

2009 USATF Region III JO Championship
Results at www.cfpitiming.com - 7/9/2009 to 7/12/2009
Prince George's Sports & Learn Complex, MD
Results - Heptathlon

Heptathlon Young Women

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Pate, Monique 03 45 Blaz-N Heat	15.70 w: -1.9 4129	15.70 (751)	1.52m 4-11.75 (644)	9.64m 31-07.5 (506)	27.32 w: -1.1 (685)	2586	4.75m NWI (492)	27.55m 90-05 (430)	2:35.91 (621)
2 Porter, Brittany 03 45 Triple Action	17.00 w: -0.7 4109	17.00 (596)	1.52m 4-11.75 (644)	11.81m 38-09 (649)	26.76 w: -2.0 (732)	2621	5.47m NWI (691)	25.62m 84-01 (394)	2:55.99 (403)
3 Smith, Amina 10 Gideonites Track	16.35 w: -1.9 3770	16.35 (672)	1.72m 5-07.75 (879)	6.53m 21-05.25 (305)	28.48 w: -2.0 (594)	2450	5.22m NWI (620)	13.97m 45-10 (178)	2:44.49 (522)
4 Johnson, Ashley 03 45 Ruff Riders	16.13 w: -2.1 3601	16.13 (698)	1.42m 4-07.75 (534)	7.76m 25-05.5 (384)	27.47 w: -1.1 (673)	2289	4.52m NWI (433)	21.77m 71-05 (322)	2:41.42 (557)
5 Conaler, Irrion 03 45 Sapphire Trac	17.08 w: -0.7 3484	17.08 (587)	1.47m 4-09.75 (588)	6.62m 21-08.75 (311)	26.97 w: -2.0 (714)	2200	4.26m NWI (369)	20.03m 65-08 (289)	2:35.49 (626)
6 Bacote, Ashley 10 DC Speed Parks &	16.66 w: -1.9 3310	16.66 (635)	1.37m 4-06 (481)	5.30m 17-04.75 (227)	27.86 w: -2.0 (642)	1985	4.90m NWI (532)	15.44m 50-08 (205)	2:38.73 (588)
7 Jones, Briauna 55 Peak Performance	18.25 w: -1.9 3045	18.25 (463)	1.47m 4-09.75 (588)	6.10m 20-00.25 (278)	26.90 w: -1.6 (720)	2049	5.44m NWI (683)	7.11m 23-04 (55)	3:12.46 (258)
8 Boykin, Heather 03 45 Carrolllton	19.95 w: -2.1 2905	19.95 (306)	1.32m 4-04 (429)	5.70m 18-08.5 (252)	27.35 w: -1.6 (683)	1670	4.72m NWI (485)	16.50m 54-02 (224)	2:44.18 (526)
9 Davis, Maikea 03 45 Ruff Riders	21.28 w: -0.7 2807	21.28 (205)	1.37m 4-06 (481)	8.76m 28-09 (449)	26.17 w: -1.6 (782)	1917	3.67m NWI (235)	15.95m 52-04 (214)	2:52.15 (441)
10 Vaughn, Haley 03 45 Carrolllton	18.41 w: -1.9 2780	18.41 (447)	1.47m 4-09.75 (588)	6.01m 19-08.75 (272)	29.36 w: -1.6 (528)	1835	4.18m NWI (350)	20.09m 65-11 (291)	3:06.86 (304)
11 Bowie, Kateri 10 Potomac Valley U	17.63 w: -1.4 2680	17.63 (527)	1.37m 4-06 (481)	FOUL (0)	28.96 w: -2.0 (557)	1565	4.69m NWI (477)	20.57m 67-06 (299)	3:02.86 (339)
12 Uzamere, Osato 03 45 Sapphire Trac	25.44 w: -1.4 2534	25.44 (14)	1.42m 4-07.75 (534)	5.41m 17-09 (234)	28.36 w: -1.1 (603)	1385	4.31m NWI (381)	17.28m 56-08 (239)	2:43.87 (529)
13 Richardson, Kenterr 10 New Wave Track C	20.86 w: -1.4 2330	20.86 (235)	1.27m 4-02 (379)	7.59m 24-11 (373)	28.68 w: -1.6 (578)	1565	4.30m NWI (379)	16.03m 52-07 (216)	3:24.67 (170)

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14 Kimpson, Kianna	19.69	NH	7.50m	26.85	3.83m	13.26m	2:57.29
10 New Wave Track C	w: -1.9		24-07.25	w: -1.1	NWI	43-06	
2245	(328)	(0)	(367)	(724)	1419	(270)	(165) (391)

DNF Anderson, Dominique			DNS	DNS	DNS	DNS	
10 Marlboro Boys &							
	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Johnson, Brija	20.50	1.37m	6.85m	27.01	DNS	DNS	
10 Marlboro Boys &	w: -2.1	4-06	22-05.75	w: -1.1			
	(262)	(481)	(325)	(711)	(0)	(0)	(0)

DNF Carter, Camille	DNS	DNS		DNS	DNS	DNS	
10 Marlboro Boys &							
	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Graham, Lorraine		DNS	DNS	DNS	DNS	DNS	
10 Vision Elite							
	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Hudson, Briana		DNS	DNS	DNS	DNS	DNS	
12 Virginia Unattac							
	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Henry, Vanessa	DNS	DNS	DNS		DNS	DNS	
10 Gideonites Track							
	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Lewis, Maya		DNS	DNS	DNS	DNS	DNS	
10 Marlboro Boys &							
	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Bethel, Kristin	DNS	DNS	DNS	DNS	DNS	DNS	
10 Marlboro Boys &							
	(0)	(0)	(0)	(0)	(0)	(0)	(0)

DNF Derricott, Elaine		DNS	DNS	DNS	DNS	DNS	
12 Central VA Track							
	(0)	(0)	(0)	(0)	(0)	(0)	(0)
