

Troy State - Coach "O" Invitational - 4/1/2006

Jesse H. ColleyTrack, Troy State University

Results

Women 100 Meter Dash

Name	School	Finals
Section 1 Wind: -1.0		
1 Meadows, Tawanna	Troy	11.92 10
2 Cousin, Ashley	Bevill State	12.15 8
3 Dean, Daveda	Alabama AM U	12.30 6
4 Giles, Jessica	Belmont	12.47 3
5 White, Alana	Bevill State	12.48 2
6 Bryant, Courtney	Unattached	12.96
Section 2 Wind: -0.5		
1 parson, Raquell	Bevill State	12.59
2 King, Tiffany	Samford	12.85
3 Parker, Shamica	Alabama State	13.05
Section 3 Wind: -0.8		
1 Anderson, Daphne	Samford	12.51 1
2 Rox, Lakeita	Samford	13.05
3 Matthews, Sametria	Troy	13.15
4 Alston, Brittany	Alabama AM U	13.62

Women 200 Meter Dash

Name	School	Finals
Section 1 Wind: -1.4		
1 Davis, Tanisha	Troy	24.72 8
2 Brown, Valerie	Bevill State	24.77 6
3 Dean, Daveda	Alabama AM U	25.31 2
4 Rudolph, Juzil	Bevill State	25.54 1
5 Giles, Jessica	Belmont	25.57
6 Rives, Lynette	Belmont	25.76
7 Wallace, Carrie	Troy	25.82
Section 2 Wind: -0.2		
1 Ronella, Gollman	Troy	24.69 10
2 Williams, Jocelyn	Troy	25.22 3
3 McClain, Sha	Bevill State	25.64
4 Bryant, Courtney	Unattached	26.69
Section 3 Wind: -0.2		
1 Ezell, Renika	Alabama State	26.23
2 King, Tiffany	Samford	26.34
3 Parker, Shamica	Alabama State	26.85
4 Nunnally, Mary	Samford	27.42

Women 400 Meter Dash

Name	School	Finals
Section 1		
1 Brown, Valerie	Bevill State	54.63 10
2 Rives, Lynette	Belmont	54.84 8
3 Wallace, Carrie	Troy	56.50 6
4 McDonald, Joy	Alabama AM U	57.83 3
5 Flowers, Ashley	Samford	59.93
6 Nunnally, Mary	Samford	1:00.27
Section 2		
1 Mcghee, Brittney	Troy	58.42 2
2 Williams, Ashley	Bevill State	59.50 1
3 Ezell, Renika	Alabama State	1:00.50
4 McClain, Sha	Bevill State	1:01.90

Section 3

1 White, Kia	Belmont	1:00.52
2 Hampton, Faith	Troy	1:03.83

Women 800 Meter Run

Name	School	Finals
Section 1		
1 Onikoyi, Laide	Troy	2:18.87 10
2 Speer, Isabel	Unattached	2:21.61 8
3 Reese, Crystal	Alabama State	2:24.26 6
4 Wray, Simone	Alabama AM U	2:25.19 3
5 Ash, Kim	Bevill State	2:26.67 2
6 Watkins, Lakesha	Alabama State	2:29.87 1
7 Miller, Julia	Troy	2:30.76
8 Williams, Catherine	Belmont	2:32.14
9 Voorhies, Amy	Samford	2:33.45
10 Dupree, Kianca	Bevill State	2:37.81
11 Hampton, Kahaila	Alabama AM U	2:39.85
12 Martin, Autumn	Alabama AM U	2:42.28
13 Worthy, Amy	Samford	2:42.47
14 Murray, Jo	Samford	2:47.94

Women 1500 Meter Run

Name	School	Finals
Section 1		
1 Chepkonga, Janet	Unattached	4:47.97 10
2 Speer, Isabel	Unattached	4:55.44 8
3 Wellman, Mallory	Troy	4:59.10 6
4 Stewart, Farrah	Troy	5:03.86 3
5 Miller, Julia	Troy	5:05.26 2
6 Corcoran, Jenean	Troy	5:06.68 1
7 Wells, Jewel	Alabama State	5:12.82
8 Lewallen, Andrea	Unattached	5:17.40
9 Macdonald, Meghan	Troy	5:24.65
10 Fabian, Lourdes	Alabama State	5:29.65
11 Crawford, Jeanette	Unattached	5:30.68
12 Hampton, Kahaila	Alabama AM U	5:32.62
13 Lantz, Katie	Samford	5:38.47
14 Keltz, Michelle	Unattached	5:50.06
15 Reid, Danielle	Unattached	6:11.79

