2010 Southern Conference Outdoor Track & Field Championships Manual

Appalachian State University

College of Charleston

The Citadel

Davidson College

Elon University

Furman University

Georgia Southern University

University of North Carolina at Greensboro

Samford University

University of Tennessee at Chattanooga

Western Carolina University

Wofford College

April 24-25, 2010
Boone, N.C.
Host: Appalachian State University

2010 SOUTHERN CONFERENCE
OUTDOOR TRACK & FIELD CHAMPIONSHIPS
ADMINISTRATIVE MANUAL

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Spartanburg, South Carolina 29303
864/591-5100
www.soconsports.com

Edited By: Brandon Neff, Assistant Commissioner for Championships – March 2010

2010 SOUTHERN CONFERENCE OUTDOOR TRACK & FIELD CHAMPIONSHIPS INFORMATION

Important SoCon Championship Dates

Monday, April 19 – 5 p.m. Eastern Time deadline for submitting team entry form (Appendix C) into Brandon Neff, Assistant Commissioner for Championships, to be checked for eligibility. Brandon Neff, fax: 864/591-4282; e-mail: bneff@socon.org.

Friday, April 23 – Noon Eastern Time. Deadline for entries to be submitted online to Cleon Fowler at www.cfpitiming.com. THERE WILL BE NO SCRATHES MADE AT THE COACHES MEETING ON FRIDAY NIGHT.

Friday, April 23 – 4:00 p.m. – 7:30 p.m. Eastern Time. Kidd Brewer Stadium at Appalachian State opened for walk through.

Friday, April 23 – 6:00 p.m. Eastern Time. Coaches meeting in the Mountaineer Room in Owens Fieldhouse. Owens Fieldhouse is located just north of the track. All head coaches are to be in attendance. Athlete gifts will be distributed at this meeting.

Saturday, April 24 – 8:00 a.m. Eastern Time. Day 1 of the Men's Decathlon Begins.

Sunday, April 25 – 8:00 a.m. Eastern Time. Day 2 of the Men's Decathlon Begins.

Future Southern Conference Championship Dates

2011	April 22-23	Samford University
2012	April 21-22	Western Carolina University
2013	April 20-21	Georgia Southern University

*The Southern Conference men's and women's Outdoor Track and Field Championships shall normally be conducted on the Saturday and Sunday seven weeks prior to the second Saturday in June unless conflicting with Easter Sunday (2011). Five weeks prior to the NCAA Regionals in a Saturday-Sunday format.

2010 NCAA Outdoor Track & Field Championships

Friday, May 28 - Saturday, May 29 – East Regionals at Irwin Belk Track at Greensboro, N.C. Host: North Carolina A&T State University.

Friday, May 28 - Saturday, May 29 – West Regionals at Mike A. Myers Track and Soccer Stadium at Austin, TX. Host: The University of Texas at Austin.

Wednesday, June 9 – Saturday, June 12 – Finals at Hayward Field in Eugene, Oregon. Host: University of Oregon.

Track & Field Sports Committee

Larry Leckonby, Athletics Director (Committee Chair).....….The Citadel
Dr. Mike Jones, Faculty Athletics Representative..... University of Tennessee at Chattanooga
Dr. Gibbs Knotts, Faculty Athletics Representative.....Western Carolina University
Cathy Beene, Senior Woman Administrator ..... Georgia Southern University
Faith Shearer, Senior Woman Administrator..... Elon University
Danny Williamson, Head Coach.....Western Carolina University
Rod Tiffin, Head Coach …….Samford University
Brandon Neff, Assistant Commissioner…. .....Southern Conference Staff Liaison

Southern Conference Staff

John Iamarino..... Commissioner
Geoff Cabe..... Senior Associate Commissioner
Sue Arakas .....Associate Commissioner
Doug King.....Associate Commissioner for Compliance
Brandon Neff ..... Assistant Commissioner for Championships
Jason Yaman……..Assistant Commissioner for Media Relations
Jonathan Caskey..... Associate Director of Media Relations
Laura Hayes .....Assistant to the Commissioner
Mike Mitchell..... Director of Marketing
Jamie Severns.....Director of Multimedia Services
Caroline Sanker..... Championships/Operations Assistant
JoAnne Cannell.....Media Relations Assistant

OUTDOOR TRACK & FIELD CHAMPIONSHIPS ADMINISTRATIVE MANUAL

1. AWARDS

1.1 **Awards Ceremony.** Immediately following the conclusion of each event, an awards ceremony shall be held at the awards presentation area. An awards ceremony shall also be held at the conclusion of the meet. The following awards shall be provided by the Conference office and distributed at the awards ceremony:

1.1.1 **Championship Trophies.** Two trophies (one for men and one for women) shall be presented to the head coach and captains of the winning teams;

