

## adidas Outdoor Track and Field Championships - 6/18/2004 to 6/19/2004

## North Carolina State University, Raleigh, NC

## Results - Day 2

## Event 4 Girls 200 Meter Dash

**National:** 22.11 ! 5/3/2003 Allyson Felix  
**Meet:** 23.03 @ 6/15/200 Sanya Richards  
**Freshman:** 23.28 # 1999 Tracee Thomas  
**Sophomore:** 22.76 \$ 1991 Marion Jones  
**Junior:** 22.58 % 1992 Marion Jones  
**Senior:** 22.11 \* 5/3/2003 Allyson Felix

Name	Yr School	Prelims
<b>Preliminaries</b>		
1 Alexandria Anderson	05 Chicago, IL	23.65Q-0.4
2 Cleo Tyson	04 Huntsville,	23.66Q2.2
3 Shalonda Solomon	04 Inglewood,	23.69Q+0.0
4 Bianca Knight	07 Ridgeland,	23.84Q-0.4
5 Courtney Champion	04 Lawrenceville,	23.94Q-0.2
6 Natasha Hastings	04 New York,	23.74q 2.2
7 Krystin Lacy	05 Dallas, TX	23.93q -0.4
8 Shanea Calhoun	04 New Haven,	24.04q +0.0
9 Whitney Charles	04 Columbia, SC	24.50q -0.4
10 Brook Turner	04 Beachwood,	24.51 +0.0
11 Jessica Young	05 Columbia, SC	24.69 -0.2
12 Erica Montgomery	04 Winston-Sale	24.71 -0.2
13 Latoya Shippy	04 Middletown,	24.73 -0.4
13 Francena McCorory	06 Hampton, VA	24.73 2.2
15 Fallon Hutcherson	05 Stafford, VA	24.80 -0.4
16 Kharya Brown	05 Stafford, VA	24.81 -0.4
17 Toneisha Friday	06 Somerset, NJ	24.83 -0.2
18 Lauren Burns	05 Duluth, GA	24.84 -0.2
19 Candace Robinson	05 Stafford, VA	24.89 +0.0
20 Britni Spruill	04 Hampton, VA	24.99 2.2
21 Jericha Mann	05 Canton, OH	25.06 -0.4
22 Michaylin Golladay	06 Largo, MD	25.09 -0.4
23 Christina Whitt	04 Fort Wayne,	25.14 2.2
23 Precious Moore	04 Bay Shore,	25.14 +0.0
25 Chizoba Ezeigwe	05 Brockton, MA	25.37 2.2
26 Nene Kamate	04 Flushing, NY	25.39 -0.4
27 Candace Holness	04 Queens, NY	25.42 -0.2
28 Erin Kellon	04 Cleveland	25.51 -0.4
29 Charlene Fuller	07 Coral Springs,	25.55 +0.0
30 Amber Williams	04 Fort Wayne,	25.67 +0.0
31 Carmenta Mitchell	05 Chesterfield,	25.75 +0.0
32 Shanda Jackson	04 East Orange,	25.80 +0.0
33 Channel Hamilton	04 Willingboro,	25.97 -0.4
34 Sarah Hall	05 Nottingham,	26.14 -0.4
35 Dionne Griffiths	04 Bronx, NY	26.53 -0.4
--- Joy Eloms	04 Fort Wayne,	DQ -0.2

## Event 4 Girls 200 Meter Dash

**National:** 22.11 ! 5/3/2003 Allyson Felix  
**Meet:** 23.03 @ 6/15/200 Sanya Richards  
**Freshman:** 23.28 # 1999 Tracee Thomas  
**Sophomore:** 22.76 \$ 1991 Marion Jones  
**Junior:** 22.58 % 1992 Marion Jones  
**Senior:** 22.11 \* 5/3/2003 Allyson Felix

Name	Yr School	Finals
<b>Finals</b>		
1 Shalonda Solomon	04 Inglewood,	23.42 +0.0
2 Natasha Hastings	04 New York,	23.66 +0.0
3 Cleo Tyson	04 Huntsville,	23.71 +0.0
4 Bianca Knight	07 Ridgeland,	23.77 +0.0
5 Shanea Calhoun	04 New Haven,	24.14 +0.0
6 Whitney Charles	04 Columbia, SC	24.97 +0.0
--- Alexandria Anderson	05 Chicago, IL	DNF +0.0

## Event 6 Girls 400 Meter Run

**National:** 50.69 ! 6/22/200 Sanya Richards  
**Meet:** 52.56 @ 6/12/199 Mikele Barber  
**Freshman:** 52.49 # 2000 Jerrika Chapple  
**Sophomore:** 51.70 \$ 1980 Denean Howard  
**Junior:** 50.74 % 6/3/2000 Monique Henderson  
**Senior:** 50.69 \* 6/22/200 Sanya Richards

