



June 25, 2011

Dear Coach-

It's time to get rolling for our cross country meet on **Sept. 2, 2011** and this is your official information and entry information for the Belmont-Vanderbilt Opener. The race will be run here in Nashville at Percy Warner Park at the **Vaughn's Creek Course**. The women's course will be **4K** and the men will run **5k**. The women's race will begin at **5:30 pm**, followed by the men's race at **6:00**. The entry fee is \$75 per team, \$150 for both men and women and the maximum allowable number of runners per gender is 15 per team. Individual entries will be considered on a case by case basis and those entered will have an entry fee of \$10.00. We will have water and sports medicine at the course, there will **not** be shower facilities. Entries will be done online **ONLY** by **Tuesday, Aug. 30<sup>th</sup>** at **cfpfitiming.com**. Please direct any questions via email at [seth.sheridan@belmont.edu](mailto:seth.sheridan@belmont.edu) or at (615) 460-8525. Thanks for your participation.

Sincerely,

Seth Sheridan

Head Coach, Women's Track and Field and Cross Country

[www.cfpfitiming.com](http://www.cfpfitiming.com)