

Wake Forest Opener - 3/24/2006 to 3/25/2006
Results at www.cfpitiming.com
Wake Forest University @ Winston/ Salem, NC
Performance List

Event 1 Women High Jump**Regional Q.: 1.75m**

	Name	School	Seed Mark
1	Ridley, Lahnor	Indiana PA	1.65m
2	Williams, Casie	Indiana PA	1.62m
3	Skoda, Abby	Capital U.	1.57m
4	Schulte, Melissa	Marietta	1.53m
5	Kuck, Alysen	W and L	1.52m
6	Frock, Kayle	Capital U.	1.52m

Event 2 Men High Jump**Regional Q.: 2.10m**

	Name	School	Seed Mark
1	Stallings, DeMarcus	Forest T.C.	2.10m
2	Summerville, Nathan	Forest T.C.	2.08m
3	Summerville, Nathan	U-Winston-Sale	2.08m
4	Kraus, Kyle	Miami, Ohio	2.07m
5	Yowell, Ezra	Winston-Salem	2.03m
6	Herrmann, Tom	Miami, Ohio	1.98m
7	Hartman, Evan	Capital U.	1.98m
8	Gardner, Chris	Indiana PA	1.98m
9	Townsend, Seth	Marietta	1.98m
10	McCray, Troy	Lees-McRae	1.98m
11	Thornhill, Nate	Capital U.	1.96m
12	Yetter, Seth	Wake Forest	1.95m
13	Edge, Ryan	W and L	1.93m
14	Anderson, Stephen	Wake Forest	1.83m

Event 3 Women Pole Vault**Regional Q.: 3.80m**

	Name	School	Seed Mark
1	Jones, Lara	Duke	3.85m
2	Clendenning, Jessica	Elon	3.65m
3	Liu, Sally	Duke	3.60m
4	Ahrens, Jill	Wake Forest	3.55m
5	Salvino, Ashley	Duke	3.40m
6	Moyer, Jessica	Indiana PA	3.35m
7	Earhart, Laura	Capital U.	3.27m
8	Norton, Kerri	Wake Forest	3.20m
9	Lopez, Terri	Gardner-Webb	2.90m
10	Hawkins, Merissa	Gardner-Webb	2.90m
11	Wagner, Lorelei	Gardner-Webb	2.75m
12	Miller, Christie	Capital U.	2.60m
13	Myers, Tana	Capital U.	2.40m

Event 4 Men Pole Vault**Regional Q.: 5.05m**

	Name	School	Seed Mark
1	Kuhner, Jake	Miami, Ohio	4.99m
2	Skaggs, Chris	Miami, Ohio	4.72m
3	Rice, Alec	Indiana PA	4.52m
4	Gibbons, Doug	Capital U.	4.50m
5	Rosier, Aaron	Wheeling Jesuit	4.41m
6	Palmer, Jake	Wheeling Jesuit	4.26m
7	Martin, Drew	W and L	4.26m

8	Estes, Michael	Wheeling Jesuit	3.96m
9	Huntsberger, Jonathan	Rio Grande	NH

Event 5 Women Long Jump**Regional Q.: 5.97m**

	Name	School	Seed Mark
1	Jones, Kristen	U-Indiana PA	5.74m
2	Ridley, Lahnor	Indiana PA	5.55m
3	Johnson, Kayla	Wheeling Jesuit	5.48m
4	Williams, Casie	Indiana PA	5.43m
5	Preer, Ciera	Wheeling Jesuit	5.33m
6	Hawkins, Johanna	Wake Forest	5.30m
7	Stanton, Lizzy	Capital U.	5.21m
8	Malker, Jasmine	Unattached	5.02m
9	Whitmer, Amanda	Capital U.	5.00m
10	Heineike, Christina	Capital U.	4.97m
11	Barnhart, Marissa	Marietta	4.88m
12	Schulte, Melissa	Marietta	4.88m
13	Kerwood, Bethany	Wheeling Jesuit	4.87m
14	Thobe, Dena	Capital U.	4.84m

Event 6 Men Long Jump**Regional Q.: 7.34m**

	Name	School	Seed Mark
1	Cooper, chuck	V-Sports (vsc)	7.32m
2	Clayton, Jermaine	Indiana PA	7.27m
3	Marion, Kevin	Wake Forest	7.15m
4	Major, Kerry	Wake Forest	7.15m
5	Gardner, Chris	Indiana PA	7.10m
6	Phillips, Ryan	Miami, Ohio	7.04m
7	Hubbard, Ryan	Davidson	7.01m
8	Bailey, Gerald	Capital U.	6.67m
9	Kaviar, Justin	Duke	6.40m
10	Som-Pimpong, Kwame	Davidson	6.40m
11	Allen, Terrance	Rio Grande	6.38m
12	William, Tom	Miami, Ohio	6.33m
13	Bolz, Brent	Capital U.	6.33m
14	Jones, Alex	Gardner-Webb	6.30m
15	Scheffers, William	Davidson	6.24m
16	Townsend, Seth	Marietta	6.24m
17	Murphy, Kelly	Wheeling Jesuit	6.24m
18	Eddy, Sylvanus	Capital U.	6.21m
19	Walcott, Andre	Wheeling Jesuit	6.09m
20	Hartman, Evan	Capital U.	6.09m
21	Sherman, Matt	Rio Grande	5.94m

Event 7 Women Triple Jump**Regional Q.: 12.32m**

	Name	School	Seed Mark
1	Green, Aleshia	Unattached	12.50m
2	Ridley, Lahnor	Indiana PA	11.30m
3	Doornbos, Stacy	W and L	10.71m
4	Williams, Casie	Indiana PA	10.47m
5	Heineike, Christina	Capital U.	10.37m
6	Rodes, Huntley	W and L	10.21m

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Event 7 ... (Women Triple Jump)

Name	School	Seed Mark	
7 Stanton, Lizzy	Capital U.	10.08m	_____
8 Schulte, Melissa	Marietta	10.00m	_____
9 Dozier, Diana	W and L	9.75m	_____
10 Barnhart, Marissa	Marietta	9.75m	_____
11 Thobe, Dena	Capital U.	9.58m	_____

