIRLEIGH DICKIN	48	21:39.6	3:12.6	6:57.9	4:19.9
64 YOCCO, KASSANDRA	FR	226	SETON HALL	49	21:41.9	3:14.9	6:58.6	4:20.4
65 HASPEL, BRIANNA	SO	195	RUTGERS	-	21:42.8	3:15.8	6:58.9	4:20.6
66 NICHOLS, GEORGIE	JR	280	ST. PETER'S	50	21:44.3	3:17.3	6:59.4	4:20.9
67 STEAINS, ISABELLA	FR	170	NYU	51	21:47.7	3:20.7	7:00.5	4:21.5
68 MCADAMS, JESSICA	FR	201	RUTGERS	-	21:48.4	3:21.4	7:00.7	4:21.7
69 ELWOOD, BLAKE	SO	47	FORDHAM	-	21:49.2	3:22.2	7:01.0	4:21.8
70 PAGE, SHANNON	SO	273	ST. JOHN'S	(52)	21:51.8	3:24.8	7:01.8	4:22.4
71 MANALASTAS, SAMANTHA	JR	130	MANHATTAN	-	21:57.1	3:30.1	7:03.5	4:23.4

METROPOLITAN CHAMPIONSHIPS 2016

Bronx, NY
 Van Cortlandt Park in the Bronx
 Host: Fordham University
 October 7, 2016

