

IOWA INVITE
SATURDAY, APRIL 19, 2008

SCHEDULE OF EVENTS-SATURDAY APRIL 19th

Field Events:

- 11:00 a.m. Long Jump Men (Women to follow)
Pole Vault Men (Women to follow)
Javelin Men (Women to follow)
Hammer Women (Men to follow)
High Jump Women (Men to follow)
- 1:30 p.m. Discus Women (Men to follow) --follows the javelin
Shot Put Men (Women to follow)—follows the hammer
Triple Jump Men (Women to follow) follows the long jump

PRELIMS

- 12:00 p.m. National Anthem
12:10 a.m. 100/110m Hurdles Prelims (women then men)---TOP 8 ADVANCE
12:40 p.m. 100m Prelims (men then women)---TOP 8 ADVANCE

Running Events (men then women) ROLLING TIME SCHEDULE at 1:15 p.m.

- 1:15 p.m. 3,000m Steeple
1:45 p.m. 4x100m
2:05 p.m. 1,500m
2:30 p.m. 110/100m Hurdles
2:40 p.m. 400m
3:00 p.m. 100m
3:10 p.m. 800m
3:30 p.m. 400m Hurdles
4:00 p.m. 200m
4:30 p.m. 3,000m
5:00 p.m. 4x400m Relay