

Conference Carolinas Championships 2009 - 4/17/2009 to 4/18/2009

Results at www.cfpitiming.com

Hosted by Lees McRae College

Meet Program

Event 1 Women 100 Meter Dash**Saturday 4/18/2009 - 2:15 PM**

World: 10.49 7/16/1988 Florence Griffith-Joyner
American: 10.49 1988 Florence Griffith Joyner
Collegiate: 10.93 1989 Dawn Sowell

Lane Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1			
2			
3	McCoy, Shantra	SO Lees-McRae	NT
4	Solsbee, Sarah	SO Anderson (S.C.)	13.68
5	Tyler, Erin	JR Lees-McRae	13.88
6	Foard, Rebecca	FR Lees-McRae	NT
7	McGowan, Sam	FR Limestone	NT
8			

Section 2 of 2 Finals

1	Knight, Ashley	FR Mount Olive	13.49
2	Goodwater, Jessica	SO Queens (N.C.)	13.19
3	Woodard-Stephens, Ariel	FR Mount Olive	13.04
4	Barbee, Bri	FR Limestone	12.33
5	Samuels, Jalisa	FR Limestone	12.63
6	Darden, Ariel	FR Queens (N.C.)	12.71
7	Stuart, Camille	FR Queens (N.C.)	12.99
8	Hall, Joy	FR Lees-McRae	13.50

Event 3 Women 200 Meter Dash**Saturday 4/18/2009 - 3:20 PM**

World: 21.34 9/29/1988 Florence Griffith-Joyner
American: 21.34 1988 Florence Griffith Joyner
Collegiate: 22.29 1999 LaTasha Jenkins

Lane Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1			
2			
3	Montgomery, Shivaun	FR Limestone	NT
4	Delutis, Rayne	FR Lees-McRae	28.48
5	Rodrigues, Meagan	FR Limestone	32.35
6	Feudale, Lauren	SO Queens (N.C.)	NT
7	Jones, Megan	FR Mount Olive	NT
8			

Section 2 of 3 Finals

1			
2	Solsbee, Sarah	SO Anderson (S.C.)	29.12
3	Knight, Ashley	FR Mount Olive	28.97
4	Stuart, Camille	FR Queens (N.C.)	28.18
5	Hall, Joy	FR Lees-McRae	28.20
6	McGowan, Sam	FR Limestone	28.46
7			
8			

Section 3 of 3 Finals

1	Tyler, Erin	JR Lees-McRae	27.71
2	Woodard-Stephens, Ariel	FR Mount Olive	27.68
3	Goodwater, Jessica	SO Queens (N.C.)	27.31
4	Barbee, Bri	FR Limestone	25.92
5	Darden, Ariel	FR Queens (N.C.)	25.97
6	Samuels, Jalisa	FR Limestone	26.78
7	Foard, Rebecca	FR Lees-McRae	27.11
8	Hurd, Jenny	SR Lees-McRae	28.08

Event 5 Women 400 Meter Dash**Saturday 4/18/2009 - 1:55 PM**

World: 47.60 10/6/1985 Marita Koch
American: 48.70 9/17/2006 Sandi Richards
Collegiate: 50.18 6/3/1989 Pauline Davis

Lane Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Jones, Megan	FR Mount Olive	1:09.75
2	Delutis, Rayne	FR Lees-McRae	1:06.62
3	Blome, Ashley	SR Anderson (S.C.)	1:02.76
4	Barbee, Bri	FR Limestone	58.33
5	Samuels, Jalisa	FR Limestone	1:00.68
6	Foard, Rebecca	FR Lees-McRae	1:01.49
7	Hurd, Jenny	SR Lees-McRae	1:02.71
8	Bruno, Mary Ann	FR Limestone	NT

Event 7 Women 800 Meter Run**Saturday 4/18/2009 - 2:25 PM**

World: 1:53.28 7/26/1983 Jarmila Kratochvilova
American: 1:56.40 1999 Jearl Miles Clark
Collegiate: 1:59.11 1990 Suzy Favor

Lane Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Clausing, Amanda	FR Limestone	2:40.93
2	Laird, Katy	FR Anderson (S.C.)	2:49.58
3	Wilkerson, Kat	SR Lees-McRae	2:52.66
4	Pye, Caitlin	FR Mount Olive	2:55.78
5	Alvarado, Rocio	FR Mount Olive	2:58.19
6	Reichwald, Molly	JR Limestone	NT
7	Laschiavo, Leslie	FR Queens (N.C.)	NT
8	Flint, Lynne	SO Anderson (S.C.)	NT

Section 2 of 2 Finals

1	Homer, Candace	FR Anderson (S.C.)	2:21.55
2	Rogers, Chelsea	SO Anderson (S.C.)	2:26.10
3	Hurd, Jenny	SR Lees-McRae	2:31.50
4	Tribble, Chandler	SR Queens (N.C.)	2:31.77
5	Colson, Demarea	SR Lees-McRae	2:33.75
6	Wright, Amanda	FR Queens (N.C.)	2:35.62
7	May, Ashley	JR Lees-McRae	2:36.85
8	Delutis, Rayne	FR Lees-McRae	2:36.90
9	Moore, Melissa	SO Mount Olive	2:39.48

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Event 9 Women 1500 Meter Run**Saturday 4/18/2009 - 1:10 PM**

World: 3:50.46 9/11/1993 Yunxia Qu
 American: 3:57.12 1983 Mary Slaney
 Collegiate: 4:06.75 2003 Tiffany McWilliams

