

Wake Forest Open

March 24-25, 2006

Kentner Stadium

Winston-Salem, NC

Interested Teams- Boston College, Duke, Miami (OH)-men, Gardner –Webb, High Point, Indiana-PA, Rio Grande, Washington and Lee, Capital University, Marietta College, Winston-Salem State, Fayetteville State, Livingstone College

Entry- Entries for this meet will be done on-line with our timing company CFPI Timing. Go to their web site- www.cfpitiming.com and follow the instructions listed under the Wake Forest Open icon. Unattached entries should enter also through the web site. Entries will be open until 6pm on Tuesday, March 22nd. Entry fee is \$200 per team men and women separate. A full team is considered 14 or more athletes. Partial teams will be charged \$15/athlete entered. Unattached/post collegiate athletes will be charged a \$15 entry fee for unlimited events.

Facility- Kentner Stadium which will host the 2006 Atlantic Coast Conference Championships features an 8 lane Beynon 1000 urethane track. The track and field design allows for the conduct of events with the prevailing winds in all races up to and including 400m and along with all jumping and throwing events. The adjacent long throws complex features multiple throw venues and can accommodate all of the throw events in one location. Several warm-up areas are located proximal to the track and provide convenient access to the facility. Rest rooms are located in the northeast corner of the stadium at track level. If your team needs to shower at the conclusion of the meet, please notify us in advance so we can make proper arrangements. Teams will need to provide their own towels and secure their valuables.

Meet Conduct- The meet will be conducted under NCAA rules and will be non-scoring. Implement weigh-ins will be done at the throws complex starting 90 minutes prior to the start of the event with the exception of the shot put which will be done in the tent in the northwest corner of Kentner Stadium by the shot put venue. Athletes in running events will need to check in at the clerking area at least 30 minutes prior to their event. Field event check-in will be at the event site starting one hour prior to the event. All legal throw and jump attempts will be measured.

Awards- T-shirts will be awarded to the collegiate winners of each event including all four members of winning relay teams.

Results- The results will be posted upon the conclusion of each event on the wall behind the pressbox and will be on line at www.wakeforestsports.com under the track heading,

Trainer- Certified athletic trainers will be available at the meet for injury evaluation, ice and hydration purposes. If you need specific training needs, please contact Anne Bradley- Wake Forest Track and Field Trainer- bradlead@wfu.edu or 336-758-4592 to make arrangements ahead of time.