Name	Yr School	Finals
1 Natasha Hastings	04 New York,	52.89
2 Bianca Knight	07 Ridgeland,	53.35
3 Brandi Cross	06 Missouri City,	53.69
4 Nicole Leach	05 Philadelphia,	53.78
5 Brook Turner	04 Beachwood,	54.32
6 Faraigh Giles	04 Virginia	54.59
7 Devon Williams	07 Baltimore,	54.88
8 Sade Nero	04 Miami, FL	54.98
9 Erica Young	04 Bellport, NY	54.99
10 Whitney Charles	04 Columbia, SC	55.09
11 Dominique Blake	04 Bronx, NY	55.39
12 Natasha Emmanuel	05 New York,	56.03
13 Joy Henry	06 Queens, NY	56.09
14 Sirdonea Davis	04 Largo, MD	56.28
14 Latoya Shippy	04 Middletown,	56.28
16 Sharelle Green	05 New London,	56.72
17 Kelly Keener	05 Midlothian,	56.92
18 Charity Briggs	04 Katonah, NY	57.31
19 Natalie Mapp	05 Pennington,	57.37
20 Crystal Bardge	07 Jacksonville,	57.58
21 Idara Otu	05 Brooklyn, NY	57.62
22 Shanice DePass	04 Washington,	57.88
23 Sophia Ponce	06 Rockton, IL	57.96
24 Efur Ballantyne	05 New York,	58.37
25 Jamila Butler	04 Jacksonville,	58.44
26 Tramayne Gillyard	05 Jacksonville,	58.54
27 Dionne Griffiths	04 Bronx, NY	1:00.04
--- Kailor Roper	04 Hempstead,	DNF
--- Jessica Young	05 Columbia, SC	DQ
--- Taneika Flowers	06 Jacksonville,	DQ

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## North Carolina State University, Raleigh, NC

## Results - Day 2

## Event 8 Girls 800 Meter Run

Fastest 2 sections Sat at 5:55pm; all others Sat at 2:30pm

National: 2:00.07 ! 7/24/198 Kim Gallagher

Meet: 2:04.55 @ 6/15/199 Tameika Grizzle

Freshman: 2:02.40 # 1974 Robin Campbell

Sophomore: 2:02.29 \$ 1974 Mary Decker

Junior: 2:01.82 % 1981 Kim Gallagher

Senior: 2:00.07 \* 7/24/198 Kim Gallagher

Name	Yr School	Finals
1 Sarah Bowman	05 Warrenton,	2:04.94
2 Geena Gall	05 Flint, MI	2:08.59
3 Samantha Gawrych	06 Westerly, RI	2:09.90
4 Renee Tomlin	06 Ocean City,	2:11.25
5 Molly Lehman	05 Chanhassen,	2:11.74
6 Kelly Robinson	04 Holt, MI	2:12.59
7 Maegan Krifchin	06 Bellmore, NY	2:12.89
8 Melissa Ferry	04 West Chester,	2:13.84
9 Anna Farias-Eisner	05 Calabasas, CA	2:13.95
10 Gabriele Anderson	04 Perham, MN	2:15.28
11 Meghan Shinkwin	05 Nashua, NH	2:15.41
12 Jen Gray	04 Mechanicsbur	2:15.49
13 Shylan Bumbrey	05 Fredericksbur	2:15.76
14 Ellen Dougherty	05 Wading River,	2:15.98
15 Danielle Bradley	06 West Palm	2:16.45
16 Kristen Kiraly	05 Huntington,	2:18.31
17 Jessica Hampson	06 Smithtown,	2:18.32
18 Kelsey Snowden	05 Fairfax	2:18.67
19 Keelan King	05 Scotia, NY	2:18.95
20 Mackenzie Pierce	05 Pfafftown, NC	2:19.41
21 Heather Bemis	05 West	2:19.49
22 Shakira Pinnock	05 Hampton, VA	2:19.63
23 Libby Babcock	05 Clifton Park,	2:19.75
24 Tunisia Milner	05 Bowie, MD	2:22.13
25 Nayda Pirela	05 Glenn Dale,	2:26.84

## Event 10 Girls 1 Mile Run

Fastest 2 sections Sat at 6:35pm; all others Sat at 4:15pm

National: 4:35.24 ! 5/16/198 Polly Plummer

Meet: 4:39.05 @ 6/14/200 Ari Lambie

Freshman: 4:42.0h # 1973 Mary Decker

Sophomore: 4:42.5h \$ 1978 Deanna Coleman

Junior: 4:41.8h % 1981 Vicki Cook

Senior: 4:35.24 \* 5/16/198 Polly Plummer

Name	Yr School	Finals
1 Nicole Blood	06 Gansevoort,	4:42.40\$
2 Caitlin Chock	04 Roseville, CA	4:42.52
3 Alicia Follmar	05 Saratoga, CA	4:46.77
4 Lindsay Donaldson	04 Lincoln, MA	4:46.94
5 Maggie Infeld	04 University	4:47.04
6 Frances Koons	04 Allentown,	4:48.35
7 Jennifer Barringer	05 Oviedo, FL	4:49.82
8 Sunni Olding	04 Minster, OH	4:50.03
9 Sarah Bowman	05 Warrenton,	4:51.62
10 Bridget Franek	06 Hiram, OH	4:53.69
11 Brittany Sheffey	07 East	4:54.06

