

Northeast Conference Championships 2009 - 5/2/2009 to 5/3/2009

Results at www.cfpitiming.com

Monmouth University @ Long Branch, NJ

Performance List

Event 1 Women 100 Meter Dash Prelims

World:		10.49	7/16/1988	Florence Griffith-Joyner		
American:		10.49	1988	Florence Griffith Joyner		
Collegiate:		10.93	1989	Dawn Sowell		
NCAA Region:		11.75				
NEC Conf.:		11.97	2003	Danielle Lyons		
ECAC:		12.12				
Name	Yr	School	Seed	Time		
1	257	DeCruise, Ashlynn	SO	Mount St. Mary'	11.89	_____
2	256	DeCruise, Ashley	SO	Mount St. Mary'	12.08	_____
3	94	Gaines, Jessie	FR	Long Island	12.19	_____
4	436	Johnson, Angelica	SO	Sacred Heart	12.19	_____
5	68	Vasquez, Altagracia	FR	Fairleigh Dickin	12.26	_____
6	87	Atagwe, Joyce	JR	Long Island	12.35	_____
7	105	Waller, Jazmin	FR	Long Island	12.43	_____
8	138	Dotday, Ajda	FR	Monmouth	12.49	_____
9	253	Brown, Sara Ann	SR	Mount St. Mary'	12.57	_____
10	102	Saunders, Torrie	FR	Long Island	12.58	_____
11	66	Smith, Nickelle	SO	Fairleigh Dickin	12.64	_____
12	139	Edwards, Brianne	SR	Monmouth	12.66	_____
13	559	Myers, Floree	JR	St. Francis (N.Y)	12.69	_____
14	605	Morey, Julia	FR	St. Francis (Pa.)	12.82	_____
15	599	King, Sydney	SO	St. Francis (Pa.)	12.82	_____
16	13	Cocca, Meghann	FR	Central Connect	12.85	_____
17	134	Cuvilly, Ashley	SO	Monmouth	12.85	_____
18	96	Hillian, Aisha	SR	Long Island	12.93	_____
19	185	Winder, Esteem	FR	Monmouth	12.93	_____
20	429	Dunn, Kellie	FR	Sacred Heart	12.94	_____
21	169	Simmons, Sarah	FR	Monmouth	12.97	_____
22	6	Allien, Shamone	FR	Central Connect	13.02	_____
23	23	Pytel, Aneta	FR	Central Connect	13.05	_____
24	596	Harmon, Sarah	JR	St. Francis (Pa.)	13.12	_____
25	10	Binette, Samantha	JR	Central Connect	13.13	_____
26	388	Stefanowicz, Stacy	FR	Robert Morris	13.32	_____
27	55	Cazeau, Nathalie	FR	Fairleigh Dickin	13.93	_____
28	56	Edwards, Evana	FR	Fairleigh Dickin	NT	_____

Event 3 Women 200 Meter Dash Prelims

World:		21.34	9/29/1988	Florence Griffith-Joyner		
American:		21.34	1988	Florence Griffith Joyner		
Collegiate:		22.29	1999	LaTasha Jenkins		
NCAA Region:		23.96				
NEC Conf.:		24.21	1998	Tisha Franklin		
ECAC:		24.88				
Name	Yr	School	Seed	Time		
1	257	DeCruise, Ashlynn	SO	Mount St. Mary'	24.49	_____
2	272	Simpkins, Sheena	SO	Mount St. Mary'	24.70	_____
3	256	DeCruise, Ashley	SO	Mount St. Mary'	24.88	_____
4	157	Losey, Michelle	JR	Monmouth	25.11	_____
5	87	Atagwe, Joyce	JR	Long Island	25.18	_____
6	94	Gaines, Jessie	FR	Long Island	25.22	_____
7	102	Saunders, Torrie	FR	Long Island	25.23	_____
8	104	Veney, Ashley	JR	Long Island	25.25	_____
9	105	Waller, Jazmin	FR	Long Island	25.46	_____

10	253	Brown, Sara Ann	SR	Mount St. Mary'	25.61	_____
11	97	Jones, Christine	SO	Long Island	25.76	_____
12	138	Dotday, Ajda	FR	Monmouth	25.76	_____
13	60	Jones, Dara	SR	Fairleigh Dickin	25.83	_____
14	436	Johnson, Angelica	SO	Sacred Heart	25.84	_____
15	70	Williams, Claudine	JR	Fairleigh Dickin	25.88	_____
16	131	Blackshear, Illiana	SR	Monmouth	26.03	_____
17	172	Stein, Crystal	JR	Monmouth	26.09	_____
18	57	Greenaway, Jessica	FR	Fairleigh Dickin	26.19	_____
19	68	Vasquez, Altagracia	FR	Fairleigh Dickin	26.51	_____
20	599	King, Sydney	SO	St. Francis (Pa.)	26.69	_____
21	66	Smith, Nickelle	SO	Fairleigh Dickin	26.70	_____
22	139	Edwards, Brianne	SR	Monmouth	26.70	_____
23	559	Myers, Floree	JR	St. Francis (N.Y)	26.83	_____
24	426	Dean, Karlie	FR	Sacred Heart	26.87	_____
25	169	Simmons, Sarah	FR	Monmouth	26.90	_____
26	13	Cocca, Meghann	FR	Central Connect	27.05	_____
27	661	Diodati, Danielle	SO	Wagner	27.05	_____
28	23	Pytel, Aneta	FR	Central Connect	27.25	_____
29	260	Greene, Kelsey	FR	Mount St. Mary'	27.37	_____
30	663	Evins, Francyna	FR	Wagner	27.46	_____
31	28	Stocking, Ashley	FR	Central Connect	27.53	_____
32	325	Duggan, Amanda	FR	Quinnipiac	27.61	_____
33	6	Allien, Shamone	FR	Central Connect	27.73	_____
34	600	Kline, Kayla	FR	St. Francis (Pa.)	28.04	_____
35	560	Rogers, Karachel	JR	St. Francis (N.Y)	28.85	_____
36	659	Blake, Crystel	FR	Wagner	28.86	_____
37	551	Harnisher, Kerri	JR	St. Francis (N.Y)	29.43	_____
38	553	Hoyte, Vanecia	SO	St. Francis (N.Y)	NT	_____

Event 5 Women 400 Meter Dash Prelims

World:		47.60	10/6/1985	Marita Koch		
American:		48.70	9/17/2006	Sandi Richards		
Collegiate:		50.18	6/3/1989	Pauline Davis		
NCAA Region:		54.61				
NEC Conf.:		54.31	1998	Tateen Abdel-Baith		
ECAC:		56.14				
Name	Yr	School	Seed	Time		
1	157	Losey, Michelle	JR	Monmouth	55.21	_____
2	272	Simpkins, Sheena	SO	Mount St. Mary'	56.07	_____
3	104	Veney, Ashley	JR	Long Island	56.75	_____
4	172	Stein, Crystal	JR	Monmouth	57.15	_____
5	97	Jones, Christine	SO	Long Island	57.32	_____
6	60	Jones, Dara	SR	Fairleigh Dickin	58.26	_____
7	107	Williams, Veronique	FR	Long Island	58.77	_____
8	131	Blackshear, Illiana	SR	Monmouth	58.83	_____
9	91	DeVerteuil, Denele	SR	Long Island	59.02	_____
10	145	Gibbs, Brittany	JR	Monmouth	59.62	_____
11	561	Spivey, Tiffany	SO	St. Francis (N.Y)	59.67	_____
12	70	Williams, Claudine	JR	Fairleigh Dickin	1:00.00	_____
13	57	Greenaway, Jessica	FR	Fairleigh Dickin	1:00.50	_____
14	433	Hiltzik, Samantha	JR	Sacred Heart	1:00.53	_____
15	663	Evins, Francyna	FR	Wagner	1:01.76	_____
16	89	Collins, Nicole	JR	Long Island	1:01.95	_____
17	21	McGuire, Kate	FR	Central Connect	1:02.08	_____

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Event 5 ... (Women 400 Meter Dash Prelims)

Name	Yr	School	Seed Time
18 67 Taylor, Christine	FR	Fairleigh Dickin	1:02.10
19 554 Jajoute, Fachara	SR	St. Francis (N.Y)	1:02.19
20 593 Frydrych, Sarah	FR	St. Francis (Pa.)	1:02.55
21 265 LeQuay, Sherlene	JR	Mount St. Mary'	1:02.58
22 26 Smith, Kendra	SO	Central Connect	1:02.71
23 464 Stearns, Ashley	SR	Sacred Heart	1:02.95
24 426 Dean, Karlie	FR	Sacred Heart	1:03.25
25 430 Edwards, Amber	FR	Sacred Heart	1:03.52
26 328 Jacob, Alexandra	FR	Quinnipiac	1:03.82
27 260 Greene, Kelsey	FR	Mount St. Mary'	1:05.28
28 659 Blake, Crystel	FR	Wagner	1:05.59
29 96 Hillian, Aisha	SR	Long Island	NT

Event 7 Women 800 Meter Run Prelims

World: 1:53.28	7/26/1983	Jarmila Kratochvilova
American: 1:56.40	1999	Jearl Miles Clark
Collegiate: 1:59.11	1990	Suzy Favor
NCAA Region: 2:09.80		
NEC Conf.: 2:11.34	2003	Ohita Asein
ECAC: 2:11.44		

Name	Yr	School	Seed Time
1 98 Munoz, Selina	JR	Long Island	2:16.24
2 106 Williams, Aniecia	JR	Long Island	2:18.47
3 466 Tencza, Sarah	JR	Sacred Heart	2:19.55
4 156 Lantigua, Aracelis	JR	Monmouth	2:20.10
5 275 Vozzella, Brianne	JR	Mount St. Mary'	2:20.32
6 152 Krivanos, Danica	FR	Monmouth	2:20.40
7 610 Reist, Hannah	FR	St. Francis (Pa.)	2:21.06
8 452 Paddock, Brigid	FR	Sacred Heart	2:21.16
9 276 Willox, Samantha	SR	Mount St. Mary'	2:21.67
10 93 Franklin, Nicolle	FR	Long Island	2:22.49
11 8 Asaro, Amanda	FR	Central Connect	2:23.72
12 658 Balling, Jessica	SO	Wagner	2:23.84
13 90 Conley, Desiree	SO	Long Island	2:23.97
14 64 Patterson, Megan	SO	Fairleigh Dickin	2:25.89
15 25 Savino, Kim	JR	Central Connect	2:26.91
16 563 Webb, Atoya	SO	St. Francis (N.Y)	2:27.04
17 459 Smith, Alexandra	FR	Sacred Heart	2:27.31
18 20 Lima, Katie	SR	Central Connect	2:27.54
19 174 Szulewski, Erin	SO	Monmouth	2:28.60
20 101 Rosario, Emily	FR	Long Island	2:30.36
21 144 Frenette, Sarah	JR	Monmouth	2:31.07
22 270 Praydis, Christina	FR	Mount St. Mary'	2:31.47
23 389 Stern, Gillian	SO	Robert Morris	2:31.76
24 456 Ramsey, Katherine	FR	Sacred Heart	2:34.42
25 457 Rose, Megan	SO	Sacred Heart	2:34.52
26 254 Clark, Molly	FR	Mount St. Mary'	2:35.57
27 670 Panik, Nicole	JR	Wagner	2:36.94
28 367 Fyock, Sarah	SR	Robert Morris	2:39.80

Event 9 Women 1500 Meter Run Prelims

World: 3:50.46	9/11/1993	Yunxia Qu
American: 3:57.12	1983	Mary Slaney
Collegiate: 4:06.75	2003	Tiffany McWilliams
NCAA Region: 4:27.80		
NEC Conf.: 4:28.57	1996	Jess Totaro
ECAC: 4:32.44		

