6th Annual Orange Cross Country Classic

Date: Saturday September 25th, 2004

<u>Site:</u> Drumlins Golf Course (see enclosed directions). The course is composed of fairways, wooded trails, and fairly challenging hills. Spikes can be used on the

course.

Time Schedule:

Friday Sept. 24th preview course 6:00pm – dusk

Saturday Sept. 25th preview course 8:30am

Men's 8k 10:00am Women's 5k 10:50am

Entry Procedure: This year entries will be done on the web at www.cfpitiming.com. You will need to go on the site and request a password prior to the 20th. Entries are due by Monday September 20th, 2004 at midnight. The entries will be posted on Tuesday September 21st. You can check the accuracy of your entries at www.cfpitiming.com.

In addition please email a copy of your entries or roster to <u>jehartsh@syr.edu</u> so our athletic communications office can prepare a meet program.

Entry Fees: The entry fees are \$100 per team (\$200 for both men and women) with unlimited entries.

Awards: T-Shirts will be given to the **top ten** men and women.

Athletic Trainers: Trainers will be available the course starting at 9:00am on Saturday.

Scoring: We will be scoring the Division 1 teams separately.

<u>Shower Facilities</u>: Facilities are available at Manley Field House on the Syracuse University Campus. See attached directions.

<u>Results:</u> Results will be available online at <u>www.suathletics.edu</u> and <u>www.cfpitiming.com</u>.

Questions: Contact Jay Hartshorn, Cross Country Coach, 315-443-4374, jehartsh@syr.edu