



2009 Atlantic Sun Conference Outdoor Track & Field Championships Handbook

Host: University of North Florida
Jacksonville, Florida
May 15-16, 2009



Atlantic Sun Conference

2009 Track & Field Championships
Hodges Stadium – Jacksonville, Fla.

TABLE of CONTENTS

Directory	2
Administrative Schedule	2

Championship Policies

Advancement / Heats	4	Hospitality	6
Admission	4	Lane Assignments / Preferred Lanes	6
Athletic Training	4	Lodging	6
Awards	4	Media Relations	7
Championship Gift	5	Numbers	7
Championship Meeting	5	Parking	7
Check-In Areas	5	Photography	7
Directions	5	Practice	7
Eligibility List	5	Protests	7
Entries	5	Programs	7
Entry Limits	5	Results	7
Evaluation	5	Rules & Regulations	7
Event Specific Details	6	Scoring	7
Facility	6	Seeding / Flights	8
Flights	6	Squad Size	8
Games Committee	6	Uniforms	8
Heats	6	Weigh-Ins	8

Appendix

Schedule of Events	A
Directions	B
Participant Eligibility List	C
Protest Form	D
Risk Management Statement	E
Scoring / Seeding	F
Athletic Medicine / Medical Information	G
Lightning Policy	H
Media Information	I
Hotel Partners	J

Atlantic Sun Conference

2009 Track & Field Championships
Hodges Stadium – Jacksonville, Fla.

Championship Personnel

Atlantic Sun Conference Staff (phone: 478-474-3394)

Ted Gumbart	Commissioner
Steve Sturek	Senior Associate Commissioner
Sherri Booker	Senior Associate Commissioner
Matt Wilson (meet contact)	Associate Commissioner
Mobile: 478-731-1395	E-Mail: mwilson@atlanticsun.org
Eric Moyer (media contact)	Director of Communications
Mobile: 513-304-4322	E-Mail: emoyer@atlanticsun.org
John Roberts.....	Director of Sports Services
Brenda Tribble	Administrative Assistant
Pat Bush	Business Assistant
Amanda Murphy	Communications Assistant
Adrianne Bradshaw.....	Communications Assistant

Other Meet Personnel

Lee Moon	Athletics Director
Kathy Klein.....	Senior Associate Athletics Director
Mark VanAlstyne.....	Head Coach / Co-Meet Director
Kathy Klein.....	Co-Meet Director
Mark Power.....	Head Athletic Trainer
Shawn LaFata.....	Director of Media Relations
Brian McCue	Meet Referee
Ken Taylor	Coordinator of Officials
Jonathan Smith, CFPI Timing.....	Official Scorer/Timer

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Administrative Schedule of Events

Friday, May 8

12:00 p.m. ***Deadline for submission of student-athlete eligibility lists.*** The list should contain any student-athletes that will be competing at the championships. ***THIS LIST IS SEPARATE FROM THE ONLINE ENTRY PROCESS.*** Lists should be sent to the Atlantic Sun Conference office via e-mail to Matt Wilson at mwilson@atlanticsun.org.

Monday, May 11

Noon ***Performance lists close.*** No additional submissions to the performance list will be allowed after the deadline.

5:00 p.m. ***Deadline for entries to be submitted online.*** Entry submission information must be entered through CFPI timing. Entry instructions will be sent separately.

Wednesday, May 13

TBA Games Committee reviews heat and flight sheets via teleconference.

Thursday, May 14

3-7:00 p.m. Hodges Stadium open for practice

Friday, May 15

9:00 a.m. Women's Heptathlon begins
9:30 a.m. Men's Decathlon begins
2:15 p.m. Head Coaches Meeting – Key-Buick Press Box

Saturday, May 16

9:00 a.m. Men's Heptathlon begins
10:00 a.m. Women's Heptathlon begins

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CHAMPIONSHIP POLICIES

The rules for the Championships shall conform to those rules adopted by the NCAA for the Division I Outdoor Track and Field Championships, and the Atlantic Sun Conference as stated in the Atlantic Sun Conference Sport Regulations and this manual.