Event 8 Men Triple Jump

Regional Q.: 15.08m			
Name	School	Seed Mark	
1 Clayton, Jermaine	Indiana PA	14.55m	_____
2 Eddy, Sylvanus	Capital U.	13.93m	_____
3 Som-Pimpong, Kwame	Davidson	13.71m	_____
4 McCray, Troy	Lees-McRae	13.00m	_____
5 Townsend, Seth	Marietta	12.95m	_____
6 Estes, Michael	Wheeling Jesuit	12.80m	_____
7 Bolz, Brent	Capital U.	12.32m	_____
8 Bailey, Gerald	Capital U.	12.31m	_____
9 Williman, Tom	Miami, Ohio	ND	_____

Event 9 Women Discus Throw

Regional Q.: 47.30m			
Name	School	Seed Mark	
1 LE Jour MC Donagh,	St. Laurent	50.45m	_____
2 Tanner, Jessica	Duke	44.00m	_____
3 Neuberger, Lindsay	Unattached	44.00m	_____
4 Muehleib, Catherine	Wake Forest	42.02m	_____
5 Smith, Alicia	Rio Grande	40.75m	_____
6 Lines, Erin	Wheeling Jesuit	39.62m	_____
7 Colwell, Gretchen	Indiana PA	38.76m	_____
8 Mauch, Carly	Wake Forest	38.50m	_____
9 Harris, Miah	Winston-Salem †	34.82m	_____
10 Kovacevich, Tiffany	Marietta	32.00m	_____
11 Benninger, Alecia	Marietta	32.00m	_____
12 Guster, Kara	Capital U.	31.58m	_____
13 Smider, Amanda	Wheeling Jesuit	30.65m	_____
14 Todd, Kelsey	Capital U.	23.74m	_____
15 Bakewell, Bonnie	Capital U.	21.84m	_____

Event 10 Men Discus Throw

Regional Q.: 51.70m			
Name	School	Seed Mark	
1 Simmons, DeAngelo	Winston-Salem †	53.16m	_____
2 DeZordo, Dan	Marietta	48.36m	_____
3 Beach, Dan	Miami, Ohio	47.04m	_____
4 Brett, Taylor	Duke	46.50m	_____
5 Walter, Jim	Davidson	45.72m	_____
6 Carter, Josh	Wake Forest	45.20m	_____
7 Glen, Hunter	Winston-Salem †	44.32m	_____
8 Jordan, Edward	Winston-Salem †	44.24m	_____
9 Baker, Ryan	Miami, Ohio	44.19m	_____
10 Kidwell, Andy	Wheeling Jesuit	44.19m	_____
11 Green, Gastin	Rio Grande	43.73m	_____
12 Mobley, John	Winston-Salem †	42.74m	_____

13 Estes, Michael	Wheeling Jesuit	41.14m	_____
14 Peterson, Tyler	Wake Forest	41.00m	_____
15 DiLuzio, Nick	Davidson	39.62m	_____
16 Funderburg, Will	Davidson	39.62m	_____
17 Armstrong, Bradley	Capital U.	39.37m	_____
18 Emch, Travis	Wheeling Jesuit	38.10m	_____
19 Benasutti, Pat	Wheeling Jesuit	38.10m	_____
20 Pallini, Brian	Marietta	37.50m	_____
21 Fausnaugh, Adam	Capital U.	37.21m	_____
22 Carpenter, Derek	Marietta	36.59m	_____
23 Finn, Eric	Marietta	36.59m	_____
24 Babington, Hansen	W and L	36.57m	_____
25 Cox, Kevin	Marietta	35.30m	_____
26 Capuano, Frank	Wheeling Jesuit	35.05m	_____
27 Rosier, Aaron	Wheeling Jesuit	35.05m	_____
28 Goody, Joshua	Capital U.	33.00m	_____
29 Boso, David	Capital U.	32.53m	_____
30 Sharan, Raj	Marietta	32.00m	_____
31 Wooten, Patrick	Lees-McRae	30.30m	_____

Event 11 Women Shot Put

Regional Q.: 14.30m			
Name	School	Seed Mark	
1 Neuberger, Lindsay	Unattached	15.40m	_____
2 Muehleib, Catherine	Wake Forest	13.60m	_____
3 Colwell, Gretchen	Indiana PA	13.34m	_____
4 Daane, Caryn	Gardner-Webb	13.00m	_____
5 Lines, Erin	Wheeling Jesuit	12.19m	_____
6 Smider, Amanda	Wheeling Jesuit	12.19m	_____
7 Harris, Miah	Winston-Salem †	11.32m	_____
8 Kovacevich, Tiffany	Marietta	11.30m	_____
9 Benninger, Alecia	Marietta	10.90m	_____
10 Edwards, Heather	Winston-Salem †	10.38m	_____
11 Todd, Kelsey	Capital U.	9.54m	_____
12 Bakewell, Bonnie	Capital U.	8.17m	_____

Event 12 Men Shot Put

Regional Q.: 16.80m			
Name	School	Seed Mark	
1 Peterson, Tyler	Wake Forest	15.90m	_____
2 Mobley, John	Winston-Salem †	14.96m	_____
3 Emch, Travis	Wheeling Jesuit	14.63m	_____
4 Glen, Hunter	Winston-Salem †	14.45m	_____
5 Carter, Josh	Wake Forest	14.40m	_____
6 DeZordo, Dan	Marietta	13.84m	_____
7 Carpenter, Derek	Marietta	13.73m	_____
8 Funderburg, Will	Davidson	13.71m	_____
9 Beach, Dan	Miami, Ohio	13.71m	_____
10 Baker, Ryan	Miami, Ohio	13.71m	_____
11 Fausnaugh, Adam	Capital U.	13.62m	_____
12 Jordan, Edward	Winston-Salem †	13.46m	_____
13 Pallini, Brian	Marietta	13.40m	_____
14 DiLuzio, Nick	Davidson	13.10m	_____
15 Lander, Chad	Wheeling Jesuit	13.10m	_____
16 Armstrong, Bradley	Capital U.	12.96m	_____

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Event 12 ... (Men Shot Put)

Name	School	Seed Mark
17 Cox, Kevin	Marietta	12.50m
18 Wilson, Ben	W and L	12.19m
19 Dabo, Abraham	Winston-Salem	12.19m
20 Walter, Jim	Davidson	12.19m
21 Goody, Joshua	Capital U.	12.00m
22 Wooten, Patrick	Lees-McRae	11.80m
23 Good, Jon	Lees-McRae	11.40m
24 Boso, David	Capital U.	10.87m

