

Rome/Shorter Relays

March 29-30, 2013
Maddox Track at Barron Stadium

Facility: Maddox Track at Barron Stadium is an eight-lane, 400-meter track with a Beynon surface, Lynx Timing System and Jumbo-Tron scoreboard. The stands at the track can seat over 5000 spectators. The throws center, a new 10 acre facility, is located one mile away from Barron Stadium. A shuttle will be available to transport individuals to and from the venues. The center contains 3 shot rings, a discus cage, and a hammer/discus combo cage. The javelin runway is a grass runway.

Teams Attending: This meet is open to all colleges, universities, and unattached athletes. High schools are welcome to compete in the high school division.

Meet packets: Can be picked up at the track under the home stands.

Entry Fee: Cost is \$300 per team per gender. Teams consisting of less than 15 athletes will be charged \$20 per athlete. High schools from Floyd County will have the entry fee waived. All other high schools will be charged \$100 per gender per team. A team consists of 10 or more people. Anything less will be charged \$10 per person. Make checks payable to Shorter University Track and Field.

Entry deadline: Monday March 25th @ 11:59pm.

Entry method: www.directathletics.com

Athlete check in: All athletes must check in with the Clerk of Course (running events) or with the Event Official (field events) at least 60 minutes prior to the start of that event. If the athlete has not checked in by that time, the athlete will be scratched from the event.

Weigh Ins: Weigh ins will be held at the throws center. All implements must be weighed in at least 1 hour prior to the start of the event. Impounded implements will be available for pick up at the conclusion of the event at the implement weigh in area.

Medical Staff: Floyd Medical Athletic Trainers will be on site during the entire competition. If you have further medical needs please contact Phillip Hardy at phardy@floyd.org.

Showers: There are no facilities in which to shower after the meet. Please plan accordingly.

TENTATIVE SCHEDULE OF EVENTS

Friday

Field

12:00	Women's Long Jump	3:30	Girls Shot Put
12:00	Women's Hammer	3:30	Boys Discus
12:00	Men's Shot	3:30	Girls Pole Vault
12:00	Men's Pole Vault	3:30	Girls High Jump
1:00	Men's High Jump	4:00	Boys Long Jump
2:00	Men's Hammer	5:00	Girls Long Jump
2:00	Women's Shot		
2:00	Men's Long Jump		

Running

1:00	Women's 400 meter dash	5:35	Women's 3k Steeplechase
1:15	Men's 400 meter dash	5:50	Men's 3k Steeplechase
1:35	Girls 100 Hurdles	6:15	Girls 800 meter run
1:55	Women's 100 Hurdles	6:45	Boys 800 meter run
2:25	Boy's 110 Hurdles	7:10	Women's 1500 meter run
2:45	Men's 110 Hurdles	7:25	Men's 1500 meter run
3:10	Girls 100 meter dash	7:15	Girls 2 mile run
3:25	Women's 100 meter dash	7:35	Boys 2 mile run
3:45	Boys 100 meter dash	7:55	Women's 5k run
4:00	Men's 100 meter dash	8:20	Men's 5k run
4:20	Girls 400 meter dash		
4:45	Boys 400 meter dash		
5:00	Women's 200 meter dash		
5:15	Men's 200 meter dash		

Saturday

Field

10:00	Girls Triple Jump	1:30	Men's Triple Jump
10:00	Boys Shot	2:00	Boys High Jump
10:00	Boys Pole Vault	2:00	Women's Pole Vault
11:30	Women's Triple Jump	2:30	Girls High Jump
11:30	Girls Discus	2:30	Women's Discus
12:00	Women's High Jump	3:00	Boys Triple Jump
1:00	Men's Discus		

Running

11:00	Girls 1600 meter run	3:15	Boys 4x2 relay
11:30	Boys 1600 meter run	3:25	Women's 4x2 relay
12:00	Girls 4x1 relay	3:35	Men's 4x2 relay
12:15	Boys 4x1 relay	3:50	Girls 4x8 relay
12:30	Women's 4x1 relay	4:10	Boys 4x8 relay
12:45	Men's 4x1 relay	4:30	Girls 200 meter dash
1:00	Women's 800 meter dash	4:50	Boys 200 meter dash
1:15	Men's 800 meter dash	5:10	Women's 4x4 relay
1:40	Girls 300 meter hurdles	5:25	Men's 4x4 relay
1:55	Boys 300 meter hurdles	5:40	Girls 4x4 relay
2:20	Women's 400 meter hurdles	5:55	Boys 4x4 relay
2:40	Men's 400 meter hurdles		
3:05	Girls 4x2 relay		