Any events not specifically mentioned in this championship manual will be scored and administered in accordance to the 2009 and 2010 NCAA Men's & Women's Cross Country & Track & Field Rules book.

Advancement / Heats

*See Appendix H for additional information. All events shall be **FINALS** only except for the men's and women's 100-meter dash and the men's 110-meter hurdles and the women's 100-meter hurdles. Preliminary heats will be run in these events if needed. Nine lanes will be utilized in most instances.*

Nine Lanes Advancement Principles:

- **Two Heats** – top three places in each heat, next fastest times to fill the lanes
- **Three Heats** – top two places in each heat, next fastest times overall to fill the lanes
- **Four Heats** – top place in each heat, next fastest times overall to fill the lanes

In a Finals only event which has multiple heats run against time, the fastest section shall run last.

Admission

Admission to the 2009 A-Sun Track & Field Championship is \$5.00. Spectators are not permitted in the competition area.

Athletic Training

A certified athletic trainer will be available for assistance for the duration of the tournament. Please see Appendix G of this manual for further details.

Awards

Awards will be presented throughout the competition at the awards stand located on the infield. First, second and third place medallions will be presented following each event. Winning athletes will be escorted to the stand following each event for presentation of the awards. At the conclusion of the championship, coaches will complete a ballot to determine individual award winners as follows: Most Outstanding Track Performer (men's & women's), Most Outstanding Field Performer (men's & women's), Most Outstanding Freshman Performer (men's & women's) and Coach of the Year (men's & women's). Votes will not be accepted until the conclusion of the championship at a designated location. ***Coaches may not vote for representative of their institution.*** Additionally, a Most Valuable Performer (men's & women's) will be awarded to the student-athlete that accumulates the most points during the championship. An A-Sun Championship Trophy and individual commemorative championship shirts will be presented to both the men's and women's team champions. *In case of a tie for first place in the team championship, the tied teams shall be considered co-champions.*

Championship Gift

An official championship gift will be distributed to each team member.

Championship Meeting

The championship meeting will be held on Friday, May 15 at 2:15 pm inside the Key-Buick Press Box.

Check-In Areas

All field event competitors must check-in for their event 30 minutes before it is scheduled to begin or they will be disqualified from that event. Check-in will be at the event. All track event competitors must check in for their event at least 15 minutes before the first section of their race is scheduled or they will be disqualified from that event. Check-in for track events will be at the Clerk of the Course tent. All combined event athletes will check-in either at the start line or the individual event.

Directions

See Appendix B for directions to the Hodges Stadium.

Eligibility List

Coaches must submit a Participant Eligibility List for each team. This form is Appendix C of this handbook. Deadline for submitting the form is **Noon ET on Friday, May 8**. The form must be sent via e-mail to Matt Wilson (mwilson@atlanticsun.org). This list will be comprised of any student-athletes eligible to compete in the Championships and is different than the required online entries.

Entries

See Appendix F for additional information. An official entry form must be submitted by each school through the conference approved process and deadline. The deadline for submissions is **5:00 pm ET on Monday, May 11**. All entrants must have an entry mark set in outdoor competition during the current year for each event entered or the competitor must be entered with “no mark” for that event. The performance must match a mark placed on the official Atlantic Sun Conference Performance List or that student-athlete will be entered with “no mark” for that event. No relay individual performances are acceptable and only officially recorded performances, either hand or electronic, will be accepted for seeding purposes. The online process for submitting entries will be utilized via CFPITiming.com. Contact Official Timer Cleon Fowler (cleon@cfpiming.com) with questions about the online system. Note that the online entry process is separate from the Eligibility List.

Entry Limits

Teams may enter a maximum of five competitors per event. Teams may enter only one team in relay events.