Event 13 Women Hammer Throw

Regional Q.: 54.15m		
Name	School	Seed Mark
1 Reynolds, Kelly	Duke	55.50m
2 Neuberger, Lindsay	Unattached	50.30m
3 Colwell, Gretchen	Indiana PA	47.29m
4 Tanner, Jessica	Duke	45.00m
5 Smider, Amanda	Wheeling Jesuit	42.67m
6 Lines, Erin	Wheeling Jesuit	42.67m
7 Forman, Rachel	Marietta	40.00m
8 Kovacevich, Tiffany	Marietta	37.00m
9 Smith, Alicia	Rio Grande	34.17m
10 Benninger, Alecia	Marietta	33.50m
11 Bakewell, Bonnie	Capital U.	21.00m

Event 14 Men Hammer Throw

Regional Q.: 55.60m		
Name	School	Seed Mark
1 Gabrault, Adam	Wake Forest	53.46m
2 Kidwell, Andy	Wheeling Jesuit	53.34m
3 Beach, Dan	Miami, Ohio	48.76m
4 Baker, Ryan	Miami, Ohio	44.19m
5 Finn, Eric	Marietta	44.00m
6 Benasutti, Pat	Wheeling Jesuit	42.67m
7 Green, Gastin	Rio Grande	40.89m
8 Brown, Tom	Rio Grande	39.25m
9 DeZordo, Dan	Marietta	38.10m
10 Armstrong, Bradley	Capital U.	37.47m
11 Smith, Justin	Anderson	37.00m
12 Carpenter, Derek	Marietta	36.59m
13 Pallini, Brian	Marietta	36.59m
14 Capuano, Frank	Wheeling Jesuit	36.57m
15 Emch, Travis	Wheeling Jesuit	36.57m
16 Lander, Chad	Wheeling Jesuit	36.57m
17 Sharan, Raj	Marietta	34.00m
18 Fausnaugh, Adam	Capital U.	29.43m
19 Boso, David	Capital U.	20.36m

Event 15 Women Javelin Throw

Regional Q.: 43.45m		
Name	School	Seed Mark
1 Pucurs, Daina	Duke	46.00m
2 Maher, Beth	Duke	44.00m
3 Edwards, Lindsay	Duke	42.00m

4 Mauch, Carly	Wake Forest	40.50m
5 Muehleib, Catherine	Wake Forest	36.00m
6 Skoda, Abby	Capital U.	34.44m
7 Kuck, Alysen	W and L	33.52m
8 Whitmer, Amanda	Capital U.	30.00m
9 Todd, Kelsey	Capital U.	28.00m
10 Cole, Rachele	Marietta	27.00m
11 Guster, Kara	Capital U.	27.00m
12 Bakewell, Bonnie	Capital U.	20.00m

Event 16 Men Javelin Throw

Regional Q.: 61.60m		
Name	School	Seed Mark
1 Rairigh, Mike	Indiana PA	64.00m
2 Estes, Michael	Wheeling Jesuit	62.68m
3 Conrad, Rob	Indiana PA	61.72m
4 DellaVolpe, Mark	Duke	58.00m
5 Kraus, Kyle	Miami, Ohio	56.21m
6 Weinstein, Robert	Duke	56.00m
7 Kuhner, Jake	Miami, Ohio	55.54m
8 Hauck, Mike	Unattached	55.40m
9 Dooley, Eric	Duke	53.00m
10 Pankowski, Mike	Marietta	52.00m
11 Fischer, Andrew	W and L	50.29m
12 Brodeur, David	Rio Grande	46.81m
13 Lander, Chad	Wheeling Jesuit	45.72m
14 Armstrong, Bradley	Capital U.	43.00m
15 Bolz, Brent	Capital U.	43.00m
16 Taylor, Joe	Davidson	42.67m
17 Fuller, Matt	Marietta	42.06m
18 Lee, Chris	Anderson	40.00m
19 Brown, Tom	Rio Grande	39.17m
20 Hill, Nolan	Rio Grande	35.10m

Event 17 Women 100 Meter Dash

Regional Q.: 11.75		
Name	School	Seed Time
1 Johnson, Kayla	Wheeling Jesuit	12.10
2 Barnett, Wykeita	Winston-Salem	12.11
3 Harrell, Lea	Duke	12.20
4 Nesbitt, Allison	Duke	12.20
5 Jones, Kristen	U-Indiana PA	12.29
6 Phillips, Katurri	Davidson	12.40
7 Stanton, Lizzy	Capital U.	12.49
8 Colley, Kimberely	Davidson	12.50
9 Preer, Ciera	Wheeling Jesuit	12.50
10 Fuller, Niesha	Rio Grande	12.57
11 Hare, Willene	Duke	12.60
12 Spooner, Ashley	Wake Forest	12.65
13 Hawkins, Johanna	Wake Forest	12.72
14 Skoda, Abby	Capital U.	12.89
15 Clarke, Shannon	Rio Grande	12.99
16 Martin, Kennesia	Davidson	13.00
17 Ridley, Lahnor	Indiana PA	13.12
18 Doran, Abbey	Indiana PA	13.15

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Event 17 ... (Women 100 Meter Dash)

Name	School	Seed Time
19 Williams, Casie	Indiana PA	13.18
20 Damsel, Amanda	Capital U.	13.40
21 Myers, Tana	Capital U.	13.50
22 Ferrell, Joanna	Marietta	13.51
23 Darrisaw, Angelina	Davidson	13.60
24 Cummons, Cayli	Marietta	13.70
25 Sinoski, Mallory	Marietta	13.75
26 Barnhart, Marissa	Marietta	13.76
27 Ridgedell, Tara	Anderson	13.80
28 Heineike, Christina	Capital U.	13.83
29 Todd, Kelsey	Capital U.	14.00
30 Amatur-Razzaq, Jamilah	Capital U.	14.00

