June 29, 2012

Dear Coach-
It's time to get rolling for our cross country meet on **August 31, 2012** and this is your official information and entry information for the Belmont-Vanderbilt Opener. The race will be run here in Nashville at Percy Warner Park at the **Vaughn's Creek Course**. The women's course will be **4K** and the men will run **5k**. The women's race will begin at **5:30 pm**, followed by the men's race at **6:00**. The entry fee is $100 per team, $200 for both men and women and the maximum allowable number of runners per gender is 15 per team. Individual entries will be considered on a case by case basis and those entered will have an entry fee of $10.00. We will have water and sports medicine at the course, there will **not** be shower facilities. Entries will be done online ONLY by **Tuesday, Aug. 28 at cfpitiming.com**. Please direct any questions via email at seth.sheridan@belmont.edu or at (615) 460-8525. Thanks for your participation.

Sincerely,
Seth Sheridan
Head Coach, Women's Track and Field and Cross Country