

**Christmas Invitational - 12/6/2014**  
**Murphy Center in Murfreesboro, TN**  
**Results at www.lcftpitiming.com**  
**Results - all day**

**Women 55 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Ross, Kymmalett	Austin Peay	7.12
2 Adams, Erika	Austin Peay	7.13
3 Agyei, Doreen	M.T.S.U.	7.24
4 Daphness, Sheniece	M.T.S.U.	7.27
5 Dameus, Clairwin	Tenn. State	7.34
6 Hammond, India	M.T.S.U.	7.38
7 White, Sonja	Austin Peay	7.47
8 Williams, Crystal	Tenn. State	7.55
9 Williams, Leslye	Tenn. State	7.57
10 Dickerson, Ashanti	Unattached	7.77
11 Fleming, Destriney	Tenn. State	7.83
12 Coney, Kearia	Tenn. State	8.05

**Women 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Ross, Kymmalett	Austin Peay	24.63
2 Davis, Maikea	Austin Peay	24.92
3 Jones, Breigh	Austin Peay	24.94
4 Agyei, Doreen	M.T.S.U.	25.09
5 Hughes, Amber	Tenn. State	25.24
6 Day, Taylor	M.T.S.U.	25.53
7 Smith, India	Tenn. State	25.56
8 White, Sonja	Austin Peay	25.63
9 Adams, Erika	Austin Peay	25.72
10 Morris, Terri	Austin Peay	25.97
11 Wilson, Tamira	Austin Peay	26.00
12 Johnson, Myiah	Austin Peay	26.36
13 Daphness, Sheniece	M.T.S.U.	26.42
14 Williams, Essence	Unattached	26.47
15 Stevenson, Antonia	Austin Peay	26.60
16 Scott, Allysha	Austin Peay	26.75
17 Crawford, Mallory	Austin Peay	26.79
18 Thompson, Rylee	Austin Peay	27.16
19 Williams, Shavon	Unattached	27.30
20 Dickerson, Ashanti	Unattached	27.41
21 Alexander, Saavoon	Austin Peay	27.94
22 Fleming, Destriney	Tenn. State	28.35
23 Whyatt, Sharmill	Tenn. State	29.35

**Women 400 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Jones, Breigh	Austin Peay	55.29
2 Johnson, Shaina	M.T.S.U.	55.81
3 Morris, Terri	Austin Peay	57.81
4 Dupeh, Bless	M.T.S.U.	58.84
5 Vilson, Barbara	M.T.S.U.	58.96
6 Gray, Crystal	M.T.S.U.	59.09
7 Davis, Maikea	Austin Peay	1:00.20
8 Wilson, Tamira	Austin Peay	1:00.53

9 Taylor, Diera	Tenn. State	1:00.64
10 Scott, Allysha	Austin Peay	1:01.12
11 Crawford, Mallory	Austin Peay	1:01.95
12 Williams, Essence	Unattached	1:02.42
13 Stevenson, Antonia	Austin Peay	1:02.55
14 Jones, Kyrach	Tenn. State	1:03.12
15 Thompson, Rylee	Austin Peay	1:03.72
16 Alexander, Saavoon	Austin Peay	1:04.11
17 Fisher, Allison	M.T.S.U.	1:08.49
18 Williams, Shavon	Unattached	1:10.59

**Women 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Gray, Jessica	Austin Peay	2:16.54
2 Cheruiyot, Rhema	M.T.S.U.	2:18.39
3 Maina, Hannah	M.T.S.U.	2:18.59
4 Pryor, Christian	Tenn. State	2:20.35
5 McGhee, Michaela	Austin Peay	2:24.19
6 Pryor, Kalya	Tenn. State	2:25.97
7 Olberding, Natalie	Austin Peay	2:26.85
8 Russell, Shante	Unattached	2:28.82
9 Owens, Jasmine	Tenn. State	2:37.07
10 Ekpenike, Victoria	Austin Peay	2:56.94

**Women 1 Mile Run**

Name	School	Finals
<b>Finals</b>		
1 Kiptebeny, Josphine	M.T.S.U.	5:03.75
2 Kitevski, Julia	M.T.S.U.	5:10.41
3 Lester, Unjula	Austin Peay	5:22.98
4 Hampton, Kenyana	Tenn. State	5:27.60
5 Jordan, Molly	Austin Peay	5:35.97
6 Prince, Oteia	Tenn. State	5:59.71