1.1.2 **Runner-Up Trophies.** Two trophies (one for men and one for women) shall be presented to the head coach and captains of the runner-up teams;

1.1.3 **Third Place Finisher Plaques.** Plaques shall be presented to each individual or relay team member finishing in third place in an event;

1.1.4 **Second Place Finisher Plaques.** Plaques shall be presented to each individual or relay team member finishing in second place in an event;

1.1.5 **First Place Finisher Plaques.** Plaques shall be presented to each individual or relay team member finishing in first place in an event;

1.1.6 **All-Conference Recognition.** First place, second place and third place plaques shall also recognize the recipient as an All-Southern Conference selection;

1.1.7 **Most Outstanding Performer Plaques.** Six plaques (three for men and three for women) shall be presented to the persons winning the Most Outstanding Athlete (highest points scored during the meet), Most Outstanding Track Performer award and the Most Outstanding Field Performer award. The Most Outstanding Track and Field Performer awards shall be voted on by the head coaches at the Championships site. The voting shall be conducted by the Conference office. ***Coaches are not allowed to vote for their own student-athletes;***

1.1.8 **Freshmen of the Year Plaques.** Two plaques (one for men and one for women) shall be presented to the person winning the Freshman of the Year awards. The Freshman of the Year awards shall be voted on by the head coaches at the Championships site. The voting shall be conducted by the Conference office. ***Coaches are not allowed to vote for their own student-athletes;***

1.1.9 **Coach of the Year Plaques.** One plaque shall be presented to the Men's Coach of the Year, and one plaque presented to the Women's Coach of the Year. The Coach of the Year awards shall be voted on by the head coaches at the Championships site. The voting shall be conducted by the Conference office.

1.1.10 **All Freshman Team.** The top three freshmen (true freshmen, Redshirt or otherwise) finishers in each event will be named to the Outdoor Track and Field All-Freshman team. Certificates will be mailed after the championships have concluded.

1.2 **Other Awards.** Other awards presented in conjunction with the Championships are as follows:

1.2.1 **Individual Championship Team Plaques.** Twenty-eight individual plaques will be presented to the head coach of the men's championship team and 28 individual plaques will be presented to the head coach of the women's championship team for presentation to the student-athletes of those squads. These plaques will be presented at the head coach's discretion.

1.3 **Awards Engraving.** Each institution is responsible for returning its plaques to Levy Awards & Promotional Products (Levy A&PP) for individual engraving. The Conference contact person at Levy A&PP is Cheryl Panek. She can be reached at 813.879.7775. The address for Levy A&PP is 2614 W. Kennedy Blvd, Tampa, FL 33609.

2. CHAMPIONSHIPS INFORMATION

2.1 The 2010 Southern Conference Men's & Women's Outdoor Track and Field Championships will be hosted on the campus of Appalachian State University at Kidd Brewer Stadium in Boone, N.C. The Championships will be held on Saturday, April 24 and Sunday, April 25.

2.2 **Admission.** There will be a charge of $5 for adults and $3 for youth and students with a valid ID from Conference Schools.

2.3 **Schedule of Events.** Championships schedules shall be set by the Conference's Track and Field Committee and approved by the Athletics Directors Association. This schedule can be found in Appendix A of this manual. On even numbered years, men will compete first and women will compete second. On odd numbered years, women will compete first and men will compete second.

2.4 **Men's & Women's Track and Field Committee Involvement.** The Conference's Men's & Women's Track and Field Committees shall provide general oversight of the Championships. The Track and Field Committee shall

have the authority to discipline and/or fine any member institution that does not abide by Conference regulations.

2.5 **Games Committee.** A Games Committee shall be appointed for the Championships consisting of Track and Field Committee members on site, the athletics director of the host institution or his/her designee, the Conference staff liaison on site (Brandon Neff) who shall serve as Chair of the Committee and the championships director, and the head referee. The games committee shall:

2.5.1 Ensure that the Championships are conducted in accordance with the rules and regulations of the Conference as contained in the Southern Conference Sport Regulations and this manual;

2.5.2 Make decisions regarding situations that occur where resolution is not covered in the rules and regulations of the NCAA or the Southern Conference as stated in the Sport Regulations or this manual;

2.5.3 Inspect the meet facility prior to the start of the event.

2.6 **Championships Directors: John Weaver 828/266-3268 (C)**
Brandon Neff 864/525-5318 (C)

The Conference Office shall appoint a championships director, who shall perform the following functions under the direction of the Men's & Women's Track and Field Committees;

2.6.1 Serve as supervisor of the Championships;

2.6.2 Plan and coordinate all activities of the Championships in conjunction with the Men's & Women's Track and Field Committees and local organizing committee(s);