Women 3000 Meter Run

Name	School	Finals
Section 1		
1 Chepkonga, Janet	Unattached	10:46.46 10
2 Heiskell, Connie	Samford	10:52.19 8
3 Stewart, Farrah	Troy	10:53.75 6
4 Brewer, Jessica	Samford	11:04.16 3
5 Almand, Katie	Samford	11:11.76 2
6 Corcoran, Jenean	Troy	11:13.43 1
7 Wellman, Mallory	Troy	11:29.00
8 Wells, Jewel	Alabama State	11:38.31
9 Fabian, Lourdes	Alabama State	11:44.58
10 Jackson, Sara	Troy	11:57.14
11 Lewallen, Andrea	Unattached	11:57.27
12 Mutwol, Eunice	Unattached	12:23.52

Troy State - Coach "O" Invitational - 4/1/2006

Jesse H. ColleyTrack, Troy State University

Results

Section 1 ... (Women 3000 Meter Run)

Name	School	Finals
13 Matsunaga, In-Mi	Unattached	12:24.11
14 Crippen, Ashley	Unattached	12:44.05
15 Keltz, Michelle	Unattached	13:07.27

Women 100 Meter Hurdles

Name	School	Finals
------	--------	--------

Section 1 Wind: -0.3

1 Howell, April	Samford	14.06	10
2 Johnson, Monique	Troy	14.34	8
3 Anderson, Daphne	Samford	14.76	6
4 Rox, Lakeita	Samford	14.94	3
5 Keel, Ashley	Alabama AM U	15.22	2
6 Smith, Kametria	Bevill State	15.48	1
7 Butler, Diane	Bevill State	15.83	

Section 2 Wind: -1.5

1 Rudolph, Juzil	Bevill State	15.89	
2 Floyd, Ciara	Samford	16.00	
3 Clymer, Erin	Troy	16.54	
4 Hogg, Jennifer	Troy	17.24	

Women 400 Meter Hurdles

Name	School	Finals
------	--------	--------

Section 1

1 Hawkins, Ashley	Alabama State	1:03.51	10
2 Decker, Kady	Samford	1:04.86	8
3 Jeanty, Cherline	Alabama State	1:05.51	6
4 Harris, Mildred	Troy	1:05.63	3
5 Hogg, Jennifer	Troy	1:08.07	1
6 Johnson, Monique	Troy	1:10.23	

Section 2

1 Pollock, Lizz	Belmont	1:07.14	2
2 Williams, Ashley	Bevill State	1:12.35	

Women 4x100 Meter Relay

Team	Relay	Finals
------	-------	--------

Section 1

1 Troy University	A	46.59
2 Bevill State	A	46.83
3 Troy University	B	47.68
4 Alabama AM Univ	A	48.55
5 Samford	A	48.84

Women 4x400 Meter Relay

Team	Relay	Finals
------	-------	--------

Section 1

1 Troy University	A	3:48.75
2 Troy University	B	3:54.65
3 Samford	A	3:55.21
4 Bevill State	A	3:59.31
5 Belmont	A	4:03.29
6 Bevill State	B	4:05.47
7 Alabama State	A	4:06.42
8 Alabama State	B	4:13.89

Women High Jump

Name	School	Finals
------	--------	--------

Flight 1

1 Luster, Rashunda	Bevill State	1.70m	10
2 Malnati, Laura	Samford	1.65m	8
3 Fleming, Kristen	Troy	1.55m	3
3 Parker, Shamica	Alabama State	1.55m	6
5 Reese, Crystal	Alabama State	1.45m	
5 Clymer, Erin	Troy	1.45m	1
5 Hogg, Jennifer	Troy	1.45m	2

