



## ACA HOMECOMING MEET

I am excited to announce a field of traditionally successful XC teams committed to run in the Varsity race of our ACA Homecoming Meet on Thursday, October 12. Visiting teams recent Championship performances:

Altamont – 1997-1998 & 2000-2001 Boy's State Champions, 2002-2004 Girl's Champion

Briarwood Christian – 1998-2000 Boy's State Champions, 1999 Girl's Champion

Lawrence County – 1996, 2003-2004 Boy's State Champions, 2003 Girl's Champion

The location of the race will be at lovely Sokol Park here in Tuscaloosa. Directions to the meet can be found at [www.runaca.com](http://www.runaca.com).

We will also have a Middle School race featuring local teams from in and around Tuscaloosa. This is an open race available to all Middle School wishing to participate.

The race schedule will be as follows:

3:30 p.m.	Middle School Girls 2.2 Mile	(Unlimited entries)
4:00 p.m.	Middle School Boys 2.2 Mile	(Unlimited entries)
4:30 p.m.	Varsity Girls	(Unlimited entries)
5:15 p.m.	Varsity Boys	(Unlimited entries)

The course will be run in open pasture and through trails in the woods. No pavement or concrete will be run on so spikes can be used.

The entry fees are \$5 per athlete with a maximum \$25 per school per race. Each winning team will receive a nice trophy and each winner will receive a nice Nike Dry Fit shirt. As a treat from one of our sponsors, TCBY, each athlete will receive a certificate for a free treat from its store just down the road from the race site.

Entries are due by Monday, October 9. You can register for the meet at [www.cfpitiming.com](http://www.cfpitiming.com).

We truly hope that everyone enjoys their visit to Tuscaloosa to participate in this event. Please feel free to contact me if I can be of any assistance at 205-454-7033 or [charlestiller@bellsouth.net](mailto:charlestiller@bellsouth.net).

Sincerely,

Coach Charles Tiller