Name	Yr	School	Seed Time
1 597 Hoffman, Anna	JR	St. Francis (Pa.)	4:42.29
2 140 Embrey, Laura	JR	Monmouth	4:43.29
3 370 Ingle, Emily	JR	Robert Morris	4:44.97
4 158 Lynam, Cailin	JR	Monmouth	4:45.68
5 276 Willox, Samantha	SR	Mount St. Mary'	4:50.26
6 427 DeLoreto, Kimberly	SO	Sacred Heart	4:50.60
7 321 Colburn, Lesley	SR	Quinnipiac	5:02.58
8 591 Cianci, Kathleen	FR	St. Francis (Pa.)	5:04.88
9 154 Lagasse, Sarah	FR	Monmouth	5:08.54
10 273 Tipping, Maura	JR	Mount St. Mary'	5:09.05
11 550 Dobosz, Jeannette	JR	St. Francis (N.Y)	5:09.42
12 419 Acosta, Johanna	FR	Sacred Heart	5:10.10
13 549 Delacruz, Alexandra	FR	St. Francis (N.Y)	5:10.64
14 666 Mallen, Ashley	SR	Wagner	5:11.91
15 331 Mahulikar, Kishouri	JR	Quinnipiac	5:13.96
16 277 Windisch, Casey	SR	Mount St. Mary'	5:14.46
17 149 Kerestes, Kenslie	SO	Monmouth	5:14.78
18 101 Rosario, Emily	FR	Long Island	5:14.96
19 545 Anderson, Keneshia	SO	St. Francis (N.Y)	5:19.84
20 128 Athan, Carly	SO	Monmouth	5:28.11
21 100 Renahan, Robin	SO	Long Island	5:33.64
22 439 Keller, Casey	FR	Sacred Heart	5:44.50
23 267 Mannuccia, Brianna	JR	Mount St. Mary'	5:46.05
24 444 MacDonald, Erin	FR	Sacred Heart	5:53.26
25 421 Antonietti, Samantha	FR	Sacred Heart	6:15.48
26 366 Funk, Justine	FR	Robert Morris	6:20.30

Event 13 Women 5000 Meter Run

World: 14:11.15	6/6/2008	Tirunesh Dibaba
American: 14:44.80	4/14/2007	Shalane Flanagan
Collegiate: 15:09.72	2004	Kim Smith
NCAA Region: 16:52.00		
NEC Conf.: 16:33.09	2006	Kaitlyn Gwyther
ECAC: 17:26.14		

Name	Yr	School	Seed Time
1 597 Hoffman, Anna	JR	St. Francis (Pa.)	17:44.70
2 334 Roche, Morgan	FR	Quinnipiac	17:49.97
3 126 Altland, Christine	SO	Monmouth	17:53.65
4 427 DeLoreto, Kimberly	SO	Sacred Heart	17:58.26
5 443 Llobell, Brittany	FR	Sacred Heart	18:03.23
6 333 Pierret, Lindsey	JR	Quinnipiac	18:03.56
7 327 Gosling, Abbey	SR	Quinnipiac	18:06.11
8 370 Ingle, Emily	JR	Robert Morris	18:19.79
9 338 Stevens, Kristen	JR	Quinnipiac	18:20.18
10 147 Jones, Jessica	SR	Monmouth	18:22.21
11 469 Troy, Dana	SO	Sacred Heart	18:29.71

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Event 13 ... (Women 5000 Meter Run)

Name	Yr	School	Seed Time
12 442 Krause, Mckenzie	FR	Sacred Heart	18:31.69
13 432 Henry, Kathleen	SR	Sacred Heart	18:32.28
14 329 Kelly, Kaitlyn	FR	Quinnipiac	18:49.58
15 162 Pedersen, Lindsay	SO	Monmouth	19:15.70
16 470 Troy, Samantha	SO	Sacred Heart	19:36.86
17 271 Rafeedie, Jessica	SR	Mount St. Mary'	19:40.39
18 616 Yasko, Julie	JR	St. Francis (Pa.	19:58.92
19 666 Mallen, Ashley	SR	Wagner	20:24.06
20 100 Renahan, Robin	SO	Long Island	21:06.72
21 613 Sheehan, Allyson	JR	St. Francis (Pa.	NT
22 16 Jaswell, Megan	SR	Central Connect	NT
23 337 Sorrell, Kelly	SO	Quinnipiac	NT

Event 15 Women 10000 Meter Run

World: 29:31.78 9/8/1993 Junxia Wang
 American: 30:22.22 8/15/2008 Shalane Flanagan
 Collegiate: 32:19.97 4/30/2004 Alicia Craig
 NEC Conf.: 36:19.44 5/5/2007 Taryn Gibson
 ECAC: 37:40.00

Name	Yr	School	Seed Time
1 126 Altland, Christine	SO	Monmouth	37:08.30
2 333 Pierret, Lindsey	JR	Quinnipiac	38:00.51
3 14 Coiteux, Nicole	SO	Central Connect	41:28.30
4 387 Slifko, Ashley	FR	Robert Morris	42:12.54
5 470 Troy, Samantha	SO	Sacred Heart	NT
6 469 Troy, Dana	SO	Sacred Heart	NT
7 442 Krause, Mckenzie	FR	Sacred Heart	NT
8 423 Campbell, Theresa	JR	Sacred Heart	NT
9 616 Yasko, Julie	JR	St. Francis (Pa.	NT
10 432 Henry, Kathleen	SR	Sacred Heart	NT
11 335 Santandreu, Martha	FR	Quinnipiac	NT
12 339 Varanka, Alexandra	SR	Quinnipiac	NT
13 162 Pedersen, Lindsay	SO	Monmouth	NT
14 458 Santoro, Melissa	SO	Sacred Heart	NT
15 16 Jaswell, Megan	SR	Central Connect	NT

Event 17 Women 100 Meter Hurdles Prelims

World: 12.21 8/20/1988 Yordanka Donkova
 American: 12.33 2000 Gail Devers
 Collegiate: 12.61 1988 Gail Devers
 NCAA Region: 13.92
 NEC Conf.: 14.07 1999 Melene Thomas
 ECAC: 14.44

Name	Yr	School	Seed Time
1 657 Alfano, Alaina	SR	Wagner	14.49
2 94 Gaines, Jessie	FR	Long Island	14.63
3 547 Burrus, Dominique	FR	St. Francis (N.Y	14.75
4 386 Simile, Samantha	SO	Robert Morris	14.92
5 105 Waller, Jazmin	FR	Long Island	15.00
6 102 Saunders, Torrie	FR	Long Island	15.02
7 428 Dexter, Brittany	JR	Sacred Heart	15.38
8 56 Edwards, Evana	FR	Fairleigh Dickin	15.41
9 596 Harmon, Sarah	JR	St. Francis (Pa.	15.51

10 19 Leverette, Christie	FR	Central Connect	15.64
11 184 Wilks, Mary	SO	Monmouth	15.87
12 182 Walsh, Lindsey	FR	Monmouth	15.95
13 614 Staily, Christy	FR	St. Francis (Pa.	15.99
14 605 Morey, Julia	FR	St. Francis (Pa.	16.10
15 362 Davis, Ayana	FR	Robert Morris	16.23
16 65 Sanders, Jessica	SR	Fairleigh Dickin	16.44
17 587 Brownyard, Nicole	FR	St. Francis (Pa.	16.46
18 420 Ameye, Justine	FR	Sacred Heart	16.94
19 5 Ainsworth, Katrina	FR	Central Connect	17.03
20 7 Archer, Renee	JR	Central Connect	17.04
21 274 Trentacoste, Elizabeth	SR	Mount St. Mary'	17.05
22 29 Wallace, Sherry	SR	Central Connect	17.26
23 61 Kilson, Lauren	SO	Fairleigh Dickin	17.27

Event 19 Women 400 Meter Hurdles Prelims

World: 52.34 8/8/2003 Yuliya Pechenkina
 American: 52.61 1995 Kim Batten
 Collegiate: 53.54 6/1/2004 Sheenna Johnson
 NCAA Region: 1:00.82
 NEC Conf.: 59.95 2003 Nicole Dumpson
 ECAC: 1:02.54

Name	Yr	School	Seed Time
1 386 Simile, Samantha	SO	Robert Morris	1:04.45
2 65 Sanders, Jessica	SR	Fairleigh Dickin	1:04.48
3 167 Rutecki, Colleen	FR	Monmouth	1:05.47
4 182 Walsh, Lindsey	FR	Monmouth	1:05.92
5 184 Wilks, Mary	SO	Monmouth	1:07.22
6 600 Kline, Kayla	FR	St. Francis (Pa.	1:07.31
7 62 Massaquoi, Hawa	JR	Fairleigh Dickin	1:07.65
8 324 Donadio, Hannah	FR	Quinnipiac	1:07.72
9 437 Kanner, Stephanie	SO	Sacred Heart	1:08.26
10 587 Brownyard, Nicole	FR	St. Francis (Pa.	1:08.39
11 557 Marks, Eunice	SO	St. Francis (N.Y	1:08.70
12 614 Staily, Christy	FR	St. Francis (Pa.	1:08.75
13 69 Weissbarth, Amelie	FR	Fairleigh Dickin	1:08.95
14 164 Rogers, Shannon	JR	Monmouth	1:10.20
15 5 Ainsworth, Katrina	FR	Central Connect	1:10.50
16 326 Favat, Jeana	SO	Quinnipiac	1:10.77
17 605 Morey, Julia	FR	St. Francis (Pa.	1:11.26
18 274 Trentacoste, Elizabeth	SR	Mount St. Mary'	1:11.93
19 420 Ameye, Justine	FR	Sacred Heart	1:17.68

Event 11 Women 3000 Meter Steeplechase

World: 8:58.81 8/17/2008 Gulnara Galkina
 American: 9:22.26 8/17/2008 Jenny Barringer
 Collegiate: 9:43.25 5/29/2004 Ida Nilsson
 NCAA Region: 10:50.25
 NEC Conf.: 11:00.83 2006 Kathleen Duffy
 ECAC: 10:55.04

Name	Yr	School	Seed Time
1 613 Sheehan, Allyson	JR	St. Francis (Pa.	11:18.24
2 327 Gosling, Abbey	SR	Quinnipiac	11:19.21
3 443 Llobell, Brittany	FR	Sacred Heart	11:36.02
4 11 Bossardet, Katherine	SO	Central Connect	11:39.96

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Event 11 ... (Women 3000 Meter Steeplechase)

Name	Yr	School	Seed Time
5	595	Grossi, Sarah	SO St. Francis (Pa. 11:51.44
6	147	Jones, Jessica	SR Monmouth 11:55.74
7	455	Pollock, Sara	FR Sacred Heart 12:06.12
8	669	Naglieri, Jenna	JR Wagner 12:10.69
9	262	Kessler, Elizabeth	SR Mount St. Mary' 12:21.74
10	364	Duffell, Jessica	SO Robert Morris 12:25.77
11	330	Lanning, Julie	FR Quinnipiac 12:40.67
12	423	Campbell, Theresa	JR Sacred Heart 12:51.00
13	381	Ostrander, Debra	FR Robert Morris 13:09.28
14	462	Soares, Cristina	JR Sacred Heart 13:11.85
15	259	Greene, Caitlin	SR Mount St. Mary' NT

Event 37 Women 4x100 Meter Relay

World: 41.37 10/6/1985 GDR
American: 41.47 1997 National Team
Collegiate: 42.50 6/3/1989 LSU

Stanley, Sowell, Sheffield, Jones

NCAA Region: 45.70

NEC Conf.: 47.00 5/6/2007 Monmouth

D Paulson, M Losey, I Blackshear, T Taylor

ECAC: 48.34

Team	Relay	Seed Time
1	Mount St. Mary's	A 46.90
	1) 253 Brown, Sara Ann SR	2) 257 DeCruise, Ashlynn SO
	3) 272 Simpkins, Sheena SO	4) 256 DeCruise, Ashley SO
2	Long Island	A 47.19
	1) 87 Atagwe, Joyce JR	2) 97 Jones, Christine SO
	3) 105 Waller, Jazmin FR	4) 94 Gaines, Jessie FR
3	Monmouth	A 48.68
	1) 157 Losey, Michelle JR	2) 145 Gibbs, Brittany JR
	3) 131 Blackshear, Illiana SR	4) 138 Dotday, Ajda FR
4	Fairleigh Dickin	A 49.11
	1) 56 Edwards, Evana FR	2) 68 Vasquez, Altagracia FR
	3) 70 Williams, Claudine JR	4) 66 Smith, Nickelle SO
5	St. Francis (N.Y)	A 49.20
	1) 553 Hoyte, Vanecia SO	2) 547 Burrus, Dominique FR
	3) 559 Myers, Floree JR	4) 561 Spivey, Tiffany SO
6	St. Francis (Pa.)	A 49.55
	1) 596 Harmon, Sarah JR	2) 605 Morey, Julia FR
	3) 599 King, Sydney SO	4) 600 Kline, Kayla FR
7	Sacred Heart	A 50.14
	1) 429 Dunn, Kellie FR	2) 426 Dean, Karlie FR
	3) 446 Matakevich, Ashley FR	4) 436 Johnson, Angelica SO
8	Wagner	A 50.28
	1) 657 Alfano, Alaina SR	2) 663 Evins, Francyna FR
	3) 664 Gland, Amanda JR	4) 661 Diodati, Danielle SO
9	Central Connecti	A 50.54
	1) 5 Ainsworth, Katrina FR	2) 23 Pytel, Aneta FR
	3) 10 Binette, Samantha JR	4) 13 Cocca, Meghann FR
10	Robert Morris	A 50.81
	1) 361 Chisholm, Aisha FR	2) 360 Brown, Melitta JR
	3) 388 Stefanowicz, Stacy FR	4) 386 Simile, Samantha SO