12 Katelyn Kaltenbach	05 Aurora, CO	4:54.15
13 Tia Ferguson	04 Kula, HI	4:54.74
14 Lauren Centrowitz	04 Arnold, MD	4:55.46
15 Shannon Bergstedt	04 Minnetonka,	4:55.53
16 Annaliese Chapa	05 Portland, OR	4:56.13
17 Jacqueline Areson	06 Delray Beach,	4:56.86
18 Alissa McKaig	04 New Haven,	4:56.95
19 Lauren Mulkey	04 Roseville, CA	4:57.52
20 Nicole Bush	04 Wyoming, MI	4:58.27
21 Angelina Blackmon	04 Rock Hill, SC	4:58.43
22 Ari Goldstein	05 Soldotna, AK	5:01.60
23 Lisa Senakiewich	04 Davison, MI	5:03.37
24 Liz Mengyan	05 Clarkston, MI	5:03.38
25 Eileen Creutz	06 Saline, MI	5:03.70
26 Amie Schumacher	06 Wolcott, CT	5:04.54
27 Stefanie Slekis	06 Montclair, VA	5:04.99
28 Krista Anderson	05 Leeds, ND	5:05.58
29 Leah Brogan	05 Toms River,	5:06.55
30 Lindsey Scherf	04 Scarsdale, NY	5:06.90
31 Jessica Cickay	04 Newtown, PA	5:07.09
32 Emily Sherrard	06 Hopewell, NJ	5:09.59
33 Sarah Balfour	05 Casper, WY	5:12.72
34 Sarah Manck	04 Fort Wayne,	5:15.64
35 Kelly Sampson	05 Detroit, MI	5:16.94
36 Chelsea Powell	05 Frederick, MD	5:27.63
37 Brittnee Bynoe	06 Willingboro,	6:05.28

## Event 14 Girls 100 Meter Hurdles

National: 12.95 ! 6/16/197 Candy Young

Meet: 13.38 @ 6/17/199 Joanna Hayes

Freshman: 13.75 # 1993 Dominique' Callaway

Sophomore: 13.50 \$ 1976 Sonya Hardy

Junior: 12.95 % 6/16/197 Candy Young

Senior: 13.20 \* 6/3/2000 Nichole Denby

Name	Yr School	Finals
1 Tia Moss	04 Tamarac, FL	13.67# -0.2
2 LeeAndrea Robinson	05 Dallas, TX	14.09 -0.2
3 Tiffany Nesfield	04 Springdale,	14.12 -0.2
4 Hillary Werth	05 Springfield, IL	14.17 -0.2
5 LeAuna Sistrunk	04 Mason, OH	14.32 -0.2
6 Polly Hardy	04 Anderson, SC	14.49 -0.2
7 Nene Kamate	04 Flushing, NY	14.54 -0.2
8 Krystal Barringer	05 Charlotte, NC	14.60 -0.2
9 Ashley Trimble	05 Columbus,	15.03 -0.2

## Event 16 Girls 400 Meter Hurdles

National: 55.20 ! 5/26/198 Leslie Maxie

Meet: 57.48 @ 6/15/200 Tawana Watkins

Freshman: 58.82 # 2000 Tiffany Abney

Sophomore: 57.04 \$ 1999 Lashinda Demus

Junior: 55.20 % 5/26/198 Leslie Maxie

Senior: 56.82 \* 2000 Sheena Johnson

Name	Yr School	Finals
1 Selena Sappleton	04 New York,	1:00.11
2 Michelle Smith	05 Teaneck, NJ	1:01.26

## adidas Outdoor Track and Field Championships - 6/18/2004 to 6/19/2004

## North Carolina State University, Raleigh, NC

## Results - Day 2

**(Event 16 Girls 400 Meter Hurdles)**

Name	Yr School	Finals
3 Loreal Smith	04 Tallahassee,	1:01.34
4 Nyoka Norman	04 Anderson, SC	1:01.77
5 Deandra Doyley	06 Coral Springs,	1:01.94
6 Krystal Cantey	06 Sicklerville,	1:02.05
7 Lizzie Harris	07 Miami, FL	1:02.17
8 Francine Jennings	04 Cleveland,	1:02.21
9 Kaitlyn Whitlock	04 Bethel, CT	1:02.71
10 Kathleen LaValley	05 Ada, MI	1:02.72
11 Angelica Reed	04 New York,	1:03.31
12 Jacqueline Bailey	04 Bristow, VA	1:03.56
13 Sabrina Parr	05 Cleveland,	1:03.62
14 Brittany Caserta	05 Blackwood,	1:03.76
15 Chavanne Hubbard	05 Somerset, NJ	1:04.18
16 Amber Williams	04 Fort Wayne,	1:04.25
17 Aisha Bilal-Mack	04 East Orange,	1:04.36
18 Devon Alston	04 Manassas, VA	1:04.51
19 Tracy Fitzpatrick	05 Wantage, NJ	1:04.94
20 Joi Smith	05 Cleveland,	1:05.05
21 Naim Yisrael	04 Jacksonville,	1:05.23
22 Antoinette King	04 Wantagh, NY	1:05.38
23 Andrea March	06 Sewell, NJ	1:06.34
24 Holly Hardy	04 Anderson, SC	1:06.40
25 Chizoba Ezeigwe	05 Brockton, MA	1:06.45
26 Kristen Jones	05 Mechanicsbur	1:06.73
27 Erin Kellon	04 Cleveland	1:06.97
28 Kamilah Bossett	06 Largo, MD	1:09.84
29 Kim Portier	05 Bay Shore,	1:10.08