Lane	Name	Yr	School	Seed Time	
Section 1 of 2 Finals					
1	Savage, Tierra	SO	St. Andrews	5:40.14	_____
2	Kahn, Sarah	SO	Queens (N.C.)	5:42.34	_____
3	Williams, Tiffany	FR	St. Andrews	5:46.90	_____
4	DeMarco, Hannah	FR	Queens (N.C.)	5:56.75	_____
5	Riesett, Melissa	SO	Limestone	6:05.72	_____
6	Alvarado, Rocio	FR	Mount Olive	6:08.49	_____
7	Nicholson, Heather	JR	Limestone	6:14.66	_____
8	Maye, Rebecca	FR	St. Andrews	6:15.00	_____
9	Martin, Danielle	SO	St. Andrews	6:15.00	_____
10	Braeklein, Theresa	FR	Limestone	6:27.48	_____
11	Bishoff, Whitney	FR	Anderson (S.C.)	NT	_____
12	Wilkerson, Kat	SR	Lees-McRae	NT	_____
13					_____
14					_____
15					_____
16					_____

Section 2 of 2 Finals

1	Trovato, Alyson	SR	St. Andrews	4:55.00	_____
2	Flint, Lynne	SO	Anderson (S.C.)	5:00.37	_____
3	Rankin, Courtney	JR	Limestone	5:08.69	_____
4	Colson, Demarea	SR	Lees-McRae	5:17.37	_____
5	Carman, Katie	SR	Queens (N.C.)	5:21.86	_____
6	Harris, April	JR	Lees-McRae	5:24.70	_____
7	May, Ashley	JR	Lees-McRae	5:28.58	_____
8	Clausing, Amanda	FR	Limestone	5:28.86	_____
9	Moore, Melissa	SO	Mount Olive	5:33.09	_____
10					_____
11					_____
12					_____
13					_____
14					_____
15					_____
16					_____

Event 13 Women 5000 Meter Run**Saturday 4/18/2009 - 3:40 PM**

World: 14:11.15 6/6/2008 Tirunesh Dibaba
 American: 14:44.80 4/14/2007 Shalane Flanagan
 Collegiate: 15:09.72 2004 Kim Smith

Lane	Name	Yr	School	Seed Time	
Section 1 of 1 Finals					
1	Nedlo, Meagan	FR	Queens (N.C.)	17:25.00	_____
2	Bishoff, Whitney	FR	Anderson (S.C.)	18:10.03	_____
3	Neville, Jessica	SO	Queens (N.C.)	18:24.08	_____
4	Trovato, Alyson	SR	St. Andrews	18:35.00	_____
5	Rankin, Courtney	JR	Limestone	18:45.37	_____
6	Annas, Holly	FR	Queens (N.C.)	19:36.90	_____
7	Seawright, Kendyl	SO	Coker	X19:39.58	_____
8	Lindholm, Dana	JR	Lees-McRae	19:44.23	_____
9	Savage, Tierra	SO	St. Andrews	20:30.00	_____
10	Williams, Tiffany	FR	St. Andrews	20:45.00	_____
11	Henderson, Katie	SO	Erskine	X21:11.00	_____
12	Loftis, Liz	SO	Erskine	X21:15.00	_____
13	Moore, Melissa	SO	Mount Olive	21:24.72	_____
14	Wittke, Sarah	JR	Erskine	X23:00.00	_____
15					_____
16					_____

Event 15 Women 10000 Meter Run**Friday 4/17/2009 - 7:15 PM**

World: 29:31.78 9/8/1993 Junxia Wang
 American: 30:22.22 8/15/2008 Shalane Flanagan
 Collegiate: 32:19.97 4/30/2004 Alicia Craig

Lane	Name	Yr	School	Seed Time	
Section 1 of 1 Finals					
1	Trovato, Alyson	SR	St. Andrews	41:00.00	_____
2	Williams, Tiffany	FR	St. Andrews	44:00.00	_____
3	Savage, Tierra	SO	St. Andrews	44:00.00	_____
4	Lindholm, Dana	JR	Lees-McRae	NT	_____
5	Zeferjahn, Tanya	FR	Queens (N.C.)	NT	_____
6	Rankin, Courtney	JR	Limestone	NT	_____
7					_____
8					_____
9					_____
10					_____

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Event 17 Women 100 Meter Hurdles**Saturday 4/18/2009 - 1:40 PM**

World: 12.21 8/20/1988 Yordanka Donkova
American: 12.33 2000 Gail Devers
Collegiate: 12.61 1988 Gail Devers

Lane	Name	Yr	School	Seed	Time
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Section 1 of 2 Finals

1					_____
2					_____
3	Hutchings, Katy	JR	St. Andrews	22.00	_____
4	Pointer, Jamie	FR	Queens (N.C.)	NT	_____
5	Rodgers, Katelyn	SO	Anderson (S.C.)	18.47	_____
6	Smith, Kathryn	SO	Lees-McRae	18.86	_____
7					_____

Section 2 of 2 Finals

1					_____
2					_____
3	Altieri, Jenny	FR	Limestone	16.35	_____
4	McCoy, Shantra	SO	Lees-McRae	16.36	_____
5	Tyler, Erin	JR	Lees-McRae	16.62	_____
6	Montgomery, Shivaun	FR	Limestone	17.24	_____
7					_____

Event 19 Women 400 Meter Hurdles**Saturday 4/18/2009 - 2:55 PM**

World: 52.34 8/8/2003 Yuliya Pechenkina
American: 52.61 1995 Kim Batten
Collegiate: 53.54 6/1/2004 Sheenna Johnson

Lane	Name	Yr	School	Seed	Time
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Section 1 of 2 Finals

1					_____
2					_____
3	Harris, April	JR	Lees-McRae	1:17.02	_____
4	Smith, Kathryn	SO	Lees-McRae	1:19.01	_____
5	McCoy, Shantra	SO	Lees-McRae	NT	_____
6					_____
7					_____

Section 2 of 2 Finals

1					_____
2					_____
3	Blome, Ashley	SR	Anderson (S.C.)	1:08.02	_____
4	Pointer, Jamie	FR	Queens (N.C.)	1:08.88	_____
5	Altieri, Jenny	FR	Limestone	1:11.13	_____
6	Bruno, Mary Ann	FR	Limestone	1:14.69	_____
7					_____