11	Quinnipiac	A 53.02
	1) 324 Donadio, Hannah FR	2) 328 Jacob, Alexandra FR
	3) 326 Favat, Jeana SO	4) 325 Duggan, Amanda FR

Event 39 Women 4x400 Meter Relay

World: 3:15.17 10/1/1988 URS
American: 3:15.51 1988 National Team
Collegiate: 3:23.75 4/3/2004 Texas

Jones, McIntosh, Chapple, Richards

NCAA Region: 3:42.00

NEC Conf.: 3:46.42 5/6/2007 Monmouth

M Losey, I Blackshear, C Stein, L Dickson

ECAC: 3:51.84

Team	Relay	Seed Time
1	Monmouth	A 3:50.36
	1) 172 Stein, Crystal JR	2) 131 Blackshear, Illiana SR
	3) 138 Dotday, Ajda FR	4) 157 Losey, Michelle JR
2	Long Island	A 3:53.35
	1) 97 Jones, Christine SO	2) 104 Veney, Ashley JR
	3) 107 Williams, Veronique FF	4) 87 Atagwe, Joyce JR
3	Mount St. Mary's	A 3:53.61
	1) 272 Simpkins, Sheena SO	2) 256 DeCruise, Ashley SO
	3) 253 Brown, Sara Ann SR	4) 257 DeCruise, Ashlynn SO
4	Fairleigh Dickin	A 3:54.63
	1) 57 Greenaway, Jessica FR	2) 65 Sanders, Jessica SR
	3) 60 Jones, Dara SR	4) 70 Williams, Claudine JR
5	St. Francis (N.Y)	A 4:03.19
	1) 547 Burrus, Dominique FR	2) 561 Spivey, Tiffany SO
	3) 554 Jajoute, Fachara SR	4) 563 Webb, Atoya SO
6	Sacred Heart	A 4:04.88
	1) 452 Paddock, Brigid FR	2) 428 Dexter, Brittany JR
	3) 433 Hiltzik, Samantha JR	4) 466 Tencza, Sarah JR
7	St. Francis (Pa.)	A 4:12.53
	1) 600 Kline, Kayla FR	2) 614 Staily, Christy FR
	3) 587 Brownyard, Nicole FR	4) 593 Frydrych, Sarah FR
8	Wagner	A 4:13.50
	1) 658 Baling, Jessica SO	2) 663 Evins, Francyna FR
	3) 668 McQueeney, Rachel FR	4) 669 Naglieri, Jenna JR
9	Central Connecti	A 4:13.66
	1) 26 Smith, Kendra SO	2) 5 Ainsworth, Katrina FR
	3) 20 Lima, Katie SR	4) 21 McGuire, Kate FR
10	Quinnipiac	A 4:16.00
	1) 324 Donadio, Hannah FR	2) 328 Jacob, Alexandra FR
	3) 326 Favat, Jeana SO	4) 325 Duggan, Amanda FR

Event 42 Women 4x800 Meter Relay

American: 8:19.9h 1979
Collegiate: 8:20.22 1984 Tennessee
NEC Conf.: 9:11.78 2003 UMBC
IC4A: 7:43.60

Team	Relay	Seed Time
1	Monmouth	A 9:18.79
	1) 152 Krivanos, Danica FR	2) 156 Lantigua, Aracelis JR
	3) 140 Embrey, Laura JR	4) 158 Lynam, Cailin JR

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Event 42 ... (Women 4x800 Meter Relay)

Team	Relay	Seed Time
2 Long Island	A	9:44.61 _____
1) 93 Franklin, Nicolle FR	2) 90 Conley, Desiree SO	
3) 98 Munoz, Selina JR	4) 106 Williams, Aniecia JR	
3 Sacred Heart	A	9:46.83 _____
1) 452 Paddock, Brigid FR	2) 427 DeLoreto, Kimberly SO	
3) 466 Tencza, Sarah JR	4) 443 Llobell, Brittany FR	
4 Mount St. Mary's	A	9:47.08 _____
1) 254 Clark, Molly FR	2) 265 LeQuay, Sherlene JR	
3) 270 Praydis, Christina FR	4) 273 Tipping, Maura JR	
5 Fairleigh Dickinson	A	9:47.62 _____
1) 65 Sanders, Jessica SR	2) 67 Taylor, Christine FR	
3) 64 Patterson, Megan SO	4) 69 Weissbarth, Amelie FR	
6 St. Francis (N.Y)	A	10:02.94 _____
1) 550 Dobosz, Jeannette JR	2) 549 Delacruz, Alexandra FR	
3) 563 Webb, Atoya SO	4) 545 Anderson, Keneshia SO	
7 St. Francis (Pa.)	A	10:09.28 _____
1) 595 Grossi, Sarah SO	2) 615 Williams, Danielle SO	
3) 610 Reist, Hannah FR	4) 613 Sheehan, Allyson JR	
8 Quinnipiac	A	10:21.44 _____
1) 334 Roche, Morgan FR	2) 321 Colburn, Lesley SR	
3) 327 Gosling, Abbey SR	4) 329 Kelly, Kaitlyn FR	
9 Wagner	A	10:31.80 _____
1) 658 Balling, Jessica SO	2) 666 Mallen, Ashley SR	
3) 669 Naglieri, Jenna JR	4) 671 Rogers, Ryan SR	
10 Robert Morris	A	NT _____
1) 376 Menetti, Jera SO	2) 367 Fyock, Sarah SR	
3) 390 Szypulski, Kristen SR	4) 382 Perry, Dana FR	
11 Central Connecti	A	NT _____
1) 11 Bossardet, Katherine SO	2) 8 Asaro, Amanda FR	
3) 25 Savino, Kim JR	4) 20 Lima, Katie SR	

Event 21 Women High Jump

Name	Yr	School	Seed Mark
World: 2.09m 8/30/1987		Stefka Kostadinova	
American: 2.03m 1988		Louise Ritter	
Collegiate: 1.98m 1995		Acuff / Bergqvist	
NCAA Region: 1.75m			
NEC Conf.: 1.73m 1992		Smith/ Steffan	
ECAC: 1.70m			
1 184 Wilks, Mary	SO	Monmouth	1.70m _____
2 428 Dexter, Brittany	JR	Sacred Heart	1.70m _____
3 19 Leverette, Christie	FR	Central Connect	1.65m _____
4 175 Tarsan, Jennifer	JR	Monmouth	1.65m _____
5 99 Patton, Heather	SR	Long Island	1.65m _____
6 657 Alfano, Alaina	SR	Wagner	1.65m _____
7 182 Walsh, Lindsey	FR	Monmouth	1.65m _____
8 379 Moser, Corinne	SO	Robert Morris	1.60m _____
9 360 Brown, Melitta	JR	Robert Morris	1.60m _____
10 164 Rogers, Shannon	JR	Monmouth	1.60m _____
11 105 Waller, Jazmin	FR	Long Island	1.60m _____
12 136 Dantley, Kelly	JR	Monmouth	1.60m _____
13 667 McNamara, Mishelle	SO	Wagner	1.55m _____
14 266 Longfield, Mallory	SR	Mount St. Mary'	1.53m _____

15 22 Prescott, Amanda	FR	Central Connect	1.52m _____
16 89 Collins, Nicole	JR	Long Island	1.50m _____
17 465 Teaton, Tyler	JR	Sacred Heart	1.50m _____
18 603 Miller, Elizabeth	FR	St. Francis (Pa.)	1.45m _____
19 258 Dubois, Hannah	SO	Mount St. Mary'	1.45m _____
20 260 Greene, Kelsey	FR	Mount St. Mary'	NH _____

Event 23 Women Pole Vault

Name	Yr	School	Seed Mark
World: 5.05m 8/18/2008		Yelena Isinbayeva	
American: 4.92m 7/6/2008		Jen Stuczynski	
Collegiate: 4.53m 2002		Amy Linnen	
NCAA Region: 3.85m			
NEC Conf.: 3.70m 2006		Mandy Jenkins	
ECAC: 3.65m			
1 451 Ojeda, Kerry	JR	Sacred Heart	3.35m _____
2 385 Schmidt, Erica	JR	Robert Morris	3.35m _____
3 592 DeMedal, Elizabeth	SO	St. Francis (Pa.)	3.35m _____
4 261 Huber, Jessica	FR	Mount St. Mary'	3.34m _____
5 667 McNamara, Mishelle	SO	Wagner	3.20m _____
6 255 Collins, Dana	SR	Mount St. Mary'	3.20m _____
7 177 Telofski, Michelle	FR	Monmouth	3.05m _____
8 141 Fatale, Christine	SR	Monmouth	3.05m _____
9 160 Myers, Laura	SR	Monmouth	2.90m _____
10 384 Samole, Anna	SO	Robert Morris	2.90m _____
11 163 Riggs, Heleen	SO	Monmouth	2.59m _____

Event 25 Women Long Jump

Name	Yr	School	Seed Mark
World: 7.52m 6/11/1988		Galina Chistyakova	
American: 7.49m 1994		Jackie Joyner-Kersey	
Collegiate: 6.99m 1985		Jackie Joyner-Kersey	
NCAA Region: 6.00m			
NEC Conf.: 6.28m 5/5/2007		Tisifenee Taylor	
ECAC: 5.80m			
1 657 Alfano, Alaina	SR	Wagner	6.00m _____
2 360 Brown, Melitta	JR	Robert Morris	5.63m _____
3 547 Burrus, Dominique	FR	St. Francis (N.Y)	5.61m _____
4 99 Patton, Heather	SR	Long Island	5.58m _____
5 68 Vasquez, Altagracia	FR	Fairleigh Dickinson	5.55m _____
6 94 Gaines, Jessie	FR	Long Island	5.55m _____
7 268 Otu, Lily	SO	Mount St. Mary'	5.54m _____
8 664 Gland, Amanda	JR	Wagner	5.53m _____
9 103 Spencer, Danay	SO	Long Island	5.47m _____
10 182 Walsh, Lindsey	FR	Monmouth	5.36m _____
11 361 Chisholm, Aisha	FR	Robert Morris	5.31m _____
12 19 Leverette, Christie	FR	Central Connect	5.29m _____
13 446 Matakovich, Ashley	FR	Sacred Heart	5.29m _____
14 450 Molosh, Jessica	FR	Sacred Heart	5.28m _____
15 145 Gibbs, Brittany	JR	Monmouth	5.25m _____
16 183 Walsh, MaryKate	JR	Monmouth	5.25m _____
17 583 Albee, Jill	SR	St. Francis (Pa.)	5.22m _____
18 375 McCloud, Lakeshia	FR	Robert Morris	5.21m _____
19 105 Waller, Jazmin	FR	Long Island	5.20m _____
20 167 Rutecki, Colleen	FR	Monmouth	5.09m _____

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Event 25 ...(Women Long Jump)

