

Western Carolina High School Track and Field Invitational
Meet Time Schedule

Field Event Schedule

11:00am Long Jump – Boys and Girls
 Discus – Girls
 Shot Put – Boys
 Pole Vault – Girls
1:00pm..... High Jump – Boys and Girls
2:30pm..... Pole Vault – Boys
 Discus – Boys
 Shot Put – Girls
3:00pm..... Triple Jump – Boys and Girls
**Girls will LJ/TJ on pit #1 (closest to track)
**Boys will LJ/TJ on pit #2 (between pit #1 and pole vault pit)
**Boys will HJ on Blue Pit
**Girls will HJ on Purple Pit

Running Event Schedule (will be a rolling schedule after the start of the first event)

12:00pm..... 4 x 800m Relay – Girls
 4 x 800m Relay – Boys
 100m Hurdles – Girls
 110m Hurdles – Boys
 100m Dash – Girls
 100m Dash – Boys
 4 x 200m Relay – Girls
 4 x 200m Relay – Boys
 1600m Run – Girls
 1600m Run – Boys
 4 x 100m Relay – Girls
 4 x 100m Relay – Boys
 400m Dash – Girls
 400m Dash – Boys
 300m Hurdles – Girls
 300m Hurdles – Boys
 800m Run – Girls
 800m Run – Boys
 200m Dash – Girls
 200m Dash – Boys
 3200m Run – Girls
 3200m Run – Boys
 4 x 400m Relay – Girls
 4 x 400m Relay – Boys

*Awards Ceremony for team awards approx. 15 min. after the last event.

**Any concerns or problems prior to the meet can be directed to Danny Williamson @ (828) 227-2026. This number will also serve as the meet hotline in case of inclement weather. If the weather looks as if it will be a problem, we will make the decision to proceed or to cancel at 10:00pm on Friday night. Do not call before 10:00pm on Friday night April 21, 2006 as no-one will be in the office.