Event 18 Men 100 Meter Dash

Regional Q.: 10.50		Name	School	Seed Time
1	Loyd, Mike	Wake Forest	10.60	
2	Marion, Kevin	Wake Forest	10.60	
3	Bingham, Michael	Wake Forest	10.60	
4	Green, Kelvin	Unattached	10.70	
5	Major, Kerry	Wake Forest	10.72	
6	Idlette, Willie	Wake Forest	10.75	
7	Watts, Michael	Miami, Ohio	10.80	
8	Hubbard, Ryan	Davidson	10.80	
9	Mulkey, Jeremy	Capital U.	10.89	
10	Mauldin, Patrick	Phenom Athletes	10.90	
11	Clayton, Jermaine	Indiana PA	10.91	
12	Williams, Paul	Winston-Salem †	10.95	
13	Bynum, Brock	Winston-Salem †	10.96	
14	Kaviar, Justin	Duke	11.00	
15	El-Naggar, Ahmad	Duke	11.00	
16	Udo, Justin	Indiana PA	11.05	
17	Chrismer, Kipp	Anderson	11.10	
18	Som-Pimpong, Kwame	Davidson	11.10	
19	Hinton, Trent	Capital U.	11.11	
20	Gardner, Chris	Indiana PA	11.20	
21	House, Lenwood	Indiana PA	11.20	
22	Song, Justin	Davidson	11.25	
23	Harbert, Raymond	Wake Forest	11.27	
24	Hon, Billy	Lees-McRae	11.30	
25	Phillips, Ryan	Miami, Ohio	11.30	
26	Crowell, Wayne	Winston-Salem †	11.30	
27	Tate, Heanon	U-Speedelite Un	11.30	
28	Bialas, John	Davidson	11.35	
29	Lawler, Frank	Wake Forest	11.37	
30	Colbert, Lanard	Winston-Salem †	11.39	
31	Jeffreys, Mareo	Winston-Salem †	11.40	
32	Rivers, Demetrius	Winston-Salem †	11.41	
33	Scandinaro, Dominic	Wheeling Jesuit	11.46	
34	Cooper, chuck	V-Sports (vsc)	11.50	
35	Davis, Jordan	Lees-McRae	11.50	
36	Scott, TJ	Capital U.	11.56	
37	Prickett, Bradley	Unattached	11.60	

38	Bailey, Gerald	Capital U.	11.67
39	Blank, Michael	Capital U.	11.70
40	Kennedy, David	Capital U.	11.70
41	Bolz, Brent	Capital U.	11.70
42	Clark, Larry	W and L	11.74
43	Neil, Ron	Unattached	11.75
44	Gregg, Chris	Miami, Ohio	11.80
45	Jamie, Alvaro	Rio Grande	11.89
46	Scheffers, William	Davidson	12.00
47	Byham, Shaun	Capital U.	12.00
48	Dabo, Abraham	Winston-Salem †	12.40
49	Smith, Carr	Unattached	NT

Event 19 Women 200 Meter Dash

Regional Q.: 23.96		Name	School	Seed Time
1	Barnett, Wykeita	Winston-Salem †	24.90	
2	Johnson, Kayla	Wheeling Jesuit	24.90	
3	Harrison, Sandy	Winston-Salem †	25.15	
4	Preer, Ciera	Wheeling Jesuit	25.80	
5	Hare, Willene	Duke	25.90	
6	Spooner, Ashley	Wake Forest	25.92	
7	Harrell, Lea	Duke	26.00	
8	Skoda, Abby	Capital U.	26.19	
9	Phillips, Katurri	Davidson	26.20	
10	Colley, Kimberely	Davidson	26.40	
11	White, Gerri-Lena	Winston-Salem †	26.55	
12	Hawkins, Johanna	Wake Forest	26.61	
13	Stanton, Lizzy	Capital U.	26.70	
14	Ramsey, Liz	Capital U.	27.00	
15	Damsel, Amanda	Capital U.	27.00	
16	Clarke, Shannon	Rio Grande	27.04	
17	Chasen, Jessica	Davidson	27.14	
18	Ridley, Lahnor	Indiana PA	27.20	
19	Michael, Terra	Anderson	27.20	
20	Rolling, Marissa	Indiana PA	27.25	
21	Hayes, Lakeitha	Winston-Salem †	27.30	
22	Doran, Abbey	Indiana PA	27.40	
23	Fuller, Niesha	Rio Grande	27.47	
24	Martin, Kennesia	Davidson	27.50	
25	Dixon, Brittany	Rio Grande	27.72	
26	Clarke, Sasha	Rio Grande	27.75	
27	Nascimento, Karina	Davidson	27.90	
28	Myers, Tana	Capital U.	28.00	
29	Ferrell, Joanna	Marietta	28.46	
30	Ridgedell, Tara	Anderson	28.50	
31	Schulte, Melissa	Marietta	28.75	
32	Haas, Jessica	Marietta	28.82	
33	Sinoski, Mallory	Marietta	28.89	
34	Cummons, Cayli	Marietta	28.97	
35	Heineike, Christina	Capital U.	29.00	
36	Kerwood, Bethany	Wheeling Jesuit	29.70	
37	Amatur-Razzaq, Jamilah	Capital U.	30.43	
38	Moyer, Jessica	Indiana PA	30.55	

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Event 20 Men 200 Meter Dash

Regional Q.: 21.19			
Name	School	Seed Time	
1	Idlette, Willie	Wake Forest	21.70
2	Watts, Michael	Miami, Ohio	21.80
3	King, Dan	Duke	21.80
4	Green, Kelvin	Unattached	21.85
5	Marcellus, Richard	Winston-Salem	21.89
6	Williams, Paul	Winston-Salem	21.89
7	Trombold, Nick	Duke	21.95
8	Mauldin, Patrick	Phenom Athletes	21.98
9	Major, Kerry	Wake Forest	21.98
10	Morrell, Brett	Duke	22.00
11	Hinton, Trent	Capital U.	22.16
12	Tate, Heanon	U-Speedelite Un	22.20
13	Rivers, Demetrius	Winston-Salem	22.37
14	Smith, Charlie	Capital U.	22.41
15	Mulkey, Jeremy	Capital U.	22.41
16	Chrismer, Kipp	Anderson	22.42
17	Smith, Midion	Wake Forest	22.50
18	Hubbard, Ryan	Davidson	22.50
19	Cooper, chuck	V-Sports (vsc)	22.60
20	Walcott, Andre	Wheeling Jesuit	22.70
21	Bialas, John	Davidson	22.70
22	Murphy, Kelly	Wheeling Jesuit	22.80
23	Clayton, Jermaine	Indiana PA	22.80
24	Song, Justin	Davidson	22.90
25	Danforth, Matt	Duke	22.90
26	Gregg, Chris	Miami, Ohio	22.90
27	El-Naggar, Ahmad	Duke	22.90
28	Udo, Justin	Indiana PA	22.90
29	House, Lenwood	Indiana PA	22.90
30	Harbert, Raymond	Wake Forest	22.92
31	Lawler, Frank	Wake Forest	22.97
32	Baston, Brandon	Rio Grande	22.99
33	Scott, TJ	Capital U.	23.00
34	Davis, Jordan	Lees-McRae	23.00
35	Yasin, Aziz	Winston-Salem	23.10
36	Wable, Trent	Wheeling Jesuit	23.10
37	McDaniel, Jarred	Pfeiffer	23.10
38	Gardner, Chris	Indiana PA	23.10
39	Jackson, James	Lees-McRae	23.10
40	Sherman, Jeff	Marietta	23.21
41	Bragason, Daniel	Davidson	23.24
42	Colbert, Lanard	Winston-Salem	23.40
43	Sherman, Matt	Rio Grande	23.48
44	Hon, Billy	Lees-McRae	23.50
45	Prescott, Jordan	Anderson	23.50
46	Pelanda, Brian	Capital U.	23.51
47	Jeffreys, Mareo	Winston-Salem	23.55
48	Scott, Tyrone	Winston-Salem	23.55
49	Bailey, Gerald	Capital U.	23.56
50	Blank, Michael	Capital U.	23.60
51	Wooten, Johnson	Lees-McRae	23.60