Name	Yr	School	Seed	Mark	
21	10	Binette, Samantha	JR	Central Connect	5.08m
22	379	Moser, Corinne	SO	Robert Morris	5.07m
23	175	Tarsan, Jennifer	JR	Monmouth	5.04m
24	62	Massaquoi, Hawa	JR	Fairleigh Dickin	4.98m
25	61	Kilson, Lauren	SO	Fairleigh Dickin	4.97m
26	55	Cazeau, Nathalie	FR	Fairleigh Dickin	4.83m
27	89	Collins, Nicole	JR	Long Island	4.80m
28	546	Brown, Jasmine	SO	St. Francis (N.Y)	4.69m
29	429	Dunn, Kellie	FR	Sacred Heart	4.69m
30	274	Trentacoste, Elizabeth	SR	Mount St. Mary'	4.62m
31	672	Sarah, Funk	FR	Wagner	4.40m
32	552	Houston, Candace	SR	St. Francis (N.Y)	4.17m
33	56	Edwards, Evana	FR	Fairleigh Dickin	ND

Event 27 Women Triple Jump

World:	15.50m	8/10/1995	Inessa Kravets
American:	14.41m	1996	Sheila Hudson
Collegiate:	14.05m	1999	Stacey Bowers
NCAA Region:	12.32m		
NEC Conf.:	12.50m	1996	Sharline White
ECAC:	12.00m		

Name	Yr	School	Seed	Mark	
1	99	Patton, Heather	SR	Long Island	12.70m
2	103	Spencer, Danay	SO	Long Island	12.39m
3	94	Gaines, Jessie	FR	Long Island	11.76m
4	583	Albee, Jill	SR	St. Francis (Pa.)	11.65m
5	657	Alfano, Alaina	SR	Wagner	11.58m
6	360	Brown, Melitta	JR	Robert Morris	11.51m
7	361	Chisholm, Aisha	FR	Robert Morris	11.36m
8	664	Gland, Amanda	JR	Wagner	11.35m
9	102	Saunders, Torrie	FR	Long Island	11.33m
10	134	Cuvilly, Ashley	SO	Monmouth	11.30m
11	375	McCloud, Lakeshia	FR	Robert Morris	11.30m
12	183	Walsh, MaryKate	JR	Monmouth	11.21m
13	145	Gibbs, Brittany	JR	Monmouth	11.16m
14	175	Tarsan, Jennifer	JR	Monmouth	11.13m
15	446	Matakevich, Ashley	FR	Sacred Heart	11.13m
16	450	Molosh, Jessica	FR	Sacred Heart	10.92m
17	546	Brown, Jasmine	SO	St. Francis (N.Y)	10.90m
18	173	Swan, Jennifer	JR	Monmouth	10.82m
19	61	Kilson, Lauren	SO	Fairleigh Dickin	10.82m
20	379	Moser, Corinne	SO	Robert Morris	10.78m
21	89	Collins, Nicole	JR	Long Island	10.66m
22	266	Longfield, Mallory	SR	Mount St. Mary'	10.62m
23	562	Warner, Serena	SO	St. Francis (N.Y)	10.61m
24	22	Prescott, Amanda	FR	Central Connect	10.57m
25	56	Edwards, Evana	FR	Fairleigh Dickin	10.44m
26	552	Houston, Candace	SR	St. Francis (N.Y)	10.43m
27	260	Greene, Kelsey	FR	Mount St. Mary'	10.15m
28	62	Massaquoi, Hawa	JR	Fairleigh Dickin	9.75m
29	325	Duggan, Amanda	FR	Quinnipiac	ND
30	557	Marks, Eunice	SO	St. Francis (N.Y)	ND

Event 35 Women Shot Put

World:	22.63m	6/7/1987	Natalya Lisovskaya
American:	20.18m	1988	Ramona Pagel
Collegiate:	18.99m	1983	Meg Ritchie
NCAA Region:	14.30m		
NEC Conf.:	16.13m	2001	Cleopatra Borel
ECAC:	13.60m		

Name	Yr	School	Seed	Mark	
1	585	Bridge, Christin	SO	St. Francis (Pa.)	13.90m
2	441	Kilis, Jamie	SR	Sacred Heart	13.36m
3	425	Cress, Carol	FR	Sacred Heart	13.08m
4	383	Rinehart, Gabriella	FR	Robert Morris	12.86m
5	460	Smith, Athalia	FR	Sacred Heart	12.65m
6	63	O'Connor, Taryn	SO	Fairleigh Dickin	12.55m
7	17	Kelley, Amanda	FR	Central Connect	12.20m
8	374	Maxwell, Tara	SR	Robert Morris	12.17m
9	143	Fisher, Symmone	FR	Monmouth	12.11m
10	136	Dantley, Kelly	JR	Monmouth	11.97m
11	598	Kendrick, Kathryne	FR	St. Francis (Pa.)	11.84m
12	449	Middleton, Christine	FR	Sacred Heart	11.64m
13	461	Smith, Chantaul	FR	Sacred Heart	11.42m
14	180	Toritto, Jessica	FR	Monmouth	11.27m
15	263	Klemic, Sarah	SR	Mount St. Mary'	10.74m
16	151	Kloc, Monica	FR	Monmouth	10.71m
17	146	Hegmann, Samantha	SO	Monmouth	10.27m
18	127	Ankrom, Laura	JR	Monmouth	10.18m
19	278	Wunder, Alexandra	FR	Mount St. Mary'	9.14m

Event 29 Women Discus Throw

World:	76.80m	7/9/1988	Gabriele Reinsch
American:	67.67m	3/14/2007	Suzy Powell
Collegiate:	67.48m	1981	Meg Ritchie
NCAA Region:	47.30m		
NEC Conf.:	48.26m	5/5/2007	Lisa Morse
ECAC:	42.50m		

Name	Yr	School	Seed	Mark	
1	441	Kilis, Jamie	SR	Sacred Heart	42.42m
2	585	Bridge, Christin	SO	St. Francis (Pa.)	40.60m
3	374	Maxwell, Tara	SR	Robert Morris	39.50m
4	449	Middleton, Christine	FR	Sacred Heart	38.30m
5	598	Kendrick, Kathryne	FR	St. Francis (Pa.)	38.27m
6	269	Pierce, Maggie	FR	Mount St. Mary'	38.02m
7	17	Kelley, Amanda	FR	Central Connect	37.94m
8	63	O'Connor, Taryn	SO	Fairleigh Dickin	37.65m
9	165	Root, Amanda	FR	Monmouth	37.55m
10	143	Fisher, Symmone	FR	Monmouth	36.94m
11	180	Toritto, Jessica	FR	Monmouth	36.08m
12	136	Dantley, Kelly	JR	Monmouth	35.17m
13	151	Kloc, Monica	FR	Monmouth	34.97m
14	555	Johnson, Melissa	SO	St. Francis (N.Y)	34.50m
15	425	Cress, Carol	FR	Sacred Heart	34.46m
16	263	Klemic, Sarah	SR	Mount St. Mary'	34.35m
17	184	Wilks, Mary	SO	Monmouth	33.74m
18	58	Jarmulowicz, Jaclyn	SO	Fairleigh Dickin	31.75m

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Event 29 ...(Women Discus Throw)

Name	Yr	School	Seed	Mark
19 460 Smith, Athalia	FR	Sacred Heart	29.25m	_____
20 278 Wunder, Alexandra	FR	Mount St. Mary'	29.01m	_____
21 264 Krakowiak, Mary	SR	Mount St. Mary'	27.36m	_____
22 431 Hanley, Kelsey	FR	Sacred Heart	26.83m	_____

Event 31 Women Hammer Throw

World:	76.07m	8/29/1999	Mihaela Melinte
American:	72.12m	4/10/2004	Erin Gilreath
Collegiate:	70.03m	5/13/2005	Loree Smith
NCAA Region:	54.15m		
NEC Conf.:	55.79m	2005	Nicole Downing
ECAC:	49.50m		

Name	Yr	School	Seed	Mark
1 143 Fisher, Symmone	FR	Monmouth	51.79m	_____
2 383 Rinehart, Gabriella	FR	Robert Morris	51.22m	_____
3 441 Kilis, Jamie	SR	Sacred Heart	49.24m	_____
4 136 Dantley, Kelly	JR	Monmouth	47.25m	_____
5 460 Smith, Athalia	FR	Sacred Heart	46.98m	_____
6 263 Klemic, Sarah	SR	Mount St. Mary'	46.28m	_____
7 17 Kelley, Amanda	FR	Central Connect	44.92m	_____
8 585 Bridge, Christin	SO	St. Francis (Pa.	44.21m	_____
9 374 Maxwell, Tara	SR	Robert Morris	44.00m	_____
10 146 Hegmann, Samantha	SO	Monmouth	43.77m	_____
11 461 Smith, Chantaul	FR	Sacred Heart	43.62m	_____
12 391 Turici, Ashley	JR	Robert Morris	43.01m	_____
13 63 O'Connor, Taryn	SO	Fairleigh Dickin	41.21m	_____
14 449 Middleton, Christine	FR	Sacred Heart	40.98m	_____
15 127 Ankrom, Laura	JR	Monmouth	40.65m	_____
16 181 Tredennick, Kate	JR	Monmouth	39.97m	_____
17 555 Johnson, Melissa	SO	St. Francis (N.Y	38.55m	_____
18 180 Toritto, Jessica	FR	Monmouth	38.41m	_____
19 598 Kendrick, Kathryne	FR	St. Francis (Pa.	38.19m	_____
20 269 Pierce, Maggie	FR	Mount St. Mary'	37.64m	_____
21 388 Stefanowicz, Stacy	FR	Robert Morris	37.31m	_____
22 371 Kirkling, Jovanna	JR	Robert Morris	35.80m	_____
23 264 Krakowiak, Mary	SR	Mount St. Mary'	33.96m	_____
24 425 Cress, Carol	FR	Sacred Heart	33.08m	_____
25 431 Hanley, Kelsey	FR	Sacred Heart	33.02m	_____
26 58 Jarmulowicz, Jaclyn	SO	Fairleigh Dickin	29.56m	_____
27 278 Wunder, Alexandra	FR	Mount St. Mary'	28.43m	_____
28 372 Kolch, Chelsea	FR	Robert Morris	28.04m	_____

Event 33 Women Javelin Throw

World:	72.28m	9/13/2008	Barbora Spotakova
American:	64.19m	5/16/2007	Kim Kreiner
Collegiate:	61.82m	2003	Irina Kharun
NCAA Region:	43.45m		
NEC Conf.:	50.44m	5/5/2007	Stephanie Kuhn
ECAC:	40.50m		

Name	Yr	School	Seed	Mark
1 391 Turici, Ashley	JR	Robert Morris	45.08m	_____
2 133 Carney, Valerie	FR	Monmouth	41.00m	_____
3 184 Wilks, Mary	SO	Monmouth	40.13m	_____

4 369 Herbsttritt, Rachel	SO	Robert Morris	39.90m	_____
5 441 Kilis, Jamie	SR	Sacred Heart	39.82m	_____
6 142 Ferdinand, Rachel	SR	Monmouth	38.35m	_____
7 17 Kelley, Amanda	FR	Central Connect	36.37m	_____
8 425 Cress, Carol	FR	Sacred Heart	36.01m	_____
9 19 Leverette, Christie	FR	Central Connect	35.66m	_____
10 258 Dubois, Hannah	SO	Mount St. Mary'	35.19m	_____
11 263 Klemic, Sarah	SR	Mount St. Mary'	34.11m	_____
12 58 Jarmulowicz, Jaclyn	SO	Fairleigh Dickin	32.80m	_____
13 269 Pierce, Maggie	FR	Mount St. Mary'	32.64m	_____
14 372 Kolch, Chelsea	FR	Robert Morris	32.53m	_____
15 548 Colon, Diana	SR	St. Francis (N.Y	30.46m	_____
16 178 Testa, Tia	JR	Monmouth	29.88m	_____
17 551 Harnisher, Kerri	JR	St. Francis (N.Y	25.79m	_____
18 449 Middleton, Christine	FR	Sacred Heart	23.94m	_____
19 179 Tice, Shayna	FR	Monmouth	ND	_____
20 137 DeVirgilio, Allyson	FR	Monmouth	ND	_____

Event 2 Men 100 Meter Dash Prelims

World:	9.69	8/16/2008	Usain Bolt
American:	9.77	6/28/2008	Tyson Gay
Collegiate:	9.92	1996	Ato Boldon
NCAA Region:	10.55		
NEC Conf.:	10.42	2000	Aaron Johnson
IC4A:	10.85		