Women Pole Vault

Name	School	Finals
------	--------	--------

Flight 1

1 Cardwell, Cameron	Samford	3.50m	10
2 Mattox, Shamonique	Alabama State	3.05m	8
2 Blankenship, Karla	Troy	3.05m	6

Women Long Jump

Name	School	Finals
------	--------	--------

Flight 1

1 Walker, Brooke	Alabama AM U	5.57m	10
2 Johnson, Monique	Troy	5.37m	8
3 Hawkins, Myra	Alabama State	5.27m	6
4 Meadows, Tawanna	Troy	5.19m	3
5 Cichoszewska, Agata	Troy	5.12m	2
6 Floyd, Ciara	Samford	4.99m	1
7 Washington, Brittney	Alabama AM U	4.83m	+0.0
8 Carson, Jada	Alabama AM U	4.78m	-0.3
9 Yawn, Stephanie	Troy	4.47m	+0.0

Women Triple Jump

Name	School	Finals
------	--------	--------

Flight 1

1 Howell, April	Samford	12.10m	10
2 Cichoszewska, Agata	Troy	11.10m	8
3 Hawkins, Myra	Alabama State	11.05m	6
4 Washington, Brittney	Alabama AM U	10.61m	3
5 Yawn, Stephanie	Troy	9.80m	2
6 Blankenship, Karla	Troy	9.66m	1
7 Matthews, Sametria	Troy	9.31m	+0.0
8 Fleming, Kristen	Troy	9.23m	+0.0

Women Shot Put

Name	School	Finals
------	--------	--------

Flight 1

1 Dawson, Java	Troy	11.91m	10
2 Moon, Clinnette	Alabama State	11.73m	8
3 Okonya, Ramona	Alabama State	11.71m	6
4 Howell, Shenita	Troy	11.47m	3
5 Hart, Kristan	Alabama State	11.43m	2
6 Angstadt, Bridget	Troy	11.10m	1
7 Seales, Antonique	Alabama State	11.02m	
8 Brown, Kally	Alabama State	10.55m	
9 Darrell, Moneca	Alabama AM U	9.67m	

Troy State - Coach "O" Invitational - 4/1/2006

Jesse H. ColleyTrack, Troy State University

Results

Flight 1 ... (Women Shot Put)

Name	School	Finals
10 Franklin, Akilah	Alabama AM U	9.00m

Women Discus Throw

Name	School	Finals
------	--------	--------

Flight 1

1 Jordan, Monique	Troy	43.05m	10
2 Okonya, Ramona	Alabama State	40.68m	8
3 Howell, Shenita	Troy	38.99m	6
4 Moon, Clinnette	Alabama State	36.46m	3
5 Brown, Kally	Alabama State	36.08m	2
6 Angstadt, Bridget	Troy	35.60m	1
7 Spivey, Amanda	Bevill State	33.44m	

Flight 2

1 Dawson, Java	Troy	34.73m
2 Seales, Antonique	Alabama State	25.28m

Women Hammer Throw

Name	School	Finals
------	--------	--------

Flight 1

1 Okonya, Ramona	Alabama State	49.09m	10
2 Jordan, Monique	Troy	45.95m	8
3 Nash, Keyonna	Alabama AM U	42.83m	6
4 Moon, Clinnette	Alabama State	41.07m	3
5 Brown, Kally	Alabama State	37.68m	2
6 Howell, Shenita	Troy	37.16m	1
7 Hart, Kristan	Alabama State	36.68m	
8 Dawson, Java	Troy	31.64m	
9 Yawn, Stephanie	Troy	30.56m	
--- Seales, Antonique	Alabama State	FOUL	
--- Angstadt, Bridget	Troy	FOUL	

Women Javelin Throw

Name	School	Finals
------	--------	--------

Flight 1

1 Nash, Keyonna	Alabama AM U	35.12m	10
2 Howell, Shenita	Troy	34.39m	8
3 Davidson, Sade	Bevill State	32.64m	6
4 Malnati, Laura	Samford	31.30m	3
5 Clymer, Erin	Troy	30.91m	2
6 Cichoszewska, Agata	Troy	29.41m	1
7 Yawn, Stephanie	Troy	28.98m	
8 Freeman, Zekia	Bevill State	23.63m	
9 Seales, Antonique	Alabama State	23.28m	
10 Franklin, Akilah	Alabama AM U	13.85m	