52	Kennedy, David	Capital U.	23.60
53	Holliday, Will	W and L	23.70
54	Porter, Zach	Capital U.	23.71
55	Cook, Randy	Rio Grande	23.73
56	Bolz, Brent	Capital U.	23.78
57	Prickett, Bradley	Unattached	23.80
58	Byham, Shaun	Capital U.	24.00
59	Rice, Alec	Indiana PA	24.10

Event 21 Women 400 Meter Dash

Regional Q.: 54.61			
Name	School	Seed Time	
1	McCann, Kelly	Duke	56.80
2	Jenke, Libby	Duke	57.00
3	White, Brittany	Wake Forest	57.10
4	Doornbos, Stacy	W and L	57.62
5	Harrison, Sandy	Winston-Salem	58.25
6	Chasen, Jessica	Davidson	59.20
7	Michael, Terra	Anderson	1:00.00
8	Rolling, Marissa	Indiana PA	1:00.12
9	Ramsey, Liz	Capital U.	1:00.23
10	Nascimento, Karina	Davidson	1:01.00
11	Whitmer, Amanda	Capital U.	1:01.67
12	Dixon, Brittany	Rio Grande	1:01.71
13	Hildenbrand, Tara	W and L	1:02.10
14	Haas, Jessica	Marietta	1:03.01
15	Dozier, Diana	W and L	1:03.48
16	McDonald, Vernae	Winston-Salem	1:04.00
17	Shaw, Amy	Capital U.	1:05.00
18	Rodes, Huntley	W and L	1:05.88
19	Mills, Regina	W and L	1:09.20

Event 22 Men 400 Meter Dash

Regional Q.: 47.26			
Name	School	Seed Time	
1	Seely, Eric	Wake Forest	47.31
2	Idlette, Willie	Wake Forest	47.90
3	Greaves, Daniel	Wheeling Jesuit	48.31
4	Sidbury, Gerrod	Winston-Salem	48.98
5	Mauldin, Patrick	Phenom Athletes	49.02
6	Papalia, Eddie	Unattached	49.02
7	Corgiat, Chris	Miami, Ohio	49.25
8	Walcott, Andre	Wheeling Jesuit	49.35
9	Smith, Midion	Wake Forest	49.75
10	Von Eckartsberg, Heinz	Miami, Ohio	49.81
11	Smith, Charlie	Capital U.	50.00
12	Cowans, Corderius	Winston-Salem	50.25
13	Falkowski, Chris	Miami, Ohio	50.30
14	Chrismer, Kipp	Anderson	50.50
15	Pelanda, Brian	Capital U.	50.77
16	Sylvester, Eric	Miami, Ohio	50.80
17	Porter, Zach	Capital U.	50.92
18	McCoy, Chip	W and L	51.00
19	French, Marshall	W and L	51.20
20	Scott, Tyrone	Winston-Salem	51.30

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Event 22 ... (Men 400 Meter Dash)

Name	School	Seed Time
21 Watts, Gregory	Winston-Salem †	51.40
22 Baston, Brandon	Rio Grande	51.67
23 Wable, Trent	Wheeling Jesuit	52.00
24 Holliday, Will	W and L	52.12
25 McDaniel, Jarred	Pfeiffer	52.30
26 Prescott, Jordan	Anderson	52.50
27 East, Zenard	Anderson	52.50
28 Harrison, Matt	W and L	52.74
29 Bragason, Daniel	Davidson	52.80
30 Johnson, Isiah	Marietta	52.89
31 Sherman, Jeff	Marietta	53.02
32 Cook, Randy	Rio Grande	53.03
33 Kinzer, John	Forest T.C.	53.20
34 Yasin, Aziz	Winston-Salem †	53.22
35 Wooten, Johnson	Lees-McRae	53.30
36 Cesaratto, Matthew	Capital U.	54.00
37 Cocca, Jason	Marietta	54.09
38 Perry, DeAngelo	Forest T.C.	55.10

Event 23 Women 800 Meter Run

Regional Q.: 2:09.80		
Name	School	Seed Time
1 Jenke, Libby	Duke	2:09.80
2 Lehman, Molly	Duke	2:10.80
3 Owen, Lindsay	Duke	2:11.80
4 Klaas, Caitlin	Duke	2:12.40
5 Stankavage, Allison	Duke	2:12.60
6 Davlin, Jessica	Duke	2:12.80
7 Farias-Eisner, Anna	Duke	2:14.80
8 McCann, Kelly	Duke	2:15.80
9 McKown, Colleen	Davidson	2:16.00
10 Meyers, Ariel	Wake Forest	2:17.80
11 Leister, Hilary	Davidson	2:19.00
12 Hynes, Sarah	Wheeling Jesuit	2:19.00
13 Sobolewski, Jamie	Wake Forest	2:22.30
14 Webb, Elizabeth	W and L	2:24.00
15 Dunigan, Ashley	Wake Forest	2:24.00
16 Hitt, Jennifer	Anderson	2:24.00
17 Nguyen, Mindy	Duke	2:24.80
18 Reyher, Amanda	Wheeling Jesuit	2:25.00
19 Ferguson, Tomita	Winston-Salem †	2:27.00
20 Larrison, Jessi	Marietta	2:27.24
21 Tucker, Christy	Davidson	2:29.00
22 Springer, Savannah	Anderson	2:34.00
23 Wilkerson, Kathleen	Lees-McRae	2:35.00
24 Rynas, Stephanie	Pfeiffer	2:37.00
25 Humphrey, Ellen	Pfeiffer	2:37.00
26 Hurd, Jenny	Lees-McRae	2:42.00
27 Colson, Demarea	Lees-McRae	2:45.00