Name	Yr	School	Seed	Time
1 284 Brown, Chad	SO	Mount St. Mary'	10.62	_____
2 118 Marcano, Andre	SR	Long Island	10.65	_____
3 78 John, Reyon	SR	Fairleigh Dickin	10.66	_____
4 111 Clarke, Shavar	SR	Long Island	10.71	_____
5 233 Navarro, Geoff	FR	Monmouth	10.77	_____
6 117 Mahlung, Nickolei	FR	Long Island	10.80	_____
7 617 Armstead, Tony	FR	St. Francis (Pa.	10.95	_____
8 582 Wilson, Kimarley	SR	St. Francis (N.Y	10.97	_____
9 400 Gladman, Charles	SO	Robert Morris	11.04	_____
10 629 Eradiri, Denis	SR	St. Francis (Pa.	11.06	_____
11 401 Green, Terrance	SO	Robert Morris	11.07	_____
12 247 Taiwo, Chris	JR	Monmouth	11.08	_____
13 113 Corbett, Kyle	SO	Long Island	11.09	_____
14 37 Lowe, Brian	SO	Central Connect	11.11	_____
15 407 Melhorn, Ian	FR	Robert Morris	11.21	_____
16 223 Martell, David	SR	Monmouth	11.22	_____
17 565 Antoine, Kendall	SR	St. Francis (N.Y	11.29	_____
18 397 Evers, Sherrod	JR	Robert Morris	11.31	_____
19 43 Roberts, Tristan	FR	Central Connect	11.33	_____
20 415 Storie, Cory	FR	Robert Morris	11.36	_____
21 393 Bettis, Donald	SO	Robert Morris	11.44	_____
22 483 Cayne, Taariq	JR	Sacred Heart	11.44	_____
23 209 Kammerer, Greg	SO	Monmouth	11.46	_____
24 214 Krupka, Zachary	SO	Monmouth	11.47	_____
25 542 Thompson, Jerrell	SO	Sacred Heart	11.49	_____
26 632 Freidhof, Christopher	FR	St. Francis (Pa.	11.57	_____
27 480 Blackwood, Dayne	FR	Sacred Heart	11.72	_____
28 295 Haberkorn, Chuck	SO	Mount St. Mary'	11.74	_____
29 85 Suarez, Jason	SR	Fairleigh Dickin	12.35	_____

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Event 2 ... (Men 100 Meter Dash Prelims)

Name	Yr	School	Seed	Time
30 313 Sterling, Mychal	SR	Mount St. Mary'	12.86	_____
31 655 Velez, William	SR	St. Francis (Pa.	NT	_____
32 41 Paul, Josue	SO	Central Connect	NT	_____

Event 4 Men 200 Meter Dash Prelims

World:	19.30	8/20/2008	Usain Bolt
American:	19.32	1996	Michael Johnson
Collegiate:	19.69	2007	Walter Dix
NCAA Region:	21.35		
NEC Conf.:	21.03	2000	Aaron Johnson
IC4A:	21.80		

Name	Yr	School	Seed	Time
1 78 John, Reyon	SR	Fairleigh Dickin	21.18	_____
2 284 Brown, Chad	SO	Mount St. Mary'	21.39	_____
3 111 Clarke, Shavar	SR	Long Island	21.64	_____
4 114 Egadu, Samuel	SO	Long Island	21.76	_____
5 400 Gladman, Charles	SO	Robert Morris	21.83	_____
6 117 Mahlung, Nickolei	FR	Long Island	21.84	_____
7 625 Davis, Jordan	SR	St. Francis (Pa.	21.87	_____
8 48 Smith, Sean	SR	Central Connect	21.88	_____
9 118 Marcano, Andre	SR	Long Island	22.01	_____
10 108 Alvarez, Jeremy	SR	Long Island	22.09	_____
11 233 Navarro, Geoff	FR	Monmouth	22.10	_____
12 251 Vuono, Christopher	SR	Monmouth	22.13	_____
13 582 Wilson, Kimarley	SR	St. Francis (N.Y	22.15	_____
14 571 Lovett, Toddjahrel	SR	St. Francis (N.Y	22.16	_____
15 247 Taiwo, Chris	JR	Monmouth	22.23	_____
16 109 Barnes, Robert	FR	Long Island	22.30	_____
17 407 Melhorn, Ian	FR	Robert Morris	22.31	_____
18 53 White, Dionis	FR	Central Connect	22.41	_____
19 617 Armstead, Tony	FR	St. Francis (Pa.	22.53	_____
20 223 Martell, David	SR	Monmouth	22.72	_____
21 630 Farmer, Everette	FR	St. Francis (Pa.	22.88	_____
22 698 Schultz, Derek	SO	Wagner	22.96	_____
23 483 Cayne, Taariq	JR	Sacred Heart	23.43	_____
24 474 Barrett, Sean	SO	Sacred Heart	23.60	_____
25 37 Lowe, Brian	SO	Central Connect	23.61	_____
26 393 Bettis, Donald	SO	Robert Morris	23.64	_____
27 697 Reidy, Matt	JR	Wagner	23.66	_____
28 542 Thompson, Jerrell	SO	Sacred Heart	23.67	_____
29 415 Storie, Cory	FR	Robert Morris	23.84	_____
30 649 Rusonis, Anthony	FR	St. Francis (Pa.	23.90	_____
31 480 Blackwood, Dayne	FR	Sacred Heart	23.91	_____
32 577 Pierre, Christopher	SO	St. Francis (N.Y	24.17	_____
33 295 Haberkorn, Chuck	SO	Mount St. Mary'	24.31	_____
34 679 Ferrara, Richard	JR	Wagner	24.34	_____
35 350 Mako, Alex	SO	Quinnipiac	24.51	_____
36 541 Synan, Kenneth	FR	Sacred Heart	24.79	_____
37 313 Sterling, Mychal	SR	Mount St. Mary'	26.44	_____
38 41 Paul, Josue	SO	Central Connect	NT	_____
39 214 Krupka, Zachary	SO	Monmouth	NT	_____
40 85 Suarez, Jason	SR	Fairleigh Dickin	NT	_____
41 341 Andriulli, Matthew	SO	Quinnipiac	NT	_____

Event 6 Men 400 Meter Dash Prelims

World:	43.18	8/26/1999	Michael Johnson
American:	43.18	1999	Michael Johnson
Collegiate:	44.00	1992	Quincy Watts
NCAA Region:	47.20		
NEC Conf.:	45.91	2003	Richard James
IC4A:	48.50		

Name	Yr	School	Seed	Time
1 625 Davis, Jordan	SR	St. Francis (Pa.	47.37	_____
2 114 Egadu, Samuel	SO	Long Island	47.84	_____
3 119 Mutekanga, Julius	JR	Long Island	48.25	_____
4 251 Vuono, Christopher	SR	Monmouth	48.31	_____
5 108 Alvarez, Jeremy	SR	Long Island	48.80	_____
6 48 Smith, Sean	SR	Central Connect	48.97	_____
7 109 Barnes, Robert	FR	Long Island	49.20	_____
8 290 Edwards, Julian	SR	Mount St. Mary'	49.63	_____
9 299 Kymingham, Jason	SO	Mount St. Mary'	49.82	_____
10 698 Schultz, Derek	SO	Wagner	49.84	_____
11 203 Fay, Eric	SO	Monmouth	49.87	_____
12 571 Lovett, Toddjahrel	SR	St. Francis (N.Y	49.90	_____
13 283 Brewington, Chris	SO	Mount St. Mary'	49.91	_____
14 228 Merrigan, Kevin	FR	Monmouth	50.03	_____
15 226 McLeod, Reginald	SO	Monmouth	50.03	_____
16 580 Smith, Kiechen	JR	St. Francis (N.Y	50.22	_____
17 212 Kelsey, Jason	SO	Monmouth	50.33	_____
18 33 Buchanan, Shawn	SO	Central Connect	50.58	_____
19 567 Coerbell, Tyri	SR	St. Francis (N.Y	50.79	_____
20 305 Nickas, Timothy	FR	Mount St. Mary'	50.85	_____
21 124 Waiswa, Ian	JR	Long Island	50.92	_____
22 53 White, Dionis	FR	Central Connect	51.08	_____
23 76 Hall, Eric	FR	Fairleigh Dickin	51.47	_____
24 649 Rusonis, Anthony	FR	St. Francis (Pa.	51.81	_____
25 495 Galanto, Daniel	SO	Sacred Heart	51.88	_____
26 630 Farmer, Everette	FR	St. Francis (Pa.	52.27	_____
27 541 Synan, Kenneth	FR	Sacred Heart	52.54	_____
28 474 Barrett, Sean	SO	Sacred Heart	52.60	_____
29 352 Mayernick, Andrew	SO	Quinnipiac	52.72	_____
30 79 Jukes, Shakor	FR	Fairleigh Dickin	52.96	_____
31 350 Mako, Alex	SO	Quinnipiac	53.44	_____
32 86 Zapata, Miguel	SO	Fairleigh Dickin	53.44	_____
33 473 Amato, Michael	FR	Sacred Heart	54.13	_____
34 300 Lindenmuth, Michael	FR	Mount St. Mary'	54.83	_____
35 679 Ferrara, Richard	JR	Wagner	58.60	_____
36 123 Tyler, Eric	JR	Long Island	NT	_____
37 577 Pierre, Christopher	SO	St. Francis (N.Y	NT	_____

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Event 8 Men 800 Meter Run Prelims

World:	1:41.11	8/24/1997	Wilson Kipketer
American:	1:42.60	1985	Johnny Gray
Collegiate:	1:44.55	1996	Julius Achon
NCAA Region:	1:50.40		
NEC Conf.:	1:50.88	2000	James Bare
IC4A:	1:51.80		

Name	Yr	School	Seed Time
1 620 Behre, Chris	JR	St. Francis (Pa.)	1:51.53
2 119 Mutekanga, Julius	JR	Long Island	1:52.99
3 654 Tice, Jeremy	SR	St. Francis (Pa.)	1:54.73
4 47 Simeone, RJ	JR	Central Connect	1:55.07
5 569 Ksepka, Rafal	FR	St. Francis (N.Y.)	1:55.10
6 307 Orsulak, Joe	FR	Mount St. Mary'	1:56.64
7 116 Goffe, Sheldon	SR	Long Island	1:57.08
8 304 Mitchell, William	JR	Mount St. Mary'	1:57.85
9 570 Liota, Peter	SO	St. Francis (N.Y.)	1:57.86
10 311 Sowell, Morgan	SR	Mount St. Mary'	1:57.89
11 187 Barr, Yasser	SR	Monmouth	1:58.01
12 686 Kearney, Kevin	JR	Wagner	1:58.20
13 356 Ramsey, Sean	FR	Quinnipiac	1:58.37
14 216 Langianese, Colton	SO	Monmouth	1:58.79
15 472 Ahern, John	FR	Sacred Heart	1:58.80
16 516 Matheson, Scott	SR	Sacred Heart	1:58.91
17 346 Foster, Christopher	SR	Quinnipiac	1:59.17
18 355 Pilch, Stephen	SR	Quinnipiac	1:59.23
19 208 Improta, Vin	FR	Monmouth	1:59.36
20 628 DuBois, Ryan	FR	St. Francis (Pa.)	2:00.18
21 115 Gangemi, Vincent	SO	Long Island	2:00.29
22 578 Pineiro, Frank	SR	St. Francis (N.Y.)	2:01.55
23 416 Thornton, Anthony	FR	Robert Morris	2:02.03
24 120 Neckles, Elmo	SO	Long Island	2:02.42
25 77 Inanli, Yavuz	JR	Fairleigh Dickin	2:05.28
26 343 Coppola, David	FR	Quinnipiac	2:05.80
27 345 DiSomma, Frankie	FR	Quinnipiac	2:07.39
28 517 Mazza, Anthony	SO	Sacred Heart	2:09.38
29 83 Quiroz, Joseph	JR	Fairleigh Dickin	2:11.41
30 73 Campbell, Darren	SO	Fairleigh Dickin	NT
31 74 Chelimo, Johnathan	JR	Fairleigh Dickin	NT

Event 10 Men 1500 Meter Run Prelims

World:	3:26.00	7/14/1998	Hicham El Guerrouj
American:	3:29.77	1985	Sydney Maree
Collegiate:	3:35.30	1981	Sydney Maree
NCAA Region:	3:47.80		
NEC Conf.:	3:49.97	2001	Matthew Hartman
IC4A:	3:51.00		

