

MISSISSIPPI OPEN

April 14 & 15, 2012

MEET INFORMATION

- Date: April 14 & 15, 2012
- Site: The track is located off of Hill Drive, located south of Vaught-Hemingway Football Stadium, but team parking will be in a lot across the street from the Track & Field Offices.
- Directions & Parking: Traveling on Hwy. 6, take the Coliseum Drive exit; take your FIRST RIGHT, HILL DRIVE. The Track & Field Building is down on the right. You may drop your athletes off at the Track Parking Lot. ***ALL BUSES, ETC.*** must park in the Parking Lot that is located across the street from the Track Offices. Cars & Vans may park in the Track Parking lot if space is available.
- Schedule: See attached.
- Facility: The track is nine 48" lanes. The track surface, long jump, high jump, pole vault and javelin runways are Mondo Super X. ***One quarter inch cone (1/4" / 7mm) PYRAMID spikes are MANDATORY;*** and are the ONLY spikes allowed. Needle spikes are ***NOT*** allowed. The throwing circles are brushed concrete. (we will have a limited amount of correct spikes available, but they will be expensive as we would prefer you come prepared). We have 2 shot put areas, 2 discus areas, 2 hammer areas, and a large "D" area. There are 8 possible Pole Vault areas to take advantage of the wind. Long Jump and Triple Jump runways go both directions.
- Entry Fee: \$200.00 per team, per gender, (\$400 combined Men & Women) or *\$20.00 per individual per event*. Checks should be made payable to The University of Mississippi. You may also pay when you arrive on Saturday.
- Entry Deadline: All entries are on-line - www.cfpitiming.com
Meet Deadline is Thursday, April 11th at 3:00 p.m.
There will be no scratches and declarations. What you enter on the internet site will be final. Enter what you plan to run.
THERE WILL BE NO ADDITIONS OR CHANGES THE DAY OF THE MEET. We have our entry deadline as late as possible in order to have 'NO' Meet Day Changes.

**** 'UNATTACHED' athletes must e-mail Sally Worsham (sally@olemiss.edu) to get permission to run; list events & times;
from April 9-12, 2012 ONLY; \$20 per individual. **NO HIGH SCHOOL ATHLETES WILL BE ALLOWED TO PARTICIPATE.**

Minimum Marks: MPV Starting Height 14'0"
WPV Starting Height 10'0"

In jumps & throws, we may limit the distance we measure if fields become too large.

Packet Pick Up: Packet Pick Up is at the front of the Main Office between 9:30 a.m.-1:00 pm. **YOUR** athletes must have a **WRIST BAND** to access the Track, IPF Practice Area, and to pick up their number. **NO ONE WILL BE ALLOWED TO COMPETE WITHOUT A WRIST BAND.**

4X100 Relay Cards must be turned in at Timing Command Center by 12:45 p.m.
4X400 Relay Cards must be turned in at Timing Command Center by 7:30 p.m.

Meet Format: In running events, sections by time will be run with each event to be a final. In field events the top 9 will advance to final. In high jump, starting heights will be determined after review of entries.

Scoring: This is an open competition meet; **NO SCORING**

Timing: Timing will be via CFPI Timing.

Rules: All NCAA rules apply.

Check In: The Clerk of the Course will hand out hip numbers at check in at the Northeast Equipment Building **NO LATER THAN 15** minutes prior to race. Athletes are responsible for their section/race. There will be no hesitations to run the section/race. Heat sheets will be posted. Field events check in with their flight.

Heat Sheets/Results: Heat sheets will be in each team's packet. Results will be posted after each event is final. Ole Miss Media Relations will provide a packet with results for each team. Results may also be obtained via www.cfpitiming.com.

Implement Weigh In: All implements will be certified and weighed in at the Equipment Building during the following times. Shed is located on the Northeast corner of track.

ALL Hammer & Javelin 8:30-11:30 a.m. (up to 30 min. before event)

ALL Discus & Shot Put 11:30 a.m.-2:30 p.m.

(**NO** implements weighted in after 2:30 p.m.)

Implements will be impounded and taken to the site of competition one-half hour prior to the start of the competition.

Training Area: Trainers please contact Kirk Emick at 662/915-1930 (cell 662/816-2332).

Coaches: Hospitality will be open from 1:00 p.m.–5:00 p.m. for your COACHING staff.

More Information: For more information or answers to any questions, please call Sally Worsham at the Ole Miss Track Office (662/915-7538) or email her: sally@olemiss.edu.

******* Attention *******

All throwing events will be limited to the top 32 entries and meet management choices. An entry does not secure a spot in the field for the event.

Heptathlon Saturday & Sunday

Women's Heptathlon Saturday & Sunday, April 14th & 15th

Times are TENTATIVE;
Referee will be giving Starting Times

HEPT Schedule

Saturday, April 14th	12:00 p.m.	100 Hurdles
	12:45 p.m.	High Jump
	3:30 p.m.	Shot Put
	5:35 p.m.	200
Sunday, April 15th	10:00 a.m.	Long Jump
		Javelin
		800