Evaluation

An evaluation form for this championship is available on the “Members Only” section of the A-Sun website (www.atlanticsun.org/a-sun/login.asp). This form is to be completed by an administrator (AD, SWA, Assistant AD) and transmitted to the Atlantic Sun Conference office via the web. The administrator should be responsible for completing and returning the form to the conference office no later than 14 days after the conclusion of the championship.

Event Specific Details

See Appendix F for additional information.

Facility

The recently renovated Hodges Stadium was made possible after a generous gift of \$2 million from George and Kernan Hodges that was announced in October 2006. After the installation of seating in the existing stands, a completed press box and field/track lighting during the past year, the final phase of construction on the facility was completed in August 2008, which installed the 9-lane Olympic quality track with Mondotrack SX surface. The facility received IAAF Class II certification in late 2008.

Flights

See Appendix F for additional information. See “Seedings / Flights”

Games Committee

A Games Committee shall be appointed for the championships consisting of the chair of the coaches committee, the vice-chair of the coaches committee, the Conference office representative who will serve as chair of the committee, the venue/meet director, and the host institution Director of Athletics or their representative. The games committee shall make decisions regarding situations that occur where resolution is not covered in the rules and regulations of the NCAA or the Atlantic Sun Conference as stated in the A-Sun Policy Manual or this championship handbook.

Heats

See Appendix F for additional information. See “Advancement / Heats”

Hospitality

Boxed lunches will be provided for head coaches at the Championship Meeting Friday, May 15 at 2:15pm in the Key-Buick Press Box. Student-athlete hospitality will be provided both days of the championships and will consist of bagels, bananas, apples and isotonic products.

Lane Assignments / Preferred Lanes

See Appendix H for additional information. For all preliminaries, lane assignments shall be determined by random draw. For all finals, lane assignments shall be determined by preferred lanes.

Hodges Stadium Preferred Lanes:

Nine Lane Straightaway:	5, 6, 4, 7, 3, 8, 2, 9, 1
Nine Lane Staggered Starts:	6, 7, 5, 8, 4, 3, 9, 2, 1

Lane assignments are only altered or redrawn after the meet director has drawn them and only if enough scratches warrant a redraw, otherwise vacated lanes remain empty. If scratches bring an event down to less than 10 competitors, there will be a final only in that event.

Lodging

A list of preferred hotel partners is listed in Appendix J.

Media Relations

See Appendix G

Numbers

Bibs will be provided to the coaches for all entered student-athletes. These should be worn by the student-athlete during all competition. Hip numbers will be provided through the clerk of the course.

Parking

Parking will be available for both teams and spectators in Lot 18 located adjacent to Hodges Stadium.

Photography

The A-Sun will provide a photographer throughout the championship. The photographer will take high quality digital action shots from each game as well as the championship ceremony. All photos will be available for download from an FTP site by each institution's SID office upon the conclusion of the championship, at no cost to the institution. Photos from each game will be displayed on the A-Sun website (www.atlanticsun.org) and all photos will be available for purchase on-line for fans. A booth will also be set up at the championship to purchase pictures at the event.

Practice

Hodges Stadium will be available for inspection and walk-through from 3:00 pm to 7:00 pm on Thursday May 14th. During this time slot, other teams will be conducting practice

Protests

Protests relating to matters which develop during the conduct of the Championships should be made at once and not later than 30 minutes after the results of the event in question have been posted. Any such protests should be made in writing by a head coach and submitted to the head referee, who will consult with any official or the Games Committee as necessary, and render a decision. There shall be a protest table and an official to man it throughout the Championships. The Protest Form can be found as Appendix D of this handbook.

Program

Each team will be provided complimentary championship programs for the student-athletes.

Results

Results from each event will be posted as soon as possible following the conclusion of the event. The A-Sun website will link to the live meet event results as well as feature final results on the Track & Field Championship page.

Rules & Regulations

NCAA rules and Atlantic Sun Conference regulations will govern all events.

Scoring

Scoring shall adhere to NCAA scoring and the A-Sun Championship will score six places (10-8-6-4-2-1).

