

CAROLINA FAST TIMES TRACK & FIELD MEET

DATE: FRIDAY April 9, 2004

WHERE: UNC-Chapel Hill, North Carolina – Fetzer Field & Belk Track

Who: Men & Women from the following teams NCSU, Hampton, UNCW, ST Aug's, Duke, Campbell, HPU, Citadel, Georgetown. This meet is closed to unattached

Entry Fee: \$300.00 per team **Checks payable to UNCAA**; men's & women's teams are separate.

Entry Deadline: Monday, April 5th by 5:00 PM – Final entries & declaration. **Max 3 athletes per event**
All entries are done on-line at www.cfpitiming.com

NO LATE ENTRIES ACCEPTED after Wednesday April 7th
Late entry Fee \$10/ entry not per team

Packet Pick-up: At the timing booth above the track starting at 10:00 AM; must pay your entry fee

Questions or More Info: Call Coach Mike Whittlesey at 919-962-5215 or E-mail – mjwhit@uncaa.unc.edu

Time Schedule: We are listing an order of events and start times. We will have a complete and final time schedule posted on Thursday after 5:00 PM on our Carolina Web Site – tarheelblue.com – under our sport of track and field and at www.cfpitiming.com

Motel Info: Call Mark Rosoff – Sales Manager for five motels in our area at 919-417-3494 or email him at hotelguy@ahmco.net Or try the new hotels on 54 Holiday Inn express and Hampton Inn contact Randie Bills at 919 313-1389 or email at randiebills@earthlink.net

Missed Meet Penalty: If you are scheduled to compete a team and do not show up with your team you will not be able to come to any meets this year or next. You are hurting the teams that we are unable to allow in the meets due to space limitations.

Parking We are still working with parking to find out what they will let us do. Please check the website the week of the meet for the finalized Plans. You will be able to drop off the athletes at Carmichael Auditorium off 54. Located just above the outdoor track.

Check-In All running events will be finalized and heats and sections redone if need be one hour before each event. Check-in by that time or be scratched. Field events check in at the event one hour prior to your event.

No Showers available after the meet.

Dennis Craddock
Head Track & Field Coach
Men & Women

***Tentative Time Schedule ***

Carolina Fast Times April 9, 2004

April 9th - Field Events At Finley Fields

10:00 AM Hammer throw (W) followed by (M) – At UNC Finley Fields

Field Events – at Fetzer Field

11:00 (W) & (M) LJ TJ to follow

11:00 (W) PV (M) to follow

12:00 (W) shot (M) to follow

1:00 (W) H.J. (M) to follow

To follow Men's Shot Javelin (W) (M) to follow

To follow (M) Javelin Discus (W) (M) to Follow

Track Events -Rolling Schedule-

1:00 (W) 3000m Steeple Chase

(M) 3000m Steeple Chase

(W) 4 x 100

(M) 4 x 100

(W) 1500m

(M) 1500m

(W) 400 Dash

(M) 400 Dash

(W) 100m HH Finals

(M) 110m HH Finals

(W) 100m Dash Finals

(M) 100m Dash Finals

(W) 800

(M) 800

(W) 400 I.H. – Final

(M) 400 I.H. – Final

(W) 200m Dash

(M) 200m Dash

(W) 3000

(M) 3000

(W) 4 x 400

(M) 4 x 400