

Southern Conference Championships 2007 - 4/21/2007 to 4/22/2007**Results at www.cfpitiming.com****Hosted by Appalachian State University****Results - Heptathlon****Women Heptathlon**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Sanders, Lathcha Citadel		15.52	1.52m	11.02m	26.12		5.02m	29.62m	2:41.07
		w: -0.5	4-11.75	36-02	w: -0.4		w: +0.0	97-02	
JR Team Points: 10	4396	(774)	(644)	(596)	(787)	2801	(565)	(469)	(561)
2 Jacobs, Lauren Georgia Southern		14.85	1.49m	8.75m	25.90		5.65m	23.71m	2:40.96
		w: -0.2	4-10.5	28-08.5	w: 0.3		w: +0.0	77-09	
SR Team Points: 8	4390	(862)	(610)	(448)	(806)	2726	(744)	(358)	(562)
3 Thompson, Serenity Georgia Southern		15.77	1.37m	10.23m	26.28		4.97m	31.25m	2:40.94
		w: -0.5	4-06	33-06.75	w: 0.3		w: +0.0	102-06	
JR Team Points: 6	4155	(743)	(481)	(545)	(773)	2542	(551)	(500)	(562)
4 Trumbo, Melanie Georgia Southern		18.19	1.58m	9.81m	27.35		4.93m	33.28m	2:40.38
		w: -0.5	5-02.25	32-02.25	w: 0.3		w: +0.0	109-02	
FR Team Points: 5	4029	(469)	(712)	(517)	(683)	2381	(540)	(539)	(569)
5 Abel, Kimberly Elon		15.76	1.49m	9.64m	26.58		4.63m	17.13m	2:35.05
		w: -0.5	4-10.5	31-07.5	w: 0.3		w: +0.0	56-02	
SO Team Points: 4	3935	(744)	(610)	(506)	(747)	2607	(461)	(236)	(631)
6 McGriff, Nashay Western Carolina		15.16	1.49m	8.23m	27.70		4.99m	19.65m	2:43.66
		w: -0.5	4-10.5	27-00	w: -0.4		w: 0.4	64-06	
JR Team Points: 3	3871	(821)	(610)	(414)	(655)	2500	(557)	(282)	(532)
7 Broadnax, Morgan Western Carolina		16.26	1.34m	9.90m	26.92		4.88m	25.75m	2:47.05
		w: -0.2	4-04.75	32-05.75	w: -0.4		w: +0.0	84-06	
SO Team Points: 2	3791	(683)	(449)	(523)	(718)	2373	(527)	(396)	(495)
8 Wilkerson, Jessica Western Carolina		17.34	1.52m	9.59m	28.65		4.55m	25.70m	2:39.14
		w: -0.2	4-11.75	31-05.75	w: -0.4		w: +0.0	84-04	
JR Team Points: 1	3706	(559)	(644)	(503)	(581)	2287	(441)	(395)	(583)
9 Ward, Julie Appalachian State		18.16	1.55m	9.60m	27.92		4.32m	19.17m	2:41.23
		w: -0.5	5-01	31-06	w: 0.3		w: 0.5	62-11	
FR	3506	(472)	(678)	(503)	(637)	2290	(384)	(273)	(559)
10 Irwin, Megan Appalachian State		17.72	1.31m	6.66m	28.75		4.46m	15.26m	2:47.06
		w: -0.2	4-03.5	21-10.25	w: -0.4		w: +0.0	50-01	
JR	2937	(518)	(419)	(313)	(573)	1823	(418)	(201)	(495)