

asics *McNeese Cowboy*

5k Cross Country Stampede

June 11, 2013

Dear Coaches,

McNeese State University would like to extend an invitation to your team for this year's ASICS McNeese Cowboy Cross Country Stampede. The course is a flat fast two loop of Lake Street Enos Derbonne Ward 3 Recreation Complex.

This year's race will be Saturday, **September 28th, 2013**

7:00am Course Inspection
8:00am Open Fun Run
8:45am Women's 5k College
9:15am Men's 4 Mile College
9:45am Varsity Girls 5K
10:15am Varsity Boys 5K
10:45am Junior Varsity / Middle school Girls 2 mile
11:15am Junior Varsity / Middle School Boys 2 mile
11:45am Elementary Kids ½ mile
12:00pm Awards

There is \$50 charge for College teams. Men / Women \$100

Awards will be given to the top two teams. The top 10 individuals in the College Race will be awarded a special edition t-shirt. **Additional T-shirts maybe purchased after the awards for \$15.00 first come first serve.**

If you know your team will be competing please contact our office so we can plan accordingly.

Initial entries are due no later than 12:00pm Tuesday, September 25th via (www.directathletics.com). For further information checkout our website at www.mcneesesports.com.

Yours in Running,

Brendon Gilroy

Brendon Gilroy
Head Cross Country Coach McNeese State University