**Event 18 Girls 2000 Meter Steeplechase**

National: 6:45.49 ! 6/5/2004 Lindsay Ferguson

Meet: 6:52.25 @ 6/16/200 Liz Gesel

Freshman: 7:05.80 # 5/29/200 Heather Iatauro

Sophomore: 6:45.49 \$ 6/5/2004 Lindsay Ferguson

Junior: 6:47.03 % 6/22/200 Lindsay Allen

Senior: 6:52.45 \* 6/5/2004 Heather Iatauro

Name	Yr School	Finals
1 Lindsey Ferguson	06 Greenfield,	6:55.02#
2 Adele Mitchell	05 Fort Wayne,	7:00.34#
3 Heather Iatauro	04 Grahamsville,	7:02.41#
4 Hannah Davidson	06 Gansevoort,	7:03.47#
5 Kinjal Parikh	05 East Meadow,	7:03.69#
6 Kara McKenna	06 Sloatsburg,	7:11.96
7 Lauren Ferrimani	05 Fairport, NY	7:13.20
8 Emily Malinowski	05 Slingerlands,	7:13.68
9 Elizabeth McMahan	07 Syracuse, NY	7:20.91
10 Lindsay Kahn	05 Port Jefferson,	7:29.26
11 Lynne Mundy	06 New Windsor,	7:29.44
12 Pamela O'Sullivan	05 Bay Shore,	7:32.64
13 Erica Wiles	05 Rhinebeck,	7:33.94
14 Devotia Moore	07 Flushing, NY	7:36.48
15 Amanda Wheat	05 Monroe, NY	7:39.15
16 Cristina Falcone	04 Dix Hills, NY	7:42.53
17 Erica Planamento	06 Harrison, NY	7:43.45
18 Elisa Payne	04 Newtown	7:45.57

19 Anne Oltman	05 Clarkston, MI	7:46.51
20 Taryn Hand	04 Rochester, NY	7:53.92
21 Beth Alizzi	05 Syosset, NY	7:56.84
22 Megan Anderson	05 Fairport, NY	8:27.29
--- Shelby Greany	07 Suffern, NY	DNF

**Event 24 Girls Pole Vault**

Starting height is 3.2 meters.

Progression is 3.2,3.35,3.5,3.65,3.85,3.9,4.0,4.10,4.19

National: 13-08.50 ! 6/15/200 Kira Costa

Meet: 13-01.50 @ 6/15/200 Lacy Janson

Freshman: 12-08 # 6/5/2004 Allison Stokke

Sophomore: 13-04 \$ 5/19/200 Stacie Manuel

Junior: 13-05 % 6/5/2004 Tiffany Maskulinski

Senior: 13-08.50 \* 6/15/200 Kira Costa

Name	Yr School	Finals
1 Tiffany Maskulinski	05 Elma, NY	4.00m
2 Jenn O'Neil	05 Fairport, NY	4.00m
3 Jenny Soceka	05 Madison, WI	3.80m
4 Lori Bowen	05 Tallahassee,	3.65m
4 Lindsay Regan	06 Easton, PA	3.65m
6 Erica Hall	04 Leesburg, FL	3.65m
7 Mary Saxer	05 Lancaster, NY	3.65m
8 Jessica Kloss	05 Moorestown,	3.50m
9 Tracy Prohoniak	04 Charlotte, NC	3.50m
10 Kaitlyn Fitzgerald	05 Mt Sinai, NY	3.50m
11 Erin Ferut	05 Medina, OH	3.50m
12 Kristen Bakanowski	04 Northboro,	3.50m
13 Alexandra Acker	07 Findley Lake,	3.35m
13 Kristen Loughry	06 Hurricane,	3.35m
13 Alysha Rodriguez	05 Bayport, NY	3.35m
--- Andrea Sabbatine	06 Georgetown,	NH
--- Anna McFarlane	04 Concord, MA	NH
--- Courtney Regan	04 Easton, PA	NH
--- Jennifer Hansen	05 Elkview, WV	NH
--- Megan Miller	06 Boca Raton,	NH

**Event 28 Girls Triple Jump**

National: 44-02.25 ! 5/11/200 Ychindria Spears

Meet: 43-01 @ 6/13/200 Erica Mc Lain

Freshman: 41-08.50 # 1999 Ychindria Spears

Sophomore: 43-04.50 \$ 7/2001 Michelle Sanford

Junior: 44-02.25 % 5/11/200 Ychindria Spears

Senior: 44-00.50 \* 5/31/199 Julianna Yendork

Name	Yr School	Finals
1 Erica McLain	04 Plano, TX	13.44m +0.0
2 Tiara Swanagan	05 Jacksonville,	12.39m -0.3
3 Nicole Moore	04 Miami, FL	12.26m 0.8
4 Brittany Dixon	04 Raleigh, NC	12.16m 0.4
5 Brittney James	05 Columbia, SC	12.09m -0.1
6 Quayona Carithers	06 Clyde, NY	12.04m +0.0
7 Dayna Johnson	04 Brentwood,	12.00m 0.1
8 Krystal Barringer	05 Charlotte, NC	11.74m 0.5
9 Tamara Highsmith	04 East Haven,	11.67m -1.2
10 Mae Boone	04 Murfreesboro,	11.61m 0.8
11 Sheemeca Berkley	04 Madison	11.56m 0.7