2.6.3 Provide relevant Championships information to all coaches, athletics directors, senior woman administrators, chief executive officers, faculty athletic representatives and other necessary personnel of competing institutions;

2.6.4 Work with Southern Conference Director of Championships to coordinate and supervise the activities of the meet officials;

2.6.5 Oversee servicing the needs of the participants and spectators as prescribed in this manual;

2.6.6 Delegate duties and responsibilities to Championships personnel;

2.6.7 Secure a certified trainer and other medical personnel for the Championships.

2.7 **Media Coordinador: Patrick Moree 336/957-0904 (C)**
The championships director shall appoint a Championships media coordinator, who shall perform the following duties:

2.7.1 Coordinate and administer all media working areas and media hospitality areas;

2.7.2 Process all media requests for working credentials;

2.7.3 Assist onsite Conference media staff coordinate the activities of the results crew and make sure that the results are made available to all media and coaches as soon as possible after the conclusion of each event;

2.7.4 Assist onsite Conference media relations staff in writing and distributing all releases as necessary prior to and during the Championships;

2.7.5 Fulfill the needs of Conference sports information directors not on site.

2.8 **Promotions Director: John Weaver 828/262-3074 (C)**

The championships director shall appoint a Championships Promotion Director, who shall ensure that a marketing and promotions plan is created to promote awareness to fans of member institutions and their local communities, as well as the local community in which the Championships will be held.

2.9 **Additional Championships Personnel.** The following additional personnel shall be appointed by the championships director and/or Southern Conference Director of Championships:

2.9.1 Official timer;

2.9.2 Public address announcer; and

2.9.3 Clock, scoreboard and matrix board operators.

2.9.4 In addition, Conference Men's & Women's Track and Field Committee members (excluding head coaches' representatives), may be assigned specific duties as necessary to ensure the orderly operations of the Championships.

2.10 **Involvement of Head Coaches.** The Southern Conference head track and field coaches shall be utilized as counsel for the planning of the Championships. Their technical knowledge and personal experience in the administration of meets shall assure the maintenance of the meet's reputation for excellence and efficiency. Selection of certain officials (head referee, starter, etc.) shall be considered upon the recommendation of the head coaches. Coaches' recommendations for these officials and a review of planning for the Championships shall be an item on the

agenda for the annual meeting of the Head Coaches and Men's & Women's Track and Field Committees.

3. CHAMPIONSHIPS PROCEDURES

3.1 **Scoring.** Teams may enter a maximum of six competitors in all individual events and three competitors in multi-event competitions (heptathlon and decathlon). The eight-place scoring system (10-8-6-5-4-3-2-1) shall be used in individual and relay events during the Championships.

3.2 **Tie-Breaking Procedures.** In case of a tie for first place in a team championship, the tying teams shall be considered co-champions.

3.3 **Travel Squads.** Travel squads to the Championships shall be limited to 28 student-athletes.

3.4 **Rules.** The rules for the Championships shall conform to those rules adopted by the NCAA for the Division I Outdoor Track and Field Championships, and the Southern Conference as stated in the Southern Conference Sport Regulations and this manual.

3.5 **Uniforms.** All competitors must wear exclusively the official uniform of their institution in competition, warm-up and during the post-championships awards ceremony. Visible undergarments shall be an identical and solid color. Bare midriff tops will not be allowed as a competition uniform. In addition, all uniforms must allow for hip numbers to be placed on the hip of the uniform, not on a bare leg or bare thigh. In accordance with NCAA rules, the institutions' official uniform (including warm-ups) and all other items of apparel (socks, head bands, t-shirts, wrist bands, towels, etc.) should bear only a single manufacturer's or distributor's normal label or trademark. The label or trademark may not exceed 2¼ inches square in size. Equipment (i.e., shoes, bags) may bear only the manufacturer's normal label or trademark as it is used on all such items for sale to the general public. Failure to comply with this regulation may cause disqualification or may jeopardize a student-athlete's eligibility.

3.6 **Student-Athlete Eligibility.** Each institution is responsible for submitting a list of competing student-athletes to Brandon Neff (bneff@socon.org), no later than Monday, April 19 at 5 p.m., five (5) days prior to the start of the Championships. List may also be faxed to office at 864/591-4282. This list will be comprised only of those athletes competing in the championship. The Conference office will verify the eligibility of these student-athletes and will notify an institution if a problem arises with any of its student-athletes. Student-athletes not deemed eligible to compete might not be in uniform during the Conference Championships. This is also the list that the credentials will be printed from, correct spelling is appreciated.

3.7 **Head Coaches' Meeting.** A Southern Conference Head Coaches' meeting will be held on Friday, April 23 at 6:00 p.m. in the Mountaineer Room in Owens

Fieldhouse, located just north of the track. The Track and Field Committee Chair will conduct the meeting and review information pertinent to the Championships. The head coach of each institution is required to attend this meeting. Head coaches who do not attend the meeting are subject to disciplinary action as imposed by the Men's and Women's Track and Field Committees and enforced by the Commissioner.