Event 11 Women 3000 Meter Steeplechase**Saturday 4/18/2009 - 12:00 PM**

World: 8:58.81 8/17/2008 Gulnara Galkina
American: 9:22.26 8/17/2008 Jenny Barringer
Collegiate: 9:43.25 5/29/2004 Ida Nilsson

Lane	Name	Yr	School	Seed	Time
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Section 1 of 1 Finals

1	Harris, April	JR	Lees-McRae	12:32.59	_____
2	Smith, Kathryn	SO	Lees-McRae	NT	_____
3	Clausing, Amanda	FR	Limestone	NT	_____
4					_____
5					_____

Event 37 Women 4x100 Meter Relay**Saturday 4/18/2009 - 1:00 PM**

World: 41.37 10/6/1985 GDR
American: 41.47 1997 National Team
Collegiate: 42.50 6/3/1989 LSU

Stanley, Sowell, Sheffield, Jones

Lane	Team	Relay	Seed	Time
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Section 1 of 1 Finals

1				_____
2				_____
3				_____
4	Limestone	A	49.69	_____
5	Lees-McRae	A	51.73	_____
6	Mount Olive	A	53.92	_____
7	Anderson (S.C.)	A	NT	_____
8				_____

Event 39 Women 4x400 Meter Relay**Saturday 4/18/2009 - 4:35 PM**

World: 3:15.17 10/1/1988 URS
American: 3:15.51 1988 National Team
Collegiate: 3:23.75 4/3/2004 Texas

Jones, McIntosh, Chapple, Richards

Lane	Team	Relay	Seed	Time
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Section 1 of 1 Finals

1				_____
2				_____
3				_____
4	Anderson (S.C.)	A	4:06.31	_____
5	Lees-McRae	A	4:14.72	_____
6	Limestone	A	4:40.88	_____
7	Mount Olive	A	4:58.73	_____
8				_____

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Event 21 Women High Jump**Friday 4/17/2009 - 5:00 PM**

World: 2.09m 8/30/1987 Stefka Kostadinova
 American: 2.03m 1988 Louise Ritter
 Collegiate: 1.98m 1995 Acuff / Bergqvist

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Feudale, Lauren	SO	Queens (N.C.)	NH	_____
2	Blome, Ashley	SR	Anderson (S.C.)	NH	_____
3	Rogers, Chelsea	SO	Anderson (S.C.)	NH	_____
4	Tyler, Erin	JR	Lees-McRae	1.39m	_____
5	Woodard-Stephens, Ariel	FR	Mount Olive	1.47m	_____
6	Rodgers, Katelyn	SO	Anderson (S.C.)	1.57m	_____
7					_____

Event 23 Women Pole Vault**Friday 4/17/2009 - 5:00 PM**

World: 5.05m 8/18/2008 Yelena Isinbayeva
 American: 4.92m 7/6/2008 Jen Stuczynski
 Collegiate: 4.53m 2002 Amy Linnen

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	McGowan, Sam	FR	Limestone	NH	_____
2	Bragman, Karyn	JR	Lees-McRae	2.44m	_____
3	Jonas, Michelle	FR	Lees-McRae	2.45m	_____
4	Corbin, Candice	SO	Lees-McRae	2.75m	_____
5	Trimble, Hannah	SO	Lees-McRae	3.10m	_____
6					_____
7					_____

Event 25 Women Long Jump**Saturday 4/18/2009 - 10:00 AM**

World: 7.52m 6/11/1988 Galina Chistyakova
 American: 7.49m 1994 Jackie Joyner-Kersee
 Collegiate: 6.99m 1985 Jackie Joyner-Kersee

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Lee, Tyler	JR	St. Andrews	3.65m	_____
2	Darden, Ariel	FR	Queens (N.C.)	ND	_____
3	Woodard-Stephens, Ariel	FR	Mount Olive	5.15m	_____
4	Hutchings, Katy	JR	St. Andrews	3.60m	_____
5	McGowan, Sam	FR	Limestone	ND	_____
6	Pye, Caitlin	FR	Mount Olive	ND	_____
7	Rodgers, Katelyn	SO	Anderson (S.C.)	ND	_____
8	Knight, Ashley	FR	Mount Olive	4.51m	_____
9	McCoy, Shantra	SO	Lees-McRae	ND	_____
10	Tyler, Erin	JR	Lees-McRae	4.58m	_____
11					_____

Event 27 Women Triple Jump**Saturday 4/18/2009 - 1:30 PM**

World: 15.50m 8/10/1995 Inessa Kravets
 American: 14.41m 1996 Sheila Hudson
 Collegiate: 14.05m 1999 Stacey Bowers

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Knight, Ashley	FR	Mount Olive	ND	_____
2	McCoy, Shantra	SO	Lees-McRae	10.13m	_____
3	Woodard-Stephens, Ariel	FR	Mount Olive	11.49m	_____
4	Rodgers, Katelyn	SO	Anderson (S.C.)	ND	_____
5	McGowan, Sam	FR	Limestone	ND	_____
6					_____
7					_____
8					_____

Event 35 Women Shot Put**Friday 4/17/2009 - 3:00 PM**

World: 22.63m 6/7/1987 Natalya Lisovskaya
 American: 20.18m 1988 Ramona Pagel
 Collegiate: 18.99m 1983 Meg Ritchie

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Tyler, Erin	JR	Lees-McRae	9.04m	_____
2	Tripson, Amy	SO	St. Andrews	6.97m	_____
3	Garner, Shae	FR	Mount Olive	10.25m	_____
4	Hartsell, Andria	FR	Limestone	11.11m	_____
5	Sloan, Lauren	FR	Anderson (S.C.)	12.80m	_____
6	Lee, Tyler	JR	St. Andrews	9.00m	_____
7	Brewton, Whitney	FR	Limestone	11.10m	_____
8	Epps, Tahara	JR	Mount Olive	9.06m	_____
9	Bass, Crystal	FR	Lees-McRae	10.09m	_____
10					_____
11					_____
12					_____

