

Deacon Combined Events

March 23-24, 2006
Kentner Stadium
Winston-Salem, NC

Interested Teams- Boston College-women, Clemson-men, Duke, Miami (OH)-men, Penn-men, Gardner –Webb, High Point, Indiana-PA, Rio Grande, Washington and Lee, Capital University, Mars Hill, Marietta College, North Carolina, St Augustine's College

Entry- Entries should be e-mailed to Scott Hall- hallsa@wfu.edu or faxed to 336-758-4565. Entries will be open until 6pm on Monday, March 20th. No online entry for the multi events. We ask that you any scratches by Tuesday, March 21st at 12pm. Entry fee is \$25/athlete entered. Each entered athlete will receive a meet t-shirt. Please include the athletes name, affiliation and their projected marks in each individual event of the decathlon or heptathlon so we can properly seed each individual event.

Facility- Kentner Stadium which will host the 2006 Atlantic Coast Conference Championships features an 8 lane Beynon 1000 urethane track. The track and field design allows for the conduct of events with the prevailing winds in all races up to and including 400m and along with all jumping and throwing events. The adjacent long throws complex features multiple throw venues and can accommodate all of the throw events in one location. Several warm-up areas are located proximal to the track and provide convenient access to the facility. For the combined events, all warm-up may be done in the stadium. Rest rooms are located in the northeast corner of the stadium at track level. If your team needs to shower at the conclusion of the meet, please notify us in advance so we can make proper arrangements. Teams will need to provide their own towels and secure their valuables.

Meet Conduct- The meet will be conducted under IAAF rules. The design of this meet is to maximize the score for each athlete. Each event will be seeded to allow for maximum performance and running direction and field event venues will be set up to provide the most optimal conditions for performance. Implements will be collected for certification starting 1 hour before the start of each days competition.

Awards- Functional awards will be presented to the top three finishers of the decathlon and the heptathlon.

Results- The results will be distributed upon the conclusion of each event, and will be posted on the wall behind the pressbox. Final results will be on line at www.wakeforestsports.com under the track heading,

Trainers- Certified athletic trainers will be available throughout the meet for injury evaluation, ice and ice baths and hydration stations. If you need specific training needs, please contact Anne Bradley-Wake Forest Track and Field Trainer at bradlead@wfu.edu or 336-758-4592.