Seeding / Flights

See Appendix F for additional information. Necessary seedings for heats or races run against time will be done based on verified times on each team's entry form.

Squad Size

There will be no limit to the squad size.

Uniforms

NCAA prohibitions banning bare midriffs for female student-athletes and the removal of uniform tops or straps by male student-athletes will be strictly enforced. Hip numbers are NOT to be placed on the student-athlete's flesh.

Excerpt from 2009-10 NCAA Track & Field Men's & Women's Rule book (Rule 4 – Section 3 – Article 1).

When engaged in competition, each competitor must wear an official team uniform with components governed by these rules or be subject to disqualification. Wearing any part of the official team competition uniform illegally (e.g., top off or intentionally shortened, shoulder straps lowered) while in the area of competition shall lead to a warning by the nearest official that repeated violation may result in disciplinary action. A report of uncorrected violations shall be made to the referee and offending competitor's coach.

- a. A uniform consists of two school-issued components—shorts or briefs, and a top. A one-piece body suit is acceptable as a combination of the two components. Any outer garment (e.g., sweat pants, tights) that is school issued becomes the official uniform, when worn.*
- b. The uniform must be of a material and design deemed to not be objectionable or offensive by the athletics department of the issuing institution.*
- c. The uniform top must, by design and size, cover the full length of the torso, meeting or hanging below the waistband of the bottoms, while the competitor is standing, and allow for competitors' numbers to be placed above the waist, front and back.*
- d. Uniform tops must be worn so to not obscure hip numbers.*
- e. Additional visible clothing is an undergarment. It must be worn under the uniform and be of a solid color.*
- f. The use of, or wearing of, artificial noisemakers by competitors is prohibited.*

Note: Individual or team uniform, logo, number and shoe rules shall be enforced through inspection by the clerk or the head field event official at initial event check-in. Violators shall be warned, given the chance to correct the violation, and reported to the referee. A report of uncorrected violations shall be made to the referee and offending competitor's coach.

Weigh-Ins

The schedule below will be used for weigh-ins of implements during the championship:

May 15

Shot Put (combined events)	7:30 am
Hammer Throw	3:00 pm
Shot Put.....	3:00 pm

May 16

Discus (combined events)	7:30 am
Javelin (combined events)	7:30 am
Discus	2:30 pm
Javelin	4:00 pm

APPENDIX A

2009 Indoor Track & Field Championship - Schedule of Events**Friday, May 15**

9:00am	Women's Heptathlon – 100-Meter Hurdles Women's Heptathlon – High Jump Women's Heptathlon – Shot Put Women's Heptathlon – 200 Meters
9:30am	Men's Decathlon – 100 Meters Men's Decathlon – Long Jump Men's Decathlon – Shot Put Men's Decathlon – High Jump Men's Decathlon – 400 Meters
2:15pm	Championship Meeting
4:00pm	Women's Hammer Throw – FINAL Men's Pole Vault – FINAL Men's Shot Put – FINAL
5:00pm	Men's Long Jump – FINAL
6:00pm	Men's Hammer Throw – FINAL Women's Shot Put – FINAL
7:00pm	Women's Pole Vault – FINAL Women's Long Jump – FINAL Women's 100 Meters – TRIALS
7:10pm	Men's 100 Meters – TRIALS
7:20pm	Women's 100-Meter Hurdles – TRIALS
7:30pm	Men's 110-Meter Hurdles – TRIALS
7:40pm	Women's 10,000 Meters
8:25pm	Men's 10,000 Meters

FIELD EVENT LOCATIONS

Discus Throw	South D
Hammer Throw	South D
High Jump	South D
Shot Put	South D
Javelin	North D
Pole Vault	North D
Long Jump	Apron
Triple Jump	Apron