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Event 29 Women Discus Throw**Saturday 4/18/2009 - 9:00 AM**

World: 76.80m 7/9/1988 Gabriele Reinsch
 American: 67.67m 3/14/2007 Suzy Powell
 Collegiate: 67.48m 1981 Meg Ritchie

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Bass, Crystal	FR	Lees-McRae		28.09m _____
2	Campbell, Durecelle	SO	Anderson (S.C.)		27.03m _____
3	Sloan, Lauren	FR	Anderson (S.C.)		37.62m _____
4	Epps, Tahara	JR	Mount Olive		25.37m _____
5	Brewton, Whittney	FR	Limestone		29.44m _____
6	Tyler, Erin	JR	Lees-McRae		ND _____
7	Hartsell, Andria	FR	Limestone		30.05m _____
8	Lee, Tyler	JR	St. Andrews		27.54m _____
9	Garner, Shae	FR	Mount Olive		30.43m _____
10					_____
11					_____

Event 31 Women Hammer Throw**Friday 4/17/2009 - 5:00 PM**

World: 76.07m 8/29/1999 Mihaela Melinte
 American: 72.12m 4/10/2004 Erin Gilreath
 Collegiate: 70.03m 5/13/2005 Loree Smith

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Brewton, Whittney	FR	Limestone		21.13m _____
2	Sloan, Lauren	FR	Anderson (S.C.)		36.32m _____
3	Hartsell, Andria	FR	Limestone		29.31m _____
4	Bass, Crystal	FR	Lees-McRae		28.45m _____
5	Campbell, Durecelle	SO	Anderson (S.C.)		36.27m _____
6	Bauzaite, Egle	SO	Anderson (S.C.)		27.03m _____
7	Lee, Tyler	JR	St. Andrews		26.00m _____
8	Garner, Shae	FR	Mount Olive		22.20m _____
9	Epps, Tahara	JR	Mount Olive		26.57m _____
10					_____
11					_____
12					_____

Event 33 Women Javelin Throw**Saturday 4/18/2009 - 12:00 PM**

World: 72.28m 9/13/2008 Barbora Spotakova
 American: 64.19m 5/16/2007 Kim Kreiner
 Collegiate: 61.82m 2003 Irina Kharun

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Tyler, Erin	JR	Lees-McRae		27.97m _____
2	Crutchfield, Kiara		App. State		X27.00m _____
3	Clausing, Amanda	FR	Limestone		19.81m _____
4	Rodgers, Katelyn	SO	Anderson (S.C.)		27.18m _____
5	Rodrigues, Meagan	FR	Limestone		21.41m _____
6	Bauzaite, Egle	SO	Anderson (S.C.)		20.40m _____
7	Sloan, Lauren	FR	Anderson (S.C.)		ND _____
8	Durham, Carla		App. State		X30.21m _____
9	Tallent, Lily		App. State		X38.20m _____
10	Tripson, Amy	SO	St. Andrews		16.37m _____
11	Bass, Crystal	FR	Lees-McRae		21.35m _____
12	Crutchfield, Naadia		App. State		X27.85m _____
13					_____

Event 2 Men 100 Meter Dash**Saturday 4/18/2009 - 2:20 PM**

World: 9.69 8/16/2008 Usain Bolt
 American: 9.77 6/28/2008 Tyson Gay
 Collegiate: 9.92 1996 Ato Boldon

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1	Clark, Alonzo	FR	Lees-McRae		NT _____
2	Scott, Kortez	FR	Limestone		NT _____
3	Atkinson, Eric	SR	Limestone		NT _____
4	Lipscomb, Antonio	FR	Limestone		11.88 _____
5	Grissom, Cameron	FR	Limestone		11.90 _____
6	Smith, Derrick	FR	Limestone		12.23 _____
7	Baggett, Christopher	FR	Mount Olive		12.43 _____
8					_____
Section 2 of 2 Finals					
1	Corrica, Elijah	FR	Mount Olive		11.70 _____
2	Hoots, Jesse	SO	Lees-McRae		11.62 _____
3	Glenn, Chris	JR	Lees-McRae		11.45 _____
4	Wilkins, Jovan	FR	Mount Olive		10.98 _____
5	Forte, Zeronn	SO	Anderson (S.C.)		11.23 _____
6	Philips, Adam	JR	Lees-McRae		11.30 _____
7	Alexander, Corey	SO	Lees-McRae		11.36 _____
8	Cofield, Cameron	SR	St. Andrews		11.84 _____

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Event 4 Men 200 Meter Dash

Saturday 4/18/2009 - 3:30 PM

World: 19.30 8/20/2008 Usain Bolt
 American: 19.32 1996 Michael Johnson
 Collegiate: 19.69 2007 Walter Dix

Lane Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1			
2			
3	Glenn, Chris	JR Lees-McRae	NT
4	Corrica, Elijah	FR Mount Olive	NT
5	Thurmond, D'Juan	SO Limestone	NT
6	Hamrick, Tanner	FR Limestone	NT
7	Mwangi, Nelson	FR Queens (N.C.)	NT
8			

Section 2 of 3 Finals

1			
2			
3	Havens, T.J.	SO Pfeiffer	X27.13
4	Philips, Adam	JR Lees-McRae	23.73
5	Phillips, Charles	SR St. Andrews	24.00
6	Smith, Derrick	FR Limestone	25.69
7	Grantham, Preston	JR Mount Olive	26.45
8	Baggett, Christopher	FR Mount Olive	NT

