

**OLE MISS HIGH SCHOOL
INVITATIONAL
OLE MISS TRACK & FIELD**

APRIL 8, 2005

MEET INFORMATION

Date: April 8TH

Site: The track is located off Hill Drive, south of Vaught-Hemingway Football Stadium.

Directions: Exit North at Coliseum Drive off of Highway 6, turn north past the Gillom Women's Complex. At the four way stop, veer right onto Hill Drive, take the 3rd right, about 600 meters; you will see the track building on the right.

Facility: The track is nine 48" lanes. We have 2 shot areas, 2 discus areas, 2 hammer areas, a large "D" area. There are 8 possible Pole Vault areas to take advantage of the wind.

Competition Surface: The track surface, long jump, high jump, pole vault and javelin runways are Mondo. **ONE QUARTER INCH CONE SPIKES ARE MANDATORY;** and are the ONLY spikes allowed.

The throwing circles are brushed concrete.

Entry Fee: \$100.00 per School (\$50 for Men / \$50 for Women). Checks should be made payable to The University of Mississippi. You may also pay when you arrive on Friday.

Entry Deadline: All entries are submitted on-line at:
cfpfitiming.com

Go to link and e-mail that you want to enter the Ole Miss High School Invitational on April 8th and need a password; the password will be e-mailed back to you for entry.

April 8th Meet - Deadline is Wednesday, April 7th at 5:00 p.m.

There will be no scratches and declarations. What you send us will be final and entered so please enter what you plan to run. You can make any changes you want up until the cutoff time.

THERE WILL BE NO ADDITIONS OR CHANGES THE DAY OF THE MEET.

Schedule: See Attached.

Meet Format: In running events, sections by time will be run with each event to be a final. In field events the top 9 will advance to final. In high jump, starting heights will be determined after review of entries.

Scoring: 10,8,6,5,4,3,2,1.

Timing: All Timing in FAT.

Rules: High School Federation Rules will apply.

Check In: Check in with Clerk of the Course, ready to run. Heat sheets will be posted.

Heat Sheets/Results: Heat sheets will be in each teams packet, which will be available at 8:30 a.m. Results will be posted after each event is final.

Implement Weigh In: All implements will be certified and weighed in at the shed during the following times. Shed is located on the Northwest corner of the track.

Shot Put 9:00 a.m. - 10:00 a.m.

Discus 11:00 a.m. - 12:00 p.m.

Implements will be impounded and taken to the site of competition one-half hour prior to the start of the competition.

Training Area: Trainer on hand at meet: Kevin Stokes
at 662/915-7246.

More Information: For more information or answers to any questions, please call the Ole Miss Track Office (662/915-7538).