MEET OFFICIALS

Meet Director:
 Tom Dewey
Meet Referee:
 Ed Gorman
Timing:
 www.cfpitiming.com



OFFICIAL MEET REPORT
 printed: 10/7/2016 3:24 PM

Race #1
5k Women

Final Results**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
72 AGOSTINACCHIO, NICOLE	FR	104	LIU POST	53	22:03.1	3:36.1	7:05.4	4:24.6
73 MORRIS, JUSTINE	SR	169	NYU	(54)	22:12.0	3:45.0	7:08.3	4:26.4
74 CARMODY, MEGAN	FR	120	MANHATTAN	-	22:18.5	3:51.5	7:10.4	4:27.7
75 MACKIE, KATE	SO	59	FORDHAM	-	22:20.2	3:53.2	7:10.9	4:28.0
76 SIMPINI, ADJOVI	JR	103	LIU BROOKLYN	55	22:20.6	3:53.6	7:11.1	4:28.1
77 VON DOLLEN, ERIN	SO	138	MANHATTAN	-	22:23.4	3:56.4	7:12.0	4:28.7
78 WATTS, CHEYENNE	SR	171	NYU	(56)	22:33.3	4:06.3	7:15.1	4:30.7
79 ROBBIE, SARAH	SO	205	RUTGERS	-	22:49.4	4:22.4	7:20.3	4:33.9
80 MORRISEAU, ELIZABETH	SO	61	FORDHAM	-	22:51.9	4:24.9	7:21.1	4:34.4
81 SAUER, MADDIE	FR	134	MANHATTAN	-	22:53.1	4:26.1	7:21.5	4:34.6
82 WHELAN, ISBELLA	FR	225	SETON HALL	(57)	23:01.4	4:34.4	7:24.2	4:36.3
83 BRYANT, DIONDRA	SO	246	ST. FRANCIS (N.Y.)	58	23:10.4	4:43.4	7:27.1	4:38.1
84 SEACH, BAILEY		224	SETON HALL	(59)	23:12.9	4:45.9	7:27.9	4:38.6
85 SCHILLACI, KAITIE	SO	110	LIU POST	60	23:17.4	4:50.4	7:29.3	4:39.5
86 SOBIESKI, JENNA	SO	207	RUTGERS	-	23:27.7	5:00.7	7:32.6	4:41.5
87 BIRCH, EBONI	SO	260	ST. JOHN'S	(61)	23:27.9	5:00.9	7:32.7	4:41.6
88 OKON, ALEXANDRIA	FR	109	LIU POST	62	23:36.0	5:09.0	7:35.3	4:43.2
89 GOLDMAN, ALEXA	JR	164	NYU	-	23:48.9	5:21.9	7:39.5	4:45.8
90 LAROSE, JOVANA	SO	279	ST. PETER'S	63	23:55.0	5:28.0	7:41.4	4:47.0
91 ANDERSON, JACKIE	SO	276	ST. PETER'S	64	23:57.9	5:30.9	7:42.3	4:47.6
92 RIVERA, J'RENDA	JR	251	ST. FRANCIS (N.Y.)	65	24:01.2	5:34.2	7:43.4	4:48.2
93 ABERDEEN, NERENE	JR	96	LIU BROOKLYN	66	24:07.7	5:40.7	7:45.5	4:49.5
94 RIST, JULIA	FR	62	FORDHAM	-	24:08.7	5:41.7	7:45.8	4:49.7
95 BREWER, BAILEY	SO	261	ST. JOHN'S	-	24:17.2	5:50.2	7:48.6	4:51.4
96 WILLIAMS, AALIYAH	FR	252	ST. FRANCIS (N.Y.)	67	24:21.3	5:54.3	7:49.9	4:52.3
97 DEBOISE, ZAAHIRA	SO	98	LIU BROOKLYN	68	24:41.9	6:14.9	7:56.5	4:56.4
98 GREAVES, MELISSA	FR	267	ST. JOHN'S	-	24:45.2	6:18.2	7:57.6	4:57.0
99 JEAN LOUIS, ESTHER	JR	102	LIU BROOKLYN	69	24:58.7	6:31.7	8:01.9	4:59.7
100 DOWAY, ALISON	SR	100	LIU BROOKLYN	70	25:02.1	6:35.1	8:03.0	5:00.4
101 COLLYMORE, JODI	SO	277	ST. PETER'S	71	25:04.2	6:37.2	8:03.7	5:00.8
102 RICKETTS, RAQUEL	SR	274	ST. JOHN'S	-	25:22.3	6:55.3	8:09.5	5:04.5
103 COSTANZO, NICOLE	FR	106	LIU POST	(72)	25:24.2	6:57.2	8:10.1	5:04.8
104 JONES, KAITLYN	FR	108	LIU POST	(73)	25:26.5	6:59.5	8:10.8	5:05.3
105 HICKEY, CHARLENE	JR	107	LIU POST	-	25:27.3	7:00.3	8:11.1	5:05.5
106 HERRERA, CAROLINA	JR	278	ST. PETER'S	74	26:25.0	7:58.0	8:29.6	5:17.0
107 MORALES, JOMANDA	FR	250	ST. FRANCIS (N.Y.)	(75)	26:27.8	8:00.8	8:30.5	5:17.6
108 JELICH, KIM	SO	129	MANHATTAN	-	26:36.4	8:09.4	8:33.3	5:19.3
109 ALBERT, OHUNENE	FR	275	ST. PETER'S	(76)	27:03.6	8:36.6	8:42.1	5:24.7
110 OGULEDO, CHRISTINE	SR	272	ST. JOHN'S	-	27:08.3	8:41.3	8:43.6	5:25.7
111 PAWLIK, TESSA	FR	92	IONA	-	27:44.8	9:17.8	8:55.3	5:33.0
112 SEXTON, KERRI	SR	93	IONA	-	28:12.6	9:45.6	9:04.2	5:38.5
113 MCGUIRE, ASHLEY	JR	29	FAIRLEIGH DICKIN	77	29:36.1	11:09.1	9:31.1	5:55.2
114 SYERS, SERWAA	SR	32	FAIRLEIGH DICKIN	78	30:00.0	11:33.0	9:38.8	6:00.0
115 COMMISSIONG, ASHLEY	FR	247	ST. FRANCIS (N.Y.)	(79)	31:49.0	13:22.0	10:13.8	6:21.8