Section 3 of 3 Finals

1	Mostella, Stephen	SR Lees-McRae	23.54
2	Clark, Alonzo	FR Lees-McRae	23.50
3	Lipscomb, Antonio	FR Limestone	23.38
4	Wilkins, Jovan	FR Mount Olive	22.59
5	Hoots, Jesse	SO Lees-McRae	22.85
6	Forte, Zeronn	SO Anderson (S.C.)	23.21
7	Grissom, Cameron	FR Limestone	23.31
8	Crayton, Deandre	FR Pfeiffer	X23.56

Event 6 Men 400 Meter Dash

Saturday 4/18/2009 - 2:05 PM

World: 43.18 8/26/1999 Michael Johnson
 American: 43.18 1999 Michael Johnson
 Collegiate: 44.00 1992 Quincy Watts

Lane Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1			
2			
3	Trivette, Matt	FR Queens (N.C.)	NT
4	Grantham, Preston	JR Mount Olive	59.74
5	Havens, T.J.	SO Pfeiffer	X1:01.00
6	Kelley, Devin	SO Queens (N.C.)	NT
7			
8			

Section 2 of 3 Finals

1			
2			
3	Hamrick, Tanner	FR Limestone	57.60
4	Makupson, Brian	FR Limestone	53.89
5	Pack, Johnathan	FR Anderson (S.C.)	54.58
6	Boston, Greg	FR Limestone	56.04
7	Rowdy, Perry	FR Queens (N.C.)	57.07
8			

Section 3 of 3 Finals

1	Mostella, Stephen	SR Lees-McRae	53.02
2	Lipscomb, Antonio	FR Limestone	52.50
3	Connor, Michael	JR Lees-McRae	51.94
4	Hoots, Jesse	SO Lees-McRae	50.65
5	Thurmond, D'Juan	SO Limestone	50.89
6	Tanis, Brad	JR Lees-McRae	51.40
7	Oakes, Ryan	SO Lees-McRae	51.63
8	McCombs, Cort	SO Mount Olive	53.63

Event 8 Men 800 Meter Run

Saturday 4/18/2009 - 2:40 PM

World: 1:41.11 8/24/1997 Wilson Kipketer
 American: 1:42.60 1985 Johnny Gray
 Collegiate: 1:44.55 1996 Julius Achon

Lane Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Holman, Mason	FR Mount Olive	2:13.11
2	Makupson, Brian	FR Limestone	2:13.29
3	Pickett, Josh	SO St. Andrews	2:15.00
4	Mckee, Brad	JR St. Andrews	2:20.00
5	Lecker, Jon	SO St. Andrews	2:23.30
6	Hogan, Patrick	SR St. Andrews	2:30.00
7	Korir, Mike	FR Limestone	2:39.21
8	Menjares, Chris	FR Mount Olive	NT
9	Eagle, Kevin	SO Limestone	NT

Section 2 of 2 Finals

1	Mwangi, Nelson	FR Queens (N.C.)	1:53.90
2	Sell, Joseph	JR Erskine	X1:57.14
3	Davis, Micheal	FR Lees-McRae	1:59.31
4	Robinson, Chase	FR Anderson (S.C.)	2:01.45
5	Anton, Luke	FR Lees-McRae	2:02.33
6	Ellison, Chance	JR Erskine	X2:02.55
7	Mahaffey, Drew	FR Anderson (S.C.)	2:04.53
8	Barrett, Matt	SR Lees-McRae	2:07.08
9	Loftis, Greg	SR Anderson (S.C.)	2:07.34
10	Bayless, Zach	FR Erskine	X2:08.00
11	Boston, Greg	FR Limestone	2:12.32

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Event 10 Men 1500 Meter Run**Saturday 4/18/2009 - 1:25 PM**

World: 3:26.00 7/14/1998 Hicham El Guerrouj
 American: 3:29.77 1985 Sydney Maree
 Collegiate: 3:35.30 1981 Sydney Maree

Lane	Name	Yr	School	Seed	Time
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Section 1 of 2 Finals

1	Mckee, Brad	JR	St. Andrews	4:40.00	_____
2	McCraw, Garrett	FR	Limestone	4:50.47	_____
3	Valentino, Tres	SO	Limestone	4:50.96	_____
4	Boston, Greg	FR	Limestone	4:54.85	_____
5	Hogan, Patrick	SR	St. Andrews	5:00.00	_____
6	Lecker, Jon	SO	St. Andrews	5:04.22	_____
7	Angell, David	JR	Pfeiffer	X5:11.00	_____
8	Gray, Zach	SO	Pfeiffer	X5:20.00	_____
9	Korir, Mike	FR	Limestone	5:54.68	_____
10	Liotchev, Stefan	FR	Queens (N.C.)	NT	_____
11					_____
12					_____
13					_____
14					_____
15					_____

Section 2 of 2 Finals

1	Jordan, Alex	JR	Anderson (S.C.)	3:59.88	_____
2	Kelley, Devin	SO	Queens (N.C.)	4:01.21	_____
3	Sell, Joseph	JR	Erskine	X4:02.35	_____
4	Davis, Micheal	FR	Lees-McRae	4:08.40	_____
5	Anton, Luke	FR	Lees-McRae	4:09.21	_____
6	Holaday, Marc	SO	Mount Olive	4:36.86	_____
7	Ellison, Chance	JR	Erskine	X4:17.00	_____
8	Barrett, Matt	SR	Lees-McRae	4:21.06	_____
9	Loftis, Greg	SR	Anderson (S.C.)	4:25.61	_____
10	Pickett, Josh	SO	St. Andrews	4:37.00	_____
11	Eagle, Kevin	SO	Limestone	4:29.67	_____
12	Menjares, Chris	FR	Mount Olive	4:31.02	_____
13	Walls, James	SO	St. Andrews	4:31.49	_____
14					_____
15					_____

Event 14 Men 5000 Meter Run**Saturday 4/18/2009 - 4:10 PM**

World: 12:37.35 5/31/2004 Kenenisa Bekele
 American: 12:58.21 1996 Bob Kennedy
 Collegiate: 13:08.4h 1978 Henry Rono