3.8 **Entries and Scratches.** The following items address the issues of team entries and scratches:

3.8.1 The Conference office shall email instructions regarding event entry procedures to the head coach at each institution at least 14 days prior to the championships.

3.8.2 Entry forms shall allow a maximum of six entries per team for each individual event and three entries per team for multi-events and one entry per team for relay events;

3.8.3 A roster of participating athletes shall be faxed to the Conference Office (864-591-3448, attn: Brandon Neff) no later than 5 p.m. on Monday, April 19th prior to the Championships (Appendix C);

3.8.4 **ALL ENTRIES MUST BE DONE THROUGH AN ONLINE ENTRY SITE at www.cfpitiming.com.** The entry site will open on Monday, April 19 and entries are due no later than **Noon, eastern time on Friday, April 23. No additional entries or changes in entries are allowed after this time.**

3.8.5 Institutions shall update all results information of regular season events to the Conference ranking list by 5:00 PM ET on Monday of each week. It is mandatory that the Conference ranking list be completed by 5:00 PM ET of the Monday prior to the Outdoor Track & Field Championships in preparation for seeding purposes. **Those student-athletes who have not been added to the Conference ranking list by that time will not be allowed to have times or marks used for seeding into the championships.**

3.8.6 All performances used by coaches on entry forms must have been made in the current outdoor season and must have been posted on the official Conference Ranking List. No relay individual performances are acceptable, nor will hand held times be taken by a coach be accepted. Only officially recorded performances, either hand or electronic, will be accepted for seeding purposes. A coach may make an appeal to the Men's and Women's Track and Field Committees to submit a coach's hand time;

3.8.7 If a student-athlete has a distance or time on a regular season official results list, that time or distance must be placed on the Conference performance list.

3.8.8 Heat and flight sheets shall be made available by Cleon Fowler (official timer) to all head coaches at the meeting on the night prior to the start of the Championships for the purposes of verification and last minute scratches;

3.8.9 There will be no scratches made at the coaches meeting on Friday night. Please have all of the competing student-athletes entered via the online entries by the specified deadline of Friday, April 23rd at Noon ET.

3.8 **Seeding.** For lane events (including 800 meters) all events shall be seeded by using the "snake" method of seeding. Coaches may petition to the Games Committee a competitor's position on the seeded list of any running or field event. The Games Committee shall, by majority vote, determine the proper seeded place.

3.9 **Lane Assignments.** For all preliminaries, lane assignments shall be determined by random draw. For all finals, lane assignments shall be determined by preferred lanes. Lane preference shall be determined by the host institution and not subject to debate. The conference coaches recommend the lane preferences listed below:

Eight Lane Track Staggered Starts:	45673218
Eight Lane Track Straightaway:	45362718
Six Lane Track Staggered Starts:	456321
Six Lane Track Straight-aways:	345216

3.9.1 Lane assignments are only altered or redrawn after the meet director has drawn them and only if enough scratches warrant a redraw, otherwise vacated lanes remain empty. If scratches bring an event down to less than or the same as the lanes being used, there will be a final only in that event and preferred lanes will be used.

3.10 **Distance Event Seeding and Lane Assignments:** If a runner in the fast heat of a distance event which uses a fast and slow heat format is scratched, then the next runner on the entry order list will be moved to the fast heat. Distance events shall be seeded by time from best to worst. Preferred positions will be used. Starting position criteria will be determined by a vote of the coaches at the pre-meet meeting. For most distance events, there can be two heats – a fast heat and a slow head depending on the number of entries. In the 1,500 and 3,000m steeplechase, the fast heat shall be a maximum of 12 competitors.

3.10.1 There shall be only one heat for the 5,000m and 10,000m at the outdoor championships.

3.11 **Advancement.** Advancement from heats to finals in lane events shall be determined by the number of heats using the place and time method. The following are the advancement setups heats to finals:

3.11.1 **Two Heats.** Top three places in each heat, next fastest times overall to fill the lanes;

3.11.2 **Three Heats.** Top two places in each heat, next fastest times overall to fill the lanes;

3.11.3 **Four Heats.** Top place in each heat, next fastest times overall to fill the lanes;

3.11.4 **Five Heats.** Top place in each heat, next fastest times overall to fill the lanes;

3.11.5 **Six Heats.** Finalist will be determined by best times from all heats to fill the lanes.

3.11.6 **Seven Heats.** Top place in each heat, next fastest times overall to fill the lanes;

3.11.7 **Eight or more Heats.** Finalists determined by best times overall to fill the lanes.