## adidas Outdoor Track and Field Championships - 6/18/2004 to 6/19/2004

North Carolina State University, Raleigh, NC

## Results - Day 2

**(Event 28 Girls Triple Jump)**

Name	Yr School	Finals
12 Nicole Smith	05 Erie, PA	11.55m -0.8
13 Kirsten Fields	05 Mount	11.54m 1.2
14 Brittanie Williams	05 Richmond,	11.46m -0.8
14 Erin Hannon	06 Bradford, PA	11.46m NWI
16 Teondra Poole	07 Fort Smith,	11.45m 0.2
17 Tahari James	04 branford, CT	11.34m 0.2
18 Aparna Hirve	04 Burke, VA	11.19m -1.1
19 Tempest Vance	05 Anderson, SC	11.18m -1.3
19 Tisha Hinds	04 Brooklyn, NY	11.18m -0.5
19 Robyn Ray	06 Shaker	11.18m 0.4
22 Dione Thomas	05 Jacksonville,	11.15m -1.0
23 Katherine Harty	05 Ellington, CT	11.05m +0.0
24 Andrea Wheeler	04 Suffolk, VA	10.72m 0.2
25 Katie Winings	04 Beachwood,	10.69m 0.3

**Event 30 Girls Shot Put**

National: 54-10.75 ! 5/10/200 Michelle Carter

Meet: 54-05.25 @ 6/14/200 Michelle Carter

Freshman: 49-04 # 2004 Michelle Carter

Sophomore: 52-02.25 \$ 1981 Natalie Kaaiawahia

Junior: 52-02.25 % 1982 Natalie Kaaiawahia

Senior: 54-10.75 \* 5/10/200 Michelle Carter

Name	Yr School	Finals
1 Michaela Wallerstedt	05 Omaha, NE	15.09m
2 Megan Howard	04 Nipomo, CA	14.41m
3 Ashley Muffet	05 North Canton,	13.74m
4 Khadija Talley	04 Fort Benning,	13.47m
5 Tara Cooper	05 Circleville,	13.23m
6 Sylvia Galarza	04 Millville, NJ	13.18m
7 Elizabeth Robe	04 Waukesha, WI	12.96m
8 Misty Barber	04 Miami, FL	12.82m
9 Tierra Hubbard	04 Roanoke, VA	12.69m
10 Brittany Pryor	04 Niagara Falls,	12.44m
11 Katherine Kostiew	04 Northwood,	12.17m
12 Antoinette Smith	05 Lynchburg,	12.10m
13 Kathy Howard	06 Mech., VA	11.96m
14 Emily Sanders	05 Woodstock,	11.81m
15 Iman Johnson	06 South Orange,	11.73m
16 Laura Arnold	05 Arroyo	11.70m
17 Latricia Jones	05 Spartanburg,	11.55m
17 Kelley Moore	05 Bay Village,	11.55m
19 Sara Sciortino	05 Oceano, CA	11.53m
20 Pam Glennon	04 Holland, MA	11.41m
21 Devin Picott	04 Lawrenceville,	11.39m
22 Dominique Burrell	04 New Haven,	11.22m
23 Bradlee Foerschner	05 North East,	11.15m
24 Tina Villa	04 Saratoga	10.72m
25 Dominique McCoy	06 Williamsburg,	10.19m

**Event 38 Girls 4x100 Meter Relay**

National: 44.50 ! 4/23/200 Poly

Meet: 45.89 @ 6/17/200 JW North

Team	Relay	Finals
<b>Finals</b>		
1 Skyline Center	A	45.63@
2 MacArthur Hs-Tx	A	46.41
3 Largo HS	A	47.29
4 Mount Tabor HS	A	47.48
5 Firebirds	A	47.67
6 Ridge View Hs-Girls	A	47.77
7 Manchester Hs-Va	A	48.13
8 Detroit Mumford/	A	48.70
9 Collinwood HS	A	48.93