Saturday, May 16

9:00am	Men's Decathlon – 110-Meter Hurdles Men's Decathlon – Discus Throw Men's Decathlon – Pole Vault Men's Decathlon – Javelin Throw Men's Decathlon – 1500 Meters
10:00am	Women's Heptathlon – Long Jump Women's Heptathlon – Javelin Throw Women's Heptathlon – 800 Meters
3:30pm	Men's High Jump – FINAL Women's Discus Throw – FINAL Women's Triple Jump – FINAL
5:00pm	Men's 3000-Meter Steeplechase – FINAL Men's Javelin Throw – FINAL
5:15pm	Women's 3000-Meter Steeplechase – FINAL
5:30pm	Men's 4x100-Meter Relay – FINAL
5:35pm	Women's 4x100-Meter Relay – FINAL
5:40pm	Men's 1500 Meters – FINAL
5:50pm	Women's 1500 Meters – FINAL
6:00pm	Women's High Jump – FINAL Men's Triple Jump – FINAL Men's Discus Throw – FINAL
6:10pm	Men's 110-Meter Hurdles – FINAL
6:15pm	Women's 100-Meter Hurdles – FINAL
6:25pm	Men's 400 Meters – FINAL
6:35pm	Women's 400 Meters – FINAL
6:45pm	Men's 100 Meters – FINAL
6:50pm	Women's 100 Meters – FINAL
6:55pm	Men's 800 Meters – FINAL
7:00pm	Women's Javelin Throw – FINAL
7:05pm	Women's 800 Meters – FINAL
7:15pm	Men's 400-Meter Hurdles – FINAL
7:25pm	Women's 400-Meter Hurdles – FINAL
7:35pm	Men's 200 Meters – FINAL
7:45pm	Women's 200 Meters – FINAL
7:55pm	Men's 5000 Meters – FINAL
8:15pm	Women's 5000 Meters – FINAL
8:40pm	Men's 4x400-Meter Relay – FINAL
8:45pm	Women's 4x400-Meter Relay – FINAL
9:00pm	Championship Presentation

DIRECTIONS

Directions to University of North Florida / Hodges Stadium

- From I-95, take exit 344 EAST onto J. Turner Butler Blvd. (JTB).
- Go approximately 5 miles to the Kernan Road exit.
- Turn left (NORTH) and go approximately 1 mile.
- The entrance to the UNF campus is on the left.
- Once on campus, turn right at first traffic light.
- The athletics complex is located approximately 1/2 mile on the right.
- The North Parking Lot, which is closest to Hodges Stadium, can be accessed by way of Beach Boulevard and Central Parkway.

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Atlantic Sun Conference

2009 OUTDOOR TRACK & FIELD PARTICIPANT ELIGIBILITY LIST

Please list any student-athlete eligible to compete in the championship in alphabetical order.

	Last Name, First Name	Class	Shirt Size
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			
28			
29			
30			

[] Men [] Women SCHOOL _____

I certify that each of the above listed student-athletes has been certified as eligible and appears on a current squad list.

SIGNED / SUBMITTED by: _____

**Please TYPE and e-mail (mwilson@atlanticsun.org) to the A-Sun
DEADLINE: Noon ET, Friday, May 8**

Atlantic Sun Conference

2009 TRACK & FIELD CHAMPIONSHIPS

CHAMPIONSHIP PROTEST FORM

Issue: _____

Event (Men or Women): _____

Student-Athlete Name/Number: _____

Time of Protest: _____

Issue: _____

Submitted by (Coach): _____

Referee's Decision: _____

Referee's Signature: _____

Protests must be made in writing and submitted to the head referee, who will render a decision.

Atlantic Sun Conference

2009 A-Sun Track & Field Championships Hodges Stadium at the University of North Florida

RISK MANAGEMENT STATEMENT

The Atlantic Sun Conference recognizes that the host institution is familiar with the facilities it will be providing for use for the Atlantic Sun Conference Men's and Women's Track and Field Championships, and that the institution's staff members are in the best position to oversee safety preparations and inspections. Accordingly, on behalf of the host institution, its staff members must agree to perform such preparations and inspections and to provide such facilities free from all defective and hazardous conditions. If any conditions cannot be corrected before the Championships, specifics must be provided to the Conference in writing as far in advance as possible. Receipt of any such notice will obligate the Atlantic Sun Conference to make every effort to alleviate the condition in question and to bring that condition to the attention of all affected parties prior to the conduct of the event.