3.12 **Field Events Flight Format.** In field events, the determination of flights shall be as follows:

3.12.1 The placement of competitors shall be seeded from worst to best with no more than 12 in a flight but no less than five. The best seeds should be in the last flight. The flight position shall be randomly selected;

3.12.2 The minimum number of competitors that advances to the finals shall be no more than one over the number of places scored (nine);

3.12.3 The time between flights shall be 10 minutes;

3.12.4 If a competitor leaves a field event trial and does not return before all other competitors have taken their trials in that flight, the competitor in question will forfeit any remaining attempts;

3.12.5 A competitor shall get only the time between consecutive attempts as listed in the NCAA Rules Manual (three minutes) between consecutive attempts;

3.12.6 If a competitor leaves a field event final, they will get a mandatory allowed time as set forth by the NCAA Rules Manual to begin their attempt and must then forfeit that attempt if an attempt is not made;

3.12.7 In the high jump and pole vault, if a competitor leaves the competition, he/she must be back before all other competitors have completed their attempts at the height they left. If not, the competitor must then make

whatever number of attempts that were remaining at the previous height at the new height;

3.13 **Event Specifics.** The following are specific policies for certain events:

3.13.1 **800 meters.** A one turn stagger shall be used in all races. Cones or some other easily visible object must be placed on the lane lines at the break point;

3.13.2 **1,500 Meters.** A waterfall start shall be used;

3.13.3 **4x100 & 4x400 Meter Relay.** Both events shall be run as a final based on time for the outdoor championship. The seeding shall be fastest to slowest filling all the lanes in the fast heat with the remainders placing in the slow heat. If there are more teams than lanes on the track, the teams will be distributed between two or more heats with the fast heat having the larger number of teams and the slow heat having no less than three teams. The slow heat shall run first. A shared lane may be used in the fast heat if there is one more team entered than the number of lanes on the track. Teams will be seeded by entry time and assigned by preferred lane.

3.13.4 **Pole Vault.** The five-alive method shall be used in determining order of competition after the athletes have been ranked from worst to best. A two-minute warm-up without the bar shall be allowed before a student-athlete enters competition if they have passed two consecutive heights. The starting height shall be 12" below the eighth ranked competitor on the ranking list. The starting height shall be rounded down to the nearest centimeter which shall allow the interval to increase to achieve the minimum NCAA qualifying mark. Weather conditions may vary these policies as agreed upon by the Games Committee;

3.13.5 **High Jump.** The starting height will be 4" below the eighth ranked competitor on the Conference ranking list. The starting height shall be rounded down to the nearest centimeter which shall allow the interval to increase to achieve the minimum NCAA qualifying mark. Weather conditions may vary these policies as agreed upon by the Games Committee.

3.13.6 **Triple Jump.** There will be two boards, a short (taped) board and a long board for both the indoor and outdoor track and field championships. The short taped boards will be at 28' for the women and 38' for the men.

3.13.7 **Combined events.** All rules applicable to multi-events shall follow NCAA rules except the following:

3.13.7.1 Time between events shall be 30 minutes after the last heat has been completed or the last competitor has completed their attempt.

3.13.7.2 The hurdle events will be run in alternating lanes, not using lanes 1 or 8.

3.14 **Protests.** Protests relating to matters which develop during the conduct of the Championships should be made at once and not later than 30 minutes after the results of the event in question have been posted. Any such protests should be made in writing by a head coach and submitted to the head referee, who will render a decision. There shall be a protest table and an official to man it throughout the Championships. Protest forms shall be made available to all head coaches (See Appendix D).

3.15 **Timing.** All timing shall be NCAA approved electronic timing and shall be official. There must be a primary electronic system for timing, and a backup system. Cleon Fowler of C.F.P.I. Timing will be this year's official timer for the meet.

3.16 **Numbers.** One number large enough for identification shall be worn by each competitor. The number shall be securely pinned on the front of each contestant's shirt to allow for plain visibility.

3.17 **Posting of Results.** All results shall be posted during the competition in a place where coaches and student-athletes shall have equal access. Posting shall also include newly drawn up heat sheets and lane assignments. The Southern Conference will also distribute up-to-date scoring results after the completion of each multi-event to each of the head coaches.

3.18 **Official Measurements.** Official field event measurements shall be made in metric, but the Championships director shall require the public address announcer, performance indicators and posted results to be done in English measurements.

3.19 **Practice Availability.** The competition facilities shall be made available for inspection and/or practice for all institutions on the afternoon prior to the beginning of the competition. All facilities shall be open for a minimum of two hours from 4:00 p.m. – 7:30 p.m. on Friday, April 23.