**Women 3000 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Kiprono, Jackline	M.T.S.U.	10:33.22
2 Woodward, Sarah-Emily	Austin Peay	10:56.71
3 Wheeler, Rebecca	Austin Peay	11:10.87

**Women 55 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Wilson, Christal	M.T.S.U.	8.05
2 Butler, Amia	Austin Peay	8.16
3 Hammond, India	M.T.S.U.	8.20
4 Johnson, Myiah	Austin Peay	8.30
5 Ramsey, Maya	Tenn. State	8.66
6 Abdullah-Muhammad, Qet	M.T.S.U.	8.69
7 Williams, Crystal	Tenn. State	8.86

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**Women 4x440 Yard Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Mid. Tenn. State	A	3:53.83
2 Austin Peay	A	3:53.87
3 Mid. Tenn. State	B	x4:02.33
4 Tennessee St.	A	4:03.77
5 Austin Peay	B	x4:06.71
6 Tennessee St.	B	x4:09.01
7 Austin Peay	C	x4:11.52
8 Tennessee St.	C	x4:12.23
--- Mid. Tenn. State	C	DNF

**Women High Jump**

Name	School	Finals
<b>Finals</b>		
1 Vilson, Barbara	M.T.S.U.	1.68m
2 Whyatt, Sharmill	Tenn. State	J1.68m
3 Williams, Pershawna	M.T.S.U.	1.58m
4 Ross, Keyondria	Austin Peay	1.53m
5 Abdullah-Muhammad, Qet	M.T.S.U.	J1.53m
6 Howell, Jessica	M.T.S.U.	J1.53m
--- Beard, Cyra	Tenn. State	NH

**Women Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Rosch, Gretchen	Austin Peay	3.20m
2 Nicolozakes, Demi	Austin Peay	2.45m

**Women Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Hammond, India	M.T.S.U.	5.84m
2 Abdullah- Muhammad, At	M.T.S.U.	5.63m
3 Day, Taylor	M.T.S.U.	5.60m
4 Jones, Chancis	Austin Peay	5.59m
5 Butler, Amia	Austin Peay	5.57m
6 Pitts, Kaylnn	Austin Peay	5.55m
7 Williams, Pershawna	M.T.S.U.	5.48m
8 Burr, JaLyn	Tenn. State	5.40m
9 Townsend, Amber	Tenn. State	5.13m
10 Ross, Keyondria	Austin Peay	5.12m
11 Beard, Cyra	Tenn. State	4.80m
--- Oladakun, Felicia	Tenn. State	FOUL
--- Howell, Jessica	M.T.S.U.	FOUL
--- Coney, Kearia	Tenn. State	FOUL

**Women Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Hammond, India	M.T.S.U.	12.69m
2 Williams, Pershawna	M.T.S.U.	12.36m
3 Oladakun, Felicia	Tenn. State	11.83m
4 Townsend, Amber	Tenn. State	11.68m

5 Burr, JaLyn	Tenn. State	11.67m
6 Abdullah-Muhammad, Qet	M.T.S.U.	11.63m
7 Abdullah- Muhammad, At	M.T.S.U.	11.13m
8 Coney, Kearia	Tenn. State	10.31m

**Women Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Carter, Michella	Austin Peay	12.34m
2 Davis, Angel	Tenn. State	11.94m
3 Schmelzer, Autumn	Austin Peay	11.13m
4 Leneair, Cheyenne	Tenn. State	9.98m
5 Dameus, Clairwin	Tenn. State	9.85m
6 Oladakun, Felicia	Tenn. State	9.39m
7 Alsup, Hannah	Tenn. State	9.27m
8 Burr, JaLyn	Tenn. State	8.86m

**Women Weight Throw**

Name	School	Finals
<b>Finals</b>		
1 Davis, Angel	Tenn. State	16.18m
2 Leneair, Cheyenne	Tenn. State	13.67m
3 Schmelzer, Autumn	Austin Peay	13.07m
4 Alsup, Hannah	Tenn. State	10.15m