Event 24 Men 800 Meter Run

Regional Q.: 1:50.40		
Name	School	Seed Time
1 Strauman, Sean	Indiana PA	1:51.97
2 Wharton, Brad	Wake Forest	1:52.00
3 Spooner, Chris	Duke	1:52.00
4 Sovacool, Patrick	Miami, Ohio	1:52.46
5 Lewellen, Pete	Duke	1:52.50
6 Fernbach, Mike	Wake Forest	1:52.91
7 Wise, Ade	Duke	1:53.00
8 Galloway, Westin	Wake Forest	1:53.10
9 Ryan, Ben	Wake Forest	1:54.13
10 Maletis, John	Duke	1:54.50
11 Sickinger, Chris	Duke	1:54.50
12 Brown, Steve	Duke	1:55.00
13 McDaniel, Devin	Duke	1:55.00
14 Colven, Tommy	Duke	1:55.00
15 Bell, Cameron	Duke	1:55.00
16 Gielow, Robert	Wake Forest	1:55.10
17 Robinson, Ben	Miami, Ohio	1:55.70
18 Tamm, Ryan	Miami, Ohio	1:55.80
19 Waterhouse, Ian	Duke	1:56.00
20 Russell, Aaron	Wake Forest	1:56.00
21 Ferris, Dillon	Unattached	1:56.14
22 Owen, Matt	Wake Forest	1:57.00
23 Dropcho, Stephen	Wheeling Jesuit	1:57.75
24 Zikanov, Kiril	Duke	1:58.00
25 Wasieleski, Tyler	Duke	1:58.00
26 Russell, Mark	Wake Forest	1:58.10
27 Rivoir, Steve	W and L	1:58.20
28 Mitchem, Jered	Marietta	1:58.65
29 Stephens, Daniel	Lees-McRae	1:59.00
30 Lewis, Colin	Duke	1:59.00
31 Varipapa, Robbie	W and L	1:59.25
32 Feltman, Greg	Duke	1:59.50
33 Miceli, Joe	Capital U.	2:00.00
34 Jefferson, Chris	Forest T.C.	2:00.00
35 Gilders, Brad	Rio Grande	2:00.99
36 McEver, Hammond	W and L	2:01.50
37 Burt, Partick	Anderson	2:02.00
38 Potter, Harrison	Marietta	2:02.24
39 Culbertson, Corey	Rio Grande	2:02.83
40 Watts, Gregory	Winston-Salem †	2:03.00
41 Price, Kurtis	Wheeling Jesuit	2:03.56
42 Whetherholt, Josh	Anderson	2:04.00
43 Sifford, Christopher	Winston-Salem †	2:04.00
44 Collins, Brett	Lees-McRae	2:05.50
45 Evans, Tyler	Pfeiffer	2:06.00
46 Loftis, Greg	Anderson	2:07.00
47 Mick, Brian	Capital U.	2:10.00
48 Waldroup, Matt	Pfeiffer	2:10.00
49 Sulfridge, Lyle	Marietta	2:12.00

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Event 25 Women 1500 Meter Run**Regional Q.: 4:27.80**

Name	School	Seed Time
1 Sikes, Michelle	Wake Forest	4:29.00
2 Chrisman, Caitlin	Wake Forest	4:32.00
3 Farias-Eisner, Anna	Duke	4:32.80
4 Jeptolo, Irene	Winston-Salem	4:33.00
5 Lehman, Molly	Duke	4:33.80
6 Ferguson, Tiare	Duke	4:34.80
7 Kieffer, Allie	Wake Forest	4:35.00
8 Atias, Megal	Davidson	4:40.00
9 Martin, Allie	Davidson	4:40.00
10 Mitchell, Adele	Wake Forest	4:41.00
11 Christopher, Mary	W and L	4:54.50
12 Klein, Lisa	Davidson	4:59.00
13 Larrison, Jessi	Marietta	4:59.00
14 Hynes, Sarah	Wheeling Jesuit	5:00.00
15 Burns, Jackie	W and L	5:06.00
16 Taylor, Rebecca	W and L	5:06.00
17 Hitt, Jennifer	Anderson	5:10.00
18 Ellis, Carter	Wake Forest	5:10.00
19 Moody, Tracy	Wheeling Jesuit	5:20.00
20 DeRosa, Emily	Wheeling Jesuit	5:20.00
21 Wilkerson, Kathleen	Lees-McRae	5:25.00
22 Hurd, Jenny	Lees-McRae	5:35.00
23 Rynas, Stephanie	Pfeiffer	5:45.00
24 Humphrey, Ellen	Pfeiffer	5:45.00
25 Guffee, Ashten	Anderson	5:50.00

Event 26 Men 1500 Meter Run**Regional Q.: 3:47.80**

Name	School	Seed Time
1 Spooner, Chris	Duke	3:47.00
2 Stevens, Sean	Wake Forest	3:51.00
3 Sovacool, Patrick	Miami, Ohio	3:52.00
4 Gubbins, Geary	Duke	3:52.00
5 McDermott, Kevin	Duke	3:53.00
6 Bell, Cameron	Duke	3:53.00
7 Fisico, Jeremy	Wake Forest	3:53.70
8 Brown, Steve	Duke	3:54.00
9 Salmen, Chas	Duke	3:55.00
10 Schilling, Steve	Miami, Ohio	3:55.00
11 McDaniel, Devin	Duke	3:55.00
12 Reinhart, Alex	Duke	3:56.00
13 Maletis, John	Duke	3:57.00
14 Brockardt, John	Duke	3:58.00
15 Kerley, Ottie	Wake Forest	3:58.00
16 Rowland, Chris	Duke	3:58.00
17 Jefferson, Tim	Forest T.C.	3:59.00
18 Colven, Tommy	Duke	3:59.00
19 Pat, Parish	Duke	4:00.00
20 Shankle, Daniel	Duke	4:08.00
21 Potter, Harrison	Marietta	4:08.24
22 Feltman, Greg	Duke	4:09.00