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Atlantic Sun Conference

SCORING & SEEDING POLICIES

Entries and Scratches

The following items address the issues of team entries and scratches:

1. The conference office shall provide electronic entry information to the head coaches at each institution at least 14 days prior to the Championships. All entries will be done on-line at www.cfpitiming.com. Entries are due no later than **5:00pm ET on Monday, May 11. No additional entries or changes in entries are allowed after this time.** Note that the on-line entry process is separate from the Participant Eligibility List.
2. Teams will be permitted up to five entries per event. Teams may enter only one team in relay events.
3. All performances used by coaches on entry forms must have been made in the current outdoor season and must have been posted on the official Atlantic Sun Conference Ranking List. No relay individual performances are acceptable, nor will hand held times taken by a coach be accepted. Only officially recorded performances, either hand or electronic, will be accepted for seeding purposes.
4. The Games Committee will review heat and flight sheets on Wednesday, May 13 via teleconference.
5. Heat and flight sheets shall be made available to all head coaches via e-mail on Wednesday, May 13 and at the head coaches meeting on Friday, May 15, at 2:15 pm in the Hodges Stadium Hospitality Room.

Event Specific Details

800-Meter Dash: A one-turn stagger shall be used. Cones or some other easily visible objects must be placed on the lane lines at the break point.

1500-Meter Run: A waterfall start shall be used.

4x400 Meter Relay: Shall be run as a final based on time. The seeding shall be fastest to slowest filling all lanes in the fast heat with the remainder being placed in the slow heat. If there are more teams than lanes on the track, the teams will be distributed between two or more heats with the fast heat having the larger number of teams and the slow heat having no less than three. A shared lane may be used in the fast heat if there are two or fewer teams entered than the number of lanes on the track. The slow heat shall run first. Teams will be seeded by entry time and assigned by preferred lane.

APPENDIX F (continued)

Pole Vault: Opening height will be approximately 30cm (1 foot) below the sixth ranked A-Sun vaulter and be rounded down to the nearest centimeter that will allow for steady 15cm (6 inch) increases to the minimum NCAA qualifying heights. Should there be less than six vaulters entered into the event, the games committee shall determine the starting height. One coach per team will be allowed to assist during the warm-up period for the pole vault. The coach will be given access to the field one hour prior to the event up until 10 minutes prior to the event. A coaching box will be in use during the event and one coach per school shall be allowed in the box.

High Jump: Opening height will be approximately 10cm below the sixth ranked A-Sun vaulter and be rounded down to the nearest centimeter that will allow for steady 5cm increases to the minimum NCAA qualifying heights. Should there be less than six vaulters entered into the event, the games committee shall determine the starting height.

Combined Events (Heptathlon / Decathlon): Time between events shall be 30 minutes after the last heat has been completed or the last competitor has completed their attempt. The hurdle events will be run in alternating lanes. All other rules applicable to the combined events shall follow NCAA rules.

Heats

All events shall be **FINALS** only except for the men's and women's 100-meter dash and the men's 110-meter hurdles and the women's 100-meter hurdles. Preliminary heats will be run in these events if needed. Nine lanes will be utilized. In a Finals only event which has multiple heats run against time, the fastest section shall run last.

Lane Assignments

For all preliminaries, lane assignments shall be determined by random draw. For all finals, lane assignments shall be determined by preferred lanes. Lane assignments are altered or redrawn after the Championships Director has drawn them only if enough scratches warrant a redraw, otherwise vacated lanes remain empty. If scratches bring an event down to less than the lanes being used, there will be a final only in that event and preferred lanes will be used.

Hodges Stadium Preferred Lanes (most preferred to least preferred):

Straight races: 5, 6, 4, 7, 3, 8, 2, 9, 1

Curved races: 6, 7, 5, 8, 4, 3, 9, 2, 1

Numbers

Hip numbers large enough for identification shall be worn by each competitor.