Lane	Name	Yr	School	Seed	Time
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Section 1 of 1 Finals

1	Mebrahtu, Futsum	JR	Queens (N.C.)	14:41.73	_____
2	Cooper, Mitch	SR	St. Andrews	15:30.00	_____
3	Simpkins, Craig	FR	Lees-McRae	15:31.05	_____
4	Holstein, Chris	JR	Lees-McRae	15:50.14	_____
5	Holt, Doug	SO	St. Andrews	16:05.00	_____
6	Gillespie, Jordan	FR	Lees-McRae	16:05.60	_____
7	Culberson, Chas	FR	Erskine	X16:15.00	_____
8	Walls, James	SO	St. Andrews	16:45.00	_____
9	Lloyd, James	JR	St. Andrews	17:00.00	_____
10	Wilson, Tommy	SO	St. Andrews	17:00.00	_____
11	Diaz, Matt	FR	Erskine	X17:15.00	_____
12	Eagle, Kevin	SO	Limestone	17:26.68	_____
13	Menjares, Chris	FR	Mount Olive	18:15.93	_____
14	Holaday, Marc	SO	Mount Olive	18:15.98	_____
15	McCarthy, Robert	FR	Erskine	X18:40.00	_____
16	McCraw, Garrett	FR	Limestone	18:43.03	_____
17	Valentino, Tres	SO	Limestone	18:56.16	_____
18	Gaston, Grady	SO	Pfeiffer	X22:58.00	_____
19	Parsons, Nate	SR	Anderson (S.C.)	NT	_____
20	Schilling, Alexander	FR	Queens (N.C.)	NT	_____
21					_____
22					_____
23					_____

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Event 16 Men 10000 Meter Run**Friday 4/17/2009 - 8:15 PM**

World: 26:17.53 8/26/2005 Kenenisa Bekele
 American: 27:13.98 5/4/2001 Meb Keflezighi
 Collegiate: 27:33.58 4/29/2007 Galen Rupp

Lane Name	Yr	School	Seed Time	
Section 1 of 1 Finals				
1	Cooper, Mitch	SR St. Andrews	33:00.00	_____
2	Holt, Doug	SO St. Andrews	35:00.00	_____
3	Lloyd, James	JR St. Andrews	37:00.00	_____
4	Wilson, Tommy	SO St. Andrews	39:00.00	_____
5	Walls, James	SO St. Andrews	39:00.00	_____
6	Crouch, Michael	SO Queens (N.C.)	NT	_____
7	Menjares, Chris	FR Mount Olive	NT	_____
8	McCraw, Garrett	FR Limestone	NT	_____
9	Trimble, Nate	JR Lees-McRae	NT	_____
10	Simpkins, Craig	FR Lees-McRae	NT	_____
11	Holaday, Marc	SO Mount Olive	NT	_____
12	Valentino, Tres	SO Limestone	NT	_____
13	Holstein, Chris	JR Lees-McRae	NT	_____
14	Eagle, Kevin	SO Limestone	NT	_____
15				_____
16				_____
17				_____

Event 18 Men 110 Meter Hurdles**Saturday 4/18/2009 - 1:45 PM**

World: 12.87 6/12/2008 Dayron Robles
 American: 12.90 2006 Dominique Arnold
 Collegiate: 13.00 1979 Renaldo Nehemiah

Lane Name	Yr	School	Seed Time	
Section 1 of 2 Finals				
1				_____
2				_____
3	Richardson, Glenn	SO Lees-McRae	16.75	_____
4	Smith, Nathan	JR Lees-McRae	17.33	_____
5	Hamrick, Tanner	FR Limestone	19.57	_____
6				_____
7				_____
Section 2 of 2 Finals				
1				_____
2				_____
3	Gore, Richard	FR Limestone	15.13	_____
4	Glenn, Chris	JR Lees-McRae	15.31	_____
5	Brown, Joseph	SO Lees-McRae	15.79	_____
6	Tanis, Brad	JR Lees-McRae	16.44	_____
7				_____

Event 20 Men 400 Meter Hurdles**Saturday 4/18/2009 - 3:10 PM**

World: 46.78 8/6/1992 Kevin Young
 American: 46.78 1992 Kevin Young
 Collegiate: 47.56 6/11/2005 Kerron Clement

Lane Name	Yr	School	Seed Time	
Section 1 of 2 Finals				
1				_____
2				_____
3	Makupson, Brian	FR Limestone	NT	_____
4	Rowand, Shaun	Lees-McRae	1:04.63	_____
5	gray, Connor	FR Lees-McRae	1:06.62	_____
6	Richardson, Glenn	SO Lees-McRae	1:07.44	_____
7	Johnson, Aaron	FR Mount Olive	NT	_____
Section 2 of 2 Finals				
1				_____
2	McCombs, Cort	SO Mount Olive	1:02.74	_____
3	Hamrick, Tanner	FR Limestone	1:01.69	_____
4	Tanis, Brad	JR Lees-McRae	55.70	_____
5	Angell, David	JR Pfeiffer	X58.13	_____
6	Smith, Nathan	JR Lees-McRae	58.73	_____
7	Gore, Richard	FR Limestone	59.91	_____

Event 12 Men 3000 Meter Steeplechase**Saturday 4/18/2009 - 12:30 PM**

World: 7:55.28 8/24/2001 Brahim Boulami
 American: 8:09.17 1985 Henry Mash
 Collegiate: 8:05.4h 1978 Henry Rono