Name	Yr	School	Seed Time
1 498 German, Luis	SR	Sacred Heart	3:57.16
2 620 Behre, Chris	JR	St. Francis (Pa.)	3:57.92
3 52 Whalen, Matt	SR	Central Connect	3:59.51
4 569 Ksepka, Rafal	FR	St. Francis (N.Y.)	3:59.54
5 654 Tice, Jeremy	SR	St. Francis (Pa.)	4:00.18
6 198 DeBlasio, Garth	FR	Monmouth	4:02.86

7 244 Schaffer, Eric	JR	Monmouth	4:03.49
8 511 Lusignan, Jeffrey	FR	Sacred Heart	4:03.78
9 121 Renahan, Dan	JR	Long Island	4:04.00
10 683 Iannacone, Thomas	FR	Wagner	4:05.28
11 634 Gibson, Kyle	FR	St. Francis (Pa.)	4:05.38
12 46 Schmid, Jeremy	FR	Central Connect	4:05.41
13 695 Rammelkamp, Derek	SO	Wagner	4:07.00
14 643 Mengel, Adam	FR	St. Francis (Pa.)	4:07.47
15 627 DiGiorgio, Brent	SO	St. Francis (Pa.)	4:07.77
16 231 Mulligan, Ryan	FR	Monmouth	4:10.63
17 348 Healy, John	FR	Quinnipiac	4:11.50
18 81 Kimutai, Bett	FR	Fairleigh Dickin	4:12.77
19 38 Marceau, Anthony	SO	Central Connect	4:13.00
20 312 Stakem, Andrew	FR	Mount St. Mary'	4:13.90
21 191 Caffarelli, J.J.	FR	Monmouth	4:15.26
22 645 Moore, Taylor	FR	St. Francis (Pa.)	4:15.50
23 353 McDonald, Jack	SR	Quinnipiac	4:17.74
24 692 Moulton, Dylan	FR	Wagner	4:18.72
25 524 Palma, Joseph	SR	Sacred Heart	4:19.79
26 578 Pineiro, Frank	SR	St. Francis (N.Y.)	4:22.42
27 303 McAuliffe, John	FR	Mount St. Mary'	4:23.09
28 674 Berger, William	SR	Wagner	4:23.13
29 302 Lunz, Kurtis	SR	Mount St. Mary'	4:26.00
30 518 McCain, Bryan	FR	Sacred Heart	4:27.87
31 527 Phillips, Stephen	FR	Sacred Heart	4:35.62

Event 14 Men 5000 Meter Run

World:	12:37.35	5/31/2004	Kenenisa Bekele
American:	12:58.21	1996	Bob Kennedy
Collegiate:	13:08.4h	1978	Henry Rono
NCAA Region:	14:12.00		
NEC Conf.:	14:26.28	2001	Brian Sell
IC4A:	14:34.00		

Name	Yr	School	Seed Time
1 45 Sanderson, Ry	JR	Central Connect	14:49.37
2 357 Roark, Daniel	FR	Quinnipiac	14:51.77
3 656 Wertner, Timothy	SO	St. Francis (Pa.)	14:56.83
4 207 Hutterer, Ben	SO	Monmouth	15:02.11
5 301 Logie, Matthew	SR	Mount St. Mary'	15:02.86
6 644 Mills, Christopher	FR	St. Francis (Pa.)	15:09.26
7 498 German, Luis	SR	Sacred Heart	15:19.42
8 634 Gibson, Kyle	FR	St. Francis (Pa.)	15:25.35
9 359 Sullivan, Andrew	FR	Quinnipiac	15:27.19
10 31 Alexander, Sam	FR	Central Connect	15:29.14
11 627 DiGiorgio, Brent	SO	St. Francis (Pa.)	15:32.70
12 682 Halling, Brian	SR	Wagner	15:32.74
13 511 Lusignan, Jeffrey	FR	Sacred Heart	15:36.51
14 406 Leathers, Arthur	FR	Robert Morris	15:39.19
15 501 Houghtalen, Andrew	SO	Sacred Heart	15:42.27
16 342 Beckshaw, John	FR	Quinnipiac	15:43.80
17 484 Chorney, Matthew	JR	Sacred Heart	15:44.83
18 514 Marcello, Richard	FR	Sacred Heart	15:46.92
19 49 Tiernan, Kevin	FR	Central Connect	15:47.67
20 354 Pellerano, Addison	SO	Quinnipiac	15:52.73
21 30 Albertson, Luke	SO	Central Connect	15:53.46

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Event 14 ... (Men 5000 Meter Run)

Name	Yr	School	Seed Time
22 200 Dowd, Billy	SO	Monmouth	15:57.05
23 507 Koehler, Daniel	SO	Sacred Heart	15:58.27
24 347 Greenlaw, John	SO	Quinnipiac	15:58.42
25 281 Brackett, Justin	SR	Mount St. Mary'	16:06.13
26 121 Renahan, Dan	JR	Long Island	16:11.32
27 232 Mydlowski, Evan	FR	Monmouth	16:15.98
28 195 Cody, Jeff	SR	Monmouth	16:17.62
29 198 DeBlasio, Garth	FR	Monmouth	16:23.87
30 231 Mulligan, Ryan	FR	Monmouth	16:35.01
31 624 Burns, Zachary	FR	St. Francis (Pa.	16:39.55
32 687 Koehler, Allen	SR	Wagner	16:44.02
33 412 Rankin, Julian	FR	Robert Morris	16:48.48
34 302 Lunz, Kurtis	SR	Mount St. Mary'	16:56.97
35 125 Wiesner, James	FR	Long Island	NT
36 642 Mckee, Andrew	SO	St. Francis (Pa.	NT

Event 16 Men 10000 Meter Run

Name	Yr	School	Seed Time
1 644 Mills, Christopher	FR	St. Francis (Pa.	30:53.73
2 207 Hutterer, Ben	SO	Monmouth	31:30.17
3 280 Bernard, Dylan	FR	Mount St. Mary'	32:48.97
4 530 Rickert, Brendan	JR	Sacred Heart	33:12.44
5 408 Mitchell, Brian	FR	Robert Morris	33:33.76
6 624 Burns, Zachary	FR	St. Francis (Pa.	33:33.86
7 521 Murdoch, Ryan	JR	Sacred Heart	33:35.64
8 354 Pellerano, Addison	SO	Quinnipiac	33:37.55
9 410 Opp, Greg	FR	Robert Morris	33:44.75
10 195 Cody, Jeff	SR	Monmouth	33:49.73
11 347 Greenlaw, John	SO	Quinnipiac	33:53.34
12 358 Roberts, Taylor	SO	Quinnipiac	33:53.79
13 232 Mydlowski, Evan	FR	Monmouth	34:13.25
14 476 Benoit, Stephen	SO	Sacred Heart	36:05.44
15 482 Britton, Justin	FR	Sacred Heart	37:15.05
16 225 McGoldrick, Brendan	SR	Monmouth	39:10.86
17 514 Marcello, Richard	FR	Sacred Heart	NT
18 623 Buehler, Wesley	FR	St. Francis (Pa.	NT
19 656 Wertner, Timothy	SO	St. Francis (Pa.	NT
20 489 Curran, James	SO	Sacred Heart	NT
21 636 Himes, Patrick	FR	St. Francis (Pa.	NT
22 30 Albertson, Luke	SO	Central Connect	NT
23 45 Sanderson, Ry	JR	Central Connect	NT
24 301 Logie, Matthew	SR	Mount St. Mary'	NT
25 31 Alexander, Sam	FR	Central Connect	NT
26 687 Koehler, Allen	SR	Wagner	NT
27 574 McKernan, Thomas	SO	St. Francis (N.Y	NT
28 49 Tiernan, Kevin	FR	Central Connect	NT
29 682 Halling, Brian	SR	Wagner	NT

Event 18 Men 110 Meter Hurdles Prelims

Name	Yr	School	Seed Time
1 503 Jean-Louis, Bertony	FR	Sacred Heart	14.51
2 242 Rutherford, Chris	FR	Monmouth	14.77
3 82 Mackey, Thomas	SR	Fairleigh Dickin	14.80
4 488 Conti, Peter	SO	Sacred Heart	14.95
5 279 Beard, Quenton	SR	Mount St. Mary'	14.99
6 533 Rowe, Keith	JR	Sacred Heart	15.24
7 298 Ignaczak, Arthur	JR	Mount St. Mary'	15.65
8 418 Uccellini, John	SO	Robert Morris	15.69
9 248 Tanzola, Chris	SR	Monmouth	15.74
10 192 Cajuste, Stevenson	FR	Monmouth	15.75
11 34 DePaolo, Clinton	SR	Central Connect	15.84
12 646 Peacock, Ben	JR	St. Francis (Pa.	16.52
13 543 Toledo-Quinones, Jos	FR	Sacred Heart	16.75
14 36 Hylan, Tom	JR	Central Connect	16.86
15 214 Krupka, Zachary	SO	Monmouth	17.29
16 538 Soule, Jason	JR	Sacred Heart	NT

Event 20 Men 400 Meter Hurdles Prelims

Name	Yr	School	Seed Time
1 242 Rutherford, Chris	FR	Monmouth	53.16
2 82 Mackey, Thomas	SR	Fairleigh Dickin	54.23
3 123 Tyler, Eric	JR	Long Island	54.29
4 701 Villane, Matthew	JR	Wagner	54.52
5 192 Cajuste, Stevenson	FR	Monmouth	54.52
6 413 Smith, DJ	SO	Robert Morris	54.58
7 294 Gibilisco, Gigi	SO	Mount St. Mary'	54.68
8 538 Soule, Jason	JR	Sacred Heart	54.89
9 573 Massey, Daquan	SR	St. Francis (N.Y	55.48
10 287 Daniels, Robert	SR	Mount St. Mary'	56.65
11 418 Uccellini, John	SO	Robert Morris	56.85
12 204 Fitzpatrick, Dan	SO	Monmouth	57.10
13 564 Andrews, Anthony	JR	St. Francis (N.Y	57.99
14 36 Hylan, Tom	JR	Central Connect	58.63
15 646 Peacock, Ben	JR	St. Francis (Pa.	59.03
16 505 Kasper, Scott	SO	Sacred Heart	59.28
17 495 Galanto, Daniel	SO	Sacred Heart	1:00.89
18 473 Amato, Michael	FR	Sacred Heart	1:02.10

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Event 12 Men 3000 Meter Steeplechase

World:	7:55.28	8/24/2001	Brahim Boulami
American:	8:09.17	1985	Henry Mash
Collegiate:	8:05.4h	1978	Henry Rono
NCAA Region:	9:07.00		
NEC Conf.:	9:08.66	2001	Brian Sell
IC4A:	9:15.00		

	Name	Yr	School	Seed Time	
1	357 Roark, Daniel	FR	Quinnipiac	9:29.59	_____
2	507 Koehler, Daniel	SO	Sacred Heart	9:50.36	_____
3	359 Sullivan, Andrew	FR	Quinnipiac	9:55.83	_____
4	642 Mckee, Andrew	SO	St. Francis (Pa.	9:57.24	_____
5	51 Weston, Robert	SO	Central Connect	9:58.00	_____
6	643 Mengel, Adam	FR	St. Francis (Pa.	10:00.24	_____
7	501 Houghtalen, Andrew	SO	Sacred Heart	10:03.14	_____
8	492 Dressman, Taylor	FR	Sacred Heart	10:04.54	_____
9	200 Dowd, Billy	SO	Monmouth	10:05.22	_____
10	35 Gonsalves, Anthony	FR	Central Connect	10:09.32	_____
11	530 Rickert, Brendan	JR	Sacred Heart	10:10.07	_____
12	281 Brackett, Justin	SR	Mount St. Mary'	10:20.14	_____
13	351 Martin, Daniel	SR	Quinnipiac	10:21.80	_____
14	633 Gibson, Jonathan	SR	St. Francis (Pa.	10:27.04	_____
15	622 Brown, Andrew	SO	St. Francis (Pa.	10:35.34	_____
16	576 Montes, John Paul	SR	St. Francis (N.Y	10:39.42	_____
17	537 Smith, Tyler	FR	Sacred Heart	10:46.36	_____
18	519 Miller, Matthew	JR	Sacred Heart	10:46.63	_____
19	238 Richardson, Alec	FR	Monmouth	11:25.13	_____
20	411 Pinto, Sonny	FR	Robert Morris	NT	_____
21	685 Johnston, James	JR	Wagner	NT	_____