3.20 **Check-In Areas.** All field event competitors must check-in for their event 30 minutes before it is scheduled to begin. Check-in will be at the event. All track event competitors must check in for their event at least 15 minutes before their race is scheduled or they will be disqualified from that event. Check-in for track events will be at the clerk of the course table located outside the track at the high jump end.

3.21 **Restricted Areas.** When not competing or warming-up, all student-athletes will be restricted to team areas where tents can be assembled. Coaches will be given credentials to access to the infield and will adhere to the NCAA policies except for the following conditions:

3.21.1 **Pole Vault.** One coach per team will be allowed to assist in a warm-up period for the pole vault. The coach will be given access to the field one hour prior to the event up until 10 minutes prior to the event.

3.22 **Crowd Control.** The responsibility for crowd control rests with the host institution's athletics director or the meet director (Brandon Neff).

3.22.1 **Evacuation Plan.** The host institution should provide a copy of its evacuation plan as well as other crowd control measures for review by the Games Committee.

3.22.2 **Banned Items.** Artificial noisemakers, air horns, electronic amplifiers and weapons are all prohibited and shall not be permitted on site during competition.

3.22.3 **Sportsmanship.** The athletics directors of the competing institutions are expected to communicate with their student-athletes and other fans to encourage enthusiastic support within the confines of good sportsmanship.

3.22.4 **Grounds for Removal.** Profanity, racial or sexist comments, or other intimidating actions directed at officials, student-athletes, coaches or team representatives will not be tolerated and are grounds for removal from the site of competition. Also, the consumption of alcoholic beverages and tobacco products is prohibited.

3.23 **Programs.** The Southern Conference is responsible for producing a program for the Championships. The programs will be distributed to coaches at the pre-event meeting at no cost. The program will include:

3.23.1 An equal number of pages devoted to all competing teams;

3.23.2 Southern Conference outdoor track and field historical information;

3.23.3 Championships schedule;

3.23.4 A neutral cover.

3.24 **Team Lockerroom Facilities.** For those teams who require showering facilities after the championship on Sunday, Appalachian will have men's and women's lockerroom facilities located just off the track. Teams are asked to provide their own towels.

3.25 **Team Entry and Parking.** Spaces will be provided for the parking of team buses and vans in the main lot adjacent to the Kidd Brewer Stadium. Teams will enter through the west side entrance.

3.26 **Merchandise.** The Southern Conference retains the rights to all souvenir merchandising at the Championships. For information on merchandising, contact Brandon Neff, (864-591-5100).

3.27 **Student-Athlete Gifts.** Each competing team in the Championships will receive student-athlete gifts at the coaches' meeting on Friday, April 23rd. Gifts will be SoCon backpacks.

4. INSURANCE

4.1 The host institution must have in place primary comprehensive general public liability insurance coverage, with combined single limits of at least $1 million per occurrence for bodily injury and property damage.

5. LODGING

5.1 The Southern Conference staff and officials' headquarters will be the **Broyhill Inn & Conference Center**. The address for the Broyhill Inn is 775 Bodenheimer Dr. Boone, N.C. 28607. The phone number is **828/262-2204.**

6. MEDIA

6.1 **Media Policies.** All head coaches and student-athletes shall be available for interviews with the media during both days of competition. Student-athletes shall be required to speak with the media following a 10-minute "cooling off" period after the completion of their final individual competition of the day. Coaches shall be required to speak with the media following a 10-minute "cooling off" period following their team's final competition of the day.

6.2 **Credentials.** The issuing of media credentials shall be coordinated by the Championships media coordinator, Patrick Moree, in cooperation with the Conference office. Credentials issued for the Championships will entitle the holder to admission to all Championships events.

6.3 **Radio and Television.** The Southern Conference retains all television and radio rights for the Championships. For information contact Brandon Neff, Assistant Commissioner for Championships, 864/591-5100.

6.4 **Media Station.** A media work area with electrical outlets, internet and statistical and team information will be available at the Championships.

7. MEDICAL / TRAINING INFORMATION

All medical staff for the Championships shall be appointed by the Championships Director, who shall ensure that the following occurs:

7.1 **Certified Athletic Trainer: Sarah Gill 940/367-3761 (C)**

A certified athletic trainer is available for all practices and present before, during and after all competitions;

7.2 **Physician.** A physician is on site before, during and after all competitions unless other arrangements are made through the host institution;

7.3 **Medical Facilities.** Pre-arranged access to a medical facility, including transportation services on site, is available at all times;

7.4 **Athletic Training.** Athletic training facilities and athletic training supplies are available for all Championship events;

7.5 **Medical Information.** Information concerning medical and athletic training accommodations is distributed to all athletics directors and head coaches prior to their arrival at the Championships site;

7.6 **Water.** Water and isotonics will be provided on site for all teams before, during and after competition.