Lane Name	Yr	School	Seed Time	
Section 1 of 1 Finals				
1	Parsons, Nate	SR Anderson (S.C.)	9:35.10	_____
2	Cooper, Mitch	SR St. Andrews	9:40.00	_____
3	Holt, Doug	SO St. Andrews	10:05.00	_____
4	gray, Connor	FR Lees-McRae	10:35.00	_____
5	Lloyd, James	JR St. Andrews	10:45.00	_____
6	Eagle, Kevin	SO Limestone	11:35.56	_____
7	Valentino, Tres	SO Limestone	NT	_____
8	Trimble, Nate	JR Lees-McRae	NT	_____
9				_____
10				_____

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Event 38 Men 4x100 Meter Relay**Saturday 4/18/2009 - 1:05 PM**

World: 37.10 8/22/2008 JAM

Carter, Frater, Bolt, Powell

American: 37.40 1992 National Team

Marsh, Burrell, Mitchell, Lewis

Collegiate: 38.04 1998 TCU

Howard, Holloway, Williams, Spencer

Lane Team	Relay	Seed Time
-----------	-------	-----------

Section 1 of 1 Finals

1		_____
2		_____
3		_____
4	Lees-McRae	A 43.94
5	Limestone	A 44.03
6	Mount Olive	A 45.15
7	St. Andrews	A 48.77
8		_____

Event 40 Men 4x400 Meter Relay**Saturday 4/18/2009 - 4:45 PM**

World: 2:54.20 7/22/1998 USA

American: 2:54.20 1998 National Team

Young, Pettigrew, Washington, Johnson

Collegiate: 2:59.59 6/11/2005 LSU

Dardar, Willie, Brazell, Carter

Lane Team	Relay	Seed Time
-----------	-------	-----------

Section 1 of 1 Finals

1		_____
2		_____
3	Mount Olive	A NT
4	Lees-McRae	A 3:26.93
5	Queens (N.C.)	A 3:31.91
6	Limestone	A 3:32.58
7	Anderson (S.C.)	A 3:46.00
8		_____

Event 22 Men High Jump**Friday 4/17/2009 - 6:15 PM**

World: 2.45m 7/27/1993 Javier Sotomayor

American: 2.40m 1991 Charles Austin

Collegiate: 2.38m 1989 Hollis Conway

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Finals

1	Donahue, Jeff	FR	Queens (N.C.)	NH	_____
2	Guerra, Alvaro	FR	Queens (N.C.)	NH	_____
3	Atkinson, Eric	SR	Limestone	NH	_____
4	Scott, Kortez	FR	Limestone	NH	_____
5	Aruajo, Vinny	FR	Queens (N.C.)	NH	_____
6	Johnson, Aaron	FR	Mount Olive	NH	_____
7	Corrica, Elijah	FR	Mount Olive	NH	_____
8	McCombs, Cort	SO	Mount Olive	NH	_____
9	Sullivan, Patrick	SO	Queens (N.C.)	NH	_____
10	Rowell, Matt	JR	Queens (N.C.)	NH	_____
11	Cofield, Cameron	SR	St. Andrews	1.70m	_____
12	Hogbin, Danny	JR	Lees-McRae	1.73m	_____
13	Rowand, Shaun		Lees-McRae	1.73m	_____
14	Hollins, Domonique	FR	St. Andrews	1.75m	_____
15	Phillips, Charles	SR	St. Andrews	1.85m	_____
16	Gore, Richard	FR	Limestone	1.85m	_____
17	Crayton, Deandre	FR	Pfeiffer	X1.98m	_____
18					_____

Event 24 Men Pole Vault**Friday 4/17/2009 - 6:15 PM**

World: 6.14m 7/31/1994 Sergey Bubka

American: 6.03m 2000 Jeff Hartwig

Collegiate: 5.98m 1996 Lawrence Johnson

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Finals

1	Guinn, Justin	FR	Limestone	NH	_____
2	Oakes, Ryan	SO	Lees-McRae	4.70m	_____
3	Arthur, Jonathan	JR	Lees-McRae	5.05m	_____
4					_____
5					_____

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Event 26 Men Long Jump

Saturday 4/18/2009 - 11:45 AM

World: 8.95m 8/30/1991 Mike Powell
 American: 8.95m 1991 Mike Powell
 Collegiate: 8.74m 4/2/1994 Erick Walder

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Glenn, Chris	JR	Lees-McRae		6.10m _____
2	Clark, Alonzo	FR	Lees-McRae		ND _____
3	Gore, Richard	FR	Limestone		6.01m _____
4	Fields, Nathan	SO	Queens (N.C.)		5.64m _____
5	Baggett, Christopher	FR	Mount Olive		5.18m _____
6	Smith, Derrick	FR	Limestone		ND _____
7	Wilkins, Jovan	FR	Mount Olive		ND _____
8					_____
9					_____
10					_____
11					_____
12					_____

Flight 2 of 2 Finals

1	Phillips, Adam	JR	Lees-McRae		6.34m _____
2	Scott, Kortez	FR	Limestone		6.31m _____
3	Crayton, Deandre	FR	Pfeiffer		X6.69m _____
4	Phillips, Charles	SR	St. Andrews		6.50m _____
5	Corrica, Elijah	FR	Mount Olive		6.17m _____
6	Brown, Joseph	SO	Lees-McRae		6.25m _____
7	Cofield, Cameron	SR	St. Andrews		6.50m _____
8	Johnson, Aaron	FR	Mount Olive		6.86m _____
9					_____
10					_____
11					_____
12					_____

Event 28 Men Triple Jump

Saturday 4/18/2009 - 3:15 PM

World: 18.29m 8/7/1995 Jonathan Edwards
 American: 18.09m 1996 Kenny Harrison
 Collegiate: 17.54m 1985 Mike Conley

