



## OLE MISS OPEN



MAY 1, 2004 /  
Meet Information

- Date: May 1<sup>ST</sup>, 2004
- Site: The track is located off of Hill Drive, located south of Vaught-Hemingway Football Stadium.
- Directions: Exit Coliseum Drive off of Highway 6, turn north past the Gillom Women's Complex. At the four way stop, veer right onto Hill Drive, take the 3<sup>rd</sup> right, which is about 600 meters and you will see the track on the right.
- Schedule: See attached.
- Facility: The track is nine 48" lanes. We have 2 shot areas, 2 discus areas, 2 hammer areas, a large "D" area. There are 8 possible Pole Vault areas to take advantage of the wind.
- Competition Surface: The track surface, long jump, high jump, pole vault and javelin runways are Mondo. **One quarter inch cone spikes are MANDATORY**; and are the ONLY spikes allowed. The throwing circles are brushed concrete.
- Entry Fee: \$100.00 per team, Men and Women teams will be separate or \$10.00 per individual per event. Checks should be made payable to The University of Mississippi. You may also pay when you arrive on Saturday.
- Entry Deadline: All entries are on-line - [www.cfpitiming.com](http://www.cfpitiming.com)

May 1<sup>st</sup> Meet - Deadline is Thursday,  
April 29<sup>th</sup> at 3:00 p.m.

There will be no scratches and  
declarations. What you enter online  
is what you will entered into and  
allowed to participate in. On site  
changes will be access a fee if  
changes are required because of entry  
errors at a rate of 10.00/ change.

**THERE WILL BE NO ADDITIONS OR CHANGES  
THE DAY OF THE MEET.**

Unattached athletes are to email Coach  
Joe Walker at (jwalkerj@olemiss.edu) with  
entry request with name, gender, event  
and mark. If unattached entry is  
approved it will be forwarded to CFPI  
Timing for entry. CFPI will not  
directly accept any unattached  
entries.

Meet Format: In running events, sections by time  
will be run with each event to be a  
final. In field events the top 9 will  
advance to final. In high jump,  
stating heights will be determined  
after review of entries.

Scoring: Non-scored meet.

Timing: Timing will be via Lynx System.

Rules: All NCAA rules apply.

Check In: The Clerk of the Course will be set up  
at the starting line to hand out hip  
numbers. Athlete's are responsible  
for their section/race. There will be  
no hesitations to run the  
section/race. Heat sheets will be  
posted.

Heat Sheets/Results: Heat sheets will be in each  
teams packet, which will be available  
at 8:30 a.m. Results will be posted

after each event is final. Ole Miss Media Relations will provide a packet with results for each team.

Implement Weigh In: All implements will be certified and weighed in at the shed during the following times. Shed is located on the Northwest corner of the track.

|                                |            |
|--------------------------------|------------|
| Women's Hammer / Men's Javelin | 9:45-      |
|                                | 10:30 a.m. |
| Men's Hammer / Women's Javelin | 10:30-     |
|                                | 12:00 p.m. |
| Discus                         | 11:30-     |
|                                | 1:00 p.m.  |
| Shot Put                       | 11:35-1:00 |
|                                | p.m.       |

Implements will be impounded and taken to the site of competition one-half hour prior to the start of the competition.

Training Area: Trainers please contact Kevin Stoakes at 662/915-7246.

More Information: For more information or answers to any questions, please call the Ole Miss Track Office (662/915-7538).

**2004 OLE MISS  
HOME MEET SCHEDULE  
May 1<sup>ST</sup>**

|            |  |
|------------|--|
| 12:00 p.m. | Women's Hammer<br>Men's Javelin                            |
| 1:30 p.m.  | Men's Hammer<br>Women's Javelin                            |
| 2:00 noon  | Women's Long Jump<br>Women's Pole Vault<br>Men's Long Jump |
| 2:50 p.m.  | Women's 4 x 100 Relay                                      |
| 3:00 p.m.  | Men's 4 x 100 Relay<br>Women's Shot Put<br>Men's Discus    |
| 3:10 p.m.  | Women's 1500   |
| 3:20 p.m.  | Men's 1500   |
| 3:35 p.m.  | Women's 100 Hurdles  |
| 3:50 p.m.  | Men's 110 Hurdles  |
| 4:00 p.m.  | Men's & Women's High Jump                                  |
| 4:00 p.m.  | Women's 400  |
| 4:10 p.m.  | Men's 400  |
| 4:25 p.m.  | Women's 100  |
| 4:30 p.m.  | Men's & Women's Triple Jump<br>Men's Pole Vault            |
| 4:35 p.m.  | Men's 100  |
| 4:45 p.m.  | Women's 800  |
| 4:55 p.m.  | Men's 800  |
| 5:00 p.m.  | Men's Shot<br>Women's Discus                               |
| 5:10 p.m.  | Women's 400H   |
| 5:20 p.m.  | Men's 400H   |
| 5:30 p.m.  | Women's 200  |
| 5:40 p.m.  | Men's 200  |
| 5:55 p.m.  | Women's Steeple  |
| 6:10 p.m.  | Men's Steeple  |
| 6:25 p.m.  | Women's 4 x 400  |
| 6:30 p.m.  | Men's 4 x 400  |
| 6:45 p.m.  | Women's 5000   |
| 7:15 p.m.  | Men's 5000   |