8. OFFICIALS

8.1 **Officials' Responsibilities.** Officials and their duties are outlined in the NCAA Track and Field Regulations. Brandon Neff, Southern Conference staff liaison, working in conjunction with the assigner of officials (Tim Elrod) and with the Men's and Women's Track and Field Committees, shall contract all officials to work the Championships and shall:

8.1.1 Assign a pool of officials to work the Championships. The pool of officials shall include the following:

8.1.1.1 Head Referee;

8.1.1.2 Starter;

8.1.1.3 Recall starter (assistant starter);

8.1.1.4 Clerk of the course;

8.1.1.5 Head inspector; and

8.1.1.6 Inspector for field events and running event judging (a minimum of two inspectors shall be assigned to each turn, one inside the track and one outside the track. Inspectors shall judge each straightaway, plus the relay passing zones in the relay races. Inspectors shall officiate the straightaway races divided between the ends and the sides of the track. The head inspector shall be located at a designated position.).

8.1.2 Conduct pre-event and post-event meetings as necessary with officials;

8.1.3 Oversee the selection and training of all other meet officials prior to competition;

8.1.4 Ensure that the Head Referee remains at the Championships site for at least 30 minutes after the final results are posted or read and ensure that the Head Referee makes a written report before departing of all actions, protests, and controversial decisions that may have affected the meet (the report shall be made available to all coaches at the site upon request).

2010 Southern Conference
Outdoor Track and Field Championships
Schedule of Events
April 24-25, 2010

Saturday, April 24

8:00 am	Decathlon
	100m
	Long Jump
	Shot Put
	High Jump
	400m
8:30 am	Heptathlon
	100m Hurdles
	High Jump
	Shot Put
	200m
9:30 am	10,000m (M) Final
10:15 am	10,000m (W) Final
12:00 pm	Hammer (M) Final -
	@ State Farm Fields
	Long Jump (W) Final
1:00 pm	110m Hurdles (M) Trials
1:20 pm	100m Hurdles (W) Trials
	High Jump (M) Final
1:40 pm	400m (M-W) Trials
2:30 pm	100m (M-W) Trials
	Pole Vault (M) Final
3:00 pm	Long Jump (M) Final
	Hammer (W) Final
3:10 pm	800m (M-W) Trials
3:50 pm	400m Hurdles (M-W) Trials
4:10 pm	High Jump (W) Final
4:30 pm	200m (M-W) Trials
5:10 pm	3,000m SC (M-W) Final
6:00 pm	Javelin (M & W) Final -
	@ State Farm Fields

Sunday, April 25

8:00 am	Decathlon	Heptathlon
	110m H	Long Jump
	Discus	Javelin
	Pole Vault	800m
	Javelin	
	1,500m	
12:30 pm	Discus (M) Final	
	Shot Put (W) Final	
	Triple Jump (M) Final	
1:30 pm	4 x 100m (M-W) Final	
1:45 pm	1,500m (M-W) Final	
2:05 pm	110m Hurdles (M) Final	
	100m Hurdles (W) Final	
2:20 pm	400m (M-W) Final	
	Pole Vault (W) Final	
2:30 pm	100m (M-W) Final	
2:40 pm	800m (M-W) Final	
	Shot Put (M) Final	
	Discus (W) Final	
	Triple Jump (W) Final	
3:00 pm	400m Hurdles (M-W) Final	
3:15 pm	200m (M-W) Final	
3:25 pm	5,000m (M-W) Final	
4:15 pm	4 x 400m (M-W) Final	
4:40 pm	Awards Ceremony	

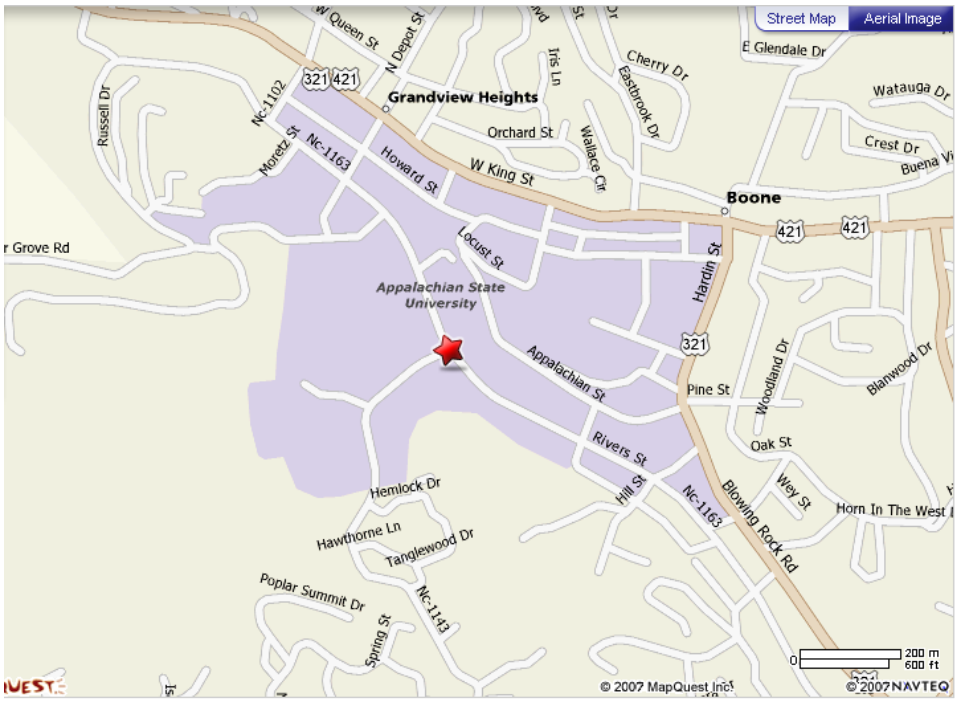
Driving Directions to Kidd Brewer Stadium on the campus of Appalachian State University