Event 38 Men 4x100 Meter Relay

World:	37.10	8/22/2008	JAM
Carter, Frater, Bolt, Powell			
American:	37.40	1992	National Team
Marsh, Burrell, Mitchell, Lewis			
Collegiate:	38.04	1998	TCU
Howard, Holloway, Williams, Spencer			
NCAA Region:	40.66		
NEC Conf.:	40.91	5/4/2008	Sacred Heart
M Barrett, A Dixon, J Soule, S Giordano			
IC4A:	42.50		

	Team	Relay	Seed Time	
1	Long Island	A	41.52	_____
	1) 111 Clarke, Shavar SR	2) 113 Corbett, Kyle SO		
	3) 117 Mahlung, Nickolei FR	4) 118 Marcano, Andre SR		
2	Monmouth	A	41.72	_____
	1) 223 Martell, David SR	2) 233 Navarro, Geoff FR		
	3) 212 Kelsey, Jason SO	4) 247 Taiwo, Chris JR		
3	St. Francis (Pa.	A	41.78	_____
	1) 655 Velez, William SR	2) 625 Davis, Jorden SR		
	3) 630 Farmer, Everette FR	4) 617 Armstead, Tony FR		
4	Robert Morris	A	42.00	_____
	1) 401 Green, Terrance SO	2) 400 Gladman, Charles SO		
	3) 407 Melhorn, Ian FR	4) 397 Evers, Sherrod JR		
5	Mount St. Mary's	A	42.34	_____
	1) 283 Brewington, Chris SO	2) 290 Edwards, Julian SR		
	3) 297 Huguley, Quinton FR	4) 284 Brown, Chad SO		

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6	Central Connecti	A	42.46	_____
	1) 36 Hylan, Tom JR		2) 48 Smith, Sean SR	
	3) 37 Lowe, Brian SO		4) 43 Roberts, Tristan FR	
7	St. Francis (N.Y	A	42.57	_____
	1) 565 Antoine, Kendall SR		2) 573 Massey, Daquan SR	
	3) 564 Andrews, Anthony JR		4) 582 Wilson, Kimarley SR	
8	Sacred Heart	A	42.60	_____
	1) 538 Soule, Jason JR		2) 474 Barrett, Sean SO	
	3) 488 Conti, Peter SO		4) 503 Jean-Louis, Bertony FR	
9	Fairleigh Dickin	A	43.92	_____
	1) 76 Hall, Eric FR		2) 82 Mackey, Thomas SR	
	3) 86 Zapata, Miguel SO		4) 78 John, Reyon SR	
10	Quinnipiac	A	46.57	_____
	1) 341 Andriulli, Matthew SO		2) 350 Mako, Alex SO	
	3) 352 Mayernick, Andrew SO		4) 346 Foster, Christopher SR	

Event 40 Men 4x400 Meter Relay

World:	2:54.20	7/22/1998	USA
American:	2:54.20	1998	National Team
Young, Pettigrew, Washington, Johnson			
Collegiate:	2:59.59	6/11/2005	LSU
Dardar, Willie, Brazell, Carter			
NCAA Region:	3:10.00		
NEC Conf.:	3:09.98	1998	Mount St. Mary's
Stimms, Chandler, Hyppolite, Scoon			
IC4A:	3:17.60		

	Team	Relay	Seed Time	
1	Long Island	A	3:12.20	_____
	1) 108 Alvarez, Jeremy SR		2) 109 Barnes, Robert FR	
	3) 111 Clarke, Shavar SR		4) 114 Egadu, Samuel SO	
2	Monmouth	A	3:16.96	_____
	1) 212 Kelsey, Jason SO		2) 233 Navarro, Geoff FR	
	3) 242 Rutherford, Chris FR		4) 251 Vuono, Christopher SR	
3	Mount St. Mary's	A	3:18.07	_____
	1) 283 Brewington, Chris SO		2) 290 Edwards, Julian SR	
	3) 299 Kymingham, Jason SO		4) 294 Gibilisco, Gigi SO	
4	St. Francis (Pa.	A	3:19.05	_____
	1) 649 Rusionis, Anthony FR		2) 620 Behre, Chris JR	
	3) 654 Tice, Jeremy SR		4) 625 Davis, Jordan SR	
5	St. Francis (N.Y	A	3:19.99	_____
	1) 573 Massey, Daquan SR		2) 567 Coerbell, Tyri SR	
	3) 564 Andrews, Anthony JR		4) 580 Smith, Kiechen JR	
6	Central Connecti	A	3:23.11	_____
	1) 33 Buchanan, Shawn SO		2) 47 Simeone, RJ JR	
	3) 48 Smith, Sean SR		4) 52 Whalen, Matt SR	
7	Robert Morris	A	3:26.85	_____
	1) 413 Smith, DJ SO		2) 400 Gladman, Charles SO	
	3) 418 Uccellini, John SO		4) 407 Melhorn, Ian FR	
8	Wagner	A	3:27.29	_____
	1) 686 Kearney, Kevin JR		2) 689 Macdonald, Colin FR	
	3) 698 Schultz, Derek SO		4) 697 Reidy, Matt JR	
9	Sacred Heart	A	3:28.94	_____
	1) 538 Soule, Jason JR		2) 505 Kasper, Scott SO	
	3) 495 Galanto, Daniel SO		4) 474 Barrett, Sean SO	
10	Fairleigh Dickin	A	3:29.25	_____
	1) 78 John, Reyon SR		2) 76 Hall, Eric FR	
	3) 74 Chelimo, Johnathan JR		4) 82 Mackey, Thomas SR	

Event 40 ... (Men 4x400 Meter Relay)

	Team	Relay	Seed Time	
11	Quinnipiac	A	3:36.63	_____
	1) 346 Foster, Christopher SR		2) 355 Pilch, Stephen SR	
	3) 350 Mako, Alex SO		4) 352 Mayernick, Andrew SO	

Event 41 Men 4x800 Meter Relay

American:	7:02.82	2006	
Collegiate:	7:08.96	1984	Arizona State
NEC Conf.:	7:40.32	2000	Fairleigh Dickinson
Walsh, Lancaster, Ondieki, Bare			
ECAC:	9:16.24		

	Team	Relay	Seed Time	
1	St. Francis (Pa.	A	7:50.11	_____
	1) 637 Kealey, Brian FR		2) 654 Tice, Jeremy SR	
	3) 631 Foster, Lloyd FR		4) 620 Behre, Chris JR	
2	Mount St. Mary's	A	7:52.70	_____
	1) 294 Gibilisco, Gigi SO		2) 307 Orsulak, Joe FR	
	3) 304 Mitchell, William JR		4) 311 Sowell, Morgan SR	
3	St. Francis (N.Y	A	8:01.74	_____
	1) 576 Montes, John Paul SR		2) 569 Ksepka, Rafal FR	
	3) 572 Lynch, Sean JR		4) 570 Liota, Peter SO	
4	Wagner	A	8:02.44	_____
	1) 678 Doxey, Brian SO		2) 685 Johnston, James JR	
	3) 689 Macdonald, Colin FR		4) 690 Mancuso, Anthony FR	
5	Central Connecti	A	8:09.31	_____
	1) 52 Whalen, Matt SR		2) 47 Simeone, RJ JR	
	3) 51 Weston, Robert SO		4) 46 Schmid, Jeremy FR	
6	Quinnipiac	A	8:11.56	_____
	1) 343 Coppola, David FR		2) 345 DiSomma, Frankie FR	
	3) 346 Foster, Christopher SR		4) 348 Healy, John FR	
7	Sacred Heart	A	8:23.27	_____
	1) 484 Chorney, Matthew JR		2) 507 Koehler, Daniel SO	
	3) 501 Houghtalen, Andrew SC		4) 498 German, Luis SR	
8	Fairleigh Dickin	A	8:26.12	_____
	1) 74 Chelimo, Johnathan JR		2) 77 Inanli, Yavuz JR	
	3) 81 Kimutai, Bett FR		4) 83 Quiroz, Joseph JR	
9	Long Island	A	8:29.68	_____
	1) 108 Alvarez, Jeremy SR		2) 115 Gangemi, Vincent SO	
	3) 116 Goffe, Sheldon SR		4) 120 Neckles, Elmo SO	
10	Monmouth	A	NT	_____
	1) 187 Barr, Yasser SR		2) 208 Improta, Vin FR	
	3) 216 Langianese, Colton SO		4) 244 Schaffer, Eric JR	

Event 22 Men High Jump

World:	2.45m	7/27/1993	Javier Sotomayor
American:	2.40m	1991	Charles Austin
Collegiate:	2.38m	1989	Hollis Conway
NCAA Region:	2.10m		
NEC Conf.:	2.18m	2003	Huguens Jean
IC4A:	2.04m		

	Name	Yr	School	Seed Mark	
1	566 Brown, Dean	JR	St. Francis (N.Y	2.10m	_____
2	112 Conaway, Adham	FR	Long Island	2.00m	_____
3	32 Berube, Matt	FR	Central Connect	1.92m	_____

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4	50 Trifone, Nick	FR	Central Connect	1.91m	_____
5	241 Rodriguez, Julio	SO	Monmouth	1.90m	_____
6	502 Hyatt, Thomas	SR	Sacred Heart	1.89m	_____
7	533 Rowe, Keith	JR	Sacred Heart	1.88m	_____
8	297 Huguley, Quinton	FR	Mount St. Mary'	1.87m	_____
9	693 Perfetto, Claudio	JR	Wagner	1.83m	_____
10	473 Amato, Michael	FR	Sacred Heart	1.82m	_____
11	213 Krajunus, John	FR	Monmouth	1.80m	_____
12	237 Reevey, Kollon	JR	Monmouth	1.75m	_____
13	543 Toledo-Quinones, Jos	FR	Sacred Heart	1.73m	_____
14	655 Velez, William	SR	St. Francis (Pa.	NH	_____
15	536 Smarkucki, Bartosz	JR	Sacred Heart	NH	_____

Event 24 Men Pole Vault

World:	6.14m	7/31/1994	Sergey Bubka
American:	6.03m	2000	Jeff Hartwig
Collegiate:	5.98m	1996	Lawrence Johnson
NCAA Region:	5.05m		
NEC Conf.:	4.81m	2004	David Hinton
IC4A:	4.80m		

Name	Yr	School	Seed	Mark	
1	414 Spataro, Chris	SO	Robert Morris	4.74m	_____
2	399 George, Jarad	FR	Robert Morris	4.65m	_____
3	316 Villanova, Rick	FR	Mount St. Mary'	4.65m	_____
4	417 Trunzo, Anthony	JR	Robert Morris	4.45m	_____
5	533 Rowe, Keith	JR	Sacred Heart	4.40m	_____
6	224 Matano, Pete	FR	Monmouth	4.35m	_____
7	502 Hyatt, Thomas	SR	Sacred Heart	4.34m	_____
8	190 Cabral, Brandon	FR	Monmouth	4.20m	_____
9	677 Caravello, Jeffrey	FR	Wagner	4.14m	_____
10	249 Timmons, Jason	FR	Monmouth	4.10m	_____
11	495 Galanto, Daniel	SO	Sacred Heart	3.85m	_____
12	536 Smarkucki, Bartosz	JR	Sacred Heart	3.80m	_____
13	305 Nickas, Timothy	FR	Mount St. Mary'	NH	_____

Event 26 Men Long Jump

World:	8.95m	8/30/1991	Mike Powell
American:	8.95m	1991	Mike Powell
Collegiate:	8.74m	4/2/1994	Erick Walder
NCAA Region:	7.34m		
NEC Conf.:	7.55m	2002	Jarrad Pencek
IC4A:	7.10m		