**Men 55 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Walsh, Tahir	M.T.S.U.	6.32
2 Henderson, Jerome	Tenn. State	6.38
3 Stewart, James	Tenn. State	6.71
4 Lee, Brandon	Unattached	6.72
5 Harris, Shawn	Tenn. State	6.77
6 Carabi, Darrion	Unattached	6.98

**Men 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Alexander, Travon	Tenn. State	22.50
2 Green, Jordan	Tenn. State	22.83
3 Stokes, Perry	Tenn. State	23.00
4 Shelton, Demitrius	M.T.S.U.	23.03
5 Anderson, Kenji	Tenn. State	23.58
6 Coverson, Kasey	Unattached	23.61
7 Sawyers, Warren	Tenn. State	24.18
8 Elam, Zyhir	Unattached	24.29
9 Figuerloa, Daylon	Unat. Fisk	24.58
10 Young, Justin	Tenn. State	24.64

**Men 400 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 McLin, Troy	Unattached	52.03
2 Griffin, Jason	Tenn. State	52.06
3 Coverson, Kasey	Unattached	52.35
4 Robinson, Kuwane	Tenn. State	53.34

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**Finals ... (Men 400 Meter Run)**

Name	School	Finals
5 Scott, Ronnie	Tenn. State	55.24
6 Elam, Zyhir	Unattached	56.12
7 Figuerloa, Daylon	Unat. Fisk	1:03.81

**Men 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Prince, Quamel	Tenn. State	1:52.44
2 Cheruiyot, Geoffry	M.T.S.U.	1:54.93
3 Lutz, Kyle	M.T.S.U.	1:59.36
4 Nicholson, Theodore	Tenn. State	2:01.80
5 Guthrie, Jakeenan	Tenn. State	2:02.45

**Men 1 Mile Run**

Name	School	Finals
<b>Finals</b>		
1 Muhammad, Sabir	Tenn. State	5:18.38
2 Amos, Jemarruse	Tenn. State	6:50.87

**Men 3000 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Rono, Hillary	M.T.S.U.	8:34.88
2 Cheruiyot, Amos	M.T.S.U.	8:51.15
3 Dixon, Alden	M.T.S.U.	8:56.82
--- Matelong, Shadrack	M.T.S.U.	DNF

**Men 55 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Lillard, Bryson	Unattached	7.60
--- Nyamadi, Atsu	M.T.S.U.	FS

**Men 4x440 Yard Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Mid. Tenn. State	A	3:30.82
1) Nyamadi, Atsu	2) Shelton, Demitrius	
3) Cheruiyot, Geoffry	4) Akena, Geoffrey	
2 Tennessee St.	B	x3:36.82
3 Tennessee St.	C	x3:53.94
--- Tennessee St.	A	DNF

**Men High Jump**

Name	School	Finals
<b>Finals</b>		
1 Rice, Daryl	Tenn. State	1.88m

**Men Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Young, Justin	Tenn. State	3.96m
2 Nyamadi, Atsu	M.T.S.U.	3.50m

**Men Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Dates, Royce	Unattached	7.31m
2 Nicholas, Kareem	Unattached	7.12m
3 Rory, Kameron	Unattached	7.00m
4 Jones, Nigel	M.T.S.U.	6.85m
5 Cragwall, Shaquille	Tenn. State	6.70m
6 Smith, Phillip	M.T.S.U.	J6.70m
7 Donelson, Daniel	Unattached	5.75m
--- Dates, Rashaad	Tenn. State	FOUL

**Men Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Okot, Vincent	M.T.S.U.	15.22m
2 Nyamadi, Atsu	M.T.S.U.	15.04m
2 Nicholas, Kareem	Unattached	15.04m
4 Smith, Phillip	M.T.S.U.	14.62m
5 Cragwall, Shaquille	Tenn. State	14.37m
6 Jones, Nigel	M.T.S.U.	13.17m
--- Dates, Royce	Unattached	FOUL
--- Dates, Rashaad	Tenn. State	FOUL

**Men Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Ampomah, John	M.T.S.U.	12.14m
2 Majors, Teron	Unattached	10.77m

**Men Weight Throw**

Name	School	Finals
<b>Finals</b>		
1 Frye, Joe	Unattached	21.98m
2 Majors, Teron	Unattached	11.00m