Men 100 Meter Dash

Name	School	Finals
------	--------	--------

Section 1 Wind: -1.8

1 Ogletree, Melvin	Alabama State	10.71	10
2 Thompson, Curtis	Alabama State	10.81	8
3 Hicks, Lamar	Troy	10.86	6
4 Malone, Robert	Alabama AM U	10.87	3
5 Rushmeyer, Brian	Unattached	11.17	
6 Winters, Alzedrick	Alabama State	11.22	

7 Ghent, Adrian	Unattached	11.28	
-----------------	------------	-------	--

Section 2 Wind: -0.7

1 Enyinda, Chris	Alabama AM U	11.02	2
2 Minger, Lance	Alabama State	11.29	
3 Goetze, Justin	Samford	11.38	
4 Stallworth, Arin	Alabama AM U	11.50	
5 Grissom, Michael	Alabama State	11.56	

Section 3 Wind: +0.0

1 Anderson, Keaton	Troy	11.11	1
2 Starks, Antonio	Unattached	11.56	
3 Livingston, Jermaine	Samford	11.68	

Men 200 Meter Dash

Name	School	Finals
------	--------	--------

Section 1 Wind: -0.1

1 Thompson, Curtis	Alabama State	21.27	10
2 Ogletree, Melvin	Alabama State	21.28	8
3 Winters, Alzedrick	Alabama State	22.03	3
4 Enyinda, Chris	Alabama AM U	22.39	2
5 Cobb, Tony	Unattached	22.75	
6 Dunn, Jimmie	Alabama AM U	22.78	
7 Malone, Robert	Alabama AM U	22.83	
8 Stallworth, Arin	Alabama AM U	23.23	

Section 2 Wind: 1.0

1 Rushmeyer, Brian	Unattached	21.89	6
2 Anderson, Keaton	Troy	22.52	1
3 Culbertson, Adrian	Troy	22.54	
4 Goetze, Justin	Samford	22.81	
5 Patterson, Stacey	Unattached	23.19	
6 Grissom, Michael	Alabama State	23.37	
7 Summers, Nigel	Alabama AM U	24.15	

Section 3 Wind: NWI

1 Minger, Lance	Alabama State	22.94	
2 Hunter, Jason	Unattached	23.11	
3 Starks, Antonio	Unattached	23.47	
4 Atwell, William	Samford	24.08	
5 Nichols, Michael	Troy	24.28	
6 Austin, Norman	Troy	25.25	

Men 400 Meter Dash

Name	School	Finals
------	--------	--------

Section 1

1 Hawkins, Delarenta	Troy	48.21	10
2 Edwards, Timothy	Alabama State	48.69	8
3 Cobb, Tony	Unattached	49.29	6
4 Hunter, Jason	Unattached	50.64	2
5 Moss, Joshua	Alabama State	52.11	

Section 2

1 Pitter, Don	Troy	49.48	3
2 Acree, Dennis	Troy	50.66	1
3 Livingston, Jager	Unattached	51.15	
4 Bone, Jonathan	Alabama AM U	51.95	

Section 3

1 Mota, Miguel	Unattached	51.88	
2 Patterson, Stacey	Unattached	52.45	

Troy State - Coach "O" Invitational - 4/1/2006

Jesse H. ColleyTrack, Troy State University

Results

Section 3 ... (Men 400 Meter Dash)

Name	School	Finals
3 Richardson, Carl	Unattached	53.50
4 Gill, Julian	Unattached	56.26

Men 800 Meter Run

Name	School	Finals
------	--------	--------

Section 1

1 Bond, Mike	Saucony	1:55.70	10
2 Smith, Rodsey	Alabama AM U	1:58.43	8
3 Pope, Marquis	Alabama State	1:58.70	6
4 Browder, Will	Troy	1:58.97	3
5 Horner, Drew	Troy	2:00.68	2
6 Oneal, Jerrell	Alabama State	2:01.17	1
7 Scott, Kyle	Troy	2:01.67	
8 Feliciano, David	Unattached	2:02.29	
9 Sanders, Ryan	Troy	2:05.31	
10 Boothe, Paul	Troy	2:09.44	
11 Ramer, Chris	Troy	2:11.15	
12 Rogers, Sean	Samford	2:11.91	
13 Mozley, Dustin	Unattached	2:21.77	

