



TSU Invite Information Packet February 2, 2008

- DATE:** Saturday February 2, 2008
- LOCATION:** TSU Gentry Complex
Tennessee State University
Nashville, TN
- MEET:** Chandra Cheeseborough
- STARTING TIME:** 8:00 A.M. Mile Run, Field
- COMPETITION:** Each team may enter up to **three athletes** per event. Club athletes and unattached athletes are welcome. Awards will be given to the top three finishers in each event. **Long Jump and Triple Jump may enter only two athletes per event.**
- ENTRY FEE:** \$200 per men or women teams, \$30 per individual athlete
Athletes can register online at coacho.com
- DESCRIPTION OF COURSE:** See enclosed information
- ELEMENTS:** ¼ inches elements are required
- DRESSING FACILITIES:** Available at Gentry Complex
- TRAINERS:** Trainers will be available at the course the day of the meet from 8:00 a.m. through the duration of the meet. If a team desires training facilities Friday afternoon or has a need of it Saturday morning before 8:00 a.m. arrangements should be made ASAP by contacting Monroe Abram (615) 963-7829.
- AWARDS:** Awards will be presented approximately 20 minutes after the conclusion of each event to the top (3) finishers.
- PACKETS:** Packets will be available Saturday, February 2, 2008 from 3:00-5:00 PM at the Gentry Complex, Room 306.
- QUESTIONS:** Chandra Cheeseborough (615) 963-5906 office, (615) 294-0051 cell

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8:00 A.M.	Mile Run	Men/Women
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	4x200	Women/Men
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**** Each athlete receives 4 attempts per field event**

8:00 Field Events	Pole Vault	Men/Women
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	High Jump	Women/Men
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	Long Jump	Men/Women
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	Triple Jump (After LJ)	Men/Women
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	Shot Put	Women/Men
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	Weight Throw	Men/Women
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10:30 Running Events	55m Hurdles Prelims	Men/Women
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Rolling Time Schedule

	55m Prelims	Men/Women
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	Distance Medley Relay	Men/Women
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**Two heat finals	55m Hurdles Finals	Men/Women
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	55m Finals	Men/Women
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	400m	Men/Women
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	800m	Men/Women
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	200m	Men/Women
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	5000m	Men/Women
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	4x400m Relay	Men/Women
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