

Alabama Relays

March 17-20, 2005

Sam Bailey Track & Field

Complex

Tuscaloosa, Alabama

Entry Information and Instructions

Step 1: Examine Entry Information and Restrictions to decide who may enter the meet.

1. Each team is allowed three (3) entries per individual running event, three (3) entries for vertical jumps, horizontal jumps, and throws. Each team will be allowed one relay team per relay event.
2. Additional athletes may be entered in all events above the three (3) limit restriction per event at an additional cost of \$10 per person per event (see entry fee).
3. READ the entry standards (meet information), as we have implemented minimum standards for measurement in the field events. All athletes will have their first legal attempt measured and then the standards for measurement will be adhered to. There is also a limited field size in the heptathlon and decathlon (20).

Step 2: Set up an account with CFPI Timing.

1. If you do not have a CFPI team account to enter your team. You must e-mail CFPI at bama@cfpiming.com to request a password and ID.
2. Teams with existing account must also e-mail CFPI at bama@cfpiming.com to request entry into the meet, this will activate your current CFPI team account so that you may complete your entries.

Step 3: Enter your athletes online on the internet.

1. Go to www.cfpiming.com. A link to the site can also be found by accessing www.rolltide.com, clicking on Track and Field (m or w), then on 2005 home event information.

2. Please read the directions before attempting to use the system. Use your password and ID that was acquired to make your entries at this site. There is no scratch, add or declaration period. You may go in and make changes as often as you wish up to the entry deadline, but after this time all entries are final.
3. Entry deadline is 5:00 PM Monday March 14th. Entries open on Monday, February 28th. You may make changes as often as you wish until the entry deadline on Monday March 14th at 5:00 PM
4. **No Faxed or Phone entries will be accepted.**

Unattached athletes entry procedure:

All unattached athletes wishing to be entered into the meet must email the following information to the following address.

(name-last and first, gender, event, mark)

Email address: bama@cfpiming.com

Do not attempt to enter online as all unattached athletes must be emailed to the above email. If the unattached entry is approved it will be forwarded to CFPI timing and entered into the meet. You will receive a confirmation email from the above address if your entry is accepted.

Payment must be no later than entry deadline (March 14th), or you will automatically be scratched from the meet. "Check's in the mail" is not an excuse!!! You will be scratched.

Address to mail entry fee to:

University of Alabama, Women's T&F, P O Box 870393, Tuscaloosa, AL 35487

Step 4: Entry Fee

1. Entry Fees are \$300 per team (men and women are considered separate teams). If you want to enter more than the restricted limit of three (3) athletes per event, You must pay an additional \$10 per person per event in addition to the \$300 entry fee.
2. Unattached entries are \$25.
3. Checks should be made payable to The University of Alabama Track & Field.