

## Alabama Independent School Association

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Herbert Traylor

Don Oswald **Executive Director**  Roddie Beck **Athletic Director**  Linda Faust Sara Bazzle **Administrative Assistants** 

## AISA BOYS' AND GIRLS' STATE TRACK MEET **DAY 1 – APRIL 22, 2009**

## **Order of Events:**

Wednesday, April 22, 2009 10:30 a.m. - Scratch Meet at Track

12:00 p.m. - Preliminaries (Field Events)

Preliminaries (Track Events) - Follow

Some events may be omitted in the preliminaries if we do not have enough competitors for preliminary heats or for any other reason ruled by the Rules Committee.

800 M Relay	(Girls)	Field Events
800 M Relay	(Boys)	(Girls)
3200 M Relay	(Girls)	* Shot
3200 M Relay	(Boys)	* Discus
400 M Relay	(Girls)	High Jump (Finals on Wednesday)
400 M Relay	(Boys)	Long Jump
100 M Low Hurdle	(Girls)	Triple Jump
110 M High Hurdle	(Boys) * Girl	s will use Junior High shot and discus.
100 M Dash	(Girls)	
100 M Dash	(Boys)	
1600 M Run	(Girls) (finals on Thursday)	
1600 M Run	(Boys) (finals on Wednesday)	Field Events
400 M Dash	(Girls)	(Boys)
400 M Dash	(Boys)	Shot
		Discus
300 M IH	(Girls)	High Jump (Finals on Wednesday)
300 M IH	(Boys)	Long Jump
800 M Run	(Girls)	Triple Jump
800 M Run	(Boys)	
200 M Dash	(Girls)	
200 M Dash	(Boys)	
3200 M Run	(Girls) (finals on Wednesday)	
3200 M Run	(Boys) (finals on Thursday)	
1600 M Relay	(Girls)	
1600 M Relay	(Boys)	

Scratch Meet for Thursday Finals

12:00 p.m. - Finals (Field Events) Thursday, April 23, 2009

(Track finals follow)

Serving Independent and Christian Schools in Alabama since 1970.