



XC INVITATIONAL

Saturday, September 27, 2008

Site of the 2008 AHSAA 1A/2A Section IIC Cross Country Sectional

We look forward to your participating in our invitational this year. We hope that you will find the course challenging as well as spectator friendly. We have tried to add a few special touches to the meet - both Coaches and fans will enjoy immediate result posting. Coaches will also receive their personal copy of the results after the completion of each race. What would a TCBY Invitational be without FREE TCBY for all participants and coaches?

Review the information below and if you have any questions, please do not hesitate to contact me at 205.454.7033 – *Coach Charles Tiller*

Location: Sokol Park, Tuscaloosa

Directions: Exit 73 off of Interstate 20/59 in Alabama. Then take a right (if coming from Birmingham) on McFarland Blvd. west. Go approximately 5.25 miles and make a right turn onto Watermelon Road. Go 2 miles, make a right turn at Ol' Colony Road. Go approximately .3 mile taking a left into Sokol Park. Plenty of bus and automobile parking is available on the left as you head toward the race area .25 miles down the road.

Schedule:	Junior High Girls 7-9	2.28 miles	9:00 am
	Junior High Boys 7-9	2.28 miles	9:30 am
	Varsity Girls	5,000 meters	10:00 am
	Varsity Boys	5,000 meters	10:35 am
	Awards		11:15 am
	Unlimited Entries per Division		

Entries: The entry fee is \$10 per athlete with a maximum of \$50 per school per race. Check payable to American Christian Academy. Unlimited entries per team. Entry Fees are to be mailed to 2300 Veterans Memorial Parkway, Tuscaloosa, AL 35404. All fees are to be received at ACA by Tuesday, September 23. Teams who have not paid by this deadline will be scratched.

Registration: Entries are due by Sunday, September 21 at 11:59 pm. You can register at the meet at www.alabamarunners.com

Awards: Top 2 teams per division and Top 15 individuals will receive awards.

Course: Grass and dirt trails. Spikes recommended. Great spectator course.

Contact: Coach Charles Tiller
charlestiller@bellsouth.net
205.454.7033

Check our website www.runaca.com for up-to-date information on this meet and other meets we will host this year.