

# Western Michigan University Track & Field

## Jack Shaw Classic

**Friday, May 9, 2014**

**Kalamazoo, MI**

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### **Field Events**

11:00 AM Men's Hammer (Women to follow)  
12:30 PM Men's Shot Put (Women to follow)  
2:00 PM Men's Pole Vault (Women to follow)  
2:00 PM Men's Long Jump (north pit-closest to infield)  
2:00 PM Women's Long Jump (south pit-closest to track)  
2:00 PM Men's Javelin (Women to follow)  
3:00 PM Men's High Jump (Women to follow)  
3:30 PM Men's Triple Jump (north pit)  
3:30 PM Women's Triple Jump (south pit)  
4:30 PM Women's Discus (Men to follow)

### **Running Events**

4:30 PM 3000m SC Men  
4:45 PM 4 x 100 Relay Men  
4:55 PM 4 x 100 Relay Women  
5:05 PM 1500m Men  
5:20 PM 1500m Women  
5:40 PM 110HH Men  
5:55 PM 100HH Women  
6:10 PM 400m Men  
6:20 PM 400m Women  
6:30 PM 100m Men  
6:40 PM 100m Women  
6:50 PM 800m Men  
7:00 PM 800m Women  
7:15 PM 400H Men  
7:25 PM 400H Women  
7:40 PM 200m Men  
7:50 PM 200m Women  
8:05 PM 3000m SC Women  
8:20 PM 4 x 400 Relay Men  
8:30 PM 4 x 400 Relay Women

\*Steeplechase could be changed to a flat 3000m depending on preference.