**Event 42 Girls 4x400 Meter Relay**

National: 3:35.49 ! 6/5/2004 Poly

Meet: 3:37.38 @ 6/14/199 Wilson

Team	Relay	Finals
1 Skyline Center	A	3:41.77
1) ShaTara Taylor 05	2) Krystin Lacy 05	
3) Chanelle Curry 05	4) Ashley Harvey 05	
2 A. Phillip Rando	A	3:43.78
1) Natasha Hastings 04	2) Natasha Emmanuel 05	
3) Selena Sappleton 04	4) Angelica Reed 04	
3 Blazin Raiders TC	A	3:44.85
1) Antionette Arrington 06	2) Takecia Jameson 07	
3) Carliesa Meakes 05	4) Tameka Jameson 07	
4 West Catholic HS	A	3:45.43
1) Ciarra Lawson 05	2) Kneshia Sheard 06	
3) Latavia Thomas 06	4) Nicole Leach 05	
5 Bethel Hs-Va	A	3:50.56
1) Shakirra Pinnock 05	2) Francena McCorory 06	
3) Britni Spruill 04	4) Megann Lawrence 05	
6 Miami Northwestern HS	A	3:51.10
1) Sade Nero 04	2) Nicole Moore 04	
3) Lizzie Harris 07	4) Tiffany Johnson 06	
7 Collinwood HS	A	3:52.50
1) Sabrina Parr 05	2) Regina Adams 06	
3) Joi Smith 05	4) Brandy Taylor 06	
8 DeWitt Clinton H	A	3:53.33
1) Alba Knight 06	2) Teneshia Thomas 05	
3) Danete Wright 05	4) Daina Foster 06	
9 Winslow Township	A	3:53.94
1) Krystal Cantey 06	2) Asia Davy 06	
3) Christina Smith 04	4) Maurisa Williams 04	
10 James F. Rhodes HS	A	3:55.47
1) Darcell Formby 05	2) Joyce Kennedy 05	
3) Jennifer Roman 06	4) Francine Jennings 04	
11 McDowell HS	A	3:57.07
1) Kelly Eckert 06	2) Melissa Kuhar 06	
3) Emily Evans 05	4) Rachel Dahlstrand 06	
12 Florida Heat TC	A	3:57.12
1) Crystal Bardge 07	2) Tramayne Gillyard 05	
3) Tiara Swanagan 05	4) Danielle Ephaim 04	

## adidas Outdoor Track and Field Championships - 6/18/2004 to 6/19/2004

## North Carolina State University, Raleigh, NC

## Results - Day 2

**(Event 42 Girls 4x400 Meter Relay)**

Team	Relay	Finals
13 Walnut Hills HS	A	3:57.80
1) Jessica Reyes 05	2) Cori Carr 05	
3) Jessica Chapman 04	4) Anastasia Tarpeh 07	
14 Westerly HS	A	3:57.99
1) Samantha Gawrych 06	2) Tiffany Harris 04	
3) Amy LaPere 06	4) Katie Lima 05	
15 Suffern HS	A	3:58.51
1) Rheinde Richemond 05	2) Hshkeni Richemond 05	
3) Stacey Samora 05	4) Jackie Lennon 06	
16 Archbishop Prend	A	3:58.53
1) Pilar Batts 04	2) Maureen Benner 06	
3) Lindsay Dynow 04	4) Kelli Fierras 06	
17 Bishop Eustace P	A	3:58.96
1) Lauren Fike 05	2) Jordan Sarruda 05	
3) Kelly Wurst 05	4) Annie Taft 06	
18 Irish Road TC	A	3:59.66
1) Keirsten Quinn 06	2) Liz Costello 06	
3) Ashley Ninness 06	4) Laura Goodman 04	
19 Teaneck HS	A	3:59.79
1) Michelle Smith 05	2) Kadian Dockery 04	
3) Racquel Clarke 06	4) Anise Johnson 07	
20 Camden Hs-Girls	A	4:00.01
1) Shawanna Gray 04	2) Avionne Sloan 06	
3) Shakia Miller 07	4) Erin Johnson 06	
21 Mason HS	A	4:00.54
1) Stephanie Staresinic 07	2) LeAuna Sistrunk 04	
3) Danielle Young 04	4) Sarah Gaunt 04	
22 Stevens HS	A	4:01.40
1) Samee Pagel 07	2) Betsy Blackler 05	
3) Shannon Hattervig 04	4) Julie Schwengler 04	
23 Trenton Central HS	A	4:02.04
1) Cora Dayon 07	2) Indya Murray 04	
3) Janica Austin 07	4) Amora White 04	
24 Spartanburg HS	A	4:05.01
1) Santresa Jamison 07	2) Yolanda Hardy 04	
3) Maggie Hodge 04	4) Denesha Edwards 06	
25 Harvard-Westlake HS	A	4:06.05
1) Cela Sutton 06	2) Kerry Virgien 06	
3) Jackie Ferry 05	4) Anna Farias-Eisner 05	
26 Woodrow Wilson H	A	4:06.13
1) Ciera Benson 05	2) Sable Loper 05	
3) Jamillah Nock 04	4) Janee Sharper 06	
27 Archbishop Carro	A	4:08.42
1) Sam DeGregorio 07	2) Amanda Cosfol 07	
3) Courtney McKnight 06	4) Devon DuPont 05	

**Event 46 Girls 4x1 Mile Relay****Fast section first; next sections after boys' fast section****National: 20:11.56 ! 6/15/200 Bronxville****Meet: 20:11.56 @ 6/15/200 Bronxville**

Team	Relay	Finals
1 College Park HS	A	20:36.96
1) Diane Dunn 04	2) Nicole Pennes 06	
3) Kelsey Dallara 07	4) Lindsay Allen 04	