Official Measurements

Official field event measurements shall be made in metric, but the Championships director shall require the public address announcer to announce performance indicators and posted results in English measurements.

Posting of Results

All results shall be posted during the competition in a place where coaches and student-athletes shall have access.

APPENDIX F (continued)

Seeding

Coaches may petition the Games Committee regarding a competitor's position on the seeded list of any running or field event.

Lane Events

For lane events featuring preliminary races (M/W 100-meter dash, W 100-meter hurdles & M 110-meter hurdles), all events shall be seeded by using the "snake" method of seeding. All lane events run as a "Finals Only", shall be seeded using preferred lanes based on entry marks. The Games Committee shall determine the proper seeded place.

Distance Event

Distance events shall be seeded by time from best to worst. Preferred positions will be used. For most distance events, there can be two heats – a fast heat and a slow heat – depending on the number of entries. In the 1500-Meter Run and 3000-Meter Steeplechase, the fast heat shall be a maximum of 12 competitors. If 15 or fewer competitors report for the 1500-Meter Run, it shall be run as a final. If 18 or fewer competitors report for the 3000-Meter Steeplechase or the 5000-Meter Run, it shall be run as a final. There shall be only one heat for the 10,000-Meter Run.

Advancement

Advancement from heats to finals shall be determined by the number of heats using the place and time method. Two-heat finals shall consist of the fastest times from the advancement procedure being placed into the fastest heat. The following are the advancement setups for the Championships, including oval events run in the first lane:

Nine Lanes Advancement Principles:

- **Two Heats** – top three places in each heat, next fastest times to fill the lanes
- **Three Heats** – top two places in each heat, next fastest times overall to fill the lanes
- **Four Heats** – top place in each heat, next fastest times overall to fill the lanes

Field Events Flight Format

In field events, the determination of flights shall be as follows:

1. The placement of competitors shall be seeded from worst to best with no more than 16 in a flight but no less than five. The best seeds should be in the last flight. The flight position shall be randomly selected;
2. The minimum number of competitors that advance to the finals shall be eight;
3. The time between flights shall be 10 minutes;
4. If a competitor leaves a field event trial and does not return before all other competitors have taken their trials in that flight, the competitor in question will forfeit any remaining attempts;

APPENDIX F (continued)

5. A competitor shall be allowed only three minutes between consecutive attempts (except in the vertical jumps);
6. If a competitor leaves a field event final, they will get a mandatory allowed time to begin their attempt and must then forfeit that attempt if an attempt is not made;
7. In the high jump and pole vault, if a competitor leaves the competition, he/she must return before all other competitors have completed their attempts at the height they left. If not, the competitor must then make whatever number of attempts that were remaining at the previous height at the new height;

Timing

All timing shall be NCAA approved electronic timing and shall be official. There must be a primary electronic system for timing, and a backup system.

ATHLETIC TRAINING/MEDICAL INFORMATION

The University of North Florida would like to welcome your team to the Outdoor Track & Field Championships at Hodges Stadium. The championship host shall have athletic training facilities available for the competing institutions before, during, and after all practices and events. Access to these facilities at other times will be by arrangement with the host school Head Athletic Trainer.

If a certified athletic trainer cannot travel with your team, then a letter stating any treatments that should be performed on their athletes should be provided and signed by the certified athletic trainer.

A UNF team physician will be available to you during the duration of the championship.

Please contact the Head Athletic Trainer if any services are necessary.

Each day there will be first aid items as well as ice. In the event a modality is needed, prior request should be made with the UNF Sports Medicine Staff.

