

Gamecock Invitational Track & Field Meet
Saturday – April 8, 2006
Meet Information

Eligibility:	Open to invited collegiate teams and unattached athletes.
Entries:	Must be received by 6:00 pm on Wednesday, April 5 All entries will be done on line at: <u>CFPltiming.com</u>
Please Read:	Be sure to <u>submit</u> your entire entry list. Print a copy for your records. Please enter honest "estimates" rather than a no-time (NT) or no-mark (NM).
Entry Limits:	Due to the size of this meet, each school will be limited to a maximum of Four entries per event . You may run only one 400 meter relay team.
Entry Fee:	\$150 per team (\$300 for both men and women). Individual's entry is \$15.00 Please make checks payable to <u>JSU Foundation</u>.
Scratches:	Scratches only on meet day. No additions!
Info Packets:	Pick up (and pay entry fees) upon arrival in tent @ the finish line area.
Track:	8-lane polyurethane (resurfaced in 2003). HJ/LJ/TJ and PV runways same as track surface. Javelin runway will be contested off grass.
Weigh-In:	All implements must be weighed in at track storage building between 8:00 and 9:30 am. Any and all illegal implements will be impounded until completion of the event(s).
Timing:	Finish-Lynx interfaced with Hy-Tek and NCAA rules will govern the meet.
Scoring:	Eight-place scoring (10-8-6-5-4-3-2-1) will be utilized.
Results:	Available at the conclusion of the meet and posted on the results board after each event. Results will also be posted on the school's athletic web-site (<u>jsu.edu</u>).
National Qualifiers:	Coaches are responsible for securing all data pertinent to entering his/her athlete(s) into their respective national meet.
Dressing Rooms:	Available in Pete Mathews Coliseum (adjacent to the track complex).
Hospitality:	Coaches hospitality tent will be available adjacent to the finish line tent.
Trainers:	JSU will have a certified athletic training staff available throughout the meet.
Meet Director:	Steve Ray, Head Coach Jacksonville State University Office: (256) 782- 8068 Home: (256) 435-4946 Cell: (513) 227-6717 E-Mail: <u>sray@jsu.edu</u>

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Meet Schedule

FIELD EVENTS

8:00 am	Hammer (W followed by M)
10:00 am	Shot Put (W) Discus (M) Pole Vault (W followed by M) Long Jump (W & M)
10:30 am	High Jump (W followed by M)
11:30 am	Discus (W) Shot Put (M)
12:00 pm	Triple Jump (W & M) Javelin (W followed by M)

RUNNING EVENTS

(Men will compete first in all running events, fastest heat to slowest)

11:00 am	3000 Meter Steeplechase 400 Meter Relay 1500 Meter Run 110 / 100 High Hurdles 400 Meter Dash 100 Meter Dash 800 Meter Run 400 Intermediate Hurdles 200 Meters Dash 5000 Meter Run 1600 Meter Relay
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