US 321N from Blowing Rock:
Follow 321N to the intersection of 321 & Rivers St. Turn left on Rivers St. Follow to Stadium Dr. and turn left. Stadium will be on the right.

US 421N/US 321S from Tennessee:
Follow 421/321 into Boone to the second traffic light in the city limits at the intersection of 321/421/King St. & Depot St. Turn left on Depot St. and follow it to the intersection of Depot St. & Rivers St. Turn left on Rivers St. Follow to Stadium Dr. and turn left. Stadium will be on the right.

US 421S from Wilkes County:
Follow 421 to the intersection of 421 & the 105 Extension. Turn left on the 105 extension and follow it until it intersects with 321. Turn right on 321. Follow 321N to the intersection of 321 & Rivers St. Turn left on Rivers St. Follow to Stadium Dr. and turn left. Stadium will be on the right.

NC 105 from Avery County:
Follow 105 into Boone to the intersection of 105 & 321. Take a left onto 321. Follow 321N to the intersection of 321 & Rivers St. Turn left on Rivers St. Follow to Stadium Dr. and turn left. Stadium will be on the right.



APPENDIX C

2010 SOUTHERN CONFERENCE
OUTDOOR TRACK AND FIELD CHAMPIONSHIPS
CHAMPIONSHIPS SQUAD LIST FORM

Name (First and Last, Class) - - Please list your entire squad in alphabetical order.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____
21. _____
22. _____
23. _____
24. _____
25. _____
26. _____
27. _____
28. _____

SCHOOL (Men or Women) _____

SIGNED BY _____

This form must be typed and a copy E-MAILED to Brandon Neff (bneff@socon.org) or faxed (864-591-4282) to attn: Brandon Neff at the Southern Conference office 5 p.m. on MONDAY, April 19.

2010 SOUTHERN CONFERENCE
OUTDOOR TRACK AND FIELD
CHAMPIONSHIPS PROTEST FORM

Event (Men or Women): _____

Athlete/Number: _____

Time of Protest: _____

Issue: _____
_____
_____
_____

Submitted by (Coach): _____

Referee's Decision: _____
_____
_____
_____

Referee's Signature: _____

1. **Protests must be made in writing and submitted to the head referee, who will render a decision.**

2. **A second protest (appeal) may be made to the referee. Upon receipt of an appeal, the referee will turn over the decision to the Games Committee. The decision of the Games Committee is final.**

SOUTHERN CONFERENCE
RISK MANAGEMENT STATEMENT

The Southern Conference recognizes that the host institution is familiar with the facilities it will be providing for use for the Southern Conference Men's and Women's Outdoor Track and Field Championships and that the institution's staff members are in the best position to oversee safety preparations and inspections. Accordingly, on behalf of the host institution, its staff members must agree to perform such preparations and inspections and to provide such facilities free from all defective and hazardous conditions that are known to be reasonably defective. If any conditions cannot be cured before the Championships, specifics must be provided to the Conference in writing as far in advance as possible. Receipt of any such notice will obligate the Southern Conference to cure the condition in question or to relieve the host of its legal duties with respect hereto.

Crisis Management Protocol

1. **Safety and security first. Call Police and 911 immediately if there are injuries.**
2. Assess the situation.
3. Notify Conference representative on site.
    a. Alert Commissioner of situation.
4. Designate person in charge.
5. Notify institution Athletics Director or senior-most administrator in charge.
    a. Implement ***institutional*** Crisis Management Procedures.
    b. Secure additional help.
    c. Get Conference representative on site.
    d. Contact university administrators, parents.
    e. Have one central contact for releasing information (SID).
6. Contain/control activities around incident.