Athletic Training Staff

Mark Power
MS, ATC, LAT
Interim Head Athletic Trainer
Office: (904) 620-1501
Cell: (904) 885-2581

Courtney Silvera
ATC, LAT
Graduate Assistant Athletic Trainer
Office: (904) 620-2855

Hospitals and Emergency Numbers

Baptist Medical Center- Beaches
Emergency Department
1350 13th Avenue South (Jacksonville Beach)
Phone: (904) 627-2900

Mayo Clinic Jacksonville
Emergency Department
4500 San Pablo Road
Phone: 904-953-2000

Pharmacies

Walgreens
11430 Beach Blvd
(904) 641-1581

CVS
11264 Beach Blvd.
(904)-641-5411

ATLANTIC SUN CONFERENCE LIGHTNING POLICY

Guidelines

- This policy governs both regular season and conference championship play.
- In any case in which play is being conducted at a facility or university where the host conducts its events under stricter lightning suspension policies, the stricter policy shall be adhered to.
- Each facility hosting conference play shall have a prescribed plan for seeking safe shelter in case of lightning suspensions.

A. Monitoring Lightning Activity.

The Event Manager (Tournament Director) and the Athletic Trainer shall monitor any lightning activity. Should lightning activity be confirmed within six miles, the competition shall be suspended.

B. Methodology.

At a minimum, lightning activity shall be monitored using the Flash/Bang method. When using the flash/bang method, the amount of time between the visual lightning flash and the audible thunderclap is counted in seconds. The number of seconds is divided by 5 to determine the number of miles the lightning is from the field of competition. When the count is 30 seconds (6 miles) or less, play shall be suspended.

When available, reliable lightning detection devices shall be relied upon for registering lightning strikes and distance from field of competition. The internet shall also be used when available to monitor the threat of lightning activity.

C. Chain of Command.

The Event Manager (Tournament Director for Conference Championships) and the Athletic Trainer staffing the event shall determine when a suspension is necessary. If a suspension becomes necessary, the Athletic Trainer shall notify the officials and the head coaches; the Event Manager (Tournament Director) shall notify administrators (Conference delegate/games committee/visiting team administrator), the public address announcer, SID's and media.

D. Suspension Actions.

Appropriate announcements shall be made. Competitors shall follow the facility plan for seeking appropriate shelter.

E. Resumption of Play.

Lightning activity shall continue to be monitored. Play shall not resume until there has been no lightning activity for a period of thirty (30) minutes.

MEDIA INFORMATION

The Atlantic Sun Conference Media Relations staff will serve as the primary contact for the 2009 Atlantic Sun Conference Track & Field Championships.

FILING A STORY

Contact a member of the Atlantic Sun Conference Communications staff for assistance in filing a story during the championship.

RESULTS

Results will also be posted on the A-Sun Track & Field Championship pages on the Atlantic Sun website (www.atlanticsun.org) as soon as they are available.

Results and a recap from each day will be also emailed to all A-Sun track & field contacts as soon as they are available. Additionally, audio files from select participants and a slideshow featuring the day's action will be available online.

CONTACT INFORMATION

Eric Moyer, Director of Communications
(513) 304-4322 - Mobile
Email: emoyer@atlanticsun.org

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HOTEL PARTNERS

Best Western

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720sm2_jacksonville@snbhotels.com

Comfort Inn Oceanfront

Ms. Jamie Mann, Sales Manager
1515 North First Street
Jax Beach, FL 32250
Business Telephone: (904) 241-2311
cijacksonvilledos@mckibbonhotels.com

Courtyard Marriott at Mayo

Mr. David Mason, General Manager
Ms. Chauntelle Cavanagh, Sales Manager
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Hampton Inn - Deerwood

Ms. Robin Wright, Director of Sales
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Hampton Inn – Marsh Landing

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Hilton Garden Inn- Tinseltown

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Holiday Inn – Baymeadows

Mr. Pui-Sing Tang, Director of Sales
9150 Baymeadows Road
Jacksonville, FL 32256
(904) 737-1700 x4451
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Quality Inn and Suites

Mr. Harrison Lee-Vann, General Manager
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Radisson Hotel

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Residence Inn – Baymeadows

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Sheraton Jacksonville

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Spring Hill Suites

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