Men 1500 Meter Run

Name	School	Finals
------	--------	--------

Section 1

1 Horner, Drew	Troy	4:04.78	10
2 Bacchus, Lyndon	Alabama AM U	4:07.76	8
3 Hanson, Michael	Samford	4:09.65	6
4 Pope, Marquis	Alabama State	4:10.12	3
5 Gunn, Robert	Unattached	4:10.48	2
6 Brawner, Bo	Samford	4:13.10	1
7 Bradley, Adam	Unattached	4:13.59	
8 Boothe, Paul	Troy	4:13.88	
9 Pugh, Adam	Unattached	4:14.25	
10 Oneal, Jerrell	Alabama State	4:33.82	
11 Matchell, Gabe	Unattached	4:35.07	
12 Speer, Nathan	Unattached	4:42.10	
13 Mozley, Dustin	Unattached	4:43.26	
14 Walsh, Cody	Unattached	5:01.84	

Men 110 Meter Hurdles

Name	School	Finals
------	--------	--------

Section 1 Wind: -1.1

1 Mckenzie, Leander	Unattached	14.55	10
2 Cardwell, Jamarquis	Alabama AM U	15.91	6
3 Phillips, Kahalil	Alabama State	15.97	3

Section 2 Wind: +0.0

1 Harris, Cory	Troy	15.83	8
2 Steinberger, James	Samford	16.28	2
3 Parnell, Ben	Troy	18.04	1

Men 400 Meter Hurdles

Name	School	Finals
------	--------	--------

Section 1

1 Smith, Michael	Samford	52.64	10
2 Gray, Darius	Alabama State	53.82	8

3 Moore, Timothy	Alabama State	53.98	6
4 Cardwell, Jamarquis	Alabama AM U	56.27	3
5 Mckenzie, Leander	Unattached	56.79	2
6 Moss, Joshua	Alabama State	56.95	1

Section 2

1 Sugauara, Shogo	Unattached	57.20	
2 Young, Durelle	Troy	58.84	
3 Parnell, Ben	Troy	59.55	

Men 3000 Meter Steeplechase

Name	School	Finals
------	--------	--------

Section 1

1 Mclain, Ricky	Samford	10:10.85	10
2 Pugh, Adam	Unattached	10:37.87	8
3 Soorma, Aadam	Troy	10:48.33	6
4 Speer, Nathan	Unattached	12:33.38	3

Men 4x100 Meter Relay

Team	Relay	Finals
------	-------	--------

Section 1

1 Alabama State	A	40.61
2 Troy University	A	40.85
3 Troy University	B	43.34
4 Samford	A	44.58
5 Alabama AM Univ	A	44.63

Men 4x400 Meter Relay

Team	Relay	Finals
------	-------	--------

Section 1

1 Troy University	A	3:16.42
3 Alabama State	A	3:19.95
--- Alabama State	B	3:18.33
--- Troy University	B	3:28.74

Men High Jump

Name	School	Finals
------	--------	--------

Flight 1

1 Mcclinton, Jamaal	Alabama State	2.10m	10
2 Hinton, Arthur	Alabama State	2.00m	8
3 Pruitt, Alex	Alabama State	1.90m	6
4 Richardson, Carl	Unattached	1.85m	3
4 Ackerson, Asa	Samford	1.85m	2

Men Pole Vault

Name	School	Finals
------	--------	--------

Flight 1

1 Crews, Scott	Troy	4.75m	10
2 Holmes, Mark	Samford	4.60m	7
2 Schmidt, Trent	Samford	4.60m	7
4 Steinberger, James	Samford	4.15m	3
5 Alexander, Nathan	Alabama AM U	4.00m	1
5 Londeen, Jon	Samford	4.00m	2
--- Venson, Orion	Alabama State	NH	
--- Harris, Cory	Troy	NH	

Troy State - Coach "O" Invitational - 4/1/2006
Jesse H. ColleyTrack, Troy State University
Results