Name	Yr	School	Seed	Mark	
1	629 Eradiri, Denis	SR	St. Francis (Pa.	7.54m	_____
2	122 Solomon, Amire	FR	Long Island	7.05m	_____
3	32 Berube, Matt	FR	Central Connect	7.00m	_____
4	533 Rowe, Keith	JR	Sacred Heart	6.91m	_____
5	297 Huguley, Quinton	FR	Mount St. Mary'	6.88m	_____
6	218 Lewis, Joshua	FR	Monmouth	6.76m	_____
7	192 Cajuste, Stevenson	FR	Monmouth	6.74m	_____
8	502 Hyatt, Thomas	SR	Sacred Heart	6.61m	_____
9	655 Velez, William	SR	St. Francis (Pa.	6.59m	_____
10	212 Kelsey, Jason	SO	Monmouth	6.54m	_____
11	237 Reevey, Kollon	JR	Monmouth	6.52m	_____
12	395 Cook, Anthony	SR	Robert Morris	6.47m	_____

Event 26 ...(Men Long Jump)

Name	Yr	School	Seed	Mark	
13	112 Conaway, Adham	FR	Long Island	6.41m	_____
14	189 Bowers, Alex	JR	Monmouth	6.37m	_____
15	503 Jean-Louis, Bertony	FR	Sacred Heart	6.33m	_____
16	542 Thompson, Jerrell	SO	Sacred Heart	6.32m	_____
17	82 Mackey, Thomas	SR	Fairleigh Dickin	6.31m	_____
18	403 Jacobs, Mark	SR	Robert Morris	6.18m	_____
19	480 Blackwood, Dayne	FR	Sacred Heart	6.18m	_____
20	43 Roberts, Tristan	FR	Central Connect	6.13m	_____
21	305 Nickas, Timothy	FR	Mount St. Mary'	6.11m	_____
22	50 Trifone, Nick	FR	Central Connect	6.00m	_____
23	285 Clayton, Lamar	SR	Mount St. Mary'	5.89m	_____
24	543 Toledo-Quinones, Jos	FR	Sacred Heart	5.87m	_____
25	632 Freidhof, Christopher	FR	St. Francis (Pa.	5.10m	_____

Event 28 Men Triple Jump

World:	18.29m	8/7/1995	Jonathan Edwards
American:	18.09m	1996	Kenny Harrison
Collegiate:	17.54m	1985	Mike Conley
NCAA Region:	15.00m		
NEC Conf.:	15.56m	5/4/2008	Nasim Siddeeq
IC4A:	14.50m		

Name	Yr	School	Seed	Mark	
1	629 Eradiri, Denis	SR	St. Francis (Pa.	14.91m	_____
2	122 Solomon, Amire	FR	Long Island	14.22m	_____
3	32 Berube, Matt	FR	Central Connect	14.12m	_____
4	285 Clayton, Lamar	SR	Mount St. Mary'	13.81m	_____
5	80 Kamguia, Senghor	FR	Fairleigh Dickin	13.71m	_____
6	297 Huguley, Quinton	FR	Mount St. Mary'	13.57m	_____
7	503 Jean-Louis, Bertony	FR	Sacred Heart	13.57m	_____
8	247 Taiwo, Chris	JR	Monmouth	13.53m	_____
9	192 Cajuste, Stevenson	FR	Monmouth	13.27m	_____
10	395 Cook, Anthony	SR	Robert Morris	13.23m	_____
11	632 Freidhof, Christopher	FR	St. Francis (Pa.	13.05m	_____
12	189 Bowers, Alex	JR	Monmouth	13.02m	_____
13	43 Roberts, Tristan	FR	Central Connect	13.01m	_____
14	50 Trifone, Nick	FR	Central Connect	12.44m	_____
15	403 Jacobs, Mark	SR	Robert Morris	12.16m	_____
16	534 Sharon, Nicholas	SR	Sacred Heart	11.88m	_____
17	580 Smith, Kiechen	JR	St. Francis (N.Y	ND	_____
18	566 Brown, Dean	JR	St. Francis (N.Y	ND	_____

Event 36 Men Shot Put

World:	23.12m	5/20/1990	Randy Barnes
American:	23.13m	1990	Randy Barnes
Collegiate:	22.00m	1995	John Godina
NCAA Region:	16.80m		
NEC Conf.:	18.97m	2002	Jonathan Kalnas
IC4A:	15.60m		

Name	Yr	School	Seed	Mark	
1	221 Lundy, Larry	SR	Monmouth	18.56m	_____
2	193 Ciccoli, Thomas	SO	Monmouth	17.10m	_____
3	211 Keller, Christian	SR	Monmouth	16.82m	_____
4	202 Elardo, Vincent	SO	Monmouth	16.74m	_____

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Performance List

5	635 Hazen, Josh	SR	St. Francis (Pa.	16.19m	_____
6	640 Maderia, Ben	SR	St. Francis (Pa.	15.50m	_____
7	526 Petrucci, Chase	FR	Sacred Heart	15.10m	_____
8	394 Bowman, Michael	JR	Robert Morris	15.10m	_____
9	243 Sabo, Shawn	JR	Monmouth	14.87m	_____
10	626 Dewayngaert, Karl	SR	St. Francis (Pa.	14.75m	_____
11	409 Morganti, Mike	SR	Robert Morris	14.55m	_____
12	239 Rizzotto, Victor	JR	Monmouth	14.49m	_____
13	71 Ahmed, Zacharia	FR	Fairleigh Dickin	14.47m	_____
14	688 Lintelman, Blake	SR	Wagner	14.07m	_____
15	72 Berisha, Nik	JR	Fairleigh Dickin	13.95m	_____
16	647 Peterson, Nicholas	SO	St. Francis (Pa.	13.80m	_____
17	292 Fernandez, Jon	FR	Mount St. Mary'	13.73m	_____
18	54 Williams, Rashad	FR	Central Connect	13.35m	_____
19	676 Brown, Robert	SR	Wagner	12.78m	_____
20	621 Bookhamer, Terry	FR	St. Francis (Pa.	12.74m	_____

Event 30 Men Discus Throw

World: 74.08m 6/6/1986 Jurgen Schult

American: 72.34m 1981 Ben Plucknett

Collegiate: 67.66m 5/29/2004 Hannes Hopley

NCAA Region: 51.70m

NEC Conf.: 53.53m 5/5/2007 Evan Lasher

IC4A: 47.00m

	Name	Yr	School	Seed	Mark	
1	640 Maderia, Ben	SR	St. Francis (Pa.	51.54m	_____	
2	211 Keller, Christian	SR	Monmouth	51.07m	_____	
3	243 Sabo, Shawn	JR	Monmouth	49.26m	_____	
4	202 Elardo, Vincent	SO	Monmouth	48.97m	_____	
5	221 Lundy, Larry	SR	Monmouth	48.30m	_____	
6	392 Argauer, Kevin	SR	Robert Morris	47.18m	_____	
7	193 Ciccoli, Thomas	SO	Monmouth	42.58m	_____	
8	394 Bowman, Michael	JR	Robert Morris	41.75m	_____	
9	72 Berisha, Nik	JR	Fairleigh Dickin	41.73m	_____	
10	286 Coulson, Alan	FR	Mount St. Mary'	40.65m	_____	
11	621 Bookhamer, Terry	FR	St. Francis (Pa.	40.42m	_____	
12	409 Morganti, Mike	SR	Robert Morris	39.86m	_____	
13	688 Lintelman, Blake	SR	Wagner	39.25m	_____	
14	54 Williams, Rashad	FR	Central Connect	38.95m	_____	
15	626 Dewayngaert, Karl	SR	St. Francis (Pa.	38.82m	_____	
16	282 Brady, Edward	JR	Mount St. Mary'	38.35m	_____	
17	512 Mahl, Christopher	FR	Sacred Heart	38.04m	_____	
18	292 Fernandez, Jon	FR	Mount St. Mary'	37.49m	_____	
19	206 Gordet, Jeremy	SO	Monmouth	36.52m	_____	
20	71 Ahmed, Zacharia	FR	Fairleigh Dickin	35.22m	_____	
21	675 Blauser, Derek	SR	Wagner	34.90m	_____	
22	700 Stanton, Mike	JR	Wagner	30.30m	_____	

Event 32 Men Hammer Throw

World: 86.74m 8/30/1986 Yuriy Sedykh

American: 82.52m 1996 Lance Deal

Collegiate: 81.94m 1995 Balazs Kiss

NCAA Region: 56.80m

NEC Conf.: 63.01m 5/6/2007 Ed Skowronski

IC4A: 52.50m

	Name	Yr	School	Seed	Mark	
1	221 Lundy, Larry	SR	Monmouth	56.98m	_____	
2	211 Keller, Christian	SR	Monmouth	55.64m	_____	
3	640 Maderia, Ben	SR	St. Francis (Pa.	55.15m	_____	
4	575 Megerdichian, Matthe	JR	St. Francis (N.Y	55.06m	_____	
5	202 Elardo, Vincent	SO	Monmouth	54.16m	_____	
6	392 Argauer, Kevin	SR	Robert Morris	53.64m	_____	
7	487 Conklin, Mark	FR	Sacred Heart	51.50m	_____	
8	243 Sabo, Shawn	JR	Monmouth	50.96m	_____	
9	626 Dewayngaert, Karl	SR	St. Francis (Pa.	49.35m	_____	
10	394 Bowman, Michael	JR	Robert Morris	48.81m	_____	
11	292 Fernandez, Jon	FR	Mount St. Mary'	44.03m	_____	
12	193 Ciccoli, Thomas	SO	Monmouth	42.82m	_____	
13	647 Peterson, Nicholas	SO	St. Francis (Pa.	42.25m	_____	
14	239 Rizzotto, Victor	JR	Monmouth	42.09m	_____	
15	621 Bookhamer, Terry	FR	St. Francis (Pa.	41.34m	_____	
16	512 Mahl, Christopher	FR	Sacred Heart	40.80m	_____	
17	409 Morganti, Mike	SR	Robert Morris	40.73m	_____	
18	72 Berisha, Nik	JR	Fairleigh Dickin	40.34m	_____	
19	286 Coulson, Alan	FR	Mount St. Mary'	39.04m	_____	
20	282 Brady, Edward	JR	Mount St. Mary'	36.44m	_____	
21	71 Ahmed, Zacharia	FR	Fairleigh Dickin	35.83m	_____	
22	54 Williams, Rashad	FR	Central Connect	34.92m	_____	

Event 34 Men Javelin Throw

World: 98.48m 5/25/1996 Jan Zelezny

American: 91.29m 6/21/2007 Breaux Greer

Collegiate: 89.10m 1990 Patrik Boden

NCAA Region: 61.60m

NEC Conf.: 68.39m 2002 Peter Alouise

IC4A: 58.70m

	Name	Yr	School	Seed	Mark	
1	239 Rizzotto, Victor	JR	Monmouth	60.62m	_____	
2	532 Rothenburger, Sean	SO	Sacred Heart	58.72m	_____	
3	575 Megerdichian, Matthe	JR	St. Francis (N.Y	58.08m	_____	
4	201 Easley, Marion	SR	Monmouth	57.74m	_____	
5	486 Congalton, Robert	SR	Sacred Heart	57.38m	_____	
6	510 Luongo, Brett	JR	Sacred Heart	56.42m	_____	
7	229 Mizerek, Matt	JR	Monmouth	55.49m	_____	
8	291 Ennis, Daniel	FR	Mount St. Mary'	54.77m	_____	
9	234 Paul, Eric	JR	Monmouth	54.42m	_____	
10	635 Hazen, Josh	SR	St. Francis (Pa.	53.72m	_____	
11	292 Fernandez, Jon	FR	Mount St. Mary'	53.69m	_____	
12	282 Brady, Edward	JR	Mount St. Mary'	53.50m	_____	
13	394 Bowman, Michael	JR	Robert Morris	53.29m	_____	
14	509 L'Homme, Nicholas	FR	Sacred Heart	53.05m	_____	
15	246 Smith, Michael	JR	Monmouth	52.58m	_____	

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16	491 Donovan, Matthew	SO	Sacred Heart	51.47m	_____
17	40 Mitchell, Nate	FR	Central Connect	51.31m	_____
18	515 Martin, Zachary	FR	Sacred Heart	51.14m	_____
19	306 O'Grady, Matthew	SR	Mount St. Mary'	49.90m	_____
20	295 Haberkorn, Chuck	SO	Mount St. Mary'	49.21m	_____
21	700 Stanton, Mike	JR	Wagner	46.74m	_____
22	252 Wendruff, Steve	SR	Monmouth	44.63m	_____