

**Iowa Open
INDOOR TRACK AND FIELD
JANUARY 19, 2008**

Field Events:

11:00 a.m.	Long Jump	m then w
	Weight Throw	w then m
	Pole Vault	w then m
	High Jump	m then w

12:30 p.m.	Triple Jump	m then w
	Shot Put	w then m

Running times listed are approximate:

11:00 a.m.	National Anthem	
11:05	60m Hurdles Prelims	m/w
11:30	60m Prelims	w/m

ALL FINALS MEN THEN WOMEN

ROLLING TIME SCHEDULE STARTING AT 12:00 p.m.

12:00	Mile
12:40	60m Hurdles
12:55	400m
1:45	600m
2:20	60m
2:30	800m
2:55	200m
3:35	3,000m
4:00	4x400m Relay