23 Hoyt, Alex	Davidson	4:10.00
24 Whetherholt, Josh	Anderson	4:10.00
25 Collins, Brett	Lees-McRae	4:10.00
26 Doehring, John	Davidson	4:10.00
27 Wright, Cory	Winston-Salem	4:10.00
28 Pinyan, Josh	Pfeiffer	4:12.00
29 Tyndall, Matt	Pfeiffer	4:14.00
30 Ives, Anthony	W and L	4:14.00
31 Culbertson, Corey	Rio Grande	4:14.62
32 Stephens, Daniel	Lees-McRae	4:15.00
33 Waldroup, Matt	Pfeiffer	4:20.00
34 Kozusnik, David	Wheeling Jesuit	4:20.00
35 Dropcho, Stephen	Wheeling Jesuit	4:20.00
36 Bryan, Jason	Anderson	4:20.00
37 Price, Kurtis	Wheeling Jesuit	4:25.00
38 Woods, Stephan	Capital U.	4:30.00
39 Loftis, Greg	Anderson	4:35.00
40 Howdysshell, Troy	Rio Grande	4:44.24

Event 27 Men 3000 Meter Steeplechase**Regional Q.: 9:07.00**

Name	School	Seed Time
1 Huling, Dan	Miami, Ohio	8:43.00
2 McDermott, Kevin	Duke	9:13.00
3 Reinhart, Alex	Duke	9:15.00
4 Pat, Parish	Duke	9:30.00
5 Cambell, Justin	Miami, Ohio	9:33.92
6 Parsons, Nate	Anderson	9:40.00
7 Hudson, Joshua	Gardner-Webb	9:40.00
8 Shinsky, Adam	Indiana PA	9:40.10
9 Whittaker, Brandon	Pfeiffer	9:50.00
10 Atkinson, Matt	Anderson	10:00.00
11 Walton, Andrew	Lees-McRae	10:10.00
12 Blanc, Josh	Lees-McRae	10:10.00
13 Hummel, Kyle	Marietta	10:59.00
14 Cosgrove, Sam	Miami, Ohio	NT

Event 29 Women 3000 Meter Run

Name	School	Seed Time
1 Giusti, Anita	Holland	9:13.30
2 Ferguson, Tiare	Duke	9:50.00
3 Bremler, Hanna	Wake Forest	9:58.00
4 Placer, Merry	Wake Forest	10:00.00
5 Atias, Megal	Davidson	10:10.00
6 Martin, Allie	Davidson	10:10.00
7 Sanker, Caroline	Davidson	10:10.00
8 King, Emily	Davidson	10:20.00
9 Jeptolo, Irene	Winston-Salem	10:35.00
10 Willard, Diana	Anderson	10:36.00
11 Dunlap, Melissa	Pfeiffer	10:45.00
12 Rogers, Lucy	Davidson	10:55.00
13 Christopher, Mary	W and L	11:00.00
14 DeRosa, Emily	Wheeling Jesuit	11:35.00
15 Moody, Tracy	Wheeling Jesuit	11:40.00
16 Weeks, Claire	Lees-McRae	11:45.00

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Event 30 Men 3000 Meter Run

Name	School	Seed Time
1 Romero, Alex	Duke	8:24.00
2 Gubbins, Geary	Duke	8:25.00
3 Salmen, Chas	Duke	8:29.00
4 Swisher, Chris	Miami, Ohio	8:34.00
5 Kershner, Kyle	Duke	8:35.00
6 Mitchell, David	Miami, Ohio	8:41.00
7 Untrauer, Brad	Miami, Ohio	8:45.00
8 Sean, McDermott	Duke	8:45.00
9 Fox, Jon	Duke	8:48.00
10 Silver, Kevin	Miami, Ohio	8:52.00
11 Hoyt, Alex	Davidson	9:10.00
12 Garrett, James	Davidson	9:10.00
13 Tyndall, Matt	Pfeiffer	9:10.00
14 Pinyan, Josh	Pfeiffer	9:10.00
15 Welsh, Michael	W and L	9:10.00
16 Parsons, Nate	Anderson	9:10.00
17 Spears, Clark	Marietta	9:10.00
18 Doehring, John	Davidson	9:10.00
19 Thackston, Tristan	Pfeiffer	9:15.00
20 Johnson, Andrew	W and L	9:18.00
21 Waldron, Neil	Pfeiffer	9:20.00
22 Hunsaker, Jeremy	Anderson	9:20.00
23 Jackson, Alex	W and L	9:25.00
24 Webb, Paul	Rio Grande	9:25.00
25 Berry, Vance	W and L	9:25.00
26 Whittaker, Brandon	Pfeiffer	9:30.00
27 Koech, Kenneth	Winston-Salem †	9:33.00
28 Hull, John	Marietta	9:45.00
29 Woods, Stephan	Capital U.	9:50.00
30 Jackson, Nick	Pfeiffer	9:55.00
31 Atkinson, Matt	Anderson	10:00.00
32 Mick, Brian	Capital U.	10:05.00
33 Kozusnik, David	Wheeling Jesuit	10:20.00
34 Wynes, Joseph	Marietta	10:30.00
35 Peavey, Chris	Rio Grande	10:36.00
36 Keppler, Andrew	Capital U.	10:40.00
37 Wright, Cory	Winston-Salem †	11:25.00

Event 31 Women 100 Meter Hurdles

Regional Q.: 13.95		
Name	School	Seed Time
1 Nesbitt, Allison	Duke	14.50
2 Kerwood, Bethany	Wheeling Jesuit	15.80
3 Behmerwohld, Sara	W and L	16.10
4 Davis, Caroline	W and L	16.24
5 Sinoski, Mallory	Marietta	16.45
6 Cummons, Cayli	Marietta	16.90
7 Pyle, Leslie	Marietta	16.99
8 Stelter, Stephanie	W and L	17.00
9 Short, Krissy	Capital U.	17.50