2 Kinetic RC	A	20:45.25
1) Cameron Vahanian 06	2) Alysha McElroy 07	
3) Karyn Delay 05	4) Caitlin Lane 07	
3 Bronxville HS	A	21:01.21
1) Elizabeth Bergold 04	2) Emma Clarke 07	
3) Helen Millson 04	4) Amanda Hudson 06	
4 Goodrich HS	A	21:06.72
1) Kayla O'Mara 07	2) Kaitlin O'Mara 07	
3) Samantha Minkler 06	4) Janee Jones 05	
5 Runnin' Gear	A	21:16.62
1) Smith Lyndsay 06	2) Beth Hoekstra 06	
3) Anne Oltman 05	4) Liz Mengyan 05	
6 Suffern HS	A	21:22.72
1) Mary Rose Consiglio 06	2) Caroline Heidt 06	
3) Shelby Greany 07	4) Kara McKenna 06	
7 Colts Neck HS	A	21:55.59
1) Ashley Higginson 07	2) Christine Lynch 06	
3) Kristen O'Dowd 07	4) Danielle Plenzo 05	
8 Pope John Xxiii HS	A	22:01.87
1) Lara Heigis 07	2) Brynn Merritt 06	
3) Elizabeth So 06	4) Franny Morro 04	
9 Warwick Valley TC	A	22:10.13
1) Amanda Robotti 05	2) Sarah Stein 04	
3) Becky Prial 04	4) Samantha Grady 06	
10 Runnin' Gear	B	22:37.18
1) Jenna Leach 07	2) Gillian Nordquist 05	
3) Lisa Sickman 06	4) Mo Kuhta 04	
11 Irish Road TC	A	23:02.76
1) Meredith Sparano 04	2) Kristin Castafero 05	
3) Liz Dalton 05	4) Alex Klebe 07	

**Event 50 Girls Distance Medley****Fastest section ONLY Sat at 8:15pm; all others Sat at 9:30am****National: 11:37.86 ! 6/14/200 Red Bank Regional****Meet: 11:37.86 @ 6/14/200 Red Bank Regional**

Team	Relay	Finals
1 Bay Shore TC	A	11:33.42@
1) Mary Liz McCurdy 05	2) Sarah McCurdy 07	
3) Laura Cummings 05	4) Kim Portier 05	
2 Eureka HS	A	11:33.87@
1) Shannon Leinert 05	2) Kasey Kimball 04	
3) Merideth Snow 06	4) Jesi Battistini 05	
3 Kinetic RC	A	11:43.81
1) Nicole Blood 06	2) Lindsey Ferguson 06	
3) Karyn Delay 05	4) Caitlin Lane 07	
4 Hammer Track & Field	A	11:56.60
1) Lauren Lewis 04	2) Danielle Tauro 07	
3) Carolyn Gray 04	4) Sara Tomczuk 04	
5 Warwick Valley TC	A	11:59.70
1) Aislinn Ryan 06	2) Melissa Mark 05	
3) Jaclyn Young 05	4) Danielle Trimpop 04	
6 Ocean City HS	A	12:00.64
1) Brittany Sedberry 06	2) Renee Tomlin 06	
3) Allie Moreland 05	4) Erin Walsh 06	

## adidas Outdoor Track and Field Championships - 6/18/2004 to 6/19/2004

## North Carolina State University, Raleigh, NC

## Results - Day 2

**(Event 50 Girls Distance Medley)**

Team	Relay	Finals
7 College Park HS	A	12:01.20
1) Nicole Pennes 06	2) Lizz Williams 04	
3) Diane Dunn 04	4) Lindsay Allen 04	
8 Concordia HS	A	12:09.16
1) Adele Mitchell 05	2) Christina Whitt 04	
3) Sarah Manck 04	4) Alissa McKaig 04	
9 North Kent RC	A	12:16.80
1) Nikki Bohnsack 04	2) Kylie Fryling 04	
3) Katie Haines 07	4) Lindsey John 04	
10 Blazin Raiders TC	A	12:24.17
1) Jennifer Redman 07	2) Antionette Arrington 06	
3) Tunisia Milner 05	4) Andrea Wright 04	
11 Mason HS	A	12:25.22
1) Kelsey Flaherty 06	2) Danielle Young 04	
3) Stephanie Staresinic 07	4) Angela Bizzarri 06	
12 Red Tide TC	A	12:28.42
1) Mallory Farnum 04	2) Kathryn Carter	
3) Carlie Green 07	4) Lisa Canty 04	
13 San Lorenzo Valley HS	A	12:30.83
1) Kelli Deane 05	2) Emily Romo 05	
3) Kelly Long 06	4) Stephanie Hamilton 05	
14 Somers HS	A	12:30.86
1) Alexandra Swiatocha 05	2) Dana Mitchell 04	
3) Sarah Keating 04	4) Mary Alice Howard 04	
15 Smithtown Spiked	A	12:31.18
1) Kate Cervo 07	2) Alana Sprow 07	
3) Courtney McNamara 06	4) Jessica Hampson 06	
16 Kinetic RC	B	12:37.57
1) Kayla Ratigan 07	2) Hannah Davidson 06	
3) Karyn Delay 05	4) Cameron Vahanian 06	
17 Allentown Centra	A	12:44.39
1) Meghan Burns 06	2) Maureen Watson 06	
3) Maureen Meagher 06	4) Marcie Sobrinski 06	
18 Spring Valley HS	A	12:50.85
1) Samantha Beardsley 05	2) Shalyn McMichael 07	
3) Megan Fulks 07	4) Kate Niehaus 06	
19 Pope John Xxiii HS	A	13:04.56
1) Brynn Merritt 06	2) Katie Bieganousky 04	
3) Carolyn Bieganousky 07	4) Lara Heigis 07	