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	McCombs, Cort	SO	Mount Olive		12.08m _____
2	Alexander, Corey	SO	Lees-McRae		12.42m _____
3	Smith, Derrick	FR	Limestone		ND _____
4	Arthur, Jonathan	JR	Lees-McRae		12.30m _____
5	Phillips, Charles	SR	St. Andrews		12.50m _____
6	Scott, Kortez	FR	Limestone		13.80m _____
7	Cofield, Cameron	SR	St. Andrews		12.50m _____
8	Glenn, Chris	JR	Lees-McRae		ND _____
9	Johnson, Aaron	FR	Mount Olive		13.26m _____
10	Fields, Nathan	SO	Queens (N.C.)		ND _____
11					_____
12					_____

Event 36 Men Shot Put

Friday 4/17/2009 - 4:00 PM

World: 23.12m 5/20/1990 Randy Barnes
 American: 23.13m 1990 Randy Barnes
 Collegiate: 22.00m 1995 John Godina

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 2 Finals

1	Lum, Michael	FR	Queens (N.C.)		ND _____
2	Dyer, Chris	SR	Mount Olive		9.53m _____
3	Potter, Justin	SO	Mount Olive		7.88m _____
4	Trinca, Zach	SR	Queens (N.C.)		ND _____
5	Koksvik, Marius	SO	Queens (N.C.)		ND _____
6	Gude, Andrew	FR	Limestone		ND _____
7	Sherwood, Justin	SO	Mount Olive		8.46m _____
8					_____
9					_____
10					_____
11					_____

Flight 2 of 2 Finals

1	Daher, Joe	JR	Lees-McRae		12.67m _____
2	Wingo, Randy	FR	Limestone		11.84m _____
3	Murphy, Joe	FR	Mount Olive		10.81m _____
4	Kiefer, Allen	JR	St. Andrews		10.19m _____
5	Swinson, Alejandro	SO	Mount Olive		10.69m _____
6	Smith, Tim	FR	Limestone		10.28m _____
7	Rogers, Matthew	JR	St. Andrews		12.50m _____
8	Black, Derrike	SO	Anderson (S.C.)		11.02m _____
9					_____
10					_____
11					_____

Event 30 Men Discus Throw

Saturday 4/18/2009 - 10:45 AM

World: 74.08m 6/6/1986 Jurgen Schult
 American: 72.34m 1981 Ben Plucknett
 Collegiate: 67.66m 5/29/2004 Hannes Hopley

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	McCracken, Robbie	JR	Anderson (S.C.)		38.13m _____
2	Rogers, Matthew	JR	St. Andrews		35.46m _____
3	Murphy, Joe	FR	Mount Olive		32.13m _____
4	Gude, Andrew	FR	Limestone		24.11m _____
5	Wingo, Randy	FR	Limestone		34.14m _____
6	Smith, Tim	FR	Limestone		29.85m _____
7	Potter, Justin	SO	Mount Olive		27.74m _____
8	Oakes, Ryan	SO	Lees-McRae		ND _____
9	Sherwood, Justin	SO	Mount Olive		21.29m _____
10	Dyer, Chris	SR	Mount Olive		32.13m _____
11	Swinson, Alejandro	SO	Mount Olive		31.42m _____
12	Daher, Joe	JR	Lees-McRae		33.55m _____
13	Black, Derrike	SO	Anderson (S.C.)		29.32m _____
14					_____

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Event 32 Men Hammer Throw**Friday 4/17/2009 - 6:00 PM****World: 86.74m 8/30/1986 Yuriy Sedykh****American: 82.52m 1996 Lance Deal****Collegiate: 81.94m 1995 Balazs Kiss**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Dyer, Chris	SR	Mount Olive		20.73m _____
2	Gude, Andrew	FR	Limestone		24.00m _____
3	Swinson, Alejandro	SO	Mount Olive		31.22m _____
4	Rogers, Matthew	JR	St. Andrews		34.21m _____
5	Smith, Tim	FR	Limestone		29.41m _____
6	Black, Derrike	SO	Anderson (S.C.)		24.52m _____
7	Murphy, Joe	FR	Mount Olive		29.51m _____
8	Wingo, Randy	FR	Limestone		26.81m _____
9	Sherwood, Justin	SO	Mount Olive		26.37m _____
10	Daher, Joe	JR	Lees-McRae		41.68m _____
11	Potter, Justin	SO	Mount Olive		26.19m _____
12					_____
13					_____

Event 34 Men Javelin Throw**Saturday 4/18/2009 - 1:45 PM****World: 98.48m 5/25/1996 Jan Zelezny****American: 91.29m 6/21/2007 Breaux Greer****Collegiate: 89.10m 1990 Patrik Boden**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Hogbin, Danny	JR	Lees-McRae		30.33m _____
2	Smith, Tim	FR	Limestone		32.79m _____
3	Fields, Nathan	SO	Queens (N.C.)		36.27m _____
4	Swinson, Alejandro	SO	Mount Olive		32.21m _____
5	Kiefer, Allen	JR	St. Andrews		35.31m _____
6	Gude, Andrew	FR	Limestone		23.92m _____
7	Black, Derrike	SO	Anderson (S.C.)		18.21m _____
8	McCracken, Robbie	JR	Anderson (S.C.)		37.39m _____
9	Sherwood, Justin	SO	Mount Olive		27.61m _____
10	Knapik, Garrett	JR	Limestone		29.74m _____
11	Daher, Joe	JR	Lees-McRae		34.59m _____
Flight 2 of 2 Finals					
1	Potter, Justin	SO	Mount Olive		37.85m _____
2	Guinn, Justin	FR	Limestone		40.56m _____
3	McCombs, Cort	SO	Mount Olive		38.91m _____
4	Pfingst, Matt		App. State		X50.64m _____
5	Goodchild, Jake		App. State		X42.87m _____
6	Lee, Chris	SR	Anderson (S.C.)		44.60m _____
7	Murphy, Joe	FR	Mount Olive		41.15m _____
8	Tanis, Brad	JR	Lees-McRae		41.40m _____
9	Wingo, Randy	FR	Limestone		40.56m _____
10	Gardner, Jerod	34	App. State		X49.80m _____