Men Long Jump

Name	School	Finals
Flight 1		
1 Webb, Michael	Alabama AM U	6.94m 10
2 Ellis, Richard	Unattached	6.69m 8
3 McClinton, Jamaal	Alabama State	6.51m 6
4 Culbertson, Adrian	Troy	6.44m 3
5 Nichols, Michael	Troy	6.35m 2
6 Vanzandt, Matt	Troy	6.09m -1.4
7 Hinton, Arthur	Alabama State	6.05m +0.0
Flight 2		
1 Hicks, Lamar	Troy	6.26m 1
2 Kirtland, Bill	Samford	6.20m +0.0
3 Goetze, Justin	Samford	5.94m -1.5
4 Ackerson, Asa	Samford	5.90m 0.3
5 Fikes, Xavier	Alabama AM U	5.81m +0.0
6 Livingston, Jermaine	Samford	4.83m -1.6
Men Triple Jump		
Name	School	Finals
Flight 1		
1 Ellis, Richard	Unattached	14.32m 10
2 Webb, Michael	Alabama AM U	14.08m 8
3 Kirtland, Bill	Samford	12.82m 6
4 Culbertson, Adrian	Troy	12.58m 3
5 Nichols, Michael	Troy	11.70m 2
Men Shot Put		
Name	School	Finals
Flight 1		
1 Heck, Michael	Troy	16.50m 10
2 Baker, Ryan	Troy	14.71m 8
3 Sanders, James	Alabama AM U	14.41m 6
4 Lassiter, Lloyd	Lloyd Lassit	14.35m 3
5 Mcmillian, Josh	Unattached	13.18m 2
6 Stevens, Fredrick	Alabama AM U	12.30m
Flight 2		
1 Leaks, Prentiss	Alabama State	12.90m 1
2 Kendrick, Kameral	Alabama State	11.43m
3 Livingston, Jager	Unattached	9.75m
4 Pandillo, Tony	Belmont	8.73m
Men Discus Throw		
Name	School	Finals
Flight 1		
1 Schmeling, Ryan	Troy	47.30m 10
2 Heck, Michael	Troy	47.26m 8
3 Baker, Ryan	Troy	44.54m 6
4 Stevens, Fredrick	Alabama AM U	40.32m 3
5 Stein, Richard	Troy	39.02m 2
6 Lassiter, Lloyd	Lloyd Lassit	33.22m
Flight 2		
1 Leaks, Prentiss	Alabama State	37.94m 1
2 Kendrick, Kameral	Alabama State	37.16m
3 Perry, Cornelius	Belmont	34.96m

4 Livingston, Jager Unattached 25.32m

Men Hammer Throw

Name	School	Finals
Flight 1		
1 Heck, Michael	Troy	49.71m 10
2 Leaks, Prentiss	Alabama State	49.52m 8
3 Stevens, Fredrick	Alabama AM U	48.72m 6
4 Baker, Ryan	Troy	47.11m 3
5 Lassiter, Lloyd	Lloyd Lassit	46.56m 2
6 Fox, Pete	Samford	42.22m 1
Flight 2		
1 Mcmillian, Josh	Unattached	40.86m
2 Schmeling, Ryan	Troy	40.06m
3 Kendrick, Kameral	Alabama State	36.23m
4 Perry, Cornelius	Belmont	35.23m
5 Pandillo, Tony	Belmont	28.83m
6 Sanders, James	Alabama AM U	28.54m

Men Javelin Throw

Name	School	Finals
Flight 1		
1 Austin, Norman	Troy	54.00m 10
2 Vanzandt, Matt	Troy	52.33m 8
3 Edwards, Dedrick	Alabama AM U	48.54m 6
4 Stein, Richard	Troy	47.80m 3
5 Venson, Orion	Alabama State	45.98m 1
6 Alexander, Nathan	Alabama AM U	42.60m
7 Harris, Cory	Troy	36.12m
8 Leaks, Prentiss	Alabama State	34.09m
Flight 2		
1 Rangel, David	Unattached	47.55m 2
2 Grubecki, Pawel	Unattached	42.21m

Women - Team Rankings - 18 Events Scored

1) Troy University	167
2) Alabama State University	93
3) Samford	73
4) Bevill State Community Colleg	47
5) Alabama AM Univ	45
6) Belmont	13

Men - Team Rankings - 18 Events Scored

1) Troy University	151
2) Alabama State University	116
3) Alabama AM Univ	72
4) Samford	57
5) Saucony	10
6) Lloyd Lassiter	5