

10th Annual Gulf Coast Cross Country Stampede
SATURDAY, SEPTEMBER 25TH, 2010
West Florida High School, Pensacola, Florida

Timing

We are very excited to announce that this year we will be using chip/transponder timing provided by CFPI Timing.

Sanctioning

Sanctioned by FHSAA and NFHS for six states: TN, LA, MS, AL, GA and FL.
Last year we had over 100 teams participate from over 50 schools.

Location

Escambia County Equestrian Center, 7750 Mobile Highway, Pensacola, Florida

Course

About 60% grass, 40% trail, mostly flat

Awards

Elite Varsity Races: Individual champion gets a statue trophy and Elite Champion t-shirt. Second through fifth individuals get medals plus top 5 elite finisher t-shirt. Sixth through thirtieth individuals get medals. Team trophies will be award to the top 4 teams.

Invitational Varsity Races and JV Races: 1st – 10th medals. Team Trophies will be award to the top 2 teams.

Class Trophies: Top runner of the day for each class for both boys and girls will get a statue trophy.

Registration

Registration deadline is 11:59pm Saturday, September 18th, 2010. Register at directathletics.com.

Entry Fees

Varsity Races: \$60 for a single Varsity Boys or Girls team, \$120 for both. The cost is per individual Varsity Runner is \$10.

J.V. Races: Free and unlimited for both boys and girls teams as long as each team has a paid varsity team running. Otherwise it is \$60 to enter an unlimited number of runners per gender or \$10 a runner.

Admission

\$5 per vehicle, comes with a free drink ticket.

Team Dinner Social

We will be hosting a team dinner social the night before the race Friday September 23rd, from 5:30pm to 8:00pm. It will be held at Sam's Fun City, which is located at 6709 Pensacola Blvd., Pensacola FL, 32505. The dinner will be a Pasta Buffet including salad, desserts and drinks for only \$10 a person. This event will also include Unlimited Go-karts (Family and Rookie Track) OR Unlimited Laser Tag for an additional \$10.00 per person from 5:30pm-9pm. Coaches may also pick-up their race packets anytime during this event.

Best Western Blue Angel Inn

The Best Western Blue Angel Inn is one of the newest hotels in Pensacola and it is very close to the Equestrian Center. They will have a special low rate for teams attending the Gulf Coast Stampede. This is one of the newest hotels in Pensacola and has had great reviews. Call them for more information at 850-477-7474.

Schedule of Events

Friday Night:

5:30pm to 8:00pm: Team Dinner Social @ Sam's Fun City, Pasta Buffet/Package Pick-Up

Saturday:

- 6:00 Gates Open, Course Preview Begins
- 7:15 Course is closed
- 7:30 College women 5k
- 8:00 College Men 8k
- 8:10 HS Coaches Meeting at Finish Line (Q/A For Coaches, Optional)
- 8:40 Girls JV Race
- 9:10 Boys JV Race
- 09:40 HS Girls Varsity Elite 5k
- 10:10 HS Boys Varsity Elite 5k
- 10:40 HS Girls Varsity Invitational 5k
- 11:10 HS Boys Varsity Invitational 5k
- 11:40 Awards Ceremony

Contacts:

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