**Event 52 Girls 800 Sprint Medley**

National: 1:38.73 ! 4/11/200 Poly

Meet: 1:40.95 @ 6/14/200 William Penn

Team	Relay	Finals
1 Winslow Township	A	1:45.07
1) Dminique Merchant 05	2) Christina Smith 04	
3) Maurisa Williams 04	4) Krystal Cantey 06	
2 Collinwood HS	A	1:46.51
1) Jenice Williams 05	2) Shantell Lewis 05	
3) Sabrina Parr 05	4) Joi Smith 05	
3 Detroit Mumford/	A	1:46.55
1) Karla Monica 07	2) Jasmin Webb 07	
3) Shayla Mahan 07	4) Porsche Ries 05	

4 Uniondale Hs-Girls	A	1:47.00
1) Janel Chaplin 05	2) Heidi Paul 07	
3) Nickesha Williams 05	4) Vanessa Thompson 07	
5 Spartanburg HS	A	1:47.80
1) Jamia Foster 04	2) India Drummond 05	
3) Yolanda Hardy 04	4) Santresa Jamison 07	
6 Walnut Hills HS	A	1:48.78
1) Jessica Chapman 04	2) Morgan Martin 05	
3) Anastasia Tarpeh 07	4) Cori Carr 05	
7 Hempstead HS	A	1:49.77
1) Folan Wilkes 06	2) Renee Cousins 07	
3) Terry Ann Green 04	4) Kailor Roper 04	
8 Woodrow Wilson H	A	1:50.61
1) Sable Loper 05	2) Janee Sharper 06	
3) Jamillah Nock 04	4) Jasmine Still 06	
9 EE Smith HS	A	1:52.79
1) Taneisha Glover 07	2) Tacara Morrisey 07	
3) Laquanna Cooper 05	4) Schquanna Daniels 06	
10 Suffern HS	A	1:52.85
1) Heather Lynch 05	2) Stacey Samora 05	
3) Hshkeni Richemond 05	4) Rheinde Richemond 05	
11 Tri-Valley TC	A	1:54.55
1) Katie Hoppe 04	2) Katy Henderson 04	
3) Tiana Riel 04	4) Nicole Paganelli 04	
12 Farmingdale HS	A	1:55.96
1) Nitia Rhodes 04		
3) Sashoye Wilson 04	4) Erin Garvey 07	
--- Camden Hs-Girls	A	DQ
1) Shakia Miller 07	2) Brandi Sewell 06	
3) Erin Johnson 06	4) Avionne Sloan 06	

**Event 54 Girls 1 Mile Run Freshman**

National: 4:42.00 ! 1973 Mary Decker

Meet: 5:05.62 @ 6/15/200 Sarah Bowman

Name	Yr School	Finals
1 Rachel Wittum	07 Rockford, MI	5:04.26@
2 Michaeline Nelson	07 Mc Lean, VA	5:05.04@
3 Halsey Sinclair	07 Silver Spring,	5:09.56
4 Alison Smith	07 Columbia,	5:13.02
5 Jessica Armstrong	07 Dorr, MI	5:13.37
6 Elisabeth Molen	07 Birmingham,	5:14.02
7 Alice Lehman	07 Chanhassen,	5:14.81
8 Ashlyn Sinclair	07 Silver Spring,	5:15.24
9 Emma Perron	07 West	5:19.87
10 Elle Kuhta	07 Clarkston, MI	5:24.24
11 Alex Klebe	07 Wayne, PA	5:24.76
12 Catherine White	07 Roanoke, VA	5:24.97
13 Aimee Chegwidan	07 Hamburg, NJ	5:26.16
14 Elizabeth Richardson	07 Tuckahoe, NJ	5:26.52
15 Elizabeth McMahan	07 Syracuse, NY	5:27.77
16 Emily Webb	07 Gloucester,	5:31.03
17 Jenna Leach	07 Davisburg, MI	5:34.29
18 Jessica Trapeni	07 Fairfax, VA	5:34.89
19 Andi Levasseur	07 Clarkston, MI	5:34.91
20 Brittany Gigstead	07 Ottertail, MN	5:36.14
21 Clair Fraser	07 reidsville, NC	5:36.74

**adidas Outdoor Track and Field Championships - 6/18/2004 to 6/19/2004****North Carolina State University, Raleigh, NC****Results - Day 2**

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**(Event 54 Girls 1 Mile Run Freshman)**

<b>Name</b>	<b>Yr School</b>	<b>Finals</b>
22 Elizabeth Schmitz	07 Maple Grove,	5:38.77
23 Caley Booth	07 Raleigh, NC	5:45.21
24 Alexandra Hehn	07 Toms River,	5:49.57

**Event 97 Women 400 Meter Dash Elite****This is a special elite event.**

<b>Name</b>	<b>Yr School</b>	<b>Finals</b>
1 Michele Collins	Nike	50.02
2 Debbie Dunn	Nike	51.68
3 Moushaumi Robinson	Sprint Capitol	51.79
4 Kia Davis	Eai	52.09
5 Sheena Davidson	George Mason	53.63
6 Alycia Williams	George Mason	53.89