Event 32 Men 110 Meter Hurdles

Regional Q.: 14.30			
Name	School	Seed Time	
1 Loyd, Mike	Wake Forest	14.03	
2 Yowell, Ezra	Winston-Salem †	14.65	
3 Tate, Heanon	U-Speedelite Un	14.80	
4 Thornhill, Nate	Capital U.	15.01	
5 Bowman, Eric	Miami, Ohio	15.10	
6 Jackson, James	Lees-McRae	15.50	
7 Murphy, Kelly	Wheeling Jesuit	15.70	
8 Edge, Ryan	W and L	16.74	
9 Estes, Michael	Wheeling Jesuit	17.00	
10 Clark, Larry	W and L	17.75	

Event 33 Women 400 Meter Hurdles

Regional Q.: 1:00.82			
Name	School	Seed Time	
1 Duffey, Michelle	Wake Forest	1:01.90	
2 Owen, Lindsay	Duke	1:02.80	
3 Stankavage, Allison	Duke	1:03.50	
4 Henn, Lauren	Wake Forest	1:04.50	
5 Weatherman, Janie	Anderson	1:05.00	
6 Doornbos, Stacy	W and L	1:05.70	
7 Davis, Caroline	W and L	1:06.50	
8 Hodge, Malliron	Winston-Salem †	1:06.88	
9 Behmerwohld, Sara	W and L	1:07.64	
10 Horn, Megan	Indiana PA	1:08.00	
11 Stelter, Stephanie	W and L	1:09.50	
12 Adams-Alexander, Jessica	Winston-Salem †	1:10.00	
13 Short, Krissy	Capital U.	1:10.00	
14 Pyle, Leslie	Marietta	1:10.35	
15 Seller, Jennifer	Anderson	1:12.00	

Event 34 Men 400 Meter Hurdles

Regional Q.: 52.51			
Name	School	Seed Time	
1 Dudley, Eric	Unattached	49.54	
2 Ritchie, David	Davidson	52.00	
3 Bingham, Michael	Wake Forest	52.50	
4 Warsaw, Phillip	Wake Forest	53.20	
5 Houston, Bobby	Miami, Ohio	54.50	
6 Holley, Jordan	Winston-Salem †	55.00	
7 Wainright, Brandon	Winston-Salem †	55.45	
8 Horvath, Eric	Miami, Ohio	56.00	
9 Roberts, Tim	Marietta	58.34	
10 Robinson, Wilson	W and L	58.70	
11 McCoy, Chip	W and L	1:00.50	

Event 35 Women 4x100 Meter Relay

Regional Q.: 45.70			
Team	Relay	Seed Time	
1 Davidson	A	49.00	
2 Wheeling Jesuit	A	49.00	
3 Capital U.	A	50.00	
4 Winston-Salem St	A	50.00	

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Event 35 ... (Women 4x100 Meter Relay)

Team	Relay	Seed Time
5 Wake Forest	A	50.00 _____
6 Marietta	A	52.40 _____

Event 36 Men 4x100 Meter Relay

Regional Q.: 40.66		
Team	Relay	Seed Time
1 Wake Forest	A	40.25 _____
2 Winston-Salem St	A	41.79 _____
3 Miami, Ohio	A	41.84 _____
4 Duke	A	42.00 _____
5 Indiana PA	A	42.10 _____
6 Wake Forest	B	42.10 _____
7 Capital U.	A	42.30 _____
8 Wheeling Jesuit	A	42.50 _____
9 Davidson	A	43.00 _____
10 Winston-Salem St	B	44.25 _____
11 Capital U.	B	45.00 _____

Event 37 Women 4x400 Meter Relay

Regional Q.: 3:42.00		
Team	Relay	Seed Time
1 Duke	A	3:50.00 _____
2 Duke	B	3:55.00 _____
3 Wake Forest	A	3:56.00 _____
4 Davidson	A	4:00.00 _____
5 Wheeling Jesuit	A	4:00.00 _____
6 Winston-Salem St	A	4:04.00 _____
7 W and L	A	4:07.50 _____
8 Indiana PA	A	4:09.45 _____
9 Capital U.	A	4:15.00 _____
10 W and L	B	4:30.00 _____

Event 38 Men 4x400 Meter Relay

Regional Q.: 3:10.00		
Team	Relay	Seed Time
1 Wake Forest	A	3:10.00 _____
2 Miami, Ohio	A	3:16.65 _____
3 Winston-Salem St	A	3:18.00 _____
4 Miami, Ohio	B	3:18.00 _____
5 Wheeling Jesuit	A	3:18.00 _____
6 Duke	A	3:20.00 _____
7 Wake Forest	B	3:24.00 _____
8 Winston-Salem St	B	3:24.00 _____
9 Davidson	A	3:25.00 _____
10 Indiana PA	A	3:25.60 _____
11 Duke	B	3:26.00 _____
12 Capital U.	A	3:26.67 _____
13 W and L	A	3:27.50 _____
14 Forest T.C.	A	3:28.00 _____
15 Duke	C	3:30.00 _____
16 Marietta	A	3:31.21 _____
17 W and L	B	3:40.00 _____
18 Wheeling Jesuit	B	3:40.00 _____

19 Anderson A 3:46.00 _____

Event 39 Women 3000 Meter Steeplechase

Regional Q.: 10:50.25		
Name	School	Seed Time
1 Tharpe, Bree	Gardner-Webb	12:20.00 _____

Event 40 Women 5000 Meter Run

Regional Q.: 16:52.00		
Name	School	Seed Time
1 Willard, Diana	Anderson	19:20.00 _____
2 Schneider, Jami	Marietta	21:50.00 _____

Event 41 Men 5000 Meter Run

Regional Q.: 14:10.00		
Name	School	Seed Time
1 Buha, Mark	Duke	14:50.00 _____
2 Daly, Dan	Duke	14:50.00 _____
3 Salmen, Marco	Duke	14:58.00 _____
4 Narvey, Daniel	Duke	15:40.00 _____
5 Mahoney, Alex	W and L	15:45.00 _____
6 Kennedy, Billy	Duke	15:50.00 _____
7 Hunsaker, Jeremy	Anderson	16:00.00 _____
8 Tyndall, Matt	Pfeiffer	16:00.00 _____
9 Pinyan, Josh	Pfeiffer	16:05.00 _____
10 Johnson, Andrew	W and L	16:15.00 _____
11 Hull, John	Marietta	16:15.00 _____
12 Koech, Kenneth	Winston-Salem St	16:20.00 _____
13 Waldron, Neil	Pfeiffer	16:29.00 _____
14 Swicegood, Jeff	Lees-McRae	17:00.00 _____
15 Wichie, Andrew